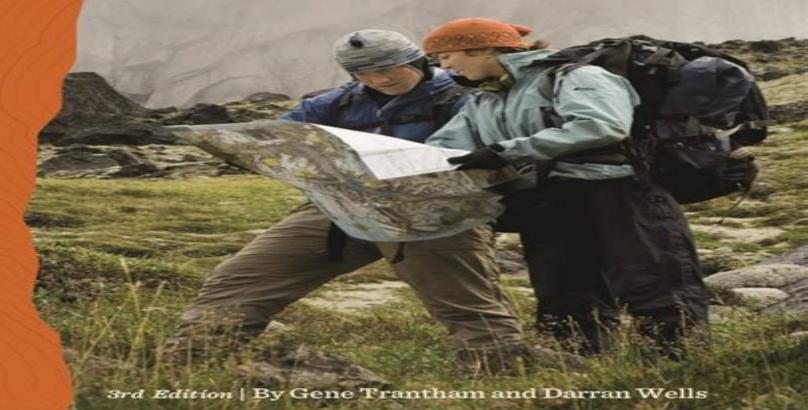


NOLS WILDERNESS NAVIGATION



Nols Wilderness Navigation

Beth Hood, James Hood

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NOLS Wilderness Navigation Gene Trantham, Darran Wells, 2018-11-01 The official NOLS guide to finding your way in the outdoors Being able to rely on your navigational skills can mean the difference between a successful day hiking and an unplanned overnight in the wilderness This new edition focuses on navigational principles and techniques so you can build skills and confidence and not have to rely on technology that is often not available on and off trail Based on official NOLS curriculum and vetted by trained NOLS instructors in the field NOLS Wilderness Navigation covers navigation techniques for map and compass and GPS navigating by stars and sun instruction on taking bearings planning routes and using USGS topo maps and choosing the right tools and equipment This edition also includes international and nautical travel Wilderness Navigation Darran Wells, 2005 The National Outdoor Leadership School's official guide to finding your way in the wilderness Covers all navigational techniques from map and compass to GPS and gives instructions on taking bearings and planning routes on USGS maps Up to date information on tools equipment and software For wilderness travelers good navigation ability can mean the difference between a successful day hike and an unplanned overnight stay Based on the curriculum of the National Outdoor Leadership School NOLS Wilderness Navigation gives you the skills you need to confidently find your way on and off the trail Included here are methods for orienting yourself by the sun and the stars alone easy to follow explanations of map and compass techniques and advice on using an altimeter There s also a comprehensive section on using GPS technology without becoming dependent on it Exercises at the end of each chapter help readers **NOLS Wilderness Mountaineering** Phil Powers, 2008-12-18 gradually develop their skills and build their confidence This updated edition of the popular NOLS Wilderness Mountaineering reflects the most current practices equipment and risk management in mountain climbing **NOLS Canoeing** Alexander Martin, 2013-10-01 Planning and outfitting including what you ll need on the water and in camp for long or short trips Using lines basic strokes basic maneuvers and drills rigging loading and unloading carrying and moving Covers techniques for whitewater and open water travel navigation and canoeing in ice Full color photos and trustworthy text from the experts in outdoor education NOLS Expedition Planning Dave Anderson, Molly Absolon, 2011-02-09 The guide for planning a successful trip short or long Research access to public land domestic and international Create a budget and find additional funding Choose essential gear with checklists for personal and group gear Plan food and fuel requirements How to prepare mentally and physically Health issues including insurance illnesses and injuries Transportation and lodging How to deal with risks in the wilderness Leave No Trace principles for sustainable travel Pacific Crest Trail: Northern California Jordan Summers, 2020-11-10 The PCT s 1 Guide for More Than 45 Years First published in 1973 The Pacific Crest Trail Vol 1 California guickly established itself as the book trekkers could not do without Now thoroughly updated and redesigned Pacific Crest Trail Northern California starts in Yosemite National Park s beautiful backcountry and guides you to the California Oregon border It winds past rivers peaks forests meadows

