



John Launer

Narrative-based Primary Care

a practical guide

Foreword by Trisha Greenhalgh

Narrativebased Primary Care A Practical Guide

Wilfrid Treasure



Narrativebased Primary Care A Practical Guide:

Narrative-Based Primary Care John Launer, 2017-09-06 This book provides an important contribution to the new and growing field of narrative based medicine It specifically addresses the largest area of medical activity primary care It provides both a theoretical framework and practical skills for dealing with individual consultations family work clinical supervision and teamwork and offers a comprehensive approach to the whole range of work in primary care Using a wide range of clinical examples it shows how professionals in primary care can help clarify patients existing stories and elucidate new stories It can be used as a training resource and includes exercises and summaries of key points to consider It is based on and describes an established evaluated training method and is of immediate and significant practical use to readers It is essential reading for general practitioners practice nurses and others in the primary care team psychologists family therapists counsellors and other professionals attached to primary care GP trainers tutors and course organisers will find it a valuable educational tool Professionals elsewhere in primary care such as pharmacists dentists and optometrists and academics in medical sociology and medical anthropology will also find it very useful [Handbook of Primary Care Ethics](#)

Andrew Papanikitas, John Spicer, 2017-09-25 With chapters revolving around practical issues and real world contexts this Handbook offers much needed insights into the ethics of primary healthcare An international set of contributors from a broad range of areas in ethics and practice address a challenging array of topics These range from the issues arising in primary care interactions to working with different sources of vulnerability among patients from contexts connected with teaching and learning to issues in relation to justice and resources The book is both interdisciplinary and inter professional including not just standard philosophical clinical ethics but also approaches using the humanities clinical empirical research management theory and much else besides This practical handbook will be an invaluable resource for anyone who is seeking a better appreciation and understanding of the ethics in of and for primary healthcare That includes clinicians and commissioners but also policymakers and academics concerned with primary care ethics Readers are encouraged to explore and critique the ideas discussed in the 44 chapters whether or not readers agree with all the authors views this volume aims to inform educate and in many cases inspire Chapter 4 of this book is freely available as a downloadable Open Access PDF at <http://www.taylorfrancis.com> under a Creative Commons Attribution CC BY 4.0 license **Diagnosis and Risk**

Management in Primary Care Wilfrid Treasure, 2017-10-02 Medical technology is beneficial for well researched dangerous diseases However most symptoms that people bring to their primary care physician have no single clearly identifiable cause investigations and drugs do more harm than good and also waste resources Wilfrid Treasure *Diagnosis and Risk Management in Primary Care* teaches that adopting an evidence based approach to primary care improves patient care and treatment outcomes It demonstrates that brief clinical assessments repeated if necessary allow effective diagnosis while avoiding the costs and complications associated with more advanced testing Adopting a fresh approach this book sets consultation skills

alongside evidence based information by both itemising the specific techniques and facts that are needed in the consulting room and providing detailed information on odds and likelihood ratios to quantify risk and deal with uncertainty This book provides food for thought and helps doctors develop communication skills that support their personal styles of consulting encouraging a more traditional intuitive treatment It provides a map of the consultation and a compass to navigate through symptoms signs and evidence listening to their patients with one ear and with the other to the reflective inner voice of reason General Practitioner Specialist Trainees and their teachers will find much of interest as will established General Practitioners with an interest in maintaining traditional models of care Undergraduate medical students and candidates for the MRCP will find this an ideal reader for the clinical skills assessment What a breath of fresh air to find an author capable of putting the patient back at the centre of the consultation and who is able to entertain at the same time as he informs and to stimulate critical reflection while nudging us in the direction of a rigorous approach to diagnosis and the assessment and communication of risk From the foreword by Roger Jones

Clinical Uncertainty in Primary Care Lucia Siegel

Sommers, John Launer, 2013-07-05 The Power of Colleagues What happens when primary care clinicians meet together on set aside time in their practice settings to talk about their own patients Complimenting quality metrics or performance measures through discussing the actual stories of individual patients and their clinician patient relationships In these settings how can clinicians pool their collective experience and apply that to the evidence for an individual patient Especially for patients who do not fit the standard protocols and have vague and worrisome symptoms poor response to treatment unpredictable disease courses and or compromised abilities for shared decision making What follows when discussion about individual patients reveals system wide service gaps and coordination limitations Particularly for patients with complex clinical problems that fall outside performance monitors and quality screens How can collaborative engagement of case based uncertainties with one s colleagues help combat the loneliness and helplessness that PCPs can experience no matter what model or setting in which they practice And where they are expected to practice coordinated evidence based EMR directed care These questions inspired Lucia Sommers and John Launer and their international contributors to explore the power of colleagues in Clinical Uncertainty in Primary Care The Challenge of Collaborative Engagement and offer antidotes to sub optimal care that can result when clinicians go it alone From the Foreword Lucia Sommers and John Launer with the accompanying input of their contributing authors have done a deeply insightful and close to exhaustive job of defining clinical uncertainty They identify its origins components and subtypes demonstrate the ways in which and the extent to which it is intrinsic to medicine and they present a cogent case for its special relationship to primary care practice Clinical Uncertainty in Primary Care not only presents a model of collegial collaboration and support it also implicitly legitimates it Renee Fox Annenberg Professor

