Obsessive Compulsive Disorder

Theory, Research and Treatment

Edited by Ross G. Menzies and Padmal de Silva



Obsessive Compulsive Disorder Theory Research And Treatment

Christopher Pittenger

Obsessive Compulsive Disorder Theory Research And Treatment:

Obsessive-Compulsive Disorder Richard P. Swinson, Martin M. Antony, S. Rachman, Margaret A. Richter, 2001-10-31 Drawing upon extensive interviews and assessments of school age childr en who have lost a parent to death this book offers a richly textured portrait of the mourning process in children The volume presents maj or findings from the Harvard Child Bereavement Study and places them in the context of previous research shedding new light on both the wide range of normal variation in childrens experiences of grief and the factors that put bereaved children at risk The book also compares pa rentally bereaved children with those who have suffered loss of a sibl ing to death or of a parent through divorce exploring similarities and differences in these experiences of loss A concluding section explores the clinical implications of the findings and includes a review of intervention models and activities as well as a screening instrumen t designed to help identify high risk bereaved children Clinical Handbook of Obsessive-Compulsive Disorder and Related Problems Jonathan S. Abramowitz, Dean McKay, Steven Taylor, 2008 Obsessive compulsive disorder OCD is a complex set of thoughts and behaviors that can vary greatly from person to person and can be related to and complicated by a wide range of other disorders Clinicians are confronted with the challenge of accurately classifying its many variants and developing effective systematic treatments for them Some believe that OCD and related problems should be treated as subtypes of one condition others argue that OCD is composed of a spectrum of many similar conditions that should be treated individually In this handbook Jonathan S Abramowitz Dean McKay and Steven Taylor present an approach to diagnosis and treatment that considers subtype and spectrum concepts They examine specific presentations of OCD the symptoms that are often seen in practice as well as the many disorders that may fall within the OCD spectrum For each symptom and putative spectrum condition they discuss empirical support theories of etiology and treatment issues. The volume covers cognitive behavioral and biological factors as well as the latest approaches to psychological and pharmacologic therapy including complicating factors in treatment In concluding chapters the authors critically address the current literature on proposed subtype and spectrum disorders consider the clinical implications of the literature and map out a comprehensive integrated approach for understanding OCD and related conditions The only work on OCD that covers treatment options for specific symptoms and the full spectrum of related disorders this handbook is a must have for clinicians who are dedicated to improving the lives of patients with these challenging mental conditions *Intrusive Thoughts in Clinical Disorders* David A. Clark, 2005-01-01 Advancing our understanding of the cognitive underpinnings of psychopathology this is the first volume dedicated exclusively to the role of UITs unwanted intrusive thoughts across a wide range of psychological disorders This volume will inform the work of researchers and clinicians alike In addition the scope and scientific grounding of the book make it an excellent resource for students in graduate clinical training programs to use in their studies and throughout their careers It will serve as a unique supplemental text in courses in psychotherapy abnormal psychology and psychopathology and cognitive

behavioral theory Obsessive-Compulsive Disorder: Subtypes and Spectrum Conditions Jonathan S Abramowitz, Dean McKay, Steven Taylor, 2011-04-28 Researchers and clinicians working with Obsessive Compulsive Disorders OCD and related disorders who need the most current information available will find this volume of great use Obsessive Compulsive Disorder Subtypes and Spectrum Conditions covers contemporary theory research and treatment of the various subtypes of OCD and problems often referred to as OCD spectrum disorders As the mental health field considers the next iteration of the DSM an entire research agenda is being planned to elucidate issues such as how best to understand and classify OCD The questions of subtypes and spectrum disorders are at the heart of this issue and will guide how OCD is conceptualized in DSM V This volume dedicated to such diagnostic theoretical and treatment issues helps informs the field of the most up to date knowledge and what remains to be resolved Deconstructs OCD into its subtypes Reviews current research and treatment for these problems Considers how OCD will be conceptualized in DSM V Represents an international scope with contributions from field experts in psychology psychiatry and social work Includes critical discussion of the OCD subtype and OCD Obsessive Compulsive Disorder Research B. E. Ling, 2005 People with Obsessive Compulsive Disorder spectrum concepts OCD an anxiety disorder suffer intensely from recurrent unwanted thoughts obsessions and or repetitive behaviours compulsions that they feel they cannot control Repetitive behaviours such as hand washing counting checking or cleaning are often performed with the hope of preventing obsessive thoughts or making them go away Performing these so called rituals however provides only temporary relief and not performing them markedly increases anxiety Left untreated obsessions and the need to carry out rituals can take over a person s life OCD is often a chronic relapsing illness The first symptoms of OCD often begin during childhood or adolescence OCD is equally common in males and females OCD is sometimes accompanied by depression eating disorders substance abuse or other anxiety disorders Symptoms of OCD can also coexist and may even be part of a spectrum of other brain disorders such as Tourette's syndrome Appropriate diagnosis and treatment of other co occurring disorders are important to successful treatment of OCD This new volume offers new research from around the world **Obsessive Compulsive Disorder** Leslie J. Shapiro, 2020-07-23 A comprehensive introduction to one of the most common psychiatric disorders a condition that results in intrusive irrational thoughts and or repetitive illogical physical or mental actions Titles in this Health and Psychology Sourcebooks series address psychological physical or environmental conditions that threaten human health and wellbeing This book presents a comprehensive overview of OCD one of the five most common psychiatric disorders Obsessions range from those associated with contamination safety and order or symmetry to scrupulosity or the need the do the right thing Compulsions range from counting touching and tapping to excessive cleaning washing arranging or even hoarding Written by a therapist among the most experienced in the world in dealing with this disorder this book covers the incidence symptoms diagnosis history development and causes as well as the effects and costs of OCD It also addresses theory research and treatments and offers insight into and case studies illustrating

