

THE ESSENTIAL
HEALING ARTS



THE A-Z GUIDE TO HEALING
WITH PRESSURE POINTS

Reflexology



- Relax the Entire Body
- Improve Circulation
- Reduce Risk Factors of Coronary Arteries
- Rebalance the Body's Bioenergies
- Stimulate the Immune System
- Soothe Aches and Pains
- ...and more

Judith Sachs and Judith Berger

Reflexology The A Z Guide To Healing With Pressure Points

S Ashworth



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