

A man and a woman are standing in a snowy, mountainous landscape. The woman is on the left, wearing a purple quilted jacket and a white knit hat, laughing with her mouth open. The man is on the right, wearing a green quilted jacket and a blue knit hat, smiling. They are standing in front of the back of a grey vehicle, possibly a truck or bus, with a spare tire mounted on the side. The license plate on the vehicle is "928". The background shows snow-covered ground and evergreen trees under a bright sky.

Peak Performance

928

Selfesteem And Peak Performance 2 Cassettes

Jin-Ying Zhang



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more [A Taste of Chicken Soup for the Mother's Soul 2](#) Jack Canfield, Mark Victor Hansen, 2012-10-02 No one in the world will ever have a hold on our hearts the way a mother does Mothers give us life take care of us teach us how to be our very best selves And no matter how old we get we ll always be the child she held in her arms and comforted us when we were afraid How can we ever thank them enough for all they have done for us It is after all teh hardest job anyone can do This collection is just a small taste of the ways some of our contributors have expressed gratitude for their mothers love and devotion

Hypnosis Treatment for Addictions Kristi O'Neill, 2001-01-20 This book offers an invigorating highly professional and rapid way to end major addictions with hypnosis It is a great investment of your time and money for professional training in the field You are provided with unique and complete word for word hypnosis sessions to treat individuals and groups These sessions have been used in Dr O Neill s own clinic for over 15 years To further enhance the healing process you can offer Dr O Neill s professional hypnosis audiotapes for use between sessions The goal is to have your clients reach their healthy goals in the shortest number of sessions Dr Milton H Erickson the world renowned expert in the field of medical hypnosis said it best Hypnosis is the safest fastest and most effective form of psychotherapy The hypnosis sessions you will do from this book are sure to increase your referrals from satisfied clients and add to your professional reputation

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