

# Racial and Ethnic Differences in the Health of Older Americans

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NATIONAL RESEARCH COUNCIL

# Racial And Ethnic Differences In The Health Of Older Americans

**Sherry M. Cummings, Colleen  
Galambos**



## **Racial And Ethnic Differences In The Health Of Older Americans:**

*Racial and Ethnic Differences in the Health of Older Americans* National Research Council, Division of Behavioral and Social Sciences and Education, Commission on Behavioral and Social Sciences and Education, Committee on Population, 1997-09-23 Older Americans even the oldest can now expect to live years longer than those who reached the same ages even a few decades ago Although survival has improved for all racial and ethnic groups strong differences persist both in life expectancy and in the causes of disability and death at older ages This book examines trends in mortality rates and selected causes of disability cardiovascular disease dementia for older people of different racial and ethnic groups The determinants of these trends and differences are also investigated including differences in access to health care and experiences in early life diet health behaviors genetic background social class wealth and income Groups often neglected in analyses of national data such as the elderly Hispanic and Asian Americans of different origin and immigrant generations are compared The volume provides understanding of research bearing on the health status and survival of the fastest growing segment of the American population     Understanding Racial and Ethnic Differences in Health in Late Life National Research Council, Division of Behavioral and Social Sciences and Education, Committee on Population, Panel on Race, Ethnicity, and Health in Later Life, 2004-09-08 As the population of older Americans grows it is becoming more racially and ethnically diverse Differences in health by racial and ethnic status could be increasingly consequential for health policy and programs Such differences are not simply a matter of education or ability to pay for health care For instance Asian Americans and Hispanics appear to be in better health on a number of indicators than White Americans despite on average lower socioeconomic status The reasons are complex including possible roles for such factors as selective migration risk behaviors exposure to various stressors patient attitudes and geographic variation in health care This volume produced by a multidisciplinary panel considers such possible explanations for racial and ethnic health differentials within an integrated framework It provides a concise summary of available research and lays out a research agenda to address the many uncertainties in current knowledge It recommends for instance looking at health differentials across the life course and deciphering the links between factors presumably producing differentials and biopsychosocial mechanisms that lead to impaired health     *Social Work Practice with Ethnically and Racially Diverse Nursing Home Residents and Their Families* Patricia Kolb, 2007-07-06 The first of its kind this volume is a critical companion for service providers who work with African American American Indian Chinese Italian Japanese Korean Mexican American and Puerto Rican elders and their families in nursing homes and other care settings These groups are likely to use nursing homes in larger numbers as cultural shifts such as higher divorce rates and increased outside of home employment for females transform traditional family dynamics Contributors are experience social workers and most belong to the specific ethnic or racial group that is the focus of their chapter and have also provided nursing home services to this group They provide a wealth of demographic historical cultural

and practice information crucial to understanding and providing services to older adults and their families Many nursing home residents experience physical and or cognitive debilitation and increased dependence as older adults and cultural and situational differences create variations in how these changes are experienced and addressed In this volume contributors touch upon all of these areas as well as ways in which prejudice and discrimination have shaped intergenerational and other relationships for members of specific ethnic and racial groups Little has been written about the characteristics needs and experiences of racially and ethnically diverse nursing home residents and their families and requirements for culturally competent social work practice Written by social workers for social workers and other service providers this book fills a gap in a rapidly growing area of gerontological service and provides a truly comprehensive examination of cultural and practice phenomena

**The New Politics of Old Age Policy** Robert B. Hudson, 2005 The successor to Robert Hudson's *The Future of Age Based Public Policy* this volume offers a variety of perspectives on these policy issues that directly effect America's aging population particularly the relative merits of using chronological age to determine eligibility for government programs

**Critical Perspectives on Racial and Ethnic Differences in Health in Late Life** National Research Council, Division of Behavioral and Social Sciences and Education, Committee on Population, Panel on Race, Ethnicity, and Health in Later Life, 2004-10-16 In their later years Americans of different racial and ethnic backgrounds are not in equally good or equally poor health There is wide variation but on average older Whites are healthier than older Blacks and tend to outlive them But Whites tend to be in poorer health than Hispanics and Asian Americans This volume documents the differentials and considers possible explanations Selection processes play a role selective migration for instance or selective survival to advanced ages Health differentials originate early in life possibly even before birth and are affected by events and experiences throughout the life course Differences in socioeconomic status risk behavior social relations and health care all play a role Separate chapters consider the contribution of such factors and the biopsychosocial mechanisms that link them to health This volume provides the empirical evidence for the research agenda provided in the separate report of the Panel on Race Ethnicity and Health in Later Life

