

Second Edition

Normal Childbirth

Evidence and Debate

Edited by **Soo Downe**

Foreword by Robbie E. Davis-Floyd

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Normal Childbirth Evidence And Debate

Karen Jackson, Helen Wightman



Normal Childbirth Evidence And Debate:

Normal Childbirth Soo Downe,2004-01-01 With the increasing risk of litigation in midwifery there is often a move to err on the side of caution and classify women as at risk even if they present with only a hint of a problem Reflecting the need for global professional standards this unique book presents the available evidence on normality in childbirth and proposes new approaches and paradigms for future research and practice Covering a variety of subjects international contributors present evidence based practical expertise on normal birth to help readers become aware of the wide parameters of normal in order to practice effectively and safely Explores the nature and implications of normal childbirth as opposed to birth with medical intervention Challenges the fundamental assumptions underpinning current beliefs and attitudes surrounding normal birth Synthesizes evidence to provide different ways of seeing normality and interpreting its meanings Provides a highly applicable reference for readers with an interest in the multiple aspects of normal birth With 18 expert contributors **The New**

Midwifery Lesley Ann Page,Rona McCandlish,2006-12-05 Practicing as a midwife today requires not only good clinical skills but also a broad understanding of the social and emotional changes a woman experiences before and after birth This book combines scientific knowledge with the more intangible skills needed for sensitive communication to provide the best possible care to the mother and her family The second edition of this celebrated text vividly explores the various skills and approaches that lead to successful midwifery practice and uses care stories to bring these to life Provides a refreshingly new approach to key areas of midwifery practice in a way that brings practice to life Illustrates and supports the fundamental changes currently taking place in midwifery around the world Builds on the most up to date evidence based research to suggest guidelines for best practices Explores the impact of parenthood and offers strategies for effectively supporting individuals during this period of transition Includes care stories case studies that highlight positive midwifery care and successful childbirth experiences Offers contrasting stories from around the world illustrating how maternity care in industrialized society differs from that in a non industrial or third world environment Provides up to date research and reference material *Childbirth, Midwifery and Concepts of Time* Christine McCourt,2009 All cultures are concerned with

the business of childbirth so much so that it can never be described as a purely physiological or even psychological event This volume draws together work from a range of anthropologists and midwives who have found anthropological approaches useful in their work Using case studies from a variety of cultural settings the writers explore the centrality of the way time is conceptualized marked and measured to the ways of perceiving and managing childbirth how women midwives and other birth attendants are affected by issues of power and control but also actively attempt to change established forms of thinking and practice The stories are engaging as well as critical and invite the reader to think afresh about time and about reproduction

Choice, Control and Contemporary Childbirth Julie Jomeen,Lura L. Pethtel,2019-01-22 Current maternity policy advocates choice and control for women in maternity care and promotes women as active childbirth

consumers and decision makers However evidence that women receive true choice within contemporary maternity services is lacking and continued and pervasive barriers to choice continue to have profound consequences for many Choice Control and Contemporary Childbirth explores the narrative childbirth experiences of a group of women outlining current policy and providing an overview of the relevant discourses to which women are exposed when making choices for maternity care This book is unique in presenting narratives that reveal varying identities for women across their maternity experience illustrating how maternity choices are simultaneously promised and constrained It provides practitioners service providers and policymakers in maternity care and all those with an interest in birth provision with profound insights into both women's experiences of childbirth and how choices can be better facilitated in future Maternal choice and control are a challenge in contemporary society with the changing demography of the population the rising birth rate and financial constraints Collecting this diverse information in one publication is timely and an invaluable resource for the practising and academically active midwives obstetricians and health service managers From the Foreword by Tina Lavender **Normal Midwifery**

Practice Sam Chenery-Morris, Moira McLean, 2012-10-10 For new students the language and concepts of midwifery care can at first be daunting This book helps students to understand the expectations of midwifery training in relation to normal midwifery practice It covers the basics of midwifery care including professional practice frameworks informing midwifery care key concepts and philosophies of care communication and care skills antenatal care normal labour and birth postnatal care neonatal care and breastfeeding as well as a brief introduction to medicines management in normal midwifery care The book is designed to work alongside first taught modules in midwifery and underpin training in subsequent years

