THE NATURAL WAY

Heart Disease

Your Guide to:

- Complementary Therapies
- Alternative
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Natural Way Heart Disease A Comprehensive Guide To Effective Treatment

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used in conjunction with herbs He examines each herb in an accessible A to Z format explaining its healing properties and varying uses in individual tribes Finally he details Native American healing formulas and recipes for treating particular **Vegetarian Times**, 1981-12 To do what no other magazine does Deliver simple ailments from hemorrhoids to stress delicious food plus expert health and lifestyle information that s exclusively vegetarian but wrapped in a fresh stylish mainstream package that s inviting to all Because while vegetarians are a great vital passionate niche their healthy way of eating and the earth friendly values it inspires appeals to an increasingly large group of Americans VT s goal To embrace The Ultimate Pet Health Guide Gary Richter, MS, DVM, 2017-08-15 As a holistic both Books in Print ,1991 veterinarian and scientist Dr Gary Richter helps dog and cat owners to navigate the thicket of treatment options and separate the fact from the fiction He wants us to use what actually works not just what Western science or alternative medicine say should work This multifaceted approach to health is known as integrative medicine Dr Richter examines traditional medicine from many cultures alongside modern medical techniques describing the best of complementary care and the best of conventional veterinary medicine Every treatment he recommends has the backing of scientific research or years of successful outcomes in his clinical practice After explaining the treatment he offers specific recommendations for an integrative approach to common diseases including allergies skin conditions diabetes heart disease and cancer A holistic approach to health includes nutrition as it sets up the foundation for your pet's health Dr Richter cuts through the hype in the pet food world and explains how to choose the best commercial foods and supplements and even includes both raw and cooked dog and cat food recipes for general diet as well as to treat specific needs He also explains how we can use the right foods and supplements to hack the body s processes including the immune system Vegetarian Times ,1985-10 To do what no other magazine does Deliver simple delicious food plus expert health and lifestyle information that s exclusively vegetarian but wrapped in a fresh stylish mainstream package that s inviting to all Because while vegetarians are a great vital passionate niche their healthy way of eating and the earth friendly values it inspires appeals to an increasingly large group of Americans VT s goal To embrace both Natural Medicine for Heart Disease Glenn S. Rothfeld, Suzanne LeVert, 1996 A guide to using alternative medicine in a safe effective manner to prevent treat America's number one killer disease The authors show how to use alternative medicine in conjunction with traditional medical treatment to reverse heart disease They include practical how to instructions for using each therapy discussed The Natural Menopause Solution Editors of Prevention, Melinda Ring, 2013-03-26 The editors of Prevention and integrative medicine specialist Ring distill research into the easy to follow 30 day slim down cool down diet which can help women lose 21 percent more body weight

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