

SECOND EDITION

The Nurse's Handbook of **Complementary Therapies**



Edited by
Denise Rankin-Box



Baillière Tindall

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Nurses Handbook Of Complementary Therapies

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Nurses Handbook Of Complementary Therapies:

The Nurses' Handbook of Complementary Therapies Denise F. Rankin-Box, Victoria E. Slater, 1996 Nurses' Handbook of Complementary Therapies Churchill Livingstone, 2000-11 This is a comprehensive guide to complementary therapies written specifically for nurses and midwives The book covers the general issues involved in dealing with complementary therapies change policy models supervision and examines the broad concepts which underpin many of the therapeutic approaches energy healing environments The bulk of the book consists of short summaries of a number of therapies examining specifically the research underpinnings the therapeutic potential related to nursing and midwifery and contraindications **The Nurse's Handbook of Complementary Therapies** Denise F. Rankin-Box, 2001 The second edition of this invaluable handbook has been thoroughly updated revised and expanded with an entirely new and unique section on therapeutic approaches to provide a comprehensive guide to complementary therapies It gives immediate access to concise expert coverage of the material Written specifically for nurses midwives and health visitors this handbook offers a concise practical and well informed guide to the key issues you need to know when integrating complementary therapies in your workplace **Nurse's Handbook of Alternative & Complementary Therapies** , 2003 This comprehensive handbook covers more than 100 alternative and complementary therapies as well as fundamentals of alternative therapies and their impact on nursing practice Organized by category each entry includes an introduction therapeutic uses a research summary equipment procedures involved complications and a nursing perspective Where appropriate entries include safety factors contraindications possible adverse effects and specialty group concerns Reference lists of research studies are included at the end of each chapter New features include 10 new entries a revised and updated herbal therapy chart that includes dosages and an in text clinical alert logo that highlights warnings and other critical information Special emphasis is placed on patient teaching and how to incorporate alternative and complementary care and nursing practice Nurse's Handbook of Alternative & Complementary Therapies , 1999 This concise practical handbook helps nurses understand and benefit from today's most notable health care trend the use of alternative approaches to enhance wellness and overcome disease It also discusses their roles in delivering various alternative methods and offers a knowledge base that is open minded yet upholds the standards of professional nursing *Complementary Therapies and the Management of Diabetes and Vascular Disease* Trisha Dunning, 2007-01-11 This book brings together important information about complementary therapies and how they are used in diabetes care It addresses the benefits and risks of complementary therapies and takes an evidence based approach *Complementary Therapies and the Management of Diabetes and Vascular Disease A Matter of Balance* provides health professionals with appropriate information about complementary therapies so they can discuss these therapies with their patients and help them make informed decisions about their diabetes care Managing diabetes depends on achieving life balance not just metabolic control This is the first book devoted exclusively to complementary therapies and diabetes and it

has several key features It is an informative evidence based text that will help health professionals understand complementary therapies commonly used by people with diabetes their potential benefits possible adverse events and how these could be minimised or prevented It describes clinical practice guidelines for the safe combination of complementary and conventional therapies in diabetes management It suggests appropriate advice to give people with diabetes and vascular disease about complementary therapies Written by experts in the various fields this book makes important reading for all health professionals managing patients with diabetes and associated vascular disease including nurses doctors dietitians and podiatrists Practices in Children's Nursing E-Book Ethel Trigg,Toby Mohammed,Louise Ford,Hermione

Montgomery,Vicky Vidler,2010-06-17 The skills required by children s nurses are many and varied and are undertaken in a variety of settings Sick children are cared for at home in children s units and hospitals and sometimes in adult wards In addition children with disabilities may need nursing care while at special schools or in residential settings This book provides a clinical manual of common practices Each practice is research based and presented in a common format which covers Objectives Rationale Factors to note Guidelines Positioning Equipment Method Special observations and possible complications References and further reading The guidelines have been written specifically for children s nursing by contributors from well known children s units They are not simply adaptations from adult practices and therefore recognise the unique differences between adult and children s nursing The introductory section covers common concepts and infection control There is also a chapter on complementary therapies and an appendix on the use of play as a distraction All hospital and community nurses dealing with children whether at home in specialised units or in community settings will find the book of great practical help The common format of each practice makes the book easy to use and refer to in a clinical setting Each practice is based on the latest research to ensure it is evidence based and up to date Introductory chapters cover issues common to all practices to make the book easier to use The appendix on play reinforces its common usage as a distraction technique A chapter on complementary therapies explains these as they are becoming more widespread All practices have been reviewed by regional centres to avoid parochialism Content reorganised to reflect the Essential Skills Clusters from the NMC New chapter on communicating with children All chapters updated to reflect the current evidence base *Oxford Handbook of Clinical Skills for Children's and Young People's Nursing* Paula Dawson,Louise Cook,Laura-Jane Holliday,Helen Reddy,2012-07-19 The Oxford Handbook of Clinical Skills for Children s and Young People s Nursing provides a concise current and evidence based practical guide to all clinical skills relating to the care of children and young people