Emerita of the Social Sciences University of Pennsylvania

Primary Health Care Trisha Greenhalgh, 2013-03-15

General practitioners and other primary care professionals have a leading role in contemporary health care which Trisha Greenhalgh

explores in this highly praised new text She provides perceptive and engaging insights into primary health care focussing on its intellectual roots its impact on the individual the family and the community the role of the multidisciplinary team contemporary topics such as homelessness ethnic health and electronic records Concise summaries highlighted boxes extensive referencing and a dedicated section on effective learning make this essential reading for postgraduate students tutors and researchers in primary care Trish Greenhalgh in her frequent columns in the British Medical Journal more than any other medical journalist spoke to her fellow GPs in the language of experience but never without linking this to our expanding knowledge from the whole of human science When I compare the outlines of primary care so lucidly presented in this wonderful book obviously derived from rich experience of real teaching and learning with the grand guignol theatre of London medical schools when I was a student 1947-52 the advance is stunning From the foreword by Julian Tudor Hart Trish Greenhalgh is one of the international stars of general practice and a very clever thinker This new book is a wonderful resource for primary health care and general practice Every general practice registrar should read this book and so should every general practice teacher and primary care researcher Professor Michael Kidd Head of the Department of General Practice University of Sydney and Immediate Past President of The Royal Australian College of General Practitioners This important new book by one of primary care's most accomplished authors sets out clearly the academic basis for further developments in primary health care Health systems will only function effectively if they recognise the importance of high quality primary care so I strongly recommend this book to students teachers researchers practitioners and policy makers Professor Martin Marshall Deputy Chief Medical Officer Department of Health UK *Primary Care Ethics* Deborah Bowman, 2018-04-19 Relevant for the entire primary care team this book provides a diverse range of perspectives on current topical issues Healthcare ethics is a subject of increasing interest especially when it related to some of the challenging themes regularly discussed in the media Until now there has been little useful literature for those in primary care where ethical problems are often experienced with a unique set of issues Primary Care Ethics is rigorous and academic while remaining highly accessible for the full range of practitioners Moral and legal aspects are clearly distinguished throughout and the theme based approach is stimulating and original In providing greater depth and breadth in this subject than has been available previously the book is both practical and thought provoking and essential reading for everyone whether in academic training or practice based primary care **Restoring Primary Care** Anton J Kuzel, John D Engel, 2018-04-19 To many practitioners managers and patients US primary care is in crisis Primary care physicians are often overworked and undervalued and both patients and care providers can feel locked into structures that lack compassion and are unfit for their intended purposes Healthcare reforms aim to resolve the situation but changes may take years to deliver and are contingent on numerous outside factors What steps are within care providers power to take now This book lays out a course to deliver compassionate care quality and efficiency that unlike many current patient centred medical home initiatives in the US does

not require outside funding After reflecting on avoidable problems and harms in primary care the book offers stories of hope from innovative clinicians across the US before presenting ten practical deliverable steps to lift primary care provision from poor or mediocre to great This book will be of interest to practicing family physicians and general internists but will also be useful reading for health system leaders healthcare insurance purchasers and insurance company executives

Integrating Narrative Medicine and Evidence-based Medicine James P. Meza, Daniel S. Passerman, 2011 Scientific evidence based medicine is increasingly seen as fundamental to providing effective healthcare but narrative based medicine sheds light on social and interpersonal aspects of the practitioner patient interaction which can also greatly affect healthcare outcomes The philosophies underlying these two approaches seem to contrast yet those who can integrate both into their practice are among the most successful medical professionals Integrating Narrative Medicine and Evidence based Medicine provides answers to the key question of how medical practitioners can best put both approaches into practice It anticipates a future where evidence based practice will be expected of all medical professionals but contends that the integration of a narrative based approach will also be crucial presenting a unique perspective on structuring the patient professional encounter for optimum results It develops a cultural analysis and socio cultural theory of the science of healing and describes an efficient method by which medical practitioners can find and use medical research at the point of care with current technology and skills This addresses the need for translational science moving research into practice identified by the National Institutes of Health This book will be essential reading for educators of medical students and postgraduate trainees behavioral scientists psychologists social scientists working in medical settings and health managers and administrators Medical students and postgraduate trainees will also find it useful in their learning Practice-based Evidence for Healthcare John Gabbay, Andrée le May, 2010-11-19 Despite its gold standard status the EBP movement is faltering because while much effort has gone into developing an idealised model of the way clinicians ought to use best evidence there is less understanding of why they often don't This book examines how clinicians do actually develop and use clinical knowledge

