

MIND PERFORMANCE HACKS

Tips & Tools for Overclocking Your Brain



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Ron Hale-Evans

Mind Performance Hacks

Gavin D J Harper



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Mind Performance Hacks Ron Hale-Evans, 2006-02-06 You're smart. This book can make you smarter. Mind Performance Hacks provides real life tips and tools for overclocking your brain and becoming a better thinker. In the increasingly frenetic pace of today's information economy, managing your life requires hacking your brain. With this book, you'll cut through the clutter and tune up your brain intentionally, safely, and productively. Grounded in current research and theory but offering practical solutions, you can apply immediately. Mind Performance Hacks is filled with life hacks that teach you to: Use mnemonic tricks to remember numbers, names, dates, and other flotsam you need to recall. Put down your calculator and perform complex math in your head with your fingers or on the back of a napkin. Spark your creativity with innovative brainstorming methods. Use effective systems to capture new ideas before they get away. Communicate in creative new ways, even using artificial languages. Make better decisions by foreseeing problems and finding surprising solutions. Improve your mental fitness with cool tricks and games. While the hugely successful Mind Hacks showed you how your brain works, Mind Performance Hacks shows you how to make it work better.

Mind Performance Hacks / druk 1 Ron Hale-Evans, 2009-05 Tactische en strategische trucs om de eigen cognitieve vermogens te verbeteren

Mind Performance Hacks Ron Hale-Evans, 2009-10-28 Mind performance hacks is het boek om je brein te optimaliseren en een betere denker te worden. In het razende tempo van de hedendaagse informatiesamenleving vereist het onder controle houden van je leven het hacken van je brein. Met dit boek baan je je een weg door de chaos en stem je je brein doelbewust veilig en productief af. Het is gebaseerd op moderne onderzoeken en theorieën en biedt praktische oplossingen die je onmiddellijk kunt toepassen. Mind performance hacks is gevuld met hacks die je leren om: Geheugensteuntjes te gebruiken om nummers, namen, data en andere zaken te herinneren. Je rekenmachine aan de kant te schuiven en complexe wiskunde uit je hoofd met je vingers of op de achterkant van een bierviltje uit te voeren. Je creativiteit aan te wakkeren met innovatieve brainstormmethoden. Doeltreffende systemen te gebruiken voor het vastleggen van nieuwe ideeën voordat je ze vergeet. Te communiceren op creatieve nieuwe manieren, zelfs gebruikmakend van kunsttalen. Betere beslissingen te nemen door problemen te voorzien en met verrassende oplossingen te komen. Je mentale fitheid te verbeteren met coole trucs en spelletjes. Mind performance hacks laat je niet alleen zien hoe je brein werkt, het laat je ook zien hoe je de werking kunt verbeteren.

The Open Laboratory Reed A. Cartwright, 2008 A collection of fifty-three selected blog posts showcasing the quality and diversity of science writing on blogs in 2007. You can see the background story on how the book came about here and order the first 2006 volume here.

A Primer on Natural Resource Science Fred S. Guthery, 2008 Guthery uses his long experience, the body of his own research, and the research of other fisheries, range, and wildlife scientists to convey the philosophical underpinnings of science. By providing real life examples in the practice of natural resource science, he offers some very practical, occasionally painful, and sometimes humorous lessons on the human urge to know about nature through

science These lessons will be welcomed by all natural resource students and professionals who want to be good scientists