Complementary Medicine Denise F. Rankin-Box,Elizabeth M. Williamson,2006-01-01 The purpose of this text is to act as a source of information and a reference for the busy pharmacist at work when confronted by a query regarding complementary and alternative medicine CAM *E-Book - Massage and Bodywork* Peter A. Mackereth,Ann Carter,2006-09-29 Ideal for qualified massage and bodywork therapists wanting to expand their knowledge and skills this

unique resource brings together the most common forms of bodywork with a focus on this important and challenging area of practice Emphasizing the need for safe practice this book illustrates how massage can be safely adapted for patients and dispels some misconceptions about working with people who have cancer Key topics include integrative and collaborative working the psychological aspects of bodywork therapists as teachers professionalism the control of symptoms working with vulnerability potency in practice and the skilful combination of voice and touch Written by experienced therapists working in this area of practice Introduces the modalities with clear explanations of their development and application to cancer care settings Logical organization makes it easy to find key information quickly Each section includes an overview an abstract of each chapter a summary of key issues and conclusions and recommendations for best practice Focuses on specialized aspects of massage and bodywork to support safe competent and compassionate practice

The Re-Enchantment of the West, Vol 2 Christopher Partridge, 2006-04-20 The Re Enchantment of the West challenges those theories that predict widespread secularization beyond traditional institutional religiosity Spiritualities are emerging that are not only quite different from the those forms of religion that are in decline but are often defined over against them and articulated and passed on in ways quite different from those of traditional religion In particular it is argued that such contemporary Western spirituality is fed by a constantly replenished reservoir of ideas practices and methodologies which is here termed occulture Moreover such occultural ideas both feed into and are resourced by popular culture Indeed popular occulture is a key feature of the re enchantment of the West Demonstrating the significance and ubiquity of these ideas this book examines for example healthcare and nursing contemporary environmentalism psychedelia and drug use the Internet and cyberspirituality belief in UFOs and extraterrestrial life demonology and the contemporary fascination with the figure of Satan the heavy metal subculture popular apocalypticism and millennial violence

Adverse Drug Effects Jennifer Kelly, 2006-02-03 This practical guide to pharmacology is unusual in its approach Instead of examining the normal effects of drugs this book looks at the adverse effects With the advent of nurse prescribing it is essential that nurses are familiar with the common adverse effects how to recognise them and how to deal with them The book is divided into three sections The first examines the pharmacology of drugs i e what the body does to drugs pharmacokinetics what the drugs do to the body pharmacodynamics and how adverse reactions can result from these two processes Section two looks at putting the scientific knowledge into action through an examination of nurse administration and prescribing drug development and the issue of patient compliance and empowerment Section three consists of twelve case studies which describe various scenarios in which there have been adverse drug effects Throughout the book concepts are explained using examples so that the nurse can relate the concept of adverse effect to the drugs she is familiar with

The Re-Enchantment of the West Christopher Partridge, 2005-03-04 As a book about emergent spirituality in the contemporary West it focuses on the nature evolution and significance of new forms of religion and alternative spiritualities Part One of the book provides the theoretical background and guides the reader

through some of the principal debates After an overview of the secularization thesis which argues that the West is becoming increasingly disenchanted the second chapter turns to the sociological analysis of new religions and alternative spiritualities Particular attention is given to the ideas of the sociologist of religion Ernst Troeltsch especially his enigmatic analysis of the emergence mystical religion which presciently provides helpful insights into understanding the contemporary alternative religious milieu Against sociologists such as Bryan Wilson and Steve Bruce this and the subsequent chapter argues that rather than being insignificant new forms of spirituality are actually proving to be a significant part of Western re enchantment Chapter 3 constructs a general theory of the re enchantment of the West Chris Partridge argues that Western Society is permeated by a broad occulture by which he means a reservoir of ideas beliefs theories and practices to which new religions unorthodox spiritualities film and popular music all draw attention This re enchantment of the West should not be seen as a superficial secondary development in the shadow of Christianity In many ways it is a religious phenomenon in its own right Partridge s arguments in this regard are well put and I warmly welcome this timely book Mikhael Rothstein University of Copenhagen Denmark

Palliative Care Nursing: Principles And Evidence For Practice Payne, Sheila, Seymour, Jane, Ingleton, Christine, 2008-08-01 This textbook in palliative care nursing draws together the principles and evidence that underpins practice to support nurses working in specialist palliative care settings and those whose work involves end of life care