*Health at Older Ages* David M. Cutler, David A. Wise, 2009-05-15 Americans are living longer and staying healthier longer than ever before Despite the rapid disappearance of pensions and health care benefits for retirees older people are healthier and better off than they were twenty years ago In *Health at Older Ages* a distinguished team of economists analyzes the foundations of disability decline quantifies this phenomenon in economic terms and proposes what might be done to accelerate future improvements in the health of our most elderly populations This breakthrough volume argues that educational attainment high socioeconomic status an older retirement age and accessible medical care have improved the health and quality of life of seniors Along the way it outlines the economic benefits of disability decline such as an increased rate of seniors in the workplace relief for the healthcare system and care giving families and reduced medical expenses for the elderly themselves *Health at Older Ages* will be an essential contribution to

the debate about meeting the medical needs of an aging nation      **Handbook of Minority Aging** Tamara A. Baker, Keith E. Whitfield, 2014 The array of topics covered is amazing making this book a valuable significant resource for many disciplines This multidisciplinary review of the literature on minority aging presents the scholarship related to public health and social behavioral and biological concerns of aged minorities like no other publication Graduate students will certainly be well served by this book as would faculty teaching aging at both undergraduate and graduate levels Highly recommended Choice Current Reviews for Academic Libraries while practitioners of gerontology family medicine and any professional involved in the care of the elderly will find some practical guidance in the second part of the book it will really earn a place on the bookshelf of anyone and everyone with an interest in US sociology and the development of public policy for the elderly With the general aging of the population and the book's accentuation of current issues this outstanding review will become an indispensable tool

**Healthy Aging Research** This text provides up to date multidisciplinary and comprehensive information about aging among diverse racial and ethnic populations in the United States It is the only book to focus on paramount public health issues as they relate to older minority Americans and addresses social behavioral and biological concerns for this population The text distills the most important advances in the science of minority aging and incorporates the evidence of scholars in gerontology anthropology psychology public health sociology social work biology medicine and nursing Additionally the book incorporates the work of both established and emerging scholars to provide the broadest possible knowledge base on the needs of and concerns for this rapidly growing population Chapters focus on subject areas that are recognized as being critical in understanding the well being of minority elders These include sociology Medicare SES work and retirement social networks context neighborhood ethnography gender demographics psychology cognition stress mental health personality sexuality religion neuroscience discrimination medicine nursing public health mortality and morbidity disability health disparities long term care genetics dietary issues health interventions physical functioning social work caregiving housing social services end of life care and many other topics The book focuses on the needs of four major ethnic groups Asian Pacific Islander Hispanic Latino African American and Native American

**Key Features** Provides current comprehensive information about minority aging through a multidisciplinary lens Integrates information from scholars in gerontology anthropology psychology public health sociology social work biology medicine and nursing Emphasizes the principal public health issues concerning minority elders Offers one stop shopping regarding the development of a substantial knowledge base about minority aging Includes recent progressive research pertaining to the social cultural psychological and health needs of elderly minority adults in the US      **Future Directions for the Demography of Aging** National Academies of Sciences, Engineering, and Medicine, Division of Behavioral and Social Sciences and Education, Committee on Population, 2018-07-21 Almost 25 years have passed since the Demography of Aging 1994 was published by the National Research Council Future Directions for the Demography of Aging is in many ways the successor to

that original volume The Division of Behavioral and Social Research at the National Institute on Aging NIA asked the National Academies of Sciences Engineering and Medicine to produce an authoritative guide to new directions in demography of aging The papers published in this report were originally presented and discussed at a public workshop held in Washington D C August 17 18 2017 The workshop discussion made evident that major new advances had been made in the last two decades but also that new trends and research directions have emerged that call for innovative conceptual design and measurement approaches The report reviews these recent trends and also discusses future directions for research on a range of topics that are central to current research in the demography of aging Looking back over the past two decades of demography of aging research shows remarkable advances in our understanding of the health and well being of the older population Equally exciting is that this report sets the stage for the next two decades of innovative research a period of rapid growth in the older American population

