



# Anaphylaxis

## Anaphylaxis?

**A** = Airway**B** = Breathing**C** = Circulation**D** = Disability**E** = Exposure

### Diagnosis – look for:

- Sudden onset of Airway and/or Breathing and/or Circulation problems<sup>1</sup>
- And usually skin changes (e.g. itchy rash)

### Call for HELP

Call resuscitation team or ambulance

- Remove trigger if possible (e.g. stop any infusion)
- Lie patient flat (with or without legs elevated)
  - A sitting position may make breathing easier
  - If pregnant, lie on left side

Inject at  
anterolateral aspect –  
middle third of the thigh

### Give intramuscular (IM) adrenaline<sup>2</sup>

- Establish airway
- Give high flow oxygen
- Apply monitoring: pulse oximetry, ECG, blood pressure

### If no response:

- Repeat IM adrenaline after 5 minutes
- IV fluid bolus<sup>3</sup>

### If no improvement in Breathing or Circulation problems<sup>1</sup> despite TWO doses of IM adrenaline:

- Confirm resuscitation team or ambulance has been called
- Follow REFRACTORY ANAPHYLAXIS ALGORITHM

#### 1. Life-threatening problems

##### Airway

Hoarse voice, stridor

##### Breathing

↑ Work of breathing, wheeze, fatigue, cyanosis, SpO<sub>2</sub> <94%

##### Circulation

Low blood pressure, signs of shock, confusion, reduced consciousness

#### 2. Intramuscular (IM) adrenaline

Use adrenaline at 1 mg/mL (1:1000) concentration

**Adult and child >12 years:** 500 micrograms IM (0.5 mL)**Child 6–12 years:** 300 micrograms IM (0.3 mL)**Child 6 months to 6 years:** 150 micrograms IM (0.15 mL)**Child <6 months:** 100–150 micrograms IM (0.1–0.15 mL)The above doses are for IM injection only.  
Intravenous adrenaline for anaphylaxis to be given only by experienced specialists in an appropriate setting.

#### 3. IV fluid challenge

Use crystalloid

**Adults:** 500–1000 mL**Children:** 10 mL/kg

# Plan It Adrenaline

**Vivien Millane**



## **Plan It Adrenaline:**

*Survival Secrets* Brian Emdin,2002      *Kid's Food Allergies For Dummies* Mimi Tang,Katie Allen,2013-12-10 Manage your child s food allergy with confidence More children are being diagnosed with food allergy than ever before This guide gives you advice on what an allergy is different types of food allergies tips for managing allergies in day to day life and step by step directions for treating allergic reactions

**The Linguistics of Newswriting** Daniel Perrin,2013-09-25 The Linguistics of Newswriting focuses on text production in journalistic media as both a socially relevant field of language use and as a strategic field of applied linguistics The book discusses and paves the way for scientific projects in the emerg ing field of linguistics of newswriting From empirical micro and theoretical macro perspectives strategies and practices of research development and knowledge transformation are discussed Thus the book is addressed to researchers teachers and coaches interested in the linguistics of professional writing in general and news writing in particular Together with the training materials provided on the internet [www news writing net](http://www.news-writing.net) the book will also be useful to anyone who wants to become a more discerning consumer Perry 2005 or a more reflective producer of language in the media

**Stress Protection Plan** Suzannah Olivier,2000 De stress detox and defeat the unhealthy effects of constant tension with proven plans for relieving the pressure Focus on boosting the immune system through diet and stress management techniques Healing begins by following nutritional guidelines every component of the diet is outlined along with suggestions on beating addictions exercise fun and stress busting plans for everyday living Warning signs how stress affects the body Bottom Line