Spirituality and Childbirth Susan Crowther, Jenny Hall, 2017-09-13 Highlighting aspects of birth often taken for granted ignored or left silenced this book questions the art and meaning of childbirth Addressing spirituality in and around the start of life from a variety of thought provoking perspectives it examines the apparent paradox of impersonal biomedical technocratic systems operating alongside the meaningful experiences encountered by those involved Themes covered include Notions of holism and spirituality culture religion and spirituality Childbirth significance at societal level Spiritual care in maternity care provision Birth environment mood space and place Spiritual experience of all those involved including health professionals Spiritual experience when birth is complex and challenging When birth and death are juxtaposed Although there is considerable literature on spirituality at the end of life this is the only book that draws together a global and multidisciplinary selection of academic researchers and practitioners to reflect on spirituality at the start of life Each chapter explores the relevant theoretical background and makes links to practice using case studies from research and practice The chapters conclude by discussing how spiritual care is and should be provided in this context what practice approaches are beneficial cross cultural perspectives and future directions for research It is an important read for all those interested in childbirth maternity care social science perspectives on health and illness and spirituality Towards the Humanisation of

Birth Elizabeth Newnham, Lois McKellar, Jan Pincombe, 2018-02-13 This book examines the future of birthing practices particularly by focusing on epidural analgesia in childbirth. It describes historical and cultural trajectories that have shaped the way in which birth is understood in Western developed nations. In setting out the nature of epidural history, knowledge and practice, the book delves into related birth practices within the hospital setting. By critically examining these practices which are embedded in a scientific discourse that rationalises and relies upon technology, the authors argue that epidural analgesia has been positioned as a safe technology in contemporary maternity culture despite it carrying particular risks. In examining alternative research, the book proposes that increasing epidural rates are not only due to greater pain relief requirements or access but are influenced by technocratic values and a fragmented maternity system. The authors outline the way in which this epidural discourse influences how information is presented to women and how this affects their choices around the use of pain relief in labour.

Mayes' Midwifery E-Book Sue Macdonald, 2011-04-05 Mayes' Midwifery is an established key textbook for students and qualified midwives, containing essential knowledge for professional practice. For this 14th edition, each section and chapter has been fully updated and enhanced by leading authors to ensure the text complies with contemporary practice and current guidelines. Added benefits are the availability of a variety of additional online resources for each chapter, including case studies, video and website links, and a bank of multiple choice questions to test knowledge. With a strong emphasis on normal birth, the book covers the spectrum of midwifery-related topics applied to practice, providing a foundation of knowledge and encouraging independent thought through the use of reflective exercises in each chapter and online. The book provides midwives with material that meets individual ways of learning and supports current modes of midwifery education. Mayes' Midwifery is the text for initial preparation and for ongoing midwifery practice. New chapters on essential contemporary issues: Vulnerable women, Perspectives on the future of midwifery in a global context, Evidence-based information to guide best practice, Learning outcomes and Key Points in all chapters, Reflective activities. Now with an integrated website offering additional resources and material, including Multiple choice questions for self-testing, Case studies, Reflective activities to consolidate your professional development, Useful additional reading resources and weblinks, Expanded topics, Downloadable materials including illustrations.

Joints and Connective Tissues Kerryn Phelps, Craig Hassel, 2012-10-31 *Joints and Connective Tissues: General Practice: The Integrative Approach Series*. In order to diagnose and manage the patient presenting with musculoskeletal symptoms, it is important to distinguish whether the pathology is arising primarily in the so-called hard tissues such as bone or the soft tissues such as cartilage, disc, synovium, capsule, muscle, tendon, tendon sheath. It is also important to distinguish between the two most common causes of musculoskeletal symptoms, namely inflammatory and degenerative.

