# Edited by MARIA PAZ MIRANDA AND SIAN MARIE BARNARD

Foreword by Laura and Russell Brand

# Waterbirth Stories Midwifery Reflections





# **Reflections On Midwifery**

**Claire Feeley** 

#### **Reflections On Midwifery:**

Waterbirth Stories Russell Brand, Laura Brand, 2019-09-05 Drawing on years of midwifery experience of waterbirth this collection of stories based on real life events illuminates a rewarding way of birth and emphasises the theoretical knowledge skills understanding and resilience needed to practice well Waterbirth Stories includes chapters on the criteria for use of water in labour and birth on the different stages of labour and on some more serious or unusual situations such as shoulder dystocia postpartum haemorrhage breech presentation and other unexpected maternal and neonatal events Each chapter includes several stories from a midwife s perspective told in the context of evidence based guidelines available for this topic The stories end with learning points to help readers reflect on their own practice Ideal for student and practising midwives with an interest in waterbirth this research informed book is enjoyable challenging and informative Midwiferv: Best Practice Volume 5 Sara Wickham, 2009-01-29 This is Volume 5 in the Midwifery Best Practice series Each of the volumes in this Series is built around the familiar core of four main topic areas relevant to midwifery pregnancy labour birth postnatal and stories reflection and also includes a number of focus on sections These are different in each volume and reflect a wide range of key and topical issues within midwifery Each volume builds upon the others to provide a comprehensive library of articles that shows the development of thought in key midwifery areas Volume 5 offers a range of wholly new topic areas within the focus on sections covering the birthing environment women midwives and risk holistic health and working international stories A practical reference source containing a wide range of articles research and original material in an easily accessible format Volume 5 offers a more interactive learning experience by inviting midwives to create their own questions before reading the articles and then returning to these afterwards for reflective thought Diverse opinions on selected topics provide a comprehensive resource for debate and discussion Unique approach includes ideas on how to turn reading into professional development activities Includes 60 articles from The Practising Midwife 2004 5 4 research articles from Midwifery 2004 5 3 articles from The Journal of Midwifery and Women s Health 2003 5 and 5 original articles commissioned for this book 60 articles from The Practising Midwife 2004 05 4 research articles from Midwifery 2004 05 3 articles from The Journal of Midwifery and Women's Health 2003 05 5 original articles commissioned for this book For **Those That Walk Between Worlds** Midwife Alyssa, 2025-04-30 For Those That Walk Between Worlds is a gathering place for the stories reflections and ancestral wisdom of midwives those who stand at the sacred threshold between life and death joy and grief seen and unseen In an era where birth work is increasingly regulated politicized and burdened by generational wounds this book offers a voice of remembrance resilience and repair Midwife Alyssa weaves poetry narrative and hard won truths from years spent walking between worlds She speaks to those quietly holding space for others while carrying the invisible weight of their own births losses and reckonings To the students finding their footing the midwives questioning their path and the elders witnessing a profession in crisis this is a reclamation and a balm Within these pages is an invitation to