*The Great Ormond Street Hospital Manual of Children's Nursing Practices* Susan Macqueen,Elizabeth Bruce,Faith Gibson,2012-06-18 Clinical skills are a fundamental aspect of nursing care of children and young people The Great Ormond Street Hospital Manual of Children s Nursing Practices is an evidence based manual of practical skills in children s nursing which builds on the extensive expertise developed at Great Ormond Street Hospital It encompasses all aspects of children s nursing from the most basic aspects of everyday practice to advanced practice in high dependency and intensive care to provide a comprehensive resource for all qualified nurses students and other health care professionals involved in caring for children both in the hospital and the community setting Children s and young people s nursing presents unique challenges The Great Ormond Street Hospital Manual utilises the latest clinical research and expert clinical knowledge to address these challenges and provides the underlying theory and evidence for nursing care of children It provides a definitive guide to clinical skills procedures in children s and young people s nursing which enables nurses working with children and young people to practice confidently and deliver clinically effective family centred care Key features Offers access to clinical procedures developed through the extensive expertise from Great Ormond Street Hospital Contains evidence based recommendations for expert care Encompasses all aspects of children s care Contains procedures guidelines students can rely on and effectively use in practice following qualification Highlights specific needs of neonates and adolescents Placed in

the context of inter disciplinary care of the child Includes the rationale for each procedure the why as well as how Information presented in a similar way to The Royal Marsden Manual of Clinical Nursing Procedures offering continuity to those working in both adult and paediatric settings This title is also available as a mobile App from MedHand Mobile Libraries Buy it now from iTunes or the MedHand Store

**Clumsy Criminals** Theresa Walton, AI, 2025-03-29 Clumsy Criminals explores the surprisingly common phenomenon of criminal incompetence through a series of true crime case studies It examines how flawed planning poor decision making under duress and simple bad luck can lead to spectacular failures even when success seems within reach The book highlights that even meticulously planned crimes can unravel due to unforeseen circumstances or human error For example a criminal might be undone by a simple slip up or a completely unexpected event showcasing the unpredictability inherent in criminal activity The book analyzes these failed crimes using concepts from forensic psychology and situational crime prevention offering insights into why criminals make the choices they do It progresses by first establishing a theoretical framework then delving into specific cases that illustrate the interplay of flawed planning and irrational decisions By focusing on non violent offenses Clumsy Criminals provides a unique and often humorous perspective on the fallibility of those who break the law appealing to true crime enthusiasts interested in the human side of crime The ultimate aim is to understand how these failures can inform better crime prevention strategies

**Clinic Cases in Paediatrics** Anthony Cohn, Ashley Reece, 2025-06-15 Clinic Cases in Paediatrics An Outpatient Clinic Manual provides a wealth of commonly encountered clinical scenarios to enable trainees to manage paediatric outpatient cases more effectively Featuring in depth analyses trainees are prompted to apply their knowledge to real life clinical situations and then reach a confident diagnosis and management plan Comprising 100 chapters this practical case based manual begins with introductory guidance highlighting the core principles of running a paediatric outpatient clinic The following chapters cover numerous common clinical case presentations including long term conditions Each case is presented in a structured format providing an overview including an authentic GP referral letter differential diagnosis management plans and additional resources Edited by recognised Hertfordshire based experts in the field this second edition has been extensively revised and updated with new topics in line with contemporary clinical practice The previous edition 9781907816475 published in 2014

**The Five Families, Books 4-6** Jill Ramsower, 2021-09-06 Now in a convenient ebook bundle here are the second three novels in Jill Ramsower s captivating Five Families Series Three sisters Three incomparable men Three full length novels about love in a dangerous mafia world of lies schemes and betrayal I m so sad this world has come to a close I want more Boys in Books are Better Impossible Odds I stole something from a total stranger It was admittedly brazen but he had it coming And what were the chances I d ever see him again When I catch those stormy eyes glaring at me across a crowded club I realize how wrong I d been There s a promise of retribution in his gaze but I m a mafia princess and I don t scare easily Absolute Silence Camilla thought she d found a place to explore her darkest fantasies a

private club where her secrets were safe until Filip De Luca threatened to snatch it all away He was inescapably alluring but when you make a deal with the devil there s always a catch Perfect Enemies Valentina is the youngest of the Genovese girls but she has learned strength and cunning from her family When a handsome new face at school threatens to blacken her senior year she vows to make him pay Kane Easton may think he s tough but he s never gone up against a Genovese The collection contains the final three novels in The Five Families series although all books in the Five Families world can be read as standalones Dark romances with adult themes they may not be suitable for sensitive audiences But if you like HOT romance with guaranteed happily ever afters these enemies to lovers romance novels will have you begging for more

