INFECTION PREVENTION AND CONTROL



Handwashing is the most effective way to prevent infection.



When to perform hand hygiene Before entering or exiting a room

> after any procedure



After body fluid exposure

Before and after touching a client

Handwashing procedure

Soap Warm running water

Paper towels







- 1. Remove jewelry.
- Adjust water temperature.
- Wet hands.
- 4. Apply soap.
- Rub hands together vigorously for 20 seconds.
- Rinse hands angled downward.
- Use a paper towel to dry hands and wrist.
- S. Use paper towel to turn off faucet.

When to use hand sanitizer instead of handwashing

- When hands are not visibly soiled
- Before entering or exiting a room
- Hand sanitizers are less effective against certain pathogens (norovirus, Cryptosporidium, Clostridium difficile).
- Always wash hands when caring for clients with infectious diarrhea.

Use a personal moisturizer or lotion to prevent dry skin. Cracked skin increases risk of infection.

Hand sanitizer procedure



- Apply hand sanitizer with at least 60% alcohol to one hand.
- Rub hands together vigorously to cover all surfaces.
- Rub hands together until sanitizer dries (* 30 seconds).

Insertion sites

Perform hand hygiene before and after



Surgical sites

Use antiseptic skin

Nurses Guide To Infection Control Practice

Kate Gerrish, Judith Lathlean

Nurses Guide To Infection Control Practice:

Manual of Infection Control Procedures N. N. Damani,2003-01-02 A comprehensive overview of infection control with practical evidence based recommendations and advice on strategies to prevent infection in all health care facilities

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