Narrative Medicine in Education, Practice, and Interventions Anders Juhl Rasmussen, Anne-Marie Mai, Helle Ploug Hansen, 2022-11-01 Narrative medicine is a growing field of research and teaching It arises from an interdisciplinary interest in person centered medicine and is regarded as a major innovation in the medical humanities This anthology is the first of its kind which integrates chapters on legitimizing narrative medicine in education practice and research on analyzing types of patient narratives and on studying interventions applying vulnerable or shared reading creative writing or Socratic dialogue as a means of rehabilitation and mental care In her foreword Rita Charon who originally coined the term narrative medicine recognizes this expansion of the field and names it system narrative medicine **Understanding Medical Education** Tim Swanwick, Kirsty Forrest, Bridget C. O'Brien, 2018-10-02 Created in partnership with the Association for the Study of Medical Education ASME this completely revised and updated new edition of Understanding Medical Education synthesizes the latest

knowledge evidence and best practice across the continuum of medical education Written and edited by an international team this latest edition continues to cover a wide range of subject matter within five broad areas Foundations Teaching and Learning Assessment and Selection Research and Evaluation and Faculty and Learners as well as featuring a wealth of new material including new chapters on the science of learning knowledge synthesis and learner support and well being The third edition of Understanding Medical Education Provides a comprehensive and authoritative resource summarizing the theoretical and academic bases to modern medical education practice Meets the needs of all newcomers to medical education whether undergraduate or postgraduate including those studying at certificate diploma or masters level Offers a global perspective on medical education from leading experts from across the world Providing practical guidance and exploring medical education in all its diversity Understanding Medical Education continues to be an essential resource for both established educators and all those new to the field

NARRATIVE APPROACHES IN SOCIAL WORK PRACTICE Edith M. Freeman, 2015-08-01 The purpose of this book is to explain the process in which individuals tell and retell their narratives especially during developmental and other transitions in order to create meaning and continuity in their lives The other goal is to clarify the nature and types of narratives that emerge in people's natural environments during such transitions and during counseling sessions with social workers psychologists psychiatrists counselors nurses and other service providers Further it also describes practical narratives and approaches and includes relevant case examples to illustrate how those approaches have been applied effectively in social work and other helping professions The text is organized in two sections Part One is focused on the theoretical foundations of narrative practice and on five basic principles The five chapters of Part Two demonstrate the application of advanced narrative skills in practice with clients who are challenged by various life span transitions Clients' narratives are included in each chapter to illustrate particular advanced narrative skills and major discussion points The cultural context of such narratives may involve a combination of such factors as clients' race and ethnicity language religion and spirituality gender age sexual orientation disabling conditions social class and location Tables and figures included in each chapter illustrate specifically how particular narrative strategies can be used with clients and also clarify how to use those approaches in combination with other practice frameworks including family systems task centered crisis solution focused group mutual aid cognitive behavioral and brief theoretical approaches In addition to the individual family community organizational and cultural narratives the book also includes other story forms such as poetry metaphors proverbs parables letters personal journals art and music

Collaborating for Health Paul Thomas, 2017-12-04 Health care is increasingly under pressure Budget crises are making collaboration and smart thinking essential while increasing numbers of people with multiple long term conditions make specialist models of health care increasingly inefficient patients too often go from one specialist to another duplicating effort and paying too little attention to the bigger picture of their health Collaborating for Health outlines a solution community oriented integrated care and health promotion

Designed to prevent the problems of fragmented care this approach focuses on building teams networks and communities for health and care at local level where it is easier to see the range of factors that affect people's health. With the emphasis on partnership working between primary care public health and others it allows clusters of general practices to share the work of integrating efforts for care and health improvement and for non medical organisations to lead parallel initiatives for health and care. Introducing both horizontal and vertical integration Thomas presents ways to develop community oriented integrated care in a sustainable way and how to practise the skills in small ways before you have to perform on a big stage. This guide is for anyone interested in how multidisciplinary primary care teams can orchestrate most aspects of health and care at local level with timely specialist input.