how the disorder displays in society at work and in relationships A glossary of terms suggested further readings and resource websites and organizations listing are included Obsessive-compulsive Disorder Christopher Pittenger, 2017 Obsessive compulsive disorder OCD affects one person in 40 and can cause great suffering This volume provides the first comprehensive summary of our understanding of this enigmatic condition summarizing current work ranging from genetics and neurobiology through cognitive psychology treatment personal experiences and societal implications The Handbook of Adult Clinical Psychology Alan Carr, Muireann McNulty, 2014-03-05 The Handbook of Adult Clinical Psychology provides a reliable source of guidance on the full range of issues associated with conducting evidence based practice in adult mental health Topics covered include general frameworks for practice classification and epidemiology CBT psychodynamic systemic and bio medical models general assessment procedures mood problems depression bipolar disorder and managing suicide risk anxiety problems generalized anxiety disorder panic disorder obsessive compulsive disorder PTSD and social phobia physical health problems somatoform disorders chronic pain adjustment to cancer eating disorders and substance abuse other psychological difficulties schizophrenia borderline personality disorder psychological problems in older adults anger management and depersonalization disorder Each chapter includes useful skill building exercises summaries of the issues covered suggested further reading lists for both psychologists and patients and case material This practical Handbook will prove invaluable to clinical psychologists in training helping them to build the necessary skills to complete a clinical placement in the field of adult mental health The Handbook of Adult Clinical Psychology is one of a set of three handbooks published by Routledge which includes The Handbook of Child and Adolescent Clinical Psychology by Alan Carr and The Handbook of Intellectual Disability and Clinical Psychology Practice Edited by Alan Carr Gary O Reilly Patricia Noonan Walsh and John McEvov The Oxford Handbook of Obsessive-Compulsive and Related Disorders David F. Tolin, 2023 The second edition of the Oxford Handbook of Obsessive Compulsive and Related Disorders presents the latest information on the conceptualization of obsessive compulsive disorder and its associated spectrum conditions. The volume begins by reviewing the prevalence and profiles of obsessive compulsive disorder body dysmorphic disorder hoarding disorder trichotillomania hair pulling disorder and excoriation skin picking disorder The chapter authors include leaders in the field about the epidemiology phenomenology assessment and treatment of ORCDs who discuss modern conceptualizations of the OCRDs including neurocircuitry genetic behavioral and cognitive models Cognitive-Behavioral Therapy for OCD David A. Clark, 2012-04-18 This book has been replaced by Cognitive Behavioral Therapy for OCD and Its Subtypes Second Edition The Wiley Handbook of Obsessive Compulsive Disorders Jonathan S. Abramowitz, Dean ISBN 978 1 4625 4101 0 McKay, Eric A. Storch, 2017-06-12 The Wiley Handbook of Obsessive Compulsive Disorders 2 volume set provides a comprehensive reference on the phenomenology epidemiology assessment and treatment of OCD and OCD related conditions throughout the lifespan and across cultures Provides the most complete and up to date information on the highly diverse