Normalizing Challenging or Complex Childbirth Karen Jackson, Helen Wightman, 2017-02-16 Complexity in childbirth is growing significantly due to several factors that include increasing maternal age, rising levels of obesity and related diabetes. Women labelled as moderate or high risk are often

excluded from useful strategies that low risk women enjoy such as using water immersion for labour aromatherapy or mobilisation They then can immediately follow a pathway of increased surveillance and interventions that may or may not be clinically indicated This text offers expert guidance and specialist knowledge on the evidence for normalizing and humanizing complicated or challenging pregnancies labours and birth It covers a range of practice issues from multiple births to breech presentations gestational diabetes to VBAC Comprehensively written for midwifery students and those already in practice it is also useful for obstetricians and medical students who wish to provide more holistic maternity care and promote optimum childbirth With case studies and helpful summaries of points for practice this is the go to text for those looking for up to date guidance on maximizing normal physiology and also normalizing or humanizing challenging or complex childbirth in midwifery practice An essential read for today's midwife Includes a Foreword by Professor Soo Downe University of Central Lancashire UK Normalizing Challenging or Complex Childbirth edited by Karen Jackson and Helen Wightman provides an insightful and informative perspective on an array of midwifery issues pertinent to today's society including obesity VBAC and diabetes Karen Jackson's first chapter The concept of normality in the context of challenging or complex childbirth sets the standard for additional eminent contributing authors and they follow with an engaging exploration and explanation of the issues which is seamless in terms of application to practice and is supported by real life case studies and key practice points This is a must read resource for midwives students and educators Janet Israel Midwifery Lecturer Cardiff University UK Normalizing Challenging or Complex Childbirth provides midwives and students with a refreshingly practical and sensitive approach to caring for women when pregnancy and birth bring additional physiological challenges New and emerging evidence on important clinical scenarios is presented with great compassion in the context of contemporary midwifery care This book will be an important resource to midwives wishing to provide individualised sensitive care to women facing the challenge of an unexpected or complex pregnancy path Julia Sanders PhD Consultant Midwife and Reader in Midwifery Cardiff University UK

The Midwife's Labour and Birth Handbook Vicky Chapman, Cathy Charles, 2013-01-22 Praise for previous editions An excellent resource for both student midwives and qualified staff alike Alison James Midwifery Lecturer Plymouth University A lovely book with a lot of practical advice and easy to navigate Jayne Samples Midwifery Lecturer University of Huddersfield This fully revised and updated third edition of The Midwife's Labour and Birth Handbook is a practical and accessible guide to midwifery care It addresses important questions such as Why are women being pressured into caesarean section for breech presentation when the evidence is equivocal If a baby needs assisted ventilation breaths at birth why not bring the ambubag to the baby and leave the cord intact so the baby can benefit from the extra maternal oxygen supply Why is skin to skin contact at birth so rarely offered to preterm babies when there is evidence of benefit This well regarded text promotes normality and woman centred care using research evidence based guidelines and anecdotal accounts from women It challenges practice and guidelines which are biased or based on poor evidence Guidance

is offered on how to deal with difficult sometimes controversial situations The Midwife's Labour and Birth Handbook 3rd edition is an essential guide for both student midwives and experienced practising midwives New to this edition Full colour photographs including a kneeling breech birth Suturing diagrams to assist left handed midwives Expanded chapters on slow progress in labour and malposition malpresentations including a rare photograph of a face presentation birth

Supporting Women for Labour and Birth Nicky Leap,Billie Hunter,2022-01-12 This new edition provides an up to date and thoughtful guide to supporting women in labour looking at a range of techniques and approaches that promote a safe and positive experience of birth for women and their families Across the world support in labour has been shown to reduce obstetric interventions and improve outcomes for women and babies Written by two highly experienced midwifery authors this text draws on a wide range of cutting edge research on this topic identifying how the evidence can be applied to everyday practice Narratives from women and practitioners including midwives doulas childbirth educators and students are used to illustrate a range of situations where the quality of support is central to the quality of the experience and outcome Supporting Women for Labour and Birth encourages readers to reflect on their experiences and examine the evidence provided by both research and experiences of women and practitioners in order to explore how this could be incorporated into their practice The only book to deal directly with the practical and emotional issues associated with labour support this is an ideal text for student midwives and an important reference for practising midwives doulas and other childbirth practitioners