heal the collective nervous system of midwifery to rebuild trust between generations to speak what was once unspeakable and to imagine a future rooted in wisdom integrity and belonging The end of the book includes a section on midwifery collective care and healing practices along with 13 writing prompts for reflection and repair These prompts with dedicated journal space can be explored alone or used within a midwifery conference breakout group continuing education class or community midwives circle This book is for those who remember those who are remembering and those yet to come You **Decision-Making in Midwifery Practice** Maureen D. Raynor, Jayne E. were never meant to carry this alone Marshall, Amanda Sullivan, 2005-06-01 The book looks at a broad perspective of decision making and each chapter focuses on a specific aspect related to making crucial decisions Following an initial introduction the book explores the concept of autonomy and the many factors that influence autonomous practise The role of knowledge in decision making using evidence to inform decisions as well as different approaches to decision making are also examined including the traditional or rational approach decision analysis and the development of professional judgement Dilemmas arise when decisions are made and therefore ethical decision making is an important component of this book Management decisions may be different from those related to giving specific care to women hence one chapter focuses on making management decisions Emphasis is also placed on the role of the midwife in helping women make their own decisions the role of reflection in enhancing the decisions midwives make and the support midwives can receive from their Supervisor of Midwives Flowcharts explain and facilitate the decision making process A very practical approach to decision making in midwifery with contributions from midwives who have considerable experience in this area Provides guidelines on how to achieve successful autonomous midwifery practice enabling theory to be effectively applied to practice Includes coverage of management roles and decision making as well as clinical scenarios offering frameworks and flowcharts to guide the inexperienced Suggests different approaches to making difficult decisions Mayes' Midwifery - E-Book Sue Macdonald, Gail Johnson, 2023-05-23 Mayes Midwifery is a core text for students in the UK known and loved for its in depth approach and its close alignment with curricula and practice in this country The sixteenth edition has been fully updated by leading midwifery educators Sue Macdonald and Gail Johnson and input from several new expert contributors ensures this book remains at the cutting edge The text covers all the main aspects of midwifery in detail including the various stages of pregnancy possible complexities around childbirth and psychological and social considerations related to women s health It provides the most recent evidence along with detailed anatomy and physiology information and how these translate into practice Packed full of case studies reflective activities and images and accompanied by an ancillary website with 600 multiple choice questions and downloadable images Mayes Midwifery makes learning easy for nursing students entering the profession as well as midwives returning to practice and qualified midwives working in different settings in the UK and overseas Expert contributors include midwifery academics and clinicians researchers physiotherapists neonatal nurse specialists social scientists and legal experts Learning outcomes and

key points to support structured study Reflective activities to apply theory to practice Figures tables and breakout boxes help navigation and revision Associated online resources with over 600 MCQs reflective activities case studies downloadable image bank to help with essay and assignment preparation Further reading to deepen knowledge and understanding New chapters addressing the issues around being a student midwife and entering the profession More detail about FGM and its legal implications as well as transgender binary individuals in pregnancy and childbirth New information on infection and control following from the COVID 19 pandemic Enhanced artwork program Reconceiving Midwifery Cecilia Benoit, Ivy Lynn Bourgeault, Robbie Davis-Floyd, 2004 Midwifery in the developed world is in a state of ferment and change a phenomenon referred to as the new midwifery Reconceiving Midwiferyoffers state of the art analyses of the new midwifery as it is practiced. The authors social scientists and midwifery practitioners reflect on regional differences in the emerging profession providing a systematic account of its historical local and international roots its evolving regulatory status and the degree to which it has been integrated into health care systems. They also examine the nature of midwifery training accessibility and effectiveness across diverse ethnic and socio economic groups highlighting the key issues facing the profession before during and in the immediate post integration era in each province **Reflections on Midwifery** Mavis J. Kirkham, Elizabeth R. Perkins, 1997 Presenting an accessible book which concentrates on the research relating to current issues in midwifery This challenging yet essential text is authored by an expert team of midwifery contributors Covers all the key midwifery issues including continuity of care informed choice support in labor caring for women in ethnic minorities psychological support methods and coping mechanisms for change Midwifery Practice Jo Alexander, Valerie Levy, Carolyn Roth, 1999-11-11 The latest volume in this series revisits topics particularly pertinent to the postnatal period It makes a timely contribution to the literature in the context of recent developments in the organisation of midwifery care the emphasis on woman centred care and empowerment and the reclaiming by midwives of the normal birth and puerperium a Midwife, Second Edition Rosemary Mander, Valerie Fleming, 2014-05-09 What is the reality of being a midwife in the twenty first century What is it like to help and support women throughout pregnancy and childbirth and into motherhood What roles can midwives play in society This new edition of the popular text Becoming a Midwife explores what it is to be a midwife looking at the factors that make midwifery such a special profession as well as some of the challenges The fully updated chapters cover a variety of settings and several different stages in a woman's pregnancy including stories from midwives working in hospitals and in the community as managers supervisors and educators and as men women mothers and birth activists All chapters are narrated by contributors who introduce their own theme recount a vignette that throws light on their understandings of midwifery and reasons for becoming or not becoming a midwife and any subsequent career moves Backed up by commentaries and drawing together these insights the editors show what it means to be a midwife today Suitable for those contemplating a career in midwifery and providing an opportunity for reflection for more experienced