Aromatherapy for Health Professionals E-Book Shirley Price, Len Price, 2011-11-11

Aromatherapy for Health Professionals covers the full spectrum of theory and practice from essential oil science and the foundations of practice to the application of aromatherapy for specific conditions The fourth edition of this highly successful book provides a clear and authoritative introduction to aromatherapy as practiced in modern health care settings It gives valuable information for any health professional wishing to develop their understanding of the subject providing the in depth knowledge needed to use essential oils in the practice environment NEW FOR THIS EDITION Two new chapters Wound Care and Bereavement provide valuable additions to the text The chapter Aromas Mind and Body has been enhanced Several new essential oils giving properties indications and cautions have been added New case histories illustrate the practical application of theory and techniques described References have been updated and new research added The book is supported by a CD ROM of ancillary tables covering essential oils for general use in health care settings including indications for safe therapeutic uses of essential oils those to be used with caution and essential oil definitions

An Ethical Framework for Complementary and Alternative Therapists Julie Stone, 2005-06-29 As growing numbers of patients turn to complementary and alternative medicine CAM the focus of attention has largely been on whether these therapies work and whether they are safe These questions are central to further integration of CAM with orthodox medicine But in the absence of formal regulation it is equally critical to consider the ethical dimensions of the CAM therapeutic encounter In this book Julie Stone demonstrates that ethical issues are no less relevant to CAM therapists than they are to doctors or any other

group of health professionals She provides CAM therapists with a detailed framework of the specific ethical issues which affect CAM practice to help practitioners think constructively about how ethics underpin their therapeutic work An Ethical Framework for Complementary and Alternative Therapists encourages critical and reflective practice suggests practical problems to common problems includes illustrative scenarios of ethical dilemmas faced by therapists and summarises key points This timely book offers a comprehensive guide to this important area Its challenging conclusions are as relevant to experienced practitioners as to students and newly qualified therapists This book will also interest policy makers and professional bodies interested in strengthening and enhancing CAM s potential **Integrative Health** Cyndie

Koopsen,Caroline Young,2009-10-05 Integrative Health A Holistic Approach for Health Professionals serves as a comprehensive resource on integrative health modalities Perfect for both health care professionals and as a textbook for students this text explores the discipline of integrative health care as a person centered and person empowering approach to health care combining treatments from conventional medicine and clinically proven complementary and alternative medicine to address the body mind and spirit as well as the environment and relationships with others **Invitation to Holistic**

Health Charlotte Eliopoulos,2010-08-24 Provides solid principles and proven measures to promote optimal health and well being using a holistic approach **Foundations of Complementary Therapies and Alternative Medicine** Robert Adams,2009-12-04 Looking for a comprehensive introduction to the field of complementary therapies and alternative medicine This authoritative textbook will meet all your needs Featuring perceptive case studies study support material and resources for further reference Foundations of Complementary Therapies and Alternative Medicine provides fascinating information about a broad range of approaches Core content includes Introductions written by practising experts in the field Basics of anatomy and physiology Practical advice on working with clients and patients Information on setting up your own practice Discussion of ethics and codes of conduct Study skill aids and professional development advice With coverage of theory matched by a firm grounding in practice issues Foundations of Complementary Therapies and Alternative Medicine is a complete learning resource It is a must have book for all undergraduate and foundation degree students taking courses on complementary therapies alternative medicine holistic therapies nursing health and related subjects Introducing Mental

Health Nursing Richard Lakeman,2020-07-25 Introducing Mental Health Nursing offers a systematic overview of both the science and the art of caring for people experiencing mental health problems It addresses the attitudes knowledge and skills required to provide care for service users across all health care settings from specialist mental health services to general hospitals and community care The authors place the service user at the centre of all aspects of mental health care and emphasise the importance of the therapeutic relationship as the cornerstone of good mental health nursing practice Emphasis is placed on the role of the nurse as an intrinsic member of the mental health team and nurses are encouraged to think critically about the perspectives that they bring to their practice The second edition has been fully revised and updated

with increased focus on Indigenous social and emotional well being as well as two new chapters on Recovery and Cultural Safety A must have book for undergraduate nursing students new graduates and professionals changing specialties or simply wishing to refresh their mental health nursing knowledge This is a brave and dignified text beautifully written and conceived and given the current texts available a must for any serious undergraduate nursing program in an Australian university David Buchanan De Montfort University Leicester United Kingdom I recommend this text to all students of nursing whether you intend to pursue a career in this speciality or if you simply desire to provide the best care possible in any field of practice Associate Professor Stephen Elsom RN PhD Director Centre for Psychiatric Nursing The University of Melbourne

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