Independent and Supplementary Prescribing Molly Courtenay, Matt Griffiths, 2010-04-22 The second edition of Independent and Supplementary Prescribing builds on the success of this classic text by providing a unique resource for prescribing and medicines management for both new and experienced prescribers. This is an essential resource for anyone undertaking the non medical prescribing programme. The book explores a number of key areas for prescribers including the ethical and legal issues surrounding prescribing within a public health context, evidence based prescribing, basic pharmacology, medication safety, monitoring skills and drug calculations. Each chapter has been updated for the second edition and an additional chapter Minimising the risk of prescribing error has been added. Written by a group of multi professional authors working at all stages of the medication management process this book will be essential reading for all nurses, midwives, pharmacists and allied health professionals qualified to prescribe as independent and or supplementary prescribers.

[The Principles and Practice of Narrative Medicine](#) Rita Charon, 2017 The Principles and Practice of Narrative Medicine articulates the ideas, methods and practices of narrative medicine. Written by the originators of the field this book provides the authoritative starting place for any clinicians or scholars committed to learning of and eventually teaching or practicing narrative medicine.

Learning to Consult Rodger Charlton, 2018-10-08 Information is vital for healthcare professionals striving to keep their practice current and based on the best available evidence. The Internet is playing an increasingly crucial role in life long learning of health professionals and is becoming the most practical way to access publications on clinical guidelines, systematic reviews and for updating users about the key aspects of health policy. This book covers the diversity and variable value of material available on the Internet and takes a fresh approach to coping with information overload. It illustrates how simple techniques such as making and using smart maps, concept maps and mind maps can help clinicians keep up to date and how these methods can be applied to particular areas of healthcare. It provides numerous case studies in key areas including mental health, child health, primary care and care of the elderly. Mapping Health on the Internet is essential reading for all healthcare professionals and will assist in their learning and continuing professional development.

Global Perspectives on Probing Narratives in Healthcare Casal, Teresa, Cabral, Maria de Jesus, 2023-06-01 There is often a communication disconnect between medical caregivers including

doctors nurses therapists and other assistive medical personnel and the patient While medical staff usually understand a patient s symptoms causes and treatments communicating this understanding to a patient using industry terminologies can lead to confusion and misunderstanding and similarly patients may lack the vocabulary to effectively communicate their experiences back to their caregivers A new approach to communication must be bridged between these groups by individuals who have experience on both sides of the conversation Previous studies of doctors who end up in the role of the patient reveal how these individuals have a dual perspective on illness combining their medical knowledge with their own personal medical experiences Narratives including autobiographical accounts and fictional stories can help bridge the gap between experiential and academic knowledge of illness by expanding one s limited perspective and accessing others points of view Autobiographical and fictional narratives can both play a role in developing a more comprehensive understanding of illness beyond simply treating the disease It is necessary to further examine the ethical and methodological underpinnings of narrative based interventions in the education of healthcare professionals practitioners and patients Global Perspectives on Probing Narratives in Healthcare offers a multidisciplinary examination of theoretical and methodological uses of narratives in healthcare by bringing together medical aspects of healthcare and the study of arts and humanities This illustrates specific applications of narratives in healthcare settings including improvement of clinical skills performance of the caring role and self efficacy for building a true partnership in the patient s health journey through varied approaches up to date tools and resources that can be transferred and adapted to specific educational and healthcare contexts This diverse collection of expert knowledge and experience is led by editors with over 20 years of teaching experience Dr Teresa Casal of the University of Lisbon Portugal and Dr Maria de Jesus Cabral of the University of Minho Portugal Expertise featured in this book includes contributions from some of the most prestigious academic institutions including Columbia University in the United States King s College in the United Kingdom University of Padua in Italy and more It is an essential resource for healthcare and social science researchers academics advanced healthcare students health training and education departments healthcare practitioners and patients associations and policymakers in healthcare who are looking to broaden their scope of understanding of the patient experience

Patient-Centered Medicine Moira Stewart, Judith Belle Brown, W. Wayne Weston, Thomas Freeman, Bridget L. Ryan, Carol L. McWilliam, Ian R. McWhinney, 2024-03-06 The Patient Centered Clinical Method PCCM has been a core tenet of the practice and teaching of medicine since the first edition of Patient Centered Medicine Transforming the Clinical Method was published in 1995 This timely fourth edition continues to define the principles underpinning the patient centered clinical method using four major components clarifying its evolution and consequent development and it brings the reader fully up to date It reinforces the relevance of the method in the current much changed realities of health care in a world where virtual care will remain common dependence on technology is rising and societal changes away from compassion equity and relationships toward confrontation inequity and self absorption Fully

revised by its highly experienced author team ensuring wide interest and written for those practising now and for the practitioners of the future this new edition will be welcomed by a wide international audience comprising all health professionals from medicine nursing social work occupational therapy physical therapy pharmacy veterinary medicine and other fields