midwives this thought provoking book is an invaluable contribution to midwifery **Iourney to Birth** Sakina O'uhuru, 2013-09-05 This book is about my life journey as a home birth midwife It includes the many home births I attended during my sixteen years as a practitioner with particular attention to the last ten years During this journey I have learned a myriad of life lessons Most of them strengthened me and my ability to continue on this path There were incredible challenges both joyful and painful The most challenging lessons happened to be the most life changing and transformative Those lessons impacted my life tremendously first as a woman second as a mother and grandmother and most assertively as a basic human **Empowering Decision-Making in Midwifery** Elaine Jefford, Julie Jomeen, 2019-08-29 Decision making pervades all aspects of midwifery practice across the world Midwifery is informed by a number of decision making theories but it is sometimes difficult to marry these theories with practice This book provides a comprehensive exploration of decision making for midwives irrespective of where in the world they practice or in which model of care The first part critically reviews decision making theories including the Enhancing Decision making Assessment in Midwifery EDAM tool and their relevance to midwifery It explores the links between midwifery governance including professional regulation and the law risk and safety and decision making as well as how critical thinking and reflection are essential elements of decision making It then goes on to present a number of diverse case studies demonstrating how they interrelate to and impact upon optimal midwifery decision making Each chapter presents examples that show how the theory translates into practice and includes activities to reinforce learning points Bringing together a diverse range of contributors this volume will be essential reading for midwifery students practising midwives and midwifery academics Midwives Coping with Loss and Grief Doreen Kenworthy, Mavis Kirkham, 2019-01-22 The experience of stillbirth and other losses in pregnancy at what is usually a time of great joy is tragic for everyone involved including midwifery professionals Although research increasingly shows how profound the effects of loss can be few studies have explored the effects of pregnancy loss which often leads to other personal and professional traumas such as loss of autonomy or a workplace on midwives This in depth investigation uses a phenomenological approach to capture midwives experiences of loss and grief in their own words and encompasses both pregnancy loss and wider professional and personal issues It then makes recommendations to enhance midwives resilience and ability to cope appropriately whilst giving maximum support to their clients Reflections on the emerging implications for midwifery education and practice further broaden the scope of the analysis The insights in this book will be of great use to midwifery managers and supervisors They will also help midwives to nurture themselves their colleagues and their clients at a time when pressures on the service can leave support lacking The devastating experience of losing a baby for women and their families is something that as midwives we strive to understand in order to provide appropriate practical and emotional support Doreen and Mavis encourage us to consider how we are affected by the grief of others at a deeply personal level Ultimately the message in this book is one of hope through reflection and the sharing of experiences midwives who have

