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SECRETS OF SHAMANISM

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JOSE STEVENS, PH.D., & LENA S. STEVENS

Secrets Of Shamanism Tapping The Spirit Power Within You

John Perkins



Secrets Of Shamanism Tapping The Spirit Power Within You:

Secrets of Shamanism Jose Stevens, Lena S. Stevens, 1988-08-01 For untold centuries the shaman was the tribe's most revered and respected member possessing the unique ability to tap into the universal source of wisdom by journeying deep within the self seeking and finding answers to pressing questions achieving profound understanding by avoiding the stumbling blocks of the outer material world Developing techniques for communicating with the innermost world of the spirit can be a valuable boon in these modern times with their contemporary problems and concerns Through a series of easy to follow exercises lessons and rituals psychologist Jose Stevens and wife Lena can show you how to identify your inner spiritual guides and how through a unique and powerful communication with them you can achieve undreamed of professional success psychological enlightenment and personal fulfillment and completely change the way you live your life *An Encyclopedia of Shamanism Volume 2* Christina Pratt, 2007-08-01 Shamanism can be defined as the practice of initiated shamans who are distinguished by their mastery of a range of altered states of consciousness Shamanism arises from the actions the shaman takes in non ordinary reality and the results of those actions in ordinary reality It is not a religion yet it demands spiritual discipline and personal sacrifice from the mature shaman who seeks the highest stages of mystical development *Awakening to the Spirit World* Sandra Ingerman, 2010-11-05 Today practicing shamanism doesn't mean you have to live in a rain forest or a desert Thanks to a modern renaissance of shamanic spirituality practitioners from all walks of life now use powerful indigenous techniques for healing insight and spiritual growth With *Awakening to the Spirit World* teachers Sandra Ingerman and Hank Wesselman bring together a circle of renowned Western shamanic elders Tom Cowan Carol Proudfoot Edgar Jose Stevens and Alberto Villoldo to present a comprehensive manual for making these practices accessible and available in our daily lives including How the original practice of shamanism shaped the world's spiritual traditions and why it is still relevant today The art of the shamanic journey a time tested meditative method for experiencing important spiritual lessons and truths Guidance for avoiding common pitfalls of shamanic practice Instruction for working with your dreams connecting to your spirit guides healing yourself and your environment A CD of drumming to facilitate your shamanic journeys **The Power Path** José Stevens, Lena Stevens, 2002 According to the authors business leaders and shamans share many important traits the ability to solve problems achieve goals see the big picture and forecast events Based on years of study with shamans this book shares a new way of thinking about the nature of power *Teen Psychic* Julie Tallard Johnson, 2003-11-06 Teens are introduced to their intuitive powers through quizzes meditations and exercises collected in this book *Shapeshifting* John Perkins, 1997-09-01 After *Hit Man* The New York Times bestseller *Confessions of an Economic Hit Man* documents John Perkins extraordinary career as a globe trotting economic hit man Perkins insider's view leads him to crisis of conscience to the realization that he must devote himself to work which will foster a world wide awareness of the sanctity of indigenous peoples their cultures and their environments Perkins books demonstrate how the

age old shamanic techniques of some of the world s most primitive peoples have sparked a revolution in modern concepts about healing the subconscious and the powers each of us has to alter individual and communal reality Many indigenous cultures practice shapeshifting Native American hunters take on the spirit of their prey to ensure a successful hunt Asian medicine men ingest a sickness to heal the one afflicted Amazon warriors become jaguars to soundlessly travel the jungle Those who shapeshift understand that all of life is energy and that by focusing your intent you can change energetic patterns rendering a new form Shapeshifting can occur on three levels cellular transforming from human to plant or animal personal becoming a new self or leaving an addiction behind and institutional creating a new business or cultural identity Since 1968 master shamans in Africa Asia the Middle East and the Americas have been training John Perkins to teach the industrial world about the powerful techniques involved in shapeshifting His groundbreaking book takes you to deserts and jungles mountains and oceans medical research centers and corporate board rooms to learn the step by step methods of this practice that integrates ancient and modern techniques to bring about profound healing Advanced Witchcraft Edain McCoy,2025-08-05 In the beginning everything is fresh and new Learning how to cast a circle work magick compile a Book of Shadows and honor the God and Goddess on esbats and sabbats can be exhilarating But once you ve mastered the basics of Witchcraft comes the real challenge of living your faith every moment of every day Living as a Witch is knowing that you are the magick Advanced Witchcraft doesn t contain any Wicca 101 information it assumes that you re already familiar with the nuts and bolts of the Craft Instead this book challenges you to think critically about your beliefs and practices what they mean to you how they ve changed and where you re going Along the way you ll also learn many techniques for intermediate and advanced Witches including Meeting your shadow Advanced warding and psychic self defense Power animals familiars and shapeshifters Working the labyrinth and the maze Advanced tree spirituality Advanced augury and divination Magick and ritual using the fine arts of storytelling dance music art and drama The art of Wishcraft Spirits and lost souls Banishing and closing portals The healing arts **The Fortune-Telling Book** Raymond Buckland,2003-08-01 A look at Fortune Telling and Divination from the author of Buckland s Complete Book of Witchcraft Best selling Wiccan seer and gypsy mystic Raymond Buckland focused his attention on the intuitive art of prognostication in this tome A master of his art the late Buckland designed fortune telling decks read cards and did other types of fortune telling for over fifty years A comprehensive A to Z exploration of all that peers into tomorrow The Fortune Telling Book The Encyclopedia of Divination and Soothsaying divines the meanings of 400 key topics relating to this oft misunderstood oft consulted upon science Written in clear concise language it discusses everything from aeromancy seeing by observing atmospheric phenomena to zoomancy divination by the appearance or behavior of animals and the 398 others in between This fascinating encyclopedia is illustrated with 100 pictures and includes a detailed index and additional reading recommendations Packed with colorful histories people and significant events The Fortune Telling Book shows readers how to foretell their own fates It s sure to please fortune telling

enthusiasts whatever their powers **Journey to Althernity** Judith Prager,2000-05 What if you could change your life your health your world in the wink of an eye Like an optical illusion a picture hidden in a picture that suddenly reveals itself with a change of focus so alternate realities althernities await your discovery Through true and astounding stories of healing exercises to experience the mysteries for yourself and detailed explanations of the quantum science behind them you will discover how it is possible to change your health and your world with your imagination This book uses the metaphor of metaphor to explode the prison of limits that has characterized three dimensional life It uses the illusion of allusion to melt hard forms and make them malleable It offers you Althernity the domain of endless possibilities and invites you to move in

The Living Temple of Witchcraft Volumn One Christopher Penczak,2008 A guide for solitaires eclectics and non traditional Witches It features lessons that contain meditations based on the Underworld journey teachings as well as an advanced discussion of some facet of magick or witchcraft

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