The Repetitive Strain Injury Sourcebook

- INFORMATION ON CHRONIC MUSCULOSKELETAL AND NERVE DISORDERS INCLUDING CARPAL TUNNEL SYNDROME AND FIBROMYALGIA
- INDUSTRIES AND OCCUPATIONS MOST IMPACTED BY REPETITIVE STRAIN
- TREATMENT AND PREVENTION OF RSI
- INSURANCE OPTIONS, WORKERS' COMPENSA-TION, AND GOVERNMENT BENEFITS

SANDRA PEDDIE

Repetitive Strain Injury Sourcebook

James Chambers

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K Jamati, 2016-04-10 Physical Therapy Treatment of Common Orthopedic Conditions is a highly illustrated evidence based guide to the treatment of a range of common orthopaedic disorders edited by US based experts in the field Divided into sixteen chapters across three sections the book begins with a section on upper extremity including conditions such as thoracic outlet syndrome rotator cuff impingement and carpal tunnel syndrome The second section covers the spine including sprains and strains and cervical radiculopathy The final section focuses on lower extremity covering conditions such as hamstring strain tendinopathy and medial tibial stress syndrome Each chapter begins with an overview of important information for diagnosis followed by detailed evaluation and treatment approaches which include conservative therapy as well as complimentary alternative medical and surgical interventions The text is enhanced by 850 full colour images and illustrations Physical Therapy Treatment of Common Orthopedic Conditions references more than 1700 journal articles and books ensuring authoritative content throughout this valuable resource for physiotherapists Key Points Evidence based guide to the treatment of a range of common orthopaedic conditions USA based expert editorial team References from over 1700 authoritative journal articles and books 850 full colour images and illustrations

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