spectrum of OCD related issues experienced by individuals through the lifespan and cross culturally Covers OCD related conditions including Tourette's syndrome excoriation disorder trichotillomania hoarding disorder body dysmorphic disorder and many others OCD and related conditions present formidable challenges for both research and practice with few studies having moved beyond the most typical contexts and presentations Includes important material on OCD and related conditions in young people and older adults and across a range of cultures with diverse social and religious norms Controversies in Obsessive-Compulsive Disorder Jonathan S. Abramowitz, Arthur C. Houts, 2006-11-22 Few syndromes in psychopathology generate as much popular curiosity and clinical exploration as does obsessive compulsive disorder OCD Since the 1970s research on OCD has increased exponentially Speci c advances include an improved grasp of the heterogeneity of the disorder identi cation of putative subtyping schemes and the development of increasingly sophisticated theoretical models of the etiology and maintenance Perhaps most importantly research has led to advances in treatment andwhereasthe rstlinetherapies cognitive behaviortherapyandserotonergicm ication are not entirely effective for every sufferer they have transformed OCD from an unmanageable lifetime af iction into a treatable problem that need not reduce quality of life Despite the aforementioned advances there have emerged a number of sharp disagreements concerning OCD Differences have surfaced over phenomenological issues etiological models and approaches to treatment and often occur but not exclusively along disciplinary lines between biologically oriented and cogniti behaviorally oriented authorities For example medical approaches posit that abn mal biological processes cause OCD whereas psychosocial formulations emphasize the role of learning and dysfunctional cognitions Yet because theoretical conjecture and empirical ndingsfromwithineachtraditionaretypicallyaddressedtowardd tinct and narrow audiences clinicians researchers and students with broad interests are hindered from gaining a clear grasp of the diverse and sometimes polarized perspectives

Cognitive Behaviour Therapy for Obsessive-compulsive Disorder Victoria Bream, Fiona Challacombe, Asmita Palmer, Paul Salkovskis, 2017-07-13 Obsessive compulsive disorder can be a very disabling and distressing problem Cognitive behavioural therapy CBT has been shown to be very effective in helping people to overcome OCD However OCD is a highly heterogeneous disorder often complicated by contextual factors and therapists are often left wondering how to apply their knowledge of treatment to the particular problems as they face them in clinical practice This book provides the reader with an understanding of the background to and principles of using CBT for OCD in a clear practical how to style It also elucidates the particular challenges and solutions in applying CBT for OCD using illustrative case material and guidance on formulation driven intervention The book also addresses commonly occurring complexities in the treatment of OCD for example working with comorbidity perfectionism shame and family involvement in symptoms Throughout the book the authors provide tips on receiving and giving supervision to trouble shoot commonly encountered problems resulting in a guide that can help clinicians at all levels of experience

Cognitive Therapy Across the Lifespan Mark A. Reinecke, David A. Clark, 2003-09-25

This balanced evidence based overview examines the effectiveness of cognitive behavioral therapy in clinical practice The Oxford Handbook of Obsessive Compulsive and Spectrum Disorders Gail Steketee, 2012 A review of current literature on obsessive compulsive disorder OCD and its associated spectrum conditions including body dysmorphic disorder BDD hoarding trichotillomania tic disorders and Tourette s Syndrome **ADHD Comorbidities** Thomas E. Brown, 2009 The only book that covers the multiple ways in which ADHD is complicated by other psychiatric and learning disorders in both children and adults ADHD Comorbidities Handbook for ADHD Complications in Children and Adults features comprehensive research based information on ADHD and its full range of coexisting syndromes Contributing researcher clinicians familiar with the complications that additional disorders pose summarize in accessible language what is currently known about ADHD and its comorbidities from preschool age to adulthood These authors describe how ADHD leads to different profiles at different stages of development and how to adjust treatment strategies for both ADHD and additional disorders to reduce the impairments resulting from their combination The book offers a new paradigm for understanding ADHD viewing it not as a simple behavior disorder but as a complex developmental impairment of executive functions in the brain This important handbook gives developmental context to ADHD by describing how symptoms at preschool onset differ from those of older age at onset Clinicians will find practical help for patients whose ADHD appears in conjunction with 11 other syndromes from mood disorders to developmental coordination disorder and acquire valuable guidance on adapting and adjusting medications and other interventions to optimize treatment effects for the wide diversity of complex cases that embody ADHD

Diagnosis, Conceptualization, and Treatment Planning for Adults Michel Hersen, Linda Krug Porzelius, 2001-08 Bridging the gap between classroom and clinic this indispensible guide walks mental health professionals in training through the strategies needed to work with adults in outpatient settings