*Learning Race and Ethnicity* Anna Everett, 2008 An exploration of how issues of race and ethnicity play out in a digital media landscape that includes MySpace post 9 11 politics MMOGs Internet music distribution and the digital divide It may have been true once that as the famous cartoon of the 1990s put it Nobody knows you're a dog on the Internet and that as an MCI commercial of that era declared on the Internet there is no race gender or infirmity but today with the development of web cams digital photography cell phone cameras streaming video and social networking sites this notion seems quaintly idealistic This volume takes up issues of race and ethnicity in the new digital media landscape The contributors address this topic still difficult to engage honestly clearly empathetically and with informed understanding in twenty first century America with the goal of pushing consideration of a vexing but important subject from margin to center *Learning Race and Ethnicity* explores the intersection of race and ethnicity with post 9 11 politics online hate speech practices and digital youth and media cultures It examines universal access and the racial and ethnic digital divide from the perspective of digital media learning and youth The chapters treat such subjects as racial identity in the computer mediated public sphere minority technology innovators new methods of music distribution digital artist Judy Baca's work with youth Native American digital media literacy and minority youth technology access and the pervasiveness of online health information Contributors Ambar Basu Graham D Bodie Dara N Byrne Jessie Daniels Mohan J Dutta Raiford Guins Guisela Latorre Antonio Lopez Chela Sandoval Tyrone D Taborn Douglas Thomas

*Handbook of Aging and the Social Sciences* Robert H. Binstock, Linda K. George, Stephen J. Cutler, Jon Hendricks, James H. Schulz, 2011-05-05 The Handbook of Aging and the Social Sciences Sixth Edition provides a comprehensive summary and evaluation of recent research on the social aspects of aging The 25 chapters are divided into four sections discussing Aging and Time Aging and Social Structure Social Factors and Social Institutions and Aging and Society Within this context aging is examined from the perspectives of many disciplines and professions including anthropology bioethics demography economics epidemiology law political science psychology and sociology The Sixth Edition of the Handbook is virtually 100% new material Seventeen

chapters are on subjects not carried in the previous edition Seven topics were carried over from the previous edition but written by new authors with fresh perspectives and brought up to date Some of the exciting new topics include social relationships in late life technological change and aging religion and aging lifestyle and aging perceived quality of life economic security in retirement and aging and the law There is also a greater emphasis on international perspectives particularly in chapters on aging and politics diversity and aging and immigration The Handbook will be of use to researchers and professional practitioners working with the aged It is also suitable for use as a course text for graduate and advanced undergraduate courses on aging and the social sciences

**Recent Advances in Psychology and Aging** P. Costa, I.C. Siegler, 2003-12-10 Recent Events in the Psychology of Aging documents the successful integration of aging into the mainstream of psychology Leading psychologists present overviews of the key issues and research findings on mainstream topics These include cognitive neuroscience visual attention learning memory and cognition as well as personality and happiness The intersection of aging content with mainstream psychology is also prominent in the areas of emotions personality and social psychology as seen in the chapters on subjective well being emotional development self esteem and personality trajectories The seven chapters of this book offer information on such topics as the seven sins of memory categorizing the common breakdowns of memory in everyday life and the special breakdown of sins that increase with aging problems with attention and learning and offers answers to questions such as do emotions get blunted with age do older people focus more on positive feelings and the age old question of whether older people are happier than younger people is given in the chapter on the evolving concept of subjective well being and the multifaceted nature of happiness Questions about what occurs to one's self esteem and personality are also masterfully discussed and the answers may be surprising The concluding seventh chapter provides a cultural lens on the biopsychosocial study of aging