**Nebraska Swine Report** ,1989 **Teachers, students and the law, fifth edition** Vivien Millane,2022-06-14

Teachers Students and the Law is an indispensable pocket sized resource that guides primary and secondary school teachers through the many complex legal issues that can arise in school environments Covering key topics from cyberbullying to pandemics the book provides concise plain language information in an easy to use format This fifth edition incorporates revised information and references with an up to date directory of national contacts and services *Oxford Handbook of Paediatrics* Robert C. Tasker,Carlo L. Acerini,Edward Holloway,Asma Shah,Pete Lillitos,2021-01-04 Now fully revised and updated with the latest guidelines this new edition of the Oxford Handbook of Paediatrics is an easy to use and compact guide to all aspects of acute and chronic paediatrics The team of specialist contributors and editors have successfully condensed many years of clinical experience into a pocket sized compendium of clinical problems and treatment options Taking a child centred approach to the subject the book provides comprehensive coverage of areas such as neonatology surgery genetics and congenital malformations along with the treatment of children in the community the psychological effects of illness on the child and family child safeguarding and ethical and legal issues all in a user friendly and succinct style All chapters have been updated for this new edition which now includes a new chapter comprehensively covering allergies with new dedicated chapters on audiology ophthalmology and rheumatology Child safeguarding has been thoroughly revised in line with latest guidance with a new topic on manslaughter by gross negligence The practical advice and experience contained within this handbook will be invaluable to all those involved in the care of the younger patient

HowExpert Guide to Bodyguarding HowExpert,Cody Blocker,2021-10-15 Many times when people hear the word bodyguard a certain image forms in their mind Unfortunately this image is too often complicated by stereotypes of muscular men in sunglasses and fancy suits shooting handguns as they jump sideways over a car in slow motion I have never seen this in my experience as a bodyguard I have seen many years of professionals working day in and day out committed to protecting innocent people from people who want to harm them I have witnessed professionalism that has humbled me and inspired me I had been fortunate enough to work with professionals who I watched be the first to arrive work all day in stressful environments and be the last to leave They are the professionals who work all of the time and are never seen or heard from

on camera They are silent and remain behind the scenes Every day more and more threats emerge in our world Everything from terrorism to rising crime rates continues to make our world more and more dangerous One thing is for sure the need for protection and personal security is not going away If you are interested in the industry of bodyguard work or executive protection or even if you are already working in this field this book is a great resource It lists 101 principles that have been learned by someone who has been working in the private security and executive protection sector for over ten years Each guide is born out of personal experience working in the field About the Expert Cody Blocker C P S is a Certified Protection Specialist and an honor graduate of the esteemed Executive Security International Cody worked as the Security Director of a large organization for over ten years and currently works in the private security industry He has worked as an Executive Protection Agent in various roles in multiple states in the US and overseas including conflict zones Cody s unique skill set has allowed him to gain experience and specialize in the areas of surveillance counter surveillance threat assessment and advanced work He is a licensed Private Detective and a licensed Emergency Medical Technician EMT Cody is certified by his state s Highway Patrol to teach Concealed Handgun Certification Courses to responsible citizens He has trained and consulted with over 100 organizations across the country in various security capacities Cody has over twenty years of training in Japanese and Brazilian martial arts and is a boxing mixed martial arts and Brazilian Jiu Jitsu competitor Cody is also a competitive pistol shooter and has amassed thousands of hours of continuing education in combative tactic driving shooting surveillance and intelligence training from national and international experts Along with other protection professionals with whom he has worked closely he teaches self defense pistol combat surveillance threat assessment and security operations to teams and individuals He can be reached at his website [www.avoidthefight.com](http://www.avoidthefight.com) HowExpert publishes quick how to guides on all topics from A to Z by everyday experts