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students learn how to make the most of their summer vacation with opportunities including summer academic programs volunteer work adventure camps and trips and internships The National Outdoor Leadership School's Wilderness Guide Mark Harvey, 2018-04-24 The classic backpacker's handbook revised and updated providing expert guidelines for anyone who loves the outdoors The Wilderness Guide brings the savvy of the world's most famous and respected outdoor organization to everyone from the sixteen million backpacking Americans to the more than 265 million people tenderfeet and trail hardened hikers who visit our national parks annually It covers Selecting equipment including discussions of the advantages and disadvantages of products such as the internal frame pack lighter weight boots and freestanding tents The latest leave no trace camping techniques Traveling safely and sensibly including vital information on maps compasses and tips on crossing difficult terrain Backcountry cooking with tips on building fires and tricks for making gourmet meals Search and rescue techniques including how to organize a self sufficient search group and when to call in professional rescue teams Illustrated throughout with instructional drawings and photos and featuring lists of equipment the Wilderness Guide is a must have for anyone planning to explore the great outdoors Outdoor Education Stephen T. Schroth, 2023-07-29 This book explores the phenomenon of outdoor education an approach that permits children from all backgrounds to explore environmental sustainability and other issues facing them and their communities Organized around both the conceptual and the practical issues facing school leaders interested in outdoor education the book provides a wealth of resources for those interested in implementing outdoor education in their schools or classrooms Infinitely flexible outdoor education provides a lens through which teachers may explore any content area with any age group of children Providing readers with both the theoretical underpinnings that support place based curriculum as well as practical ways to implement an outdoor education program the book also provides seven case studies that examine the issues facing school leaders desiring to make such a change Outdoor Education A Pathway to Experiential Environmental and Sustainable Learning guides those interested inexploring outdoor education through the curricular instructional and policy considerations needed to accomplish this goal

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Wilderness Navigation Bob Burns, Mike Burns, 2012-12-20 GPS chapter completely updated to reflect newer models and features of GPS receivers now available Expanded to include a section on routefinding on glaciers along with additional information on changing declination Extensive illustrated examples of orientation and wilderness navigation Proceed with confidence when heading off road or off trail with the second edition of Wilderness Navigation Whether you are climbing a glacier orienteering in the backcountry or on an easy day hike Mike and Bob Burns cover all the latest technology and time tested methods to help you learn to navigate from how to read a map to compasses and geomagnetism Bob Burns is a long time member of The Mountaineers He has taught classes in the use of map and compass since the late 1970s Mike Burns is an avid climber He has instructed climbing and navigation classes and written articles for Climbing magazine Part of the The Mountaineers Outdoor Basics series Created for beginning to intermediate enthusiasts this series includes everything anyone would need to know about staying safe and having fun in the backcountry Where's the Map? Create Your Own Guide to Life After Graduation Beth Hood, James Hood, 2008 An entertaining interactive guidebook this volume is designed to

provide young adults with a simple model they can use to create a solid vision for their future and ideally map out a life of their dreams Careers Job Opportunities Proceedings-- National Wilderness Research Conference, 1986 This second volume of conference proceedings includes over 70 reports of current wilderness research presented at the National Wilderness Conference 1985 Topics covered include wilderness fire air quality soil and vegetation fish and wildlife water wilderness use and user characteristics visitor attitudes and behaviour management concepts etc Adventure Tourism R. Buckley, 2006-10-24 Adventure tourism is a new rapidly growing area at both practical and academic levels Written at an introductory level Adventure Tourism provides a basic background and covers commercial adventure tourism products across a range of adventure tourism sectors Hiking Alaska's Wrangell-St. Elias National Park and Preserve Greg Fensterman, 2008-05-01 The first book of its kind for the largest national park in the United States Six times the size of Yellowstone National Park Wrangell St Elias welcomes 40 000 visitors every year and each of them will maximize the visit with this all new guidebook Detailed information is provided for navigating fifty of the best hiking routes through 13 2 million acres of Alaskan wilderness The book is organized by type of trip day hikes frontcountry treks starting from road accessible trailheads and remote backcountry treks accessible via fly in There are detailed maps and black and white photographs as well as sidebars and narratives about river crossings navigation bear safety wildlife seasonal changes and finding the routes

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