Supporting Women to Give Birth at Home Mary Steen,2012-03-12 Supporting Women to Give Birth at Home describes and discusses the main challenges and issues that midwives and maternity services encounter when preparing for and attending a home birth To ensure that a home birth is a real option for women midwives need to be able to believe in a woman's ability to give birth at home and to promote this birth option providing evidence based information about benefits and risks This practical guide will help midwives to have the necessary skills resources and confidence to support homebirth The book includes the present birth choices a woman has the implications homebirth has upon midwifery practice how midwives can prepare and support women and their families the midwife's role and responsibilities national and local policies guidelines and available resources pain management options With a range of recent home birth case studies brought together in the final chapter this accessible text provides a valuable insight into those considering homebirth Supporting Women to Give Birth at Home will be of interest to students studying issues around normal birth and will be an important resource for clinically based midwives in particular community based midwives home birth midwifery teams independent midwives and all who are interested in homebirth as a genuine choice

Meanings of Pain Simon van Rysewyk,2019-08-31 Experiential evidence shows that pain is associated with common meanings These include a meaning of threat or danger which is experienced as immediately distressing or unpleasant cognitive meanings which are focused on the long term consequences of having chronic pain and existential meanings such as hopelessness which are more about the

person with chronic pain than the pain itself This interdisciplinary book the second in the three volume Meanings of Pain series edited by Dr Simon van Rysewyk aims to better understand pain by describing experiences of pain and the meanings these experiences hold for the people living through them The lived experiences of pain described here involve various types of chronic pain including spinal pain labour pain rheumatic pain diabetic peripheral neuropathic pain fibromyalgia complex regional pain syndrome endometriosis associated pain and cancer related pain Two chapters provide narrative descriptions of pain recounted and interpreted by people with pain Language is important to understanding the meaning of pain since it is the primary tool human beings use to manipulate meaning As discussed in the book linguistic meaning may hold clues to understanding some pain related experiences including the stigmatisation of people with pain the dynamics of patient clinician communication and other issues such as relationships between pain public policy and the law and attempts to develop a taxonomy of pain that is meaningful for patients Clinical implications are described in each chapter This book is intended for people with pain their family members or caregivers clinicians researchers advocates and policy makers

Birth Sylvie Donna, 2010-10 A book for pregnant women who would prefer to give birth with as little intervention as possible so as to make things as good as possible for both themselves and their babies The countdown takes the reader through 10 key topics and all discussion of issues is supplemented with birth stories and comments from all kinds of women and professionals too The tone is practical reassuring and even inspirational because the many positive birth stories show how it's possible to have a really happy healthy experience of birth Contributions come from Janet Balaskas the woman who realised we're better off not lying down when we give birth Michel Odent pioneer of water births and Bill Bryson the travel writer as well as from many other experts and ordinary but extraordinary mothers who made this book possible The advice is based on current research evidence and in any cases where the evidence is controversial the research and relevant issues are discussed in an optional extra notes section at the back of the book There is a comprehensive Glossary of pregnancy terms and a user friendly Index so as to make it an optimally useful book in all sense of the word In short this is a handbook which could make a real difference to a pregnant woman's experience and also to that of her baby A comment from an antenatal teacher What every woman will want to know put simply and clearly A comment from a midwife perinatal researcher and adjunct professor Betty Anne Daviss Sylvie has created a prescription for healthy birth in a 10 step approach to keep parents focused on what is important in a potentially disastrous birth environment She has provided us with a book that encapsulates anything you wanted to know about keeping your birth normal and healthy And a comment from a mother Had a very late night Friday as I could not put your book down Wow **Appraising Research into Childbirth** Sara Wickham, 2006-03-29 The eBook version of this title gives you access to the complete book content electronically Evolve eBooks allows you to quickly search the entire book make notes add highlights and study more efficiently Buying other Evolve eBooks titles makes your learning experience even better all of the eBooks will work together on your electronic