*Diversity and Aging in the Social Environment* Sherry M. Cummings, Colleen Galambos, 2016-05-06 Today nearly one of every eight Americans is 65 or older and by 2030 over 20% of the population will be in this age group Are you prepared to work with this vastly diverse and rapidly growing population This single source is designed to help social service professionals provide effective services to America's vastly diverse and rapidly growing elderly population Diversity and Aging in the Social Environment explores the impact of race ethnicity gender sexual orientation and geographic location on elders strengths challenges needs and resources to provide you with a more complete understanding of the issues elders face In order to be more responsive to older adults social workers and other human service professionals need to enhance their knowledge of the aging population and the factors that impact the way seniors interact with society organizations community resources neighborhoods support networks kinship groups family and friends Diversity and Aging in the Social Environment examines differences in race ethnicity geographical location sexual orientation religion and health status to help current and future human service professionals provide culturally competent services to the diverse range of elderly people they serve In addition it addresses

the wide disparity that exists for older Americans in terms of income and assets number of chronic conditions functional and cognitive impairment housing arrangements and access to health care This book provides a context for the examination of diversity issues among older adults by describing and discussing several theoretical perspectives on aging that highlight important aspects of diversity Next you ll find thoughtful examinations of issues and challenges faced by lesbian gay bisexual and transgender eldersand the strengths they bring into later life the impact of gender race and sexual orientation on prevalence rates risk factors methods of disease contraction and mortality rates among older adults with HIV AIDSalong with a discussion of the psychosocial issues they face diverse characteristics of custodial grandparentsand the influence of the caregivers gender race age and geographic location on methods of care and available caregiver support differences in caregiver characteristics service utilization caregiver strain and coping mechanisms among several racial ethnic groups of adults who care for elderly disabled and ill persons cultural religious factors that influence interactions between health care personnel and Japanese American elders the relationship between acculturation and depressive symptoms among Mexican American couples life challenges facing Jewish and African American elderswith a look at each group s coping mechanisms differences in religious spiritual coping skills among Native American African American and white elders psychological well being and religiosity among a diverse group of rural elders

**Handbook of Sociology of Aging** Richard A. Settersten, Jr., Jacqueline L. Angel, 2011-05-11 The Handbook of Sociology of Aging is the most comprehensive engaging and up to date treatment of developments within the field over the past 30 years The volume represents an indispensable source of the freshest and highest standard scholarship for scholars policy makers and aging professionals alike The Handbook of Sociology of Aging contains 45 far reaching chapters authored by nearly 80 of the most renowned experts on the most pressing topics related to aging today With its recurring attention to the social forces that shape human aging and the social consequences and policy implications of it the contents will be of interest to everyone who cares about what aging means for individuals families and societies The chapters of the Handbook of Sociology of Aging illustrate the field s extraordinary breadth and depth which has never before been represented in a single volume Its contributions address topics that range from foundational matters such as classic and contemporary theories and methods to topics of longstanding and emergent interest such as social diversity and inequalities social relationships social institutions economies and governments social vulnerabilities public health and care arrangements The volume closes with a set of personal essays by senior scholars who share their experiences and hopes for the field and an essay by the editors that provides a roadmap for the decade ahead The Handbook of Sociology of Aging showcases the very best that sociology has to offer the study of human aging

The Encyclopedia of Aging Richard Schulz, 2006 Print CourseSmart

**Workshop on Disability in America** Institute of Medicine, Board on Health Sciences Policy, Committee on Disability in America: A New Look, 2006-03-27 Beginning in late 2004 the IOM began a project to take a new look at disability in America It will review developments and progress since the



publication of the 1991 and 1997 Institute reports For technical contracting reasons the new project was split into two phases During the limited first phase a committee appointed by IOM planned and convened a 1 day workshop to examine a subset of topics as background for the second phase of project As was agreed upon with the sponsor of the workshop the Centers for Disease Control and Prevention CDC the topics were methodological and policy issues related to the conceptualization definition measurement and monitoring of disability and health over time trends in the amount types and causes of disability disability across the age spectrum and in the context of normal aging and secondary health conditions The phase one workshop was held in Washington D C on August 1 2005 Its participants included researchers clinicians social service professionals policy experts and consumer representatives and advocates The meeting agenda and list of participants are included in Appendix A Workshop on Disability in America A New Look Summary and Background Papers summarizes the workshop presentations and discussions The background papers prepared for the workshop are included in Appendixes B through O Some papers were submitted and circulated in advance of the meeting whereas others were first presented at the meeting The analyses definitions and views presented in the papers are those of the paper authors and are not necessarily those of the IOM committee Likewise the discussion summary is limited to the views of the workshop participants