Using CBT in General Practice Lee David, 2013-08-05 How to use CBT within a typical 10 minute consultation Using CBT in General Practice second edition provides GPs with an overview of the basic principles of CBT and shows how these principles can be applied within a typical 10 minute consultation The book is written in a user friendly interactive and practical style and focuses on realistic ways to make CBT work by helping patients to make positive changes to their lives Key features of this second edition include case examples to highlight how the techniques can be applied in practice for patients with particular problems or clinical conditions such as coping with negative thoughts problem solving sections describe how to manage time constraints a new consultation model that can be used to implement CBT in general practice detailed overviews of the major clinical psychological conditions that can be treated using CBT such as panic low self esteem and insomnia Using CBT in General Practice uniquely provides the practical advice needed to implement CBT within the time constraints of a busy practice it is therefore essential reading for all GPs who must now offer CBT as a treatment option As this is a practical manual and not just a book of theory it will also appeal to other professionals involved in the management of patients with psychological problems such as practice nurses health visitors community psychiatric nurses practice counsellors and palliative care doctors

The Textbook of Non-Medical Prescribing Dilyse Nuttall, Jane Rutt-Howard, 2015-06-15 The Textbook of Non Medical Prescribing is an easy to read comprehensive overview of the essential knowledge key issues and skills relevant to non medical prescribing Now fully updated and linked to the National Prescribing Centre Single Competency Framework for non medical prescribers with activities to help you link your continuing professional development within the competences required as a prescriber This practical title remains an ideal resource for all qualified health professionals to practice safe and effective non medical prescribing The section edition is structured around four core themes public health social and cultural issues prescribing principles and continuing professional development which are threaded throughout the text It also includes additional material on the importance on continuing professional development in prescribing as well as the history and context of non medical prescribing ethical legal and professional issues effective consultations essential pharmacology clinical skills prescribing for specific groups and the role of the multidisciplinary team Key Features Accessible and study friendly Each chapter has learning objectives and activities to support a deeper understanding of the theoretical knowledge base and its application to practice Case studies linking the topics to real life scenarios Companion website at www.wiley.com/go/nuttall with a range of self assessment questions quizzes numeracy exercises case studies and weblinks The Textbook of Non Medical Prescribing provides support to anyone studying for a prescribing qualification or looking for a refresher on the subject

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Table of Contents Narrativebased Primary Care A Practical Guide

1. Understanding the eBook Narrativebased Primary Care A Practical Guide
 - The Rise of Digital Reading Narrativebased Primary Care A Practical Guide
 - Advantages of eBooks Over Traditional Books
2. Identifying Narrativebased Primary Care A Practical Guide
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Narrativebased Primary Care A Practical Guide
 - User-Friendly Interface
4. Exploring eBook Recommendations from Narrativebased Primary Care A Practical Guide
 - Personalized Recommendations
 - Narrativebased Primary Care A Practical Guide User Reviews and Ratings
 - Narrativebased Primary Care A Practical Guide and Bestseller Lists
5. Accessing Narrativebased Primary Care A Practical Guide Free and Paid eBooks

- Narrativebased Primary Care A Practical Guide Public Domain eBooks
- Narrativebased Primary Care A Practical Guide eBook Subscription Services
- Narrativebased Primary Care A Practical Guide Budget-Friendly Options
- 6. Navigating Narrativebased Primary Care A Practical Guide eBook Formats
 - ePub, PDF, MOBI, and More
 - Narrativebased Primary Care A Practical Guide Compatibility with Devices
 - Narrativebased Primary Care A Practical Guide Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Narrativebased Primary Care A Practical Guide
 - Highlighting and Note-Taking Narrativebased Primary Care A Practical Guide
 - Interactive Elements Narrativebased Primary Care A Practical Guide
- 8. Staying Engaged with Narrativebased Primary Care A Practical Guide
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Narrativebased Primary Care A Practical Guide
- 9. Balancing eBooks and Physical Books Narrativebased Primary Care A Practical Guide
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Narrativebased Primary Care A Practical Guide
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Narrativebased Primary Care A Practical Guide
 - Setting Reading Goals Narrativebased Primary Care A Practical Guide
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Narrativebased Primary Care A Practical Guide
 - Fact-Checking eBook Content of Narrativebased Primary Care A Practical Guide
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development

- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

Narrativebased Primary Care A Practical Guide Introduction

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