**Wish You Were Italian** Kristin Rae, 2014-05-06 This flirty adventurous YA romance in the vein of *xo Kitty* and *Emily in Paris* follows a teen who ditches her boring art program to explore Italy solo and finds herself caught between two irresistible summer flings Falling in love is only one of Pippa s goals for her summer in Italy she s also planning to eat a whole pizza in one sitting learn some Italian and avoid making a fool of herself in public ambitious she knows When cute archaeology student Darren keeps popping up wherever Pippa goes it seems like a cosmic sign on the love front With his long curly hair goofy jokes and thoughtful gifts Darren is the perfect guy So why can t Pippa stop dreaming about her suave gorgeous and very Italian new roommate Bruno This summer was supposed to be Pippa s chance to show her parents all she could be if they d just stop pressuring her so much but she s starting to wonder if she s in over her head Is Pippa walking right into heartbreak and the worst grounding of her life or could this magical summer make all her dreams come true Finding out might mean risking everything

**Learning to Teach in a New Era** Jeanne Allen, Simone White, 2021-09-15 Entering the teaching profession in the twenty first century comes with many challenges and even more opportunities to meet the learning needs of Australian students Learning to

Teach in a New Era provides a fundamental introduction to educational practice for early childhood primary and secondary preservice teachers Closely aligned with the Australian Curriculum and the Australian Professional Standards for Teachers this text builds on foundational knowledge and provides guidance on professional development throughout your career in education Organised in three sections professional knowledge professional practice and professional engagement and thoroughly updated this text introduces educational policy and the legal dimensions of education encourages the development of practical skills in pedagogy planning assessment digital technologies and classroom management and supports effective communication and ethical practice This edition features a new chapter exploring Aboriginal and Torres Strait Islander ways of knowing being and doing enabling teachers to create respectful and culturally responsive classrooms

**Practical Paediatrics** Don M. Robertson, M. J. South, 2007-01-01 This is a comprehensive textbook of paediatrics that describes childhood disease within the context of social determinants of illness such as genetic origins and social factors The emphasis is on differential diagnosis from a presenting problem viewpoint making it suitable for any problem based learning style of curriculum The new 6th edition is more comprehensive and more concise the clinical focus is made even stronger with clinical examples There are more images and the full text is online at StudentConsult along with self assessment further reading and web links New co editor Mike South Fully updated rewritten and extended detailed treatment of paediatric illnesses arranged by systems Takes into account social factors in paediatrics the family problems of adolescence etc Clinical examples clearly signposted are used throughout New chapters include obesity in children and adolescents child health in a global context child and adolescent gynaecology Online version of text available on Student Consult Self assessment section and further reading as well as web links now online

**Food Allergy E-Book** John M James, A Wesley Burks, Philippe Eigenmann, 2011-10-03 Definitive yet concise Food Allergy by Drs John M James Wesley Burks and Philippe Eigenmann provides expert guidance for efficient diagnosis and effective management of these increasingly prevalent conditions The consistent practical format with a wealth of case studies clinical pearls and pitfalls full color photos and illustrations diagrams and more make this an ideal quick reference tool for both allergy clinicians and primary care physicians Quickly reference essential topics thanks to a templated focused format that includes a wealth of full color photos and illustrations diagrams case studies and more Benefit from the knowledge experience and global perspective of leading international authors Deliver the best outcomes by incorporating clinical pearls from experts in the field into your practice Stay current with timely topics including our latest understanding of non IgE mediated food allergies cross reactions future therapies natural history and prevention and a review of unproven diagnostic and therapeutic techniques

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**Textbook of Emergency Medicine** Suresh David,2011-01-01 Textbook of Emergency Medicine Vol 1 and 2 is a comprehensive and contemporary exposition of the vast array of disorders and emergencies that might present to the emergency or casualty department of a hospital

*Pediatric Allergy* Nima Rezaei,2019-08-13 This book comprises a collection of case based chapters submitted by physicians and pediatricians in all specialties and meticulously refined and selected to cover the most common and important aspects of Pediatric Allergy knowledge Commonly encountered disorders such as allergic rhinitis food allergy and atopic dermatitis are covered among many others Each chapter starts with a brief of the initial presentation and lab data of the patient followed by a series of 3-6 multiple choice questions MCQs leading the reader to the diagnosis and best of practice in a step wise manner Clinical pearls presented as practical points and the MCQ format along with detailed answers makes Pediatric Allergy an essential reading material that a pediatric allergologist cannot afford to miss

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