been with women whose babies have died can regain their personal strength and learn to re shape memories in ways that contribute to personal growth and understanding A From the Foreword by Nicky Leap Supporting Physiological Birth Choices in Midwifery Practice Claire Feeley, 2023-02-28 Highlighting the experiences of midwives who provide care to women opting outside of guidelines in the pursuit of physiological birth Claire Feeley looks at the impact on midwives themselves and explores how teams and organisations support or discourage women s birth choices This book investigates the processes experiences and sociocultural political influences upon midwives who support women s alternative birthing choice and argues for a shift in perspective from notions of an individual s professional responsibility to deliver woman centred care to a broader collective responsibility. The book begins by contextualising the importance of quality midwifery care with an exploration of the current debates to demonstrate how hegemonic birth discourse and maternity practices have detrimentally affected physiological birth rates and the wellbeing of women who opt outside of maternity guidelines It provides real life examples of how midwives can facilitate a range of birthing decisions within mainstream midwifery services Moreover an exploration of midwives experiences of delivering such care is presented revealing deeply polarised accounts from moral injury to job fulfilment The polarised accounts are then presented within a new model to explore how a midwife s socio political working context can significantly mediate or exacerbate the vulnerability conflict and stigmatisation that they may experience as a result of supporting alternative birth choices Finally this book explores the implications of the findings looking at how team and organisational culture can be developed to better support women and midwives making recommendations for a systems approach to improving maternity services Discussing the invisible nature of midwifery work what it means to deliver woman centred care and the challenges and benefits of doing so this is a thought provoking read for all midwives and future midwives It is also an important contribution to interprofessional concerns around workforce development sustainability moral distress and compassion in health and social care Evidence Based Midwiferv Helen Spiby, Jane Munro, 2009-10-13 Evidence based practice is now widely accepted as a fundamental tenet of midwifery The importance of evidence in defining midwifery policy and practice in the UK health system and others is acknowledged and enduring While the development and evaluation of research in midwifery is well charted the question of how such evidence is incorporated into practice has to date received less attention and discussion in the midwifery profession Answering this need Evidence Based Midwifery focuses on the dissemination and use of evidence for midwifery practice and explores midwives experiences in using the evidence base to inform policy and enhance clinical practice Written by a highly regarded and diverse group from the UK and international midwifery community Evidence Based Midwifery addresses issues of relevance to all midwives whether clinical practitioners or educators students or supervisors researchers or managers Issues that influence evidence based midwifery are discussed and topics covered include problem based learning implementation of evidence based guidelines and the involvement of service users Edited by founder members of the Evidence Based Midwifery

Network International collaboration with contributions from the UK Greece Canada and the Netherlands Primary focus on the incorporation of evidence into midwifery practice Real life examples throughout **Myles Professional Studies for** Midwifery Education and Practice Jayne E. Marshall, 2019-04-15 Myles Professional Studies for Midwifery Education and Practice Concepts and Challenges explores the non clinical areas of the midwifery curriculum e g law ethics leadership employer led supervision and professional development in a helpful user friendly format brought to readers by a team of experts under the guidance of Jayne Marshall editor of Myles Textbook for Midwives The volume will be suitable for all student midwives whether undertaking pre registration education programmes or post graduate studies as well as practising midwives preparing for revalidation and or undertaking CPD Whilst prepared predominantly by contributors from the UK Myles Professional Studies for Midwifery Education and Practice Concepts and Challenges will be suitable for an international readership Specialist contributors ensure accuracy and currency of key information Underlying theory supported by a rich array of helpful learning features such as real life case studies and reflective activities Includes the latest initiatives such as employer led supervision and the principles of coaching Includes a section on the ICM and EU standards of education and international regulation covering the USA Australia New Zealand Africa Denmark and Norway Explores the global context of the midwife s scope of practice with specific examples from the UK Canada and the USA Includes discussion of CPD and overseas careers opportunities Annotated reading lists and significant websites provide additional sources of Guided Reflection Christopher Johns, 2009-02-12 Reflection is widely recognised as an invaluable tool in information health care providing fresh insights which enable practitioners to develop their own practice and improve the quality of their care This book introduces the practitioner to the concept of Guided reflection an innovative research process in which the practitioner is assisted by a mentor or quide in a process of self enquiry development and learning through reflection in order to become fully effective Guided reflection is grounded in individual practice and can provide deeply meaningful insights into self development and professional care The process results in a relexive narrative which highlights key issues for enhancing health care practice and professional care This book uses a collection of such narratives from everyday clinical practice in nursing health visiting and midwifery to demonstrate the theory and practicalities of guided reflection and narrative construction These narratives portray the values inherent in caring highlight key issues in clinical practice reveal the factors that constrain the quest to realise practice and examine the ways practitioners work towards overcoming these constraints

