

DANCE MOVEMENT THERAPY

Theory, Research and Practice

Second Edition

Edited by
HELEN PAYNE

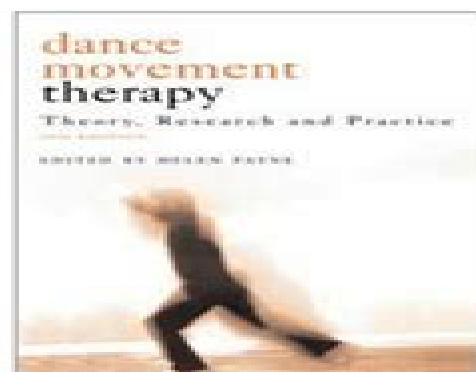
This thoroughly updated edition of *Dance Movement Therapy* echoes the increased world-wide interest in dance movement therapy and makes a strong contribution to the emerging awareness of the nature of embodiment in psychotherapy. Recent research is incorporated, along with developments in theory and practice, to provide a comprehensive overview of this fast-growing field.

Helen Payne brings together contributions from experts in the field to offer the reader a valuable insight into the theory and practice of Dance Movement Therapy. The contributions reflect the breadth of developing approaches, covering subjects including:

- dance movement therapy with people with dementia
- group work with people with enduring mental health difficulties
- transcultural competence in dance movement therapy
- freudian thought applied to authentic movement
- embodiment in dance movement therapy training and practice
- personal development through dance movement therapy.

Dance Movement Therapy will be a valuable resource for anyone who wishes to learn more about the therapeutic use of creative movement and dance. It will be welcomed by students and practitioners in the arts therapies, psychotherapy, counselling and other health and social care professions.

Helen Payne is an accredited psychotherapist and senior registered dance movement therapist. She is Reader in Counselling and Therapeutic Studies at the University of Hertfordshire, facilitates authentic movement groups and runs a small private practice.



Contents: **Payne**, Preface. **Payne**, Introduction - Embodiment in Action. **Kowarszik**, Opening Doors: Dance Movement Therapy with People with Dementia. **Karkou**, Dance Movement Therapy in the Community: Group Work with People with Enduring Mental Health Difficulties. **MacDonald**, Dancing with Demons: Dance Movement Therapy and Complex Post Traumatic Stress Disorder. **Bunce**, Dance Movement Therapy with Patients with Parkinson's Disease. **Bannerman-Halg**, Stretching, Tensing and Kicking: Aspects of Infantile Movement in Dance Movement Therapy with Children and Adolescents in Special Education. **Singer**, Hidden Treasures, Hidden Voices: An Ethnographic Study into the Use of Movement and Creativity in Psychosocial Work with War Affected Children in Serbia. **Boas**, The Body of Culture: Transcultural Competence in Dance Movement Therapy. **Penfield**, Another Royal Road: Freudian Thought Applied to Authentic Movement. **Steiner-Celebi**, Birth Moves: Dance Movement Therapy and Holistic Birth Preparation. **Meekoms**, Embodiment in Dance Movement Therapy Training and Practice. **Payne**, The Lived Experience of Students in a Dance Movement Therapy Group: Loss, Physical Contact and the Dance Movement Therapy Approach. **Hayes**, Dance Movement Therapy with Dance Students: 'Special Ingredients' in the Development of Playfulness, Self-confidence and Relationship. **Shreeves**, Full Circle: From Choreography to Dance Movement Therapy and Back.

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Movement Theory Practice

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