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Qualitative Research in Midwifery and Childbirth Gill Thomson, Fiona Dykes, Soo Downe, 2012-03-29 Qualitative research particularly phenomenology is increasingly popular as a method for midwifery and health related research These approaches enable rich and detailed explanations to be uncovered and bring experience to life Important recommendations and practice based implications may then be raised and debated for future use This book brings together a range of phenomenological methods and insights into one accessible text Illustrated with plenty of examples of successful phenomenological research Qualitative Research in Midwifery and Childbirth keeps the focus applied to midwifery and childbirth and makes clear the links to practice throughout The book introduces three key phenomenological approaches descriptive interpretive and the life world and includes a comparative chapter which discusses the differences between these varied perspectives and methods Each chapter focuses on how these approaches are used within midwifery research The remaining chapters present a number of different research projects These demonstrate how different phenomenological approaches have been used to explore and uncover experiences of childbirth and maternity as well as offering important insights into how women experience different facets of the birth experience during the antenatal intra partum and postnatal period Designed for researchers and students undertaking research projects on midwifery and childbirth this text includes contributions from a range of international and highly regarded phenomenological authors and researchers

Improving Maternity Services Denis Walsh, Sheila

Kitzinger, Norman Ellis, 2017-11-22 This title includes Foreword by Sheila Kitzinger Writer Researcher Activist and Honorary Professor Wolfson School of Health Sciences Thames Valley University Birth centres are suitable for every woman whose birth is straightforward which accounts for around 75 per cent of all women This inspirational guide shows how small scale maternity provision has a profound clinical and organisational advantage over large scale hospital provision including saving of time and money by reducing intervention rates It presents the thoughts and feelings of midwives and patients and how both enjoy the humane and compassionate care of the birth centre ethos The book is invaluable for midwives obstetricians doulas maternity care assistants and maternity service planners and managers It also provides enlightening information for general practitioners and other health and social care professionals maternity service users groups and academics with an interest in midwifery and health services What birth centres do best is simply providing humane childbirth care There are no high tech gadgetry doctors or dramatic stories of childbirth rescues that make it into the media Yet miracles happen inside their walls every day as women have their babies after normal labours and births Until now there have been very few books detailing what happens in birth centres so that women and childbirth professionals can be introduced to an alternative beyond the large hospital model This book provides a window in on the birth centre model and there are some exciting things to find there about childbirth care in the 21st century Denis Walsh in the Preface Denis Walsh has one of the most incisive analytical and brilliant minds in nursing and midwifery research today He demonstrates the difference between a quality environment for birth where a woman can create her own nest and a technocratic bureaucratically controlled highly medicalised and risk oriented birth culture dominated by the clock which is most women s experience today Sheila Kitzinger in the Foreword

Midwifery Sally Pairman, Sally K. Tracy, Hannah Dahlen, Lesley Dixon, 2018-10-01 Now available in two volumes for ease of use Book 1 focuses on the context of midwifery practice Book 2 focuses on midwifery practice New and significantly updated chapters include man rights in childbirth Midwifery as primary healthcare Birth place and birth space Social and environmental determinants of women s health Contraception Variations in normal Endorsed by the Australian College of Midwives ACM and the New Zealand College of Midwives NZCOM NEW to the Evolve resources a suite of 18 videos featuring interviews with midwifery lecturers and students who share inspirational insights advice challenges and opportunities for learning Now includes an eBook with all print purchases

[Midwifery - E-Book](#) Sally Pairman, Jan Pincombe, Carol Thorogood, Sally K. Tracy, 2014-10-01 Perfect for Bachelor of Midwifery students Postgraduate Midwifery students Combined Nursing degree students Combined Nursing degree students Midwifery Preparation for Practice 3e is the definitive midwifery text for Australian and New Zealand midwifery students The third edition continues to reinforce the established principles of midwifery philosophy and practice that of working in partnership with women and midwifery autonomy in practice and from this perspective presents the midwife as a primary healthcare practitioner It carefully examines the very different maternity care systems in Australia and New Zealand exploring both autonomous and

collaborative practice and importantly documents the recent reforms in Australian midwifery practice Midwifery Preparation for Practice 3e places women and their babies safely at the centre of midwifery practice and will guide inform and inspire midwifery students recent graduates and experienced midwives alike Key contributors from Australia and New Zealand Critical Thinking Exercises and Research Activities Midwifery Practice Scenarios Reflective Thinking Exercises and Case Studies Instructor and Student resources on Evolve including Test Bank questions answers to Review Questions and PowerPoint presentations New chapter on Models of Health Increased content on cultural considerations human rights sustainability mental health obesity in pregnancy communication in complex situations intervention complications in pregnancy and birth and assisted reproduction Midwifery Practice Scenarios throughout

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