Handbook of Psychodynamic Approaches to Psychopathology Patrick Luyten, Linda C. Mayes, Peter Fonagy, Sidney J. Blatt, Mary Target, 2017-05-04 Authoritative and comprehensive this volume provides a contemporary psychodynamic perspective on frequently encountered psychological disorders in adults children and adolescents Leading international authorities review the growing evidence base for psychoanalytic theories and therapeutic models Chapters examine the etiology and psychological mechanisms of each disorder and thoroughly describe effective treatment strategies Highly accessible the book is richly illustrated with clinical case material It demonstrates ways in which psychodynamic theory and therapy are enhanced by integrating ideas and findings from neuroscience social and personality psychology cognitive behavioral therapy and other fields Winner Goethe Award for Psychoanalytic and Psychodynamic Scholarship
Obsessive Compulsive Disorder Polly Waite, Tim Williams, 2009-01-13 Obsessive Compulsive Disorder OCD is characterised by a person s obsessive distressing intrusive thoughts and their related compulsions It affects an estimated one percent of teenagers and has been detected in children as young as three years old In this concise accessible book experienced contributors provide detailed guidance on carrying out

assessments and treatment for children and young people with OCD from a cognitive behavioural perspective This approach has been developed from extensive research and clinical work with young people with OCD and associated problems The book includes an overview of OCD an introduction to CBT and its relevance to OCD in young people assessment and treatment methods case studies and clinical vignettes worksheets for use with the client This straightforward text provides essential direction for practitioners and trainees in a range of professions including psychiatry psychotherapy counselling nursing education and social work Online resources The appendices of this book provide worksheets that can be downloaded free of charge to purchasers of the print version Please visit the website to find out more about this facility Guide to OCD Helen Poskitt, 2013-04-17 Are you living or working with someone who has Obsessive Compulsive Disorder OCD Perhaps it's your partner or child a parent close friend or work colleague Diagnosed as often as diabetes the condition can lead both sufferers and those around them to feel isolated However you are not alone This practical guide enables families carers and friends to provide invaluable support for those with OCD It aims to inform those living alongside OCD about the condition and to provide clear and compassionate strategies for them With this new understanding readers will feel better able to cope better with OCD manifestations Commonly experienced emotions such as bewilderment frustration and sadness will gradually subside The Essential guide to OCD includes interviews with those at the rock face relatives friends and colleagues of those with OCD The latest medical advances and effective treatments such as CBT are also explored with insight from mental health professionals

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Table of Contents Obsessive Compulsive Disorder Theory Research And Treatment

- 1. Understanding the eBook Obsessive Compulsive Disorder Theory Research And Treatment
 - The Rise of Digital Reading Obsessive Compulsive Disorder Theory Research And Treatment
 - Advantages of eBooks Over Traditional Books
- 2. Identifying Obsessive Compulsive Disorder Theory Research And Treatment
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
- 3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Obsessive Compulsive Disorder Theory Research And Treatment
 - User-Friendly Interface
- 4. Exploring eBook Recommendations from Obsessive Compulsive Disorder Theory Research And Treatment
 - Personalized Recommendations
 - Obsessive Compulsive Disorder Theory Research And Treatment User Reviews and Ratings
 - o Obsessive Compulsive Disorder Theory Research And Treatment and Bestseller Lists
- 5. Accessing Obsessive Compulsive Disorder Theory Research And Treatment Free and Paid eBooks
 - Obsessive Compulsive Disorder Theory Research And Treatment Public Domain eBooks
 - Obsessive Compulsive Disorder Theory Research And Treatment eBook Subscription Services
 - o Obsessive Compulsive Disorder Theory Research And Treatment Budget-Friendly Options

- 6. Navigating Obsessive Compulsive Disorder Theory Research And Treatment eBook Formats
 - o ePub, PDF, MOBI, and More
 - Obsessive Compulsive Disorder Theory Research And Treatment Compatibility with Devices
 - Obsessive Compulsive Disorder Theory Research And Treatment Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Obsessive Compulsive Disorder Theory Research And Treatment
 - Highlighting and Note-Taking Obsessive Compulsive Disorder Theory Research And Treatment
 - Interactive Elements Obsessive Compulsive Disorder Theory Research And Treatment
- 8. Staying Engaged with Obsessive Compulsive Disorder Theory Research And Treatment
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Obsessive Compulsive Disorder Theory Research And Treatment
- 9. Balancing eBooks and Physical Books Obsessive Compulsive Disorder Theory Research And Treatment
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Obsessive Compulsive Disorder Theory Research And Treatment
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Obsessive Compulsive Disorder Theory Research And Treatment
 - Setting Reading Goals Obsessive Compulsive Disorder Theory Research And Treatment
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Obsessive Compulsive Disorder Theory Research And Treatment
 - Fact-Checking eBook Content of Obsessive Compulsive Disorder Theory Research And Treatment
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements

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