International Handbook of Adult Mortality Richard G. Rogers,Eileen M. Crimmins,2011-02-18 This handbook presents a comprehensive and up to date overview of unprecedented substantive theoretical methodological and statistical developments and insights and an in depth examination of trends and patterns in adult mortality around the world With over two dozen chapters and more than 50 authors this volume draws from top international mortality experts to provide one of the best overviews of life expectancy extant The book documents remarkable gains in life expectancy which stand out as one of the most important accomplishments of the twentieth century Individuals in more developed countries can expect to live longer now than ever before especially the Japanese who enjoy record setting life expectancies The book also explores unfortunate declines in life expectancy in selected countries brought on by such factors as infectious diseases accidents suicides and homicides and political and economic conflict and turmoil This book synthesizes the wealth of mortality information available clearly articulates the central findings to date identifies the most appropriate datasets and methods currently available illuminates the central research questions and develops an agenda to address these research questions The authors carefully examine central factors related to mortality including health behaviors socioeconomic status social relations biomarkers and genetic factors The book will prove especially relevant to researchers students and policy makers within social and health sciences who want to better understand international trends and patterns in adult mortality

Handbook of Population Dudley L. Poston,Michael Micklin,2006-04-26 This comprehensive handbook provides an overview and update of the issues theories processes and applications of the social science of population studies The volume s 30 chapters cover the full range of conceptual empirical disciplinary and applied approaches to the study of demographic

phenomena This book is the first effort to assess the entire field since Hauser and Duncan's 1959 classic *The Study of Population* The chapter authors are among the leading contributors to demographic scholarship over the past four decades They represent a variety of disciplines and theoretical perspectives as well as interests in both basic and applied research

**CBMCS Multicultural Reader** Glenn C. Gamst, Aghop Der-Karabetian, Richard H. Dana, 2008-02-19 Features a wellspring of seminal research studies critical to understanding the complex issues surrounding mental health care and diversity Providing a wealth of in depth research into delivering culturally competent care this rich anthology examines general issues in multicultural counseling competence training ethnic minority intervention and treatment research and sociocultural diversities Key Features and Benefits Features carefully selected research articles that are accessible to and practical for mental health practitioners and students Provides critical background research that sprang from rigorous research methods and multivariate statistical processes Opens with the key article that details the development of the groundbreaking 21 item California Brief Multicultural Competence Scale *New and Emerging Issues in Latinx Health* Airín D. Martínez, Scott D. Rhodes, 2019-08-19 This volume is being published at a critical time in U S history and serves as a comprehensive and much needed update to what is known about Latinx health As both the United States and Latinx subgroups experience demographic shifts it is critical to examine the current epidemiology of Latinx health as well as the factors influencing the health and well being of this growing population Chapters in this book written by highly respected experts illuminate the diversity of the Latinx population and provide strategies to mitigate many of the challenges they face including challenges related to migrating to new destinations The book is designed to enrich dialogue around the multilevel determinants of Latinx health and concludes with a call to action for increased culturally congruent theoretically informed and participatory Latinx health research The book also encourages the mentorship and growth of early career and junior investigators to conduct research on Latinx health issues A selection of the perspectives included among the chapters Chronic disease and mental health issues in Latinx populations Substance use among Latinx adolescents in the United States Physical and intellectual and developmental disabilities in Latinx populations Health insurance reform and the Latinx population Immigration enforcement policies and Latinx health Research priorities for Latinx sexual and gender minorities Racial and ethnic discrimination intersectionality acculturation and Latinx health *New and Emerging Issues in Latinx Health* is an invaluable compendium that provides a foundation of understanding Latinx health and well being and guides future research and practice The book is essential for researchers practitioners and students in the fields of public health and the social sciences including community and health psychology health administration and policy community health education medical anthropology medical sociology population health and preventive medicine Moreover the chapters in this volume are also relevant for federal state and local agencies including health departments and other Latinx and immigrant serving community organizations Meeting the Needs of Children with Disabilities Laudan Y. Aron, 2007 The complexity of

government programs sometimes makes it difficult for children with disabilities to get the benefits they need This can impede their health and development This book suggests ways to improve the system Its main focus on the three largest programs special education Supplemental Security Income and Medicaid Provided by publisher

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