The Midwife's Labour and Birth Handbook Vicky Chapman, Cathy Charles, 2018-02-05 Praise for the previous edition An outstanding handbook It will be a familiar volume on most midwifery bookshelves providing an excellent guide to midwifery focused care of both woman and child in the birthing setting Nursing Times Online Providing a practical and comprehensive guide to midwifery care The Midwife's Labour and Birth Handbook continues to promote best practice and a safe satisfying birthing experience with a focus on women centred care Covering all aspects of care during labour and birth from obstetric

emergencies to the practicalities of perineal repair including left hand suturing the fourth edition has been fully revised and updated to include Full colour photographs of kneeling extended breech and footling breech births New water birth and breech water birth photographs Female genital mutilation Sepsis Group B streptococcus Care of the woman with diabetes Neonatal hypoglycaemia Mental health Seeding microbirthing It also addresses important issues such as Why are the numbers of UK women giving birth in stirrups RISING rather than falling Why are so few preterm babies given bedside resuscitation with the cord intact Would the creation of midwife breech practitioners specialists enable more women to choose vaginal breech birth and is breech water birth safe What is the legal position for women who choose to free birth and their birth partners Why are midwives challenging the OASI care bundle Incorporating research evidence and anecdotal observations The Midwife s Labour and Birth Handbook remains an essential resource for both student midwives and experienced practising midwives Welcoming Baby Debby Gould, 2011 A new look at how we welcome newborn babies into the world whatever context they are born in but particularly if they are born in a large maternity hospital Reflections exercises and ideas for midwives and other maternity professionals. The deeply ingrained rational scientific culture we live in today suppresses our innate knowledge of how things could improve We focus on categorising through measuring counting and documenting what we do instead of realising deep inside that things must change with regard to our rituals around birth in hospital It's as if we don't quite know how to engender that change Experienced midwife Debby Gould considers the current situation and explores how change is not just possible but also beneficial for mother baby and healthcare professionals Questions and exercises are provided to stimulate reflection and seminar discussion Following a varied and distinguished career in many maternity contexts Debby Gould is currently Head of Midwifery for University College London Hospitals and has served two full terms in office as Deputy Chair then Chair on the Royal College of Midwives Council She is also named in Debrett's People of Today as one of the top 25 000 influential and successful people in the UK Her words are The New Midwifery Lesley Ann Page, Rona McCandlish, 2006-12-05 Practicing as a midwife today well worth reading requires not only good clinical skills but also a broad understanding of the social and emotional changes a woman experiences before and after birth This book combines scientific knowledge with the more intangible skills needed for sensitive communication to provide the best possible care to the mother and her family The second edition of this celebrated text vividly explores the various skills and approaches that lead to successful midwifery practice and uses care stories to bring these to life Provides a refreshingly new approach to key areas of midwifery practice in a way that brings practice to life Illustrates and supports the fundamental changes currently taking place in midwifery around the world Builds on the most up to date evidence based research to suggest guidelines for best practices Explores the impact of parenthood and offers strategies for effectively supporting individuals during this period of transition Includes care stories case studies that highlight positive midwifery care and successful childbirth experiences Offers contrasting stories from around the world

illustrating how maternity care in industrialized society differs from that in a non industrial or third world environment Provides up to date research and reference material The CenteringPregnancy Model Sharon Schindler Rising, Charlotte Houde Quimby, 2016-12-13 Describes a highly effective alternative health care paradigm Two distinguished leaders in nurse midwifery provide a comprehensive examination of an effective well known model of perinatal care associated with improved health outcomes and reduced costs This book describes basic tenets of the Centering Healthcare Model which brings cohorts of people with similar health care needs together in a circle group setting for care It encourages meaningful dialog between the patient other patients clinicians the family and the community The chapters discuss the clinical practice landscape leading to the model s development its use in clinical practice and its widespread and continuing growth as an effective alternative to traditional care Interspersed with comments and stories of support from Centering alumni both group members and health care professionals this book provides information on how to implement the group model in practice and maintain the three foundations of the model health care interactive learning and community building Chapters describe the power of the group process through facilitative leadership to encourage behavior change and personal empowerment Data documents increased satisfaction with care and better health outcomes Key Features Describes the theoretical underpinnings and foundations of the Centering Model Demonstrates ways that the Centering Model achieves improved health care outcomes and reduced costsDiscusses the impact of evidence based research on providers administrators and policy makers Focuses on implementation science relating to stages of system redesign and supportive mentoring Includes personal stories from patients providers and staff Demonstrates the validity and applicability of the model to a variety of healthcare fields and practices

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