From publisher s description **Electronic Circuits for the Evil Genius 2/E** Dave Cutcher,2010-10-22 The Fiendishly Fun Way to Master Electronic Circuits Fully updated throughout this wickedly inventive guide introduces electronic circuits and circuit design both analog and digital through a series of projects you ll complete one simple lesson at a time The separate lessons build on each other and add up to projects you can put to practical use You don t need to know anything about electronics to get started A pre assembled kit which includes all the components and PC boards to complete the book projects is available separately from ABRA electronics on Amazon Using easy to find components and equipment Electronic Circuits for the Evil Genius Second Edition provides hours of rewarding and slightly twisted fun You ll gain valuable experience in circuit construction and design as you test modify and observe your results skills you can put to work in other exciting circuit building projects Electronic Circuits for the Evil Genius Features step by step instructions and helpful illustrations Provides tips for customizing the projects Covers the underlying electronics principles behind the projects Removes the frustration factor all required parts are listed along with sources Build these and other devious devices Automatic night light Light sensitive switch Along to digital converter Voltage controlled oscillator Op amp controlled power amplifier Burglar alarm Logic gate based toy Two way intercom using transistors and op amps Each fun inexpensive Genius project includes a detailed list of materials sources for parts schematics and lots of clear well illustrated instructions for easy assembly The larger workbook style layout and convenient two column format make following the step by step instructions a breeze Make Great Stuff TAB an imprint of McGraw Hill Professional is a leading publisher of DIY technology books for makers hackers and electronics hobbyists **Electronic Gadgets for the Evil Genius** Robert E. Iannini,2013-06-22 BUILD ALL NEW FIENDISHLY FUN ELECTRONICS PROJECTS Spark your creativity with this wickedly inventive guide Electronic Gadgets for the Evil Genius Second Edition is filled with completely new amped up projects that will shock and amaze such as super big Tesla coils lasers plasma devices and electrokinetics contraptions Using affordable easy to find components and equipment each do it yourself project begins with information on safety the difficulty level practical uses for the gadget and the tools needed to complete the project You ll gain valuable skills while enjoying hours of rewarding and slightly twisted fun Electronic Gadgets for the Evil Genius Second Edition Features step by step instructions and helpful illustrations Provides full schematic and construction details for every project Covers the scientific principles behind the projects Removes the frustration factor all required parts are listed along with sources Build these and other devious devices Automatic programmable charger Full feature plasma driver Capacitor discharge drilling machine and dielectric tester Capacitor exploder Field detector High power therapeutic magnetic pulser Singing arc Solid state Tesla coil Six foot Jacob s ladder Free high voltage experimental energy device HHO reactor cell Hydrogen howitzer Faraday cage **PICAXE Microcontroller Projects for the Evil Genius** Ron Hackett,2010-09-05 WHIP UP SOME FIENDISHLY FUN PICAXE

MICROCONTROLLER DEVICES Ron has worked hard to explain how the PICAXE system operates through simple examples and I m sure his easy to read style will help many people progress with their PICAXE projects From the Foreword by Clive Seager Revolution Education Ltd This wickedly inventive guide shows you how to program build and debug a variety of PICAXE microcontroller projects PICAXE Microcontroller Projects for the Evil Genius gets you started with programming and I O interfacing right away and then shows you how to develop a master processor circuit From Hello World to Hail Octavius All the projects in Part I can be accomplished using either an M or M2 class PICAXE processor and Part II adds 20X2 based master processor projects to the mix Part III culminates in the creation of Octavius a sophisticated robotics experimentation platform featuring a 40X2 master processor and eight breadboard stations which allow you to develop intelligent peripherals to augment Octavius functioning The only limit is your imagination PICAXE Microcontroller Projects for the Evil Genius Features step by step instructions and helpful photos and illustrations Allows you to customize each project for your purposes Offers all the programs in the book free for download Removes the frustration factor all required parts are listed along with sources Build these and other devious devices Simple mini stereo jack adapter USB PA3 PICAXE programming adapter Power supply Three state digital logic probe 20X2 master processor circuit TV R input module 8 bit parallel 16X2 LCD board Serialized 16X2 LCD Serialized 4X4 matrix keypad SPI 4 digit LED display Countdown timer Programmable multi function peripheral device and operating system Octavius advanced robotics experimentation platform L298 dual DC motor controller board Each fun inexpensive Evil Genius project includes a detailed list of materials sources for parts schematics and lots of clear well illustrated instructions for easy assembly The larger workbook style layout and convenient two column format make following the step by step instructions a breeze Make Great Stuff TAB an imprint of McGraw Hill Professional is a leading publisher of DIY technology books for makers hackers and electronics hobbyists

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30 Arduino Projects for the Evil Genius Simon Monk, 2010-08-23 30 Ways to Have Some Computer Controlled Evil Fun The steps are easy to follow text is precise and understandable uses very clear pictures and schematics to show what needs doing Most importantly these projects are fun Boing Boing This wickedly inventive guide shows you how to program and build a variety of projects with the Arduino microcontroller development system Covering Windows Mac and Linux platforms 30 Arduino Projects for the Evil Genius gets you up to speed with the simplified C programming you need to know no prior programming experience necessary Using easy to find components and equipment this do it yourself book explains how to attach an Arduino board to your computer program it and connect electronics to it to create fiendishly fun projects The only limit is your imagination 30 Arduino Projects for the Evil Genius Features step by step instructions and helpful illustrations Provides full schematic and construction details for every project Covers the scientific principles behind the projects Removes the frustration factor all required parts are listed along with sources Build these and other devious devices Morse code translator High powered strobe light Seasonal affective disorder light LED dice Keypad security code Pulse rate monitor USB temperature logger Oscilloscope Light harp LCD thermostat Computer controlled fan Hypnotizer Servo controlled laser Lie detector Magnetic door lock Infrared remote Each fun inexpensive Evil Genius project includes a detailed list of materials sources for parts schematics and lots of clear well illustrated instructions for easy assembly The larger workbook style layout and convenient two column format make following the step by step instructions a breeze In December 2011 Arduino 1.0 was released This changed a few things that have caused the sketches for Projects 10 27 and 28 in this book to break To fix this you will need to get the latest versions of the Keypad and IRRemote libraries The Keypad library has been updated for Arduino 1.0 by its original creators and can be downloaded from here <http://www.arduino.cc/playground/Code/Keypad> Ken Shirriff's IRRemote library has been updated and can be downloaded from here <http://www.arduinoevilgenius.com/new-downloads> Make Great Stuff TAB an imprint of McGraw Hill Professional is a leading publisher of DIY technology books for makers hackers and electronics hobbyists

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the development process tools and power supply sources tinyAVR Microcontroller Projects for the Evil Genius gets you working on exciting LED graphics LCD sensor audio and alternate energy projects Using easy to find components and equipment this hands on guide helps you build a solid foundation in electronics and embedded programming while accomplishing useful and slightly twisted projects Most of the projects have fascinating visual appeal in the form of large LED based displays and others feature a voice playback mechanism Full source code and circuit files for each project are available for download tinyAVR Microcontroller Projects for the Evil Genius Features step by step instructions and helpful illustrations Allows you to customize each project for your own requirements Offers full source code for all projects for download Build these and other devious devices Flickering LED candle Random color and music generator Mood lamp VU meter with 20 LEDs Celsius and Fahrenheit thermometer RGB dice Tengu on graphics display Spinning LED top with message display Contactless tachometer Electronic birthday blowout candles Fridge alarm Musical toy Batteryless infrared remote Batteryless persistence of vision toy Each fun inexpensive Evil Genius project includes a detailed list of materials sources for parts schematics and lots of clear well illustrated instructions for easy assembly The larger workbook style layout and convenient two column format make following the step by step instructions a breeze Make Great Stuff TAB an imprint of McGraw Hill Professional is a leading publisher of DIY technology books for makers hackers and electronics hobbyists

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guide to getting the most out of the SQL language covers such topics as sending SQL commands to a database using advanced techniques solving puzzles performing searches and managing users **Hacking Windows XP** Steve Sinchak,2004-08-06 Offers step by step instructions on getting the most out of Windows XP covering such topics as customizing the logon screen desktop and Windows interface increasing the performance of system and computer security

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