

The book cover features a collage of various elements: a green fern frond in the upper left, a yellow envelope with a postage stamp in the upper right, a light blue envelope in the center, and a pink ribbon tied in a bow across the middle. The background is a mix of soft, pastel colors.

Love, Judy

Letters of Hope and Healing for
Women With Breast Cancer

JUDY HART

Love Judy Letters Of Hope And Healing For Women With Breast Cancer

Carmen Renee Berry, Tamara Traeder



Love Judy Letters Of Hope And Healing For Women With Breast Cancer:

Love, Judy Judy Hart, 2008-09-01 Warm supportive and uplifting this book combines Judy Hart's own story as a survivor of two breast cancers with a variety of self support techniques to encourage healing. It is an invaluable resource for breast cancer patients, families and friends as well as nurses, doctors, psychologists and cancer patient support groups. Judy Hart teaches writing workshops for cancer patients and survivors and is a spokesperson for breast cancer in Northern California. Her book has been praised for providing a resourceful, loving model of how to focus on living and feeling deeply during challenging life experiences such as cancer. If I had a friend facing breast cancer, this is the book I would give her. Love,

Judy Judy Hart, 1993-01-01 An invaluable resource for breast cancer patients, family, friends as well as nurses, doctors, psychologists and cancer support group leaders. Hart's personal story of successfully battling cancer helps readers develop their own best resources by offering a wide variety of healing attitudes, techniques and suggestions. **Speaking to Silence**

Janet S. Peterman, 2007-01-01 Janet Peterman presents a variety of healing and comforting rituals that can be used in situations that are likely to be encountered in congregations but yet are not typically treated in standard liturgies. Peterman offers her reflections on the significance of rituals and includes a broad spectrum of rituals for personal use for life in the home or at church for use in the wider community or for help in leading to transformation. She concludes by describing a seven step process for creating new rituals and suggests ways to adapt existing worship materials for use in new settings. This much needed resource will help pastors and lay leaders develop their own skills and insights for creating liturgies and rituals that provide relief, healing and support for those in congregations who are faced with critical and life altering situations. *No Less a Woman* Deborah Hobler Kahane, 1995-09-27 Addresses the emotional and psychological issues that face women with breast cancer, especially those who lose one of their breasts to the disease. Covers femininity, sexuality, intimacy and more.

Dr. Susan Love's Breast Book Susan M. Love, 2000-09-20 The landscape of breast cancer has changed. New, non-invasive diagnostic techniques, new knowledge about prevention, new genetics, new treatments, new alternative and complementary resources are beginning to turn breast cancer into a chronic and perhaps preventable disease. Dr. Susan Love, whose earlier work has won the trust of women all over this country and abroad, has entirely revised her indispensable guide to reflect the very latest information. Readers of Dr. Susan Love's Breast Book will learn of the recent breakthroughs in genetic research, of Dr. Love's own work in developing a less invasive and highly accurate diagnostic technique, of the latest studies into preventive measures such as tamoxifen and dietary strategies and of promising outcomes from new treatments for metastatic cancer. In the same warm, supportive and often delightfully candid tone that has brought confidence to millions of women, Dr. Love helps each reader plan her own path through diagnosis, treatment options and the changing world of HMOs and insurance. She also offers sound advice about combining alternative self care with topnotch medical help. Finding Your Way to Wellness Julie Gralow, 2000 **Dr. Susan Love's Breast Book, Second Edition, Special Edition For Cgss**

Susan M. Love, M.D.,1997-05-21 Includes section on breast feeding plastic surgery and the causes diagnosis and treatment of breast cancer **Feminist Bookstore News** ,1993 **Healing and the Healer** George F. Cairns, Lawrence Avery Pottenger, Nancy U. Cairns,1996 **Breast Cancer** Ivo Olivotto, Karen Gelmon, Urve Kuusk,2001 A new edition of Book Three in the Intelligent Patient Guide series The authors all of whom are professors at leading medical schools practicing physicians and consultants to cancer agencies describe all aspects of breast cancer from time proven treatments to the latest advances in technology medication and surgical techniques Topics include breast health screening detection treatment surgery alternative therapies reconstructive surgery coping with cancer prognosis breast cancer awareness and advocacy navigating the health care system and health information on the internet **Diary of a Breast Cancer Husband** J. Scott Lyman,2002 Diary of a Breast Cancer Husband is an extraordinarily intimate and brutally revealing chronicle of one man s personal and psychological journey with his wife down the path of breast cancer diagnosis and treatment Scott is a successful malpractice attorney His beautiful wife Suanne is his office administrator and business manager They live on top of a ravine overlooking the Pacific Ocean They have three sons the youngest still in high school Life has been good to Scott and Suanne Then breast cancer strikes Scott s reaction is one of consuming guilt and fear His fear is not just for his wife He also fears his own reaction to the possible changes he may face in his own life as a result of breast cancer His response is to immerse himself in the world of breast cancer and write about men and breast cancer and about men and breasts **A Journal for Healing** Robin Freeman Bernstein, Cathy Moore,1996-04 With its handy journal size paper over boards format and tasteful two color borders on each page A Journal for Healing provides a powerful helpful way for people facing serious illnesses or a long recovery to explore and come to terms with their life altering illness **I Flunked My Mammogram!** Ernie Bodai,2001 **A Safe Place** Jennifer Pike,1997 The statistics for breast cancer are both mind boggling and startling It is estimated that two million women in North America live with the disease A Safe Place is a journal designed to give emotional support to these women who are either starting to make treatment decisions or are already undergoing what can often be difficult and unpleasant care options Here women can record their feelings after diagnosis and during as well as following treatment With sections for thoughts on everything from chemotherapy to relationships prompts to help stimulate your writing pages to record and analyze dreams inspirational quotations and lists of helpful publications and information networks this book is a do it yourself life support system as well as a companion In short it is a safe place to write in complete privacy **Hanging Out with Lab Coats** Wendi Fox Pedicone,2007-03-27 Wendi Fox Pedicone became a cancer statistic in August 2004 when she was diagnosed with advanced stage breast cancer With a tremendous amount of support she triumphed over the disease Her book Hanging Out With Lab Coats chronicles her journey as she shares her personal story and passes along helpful resource information she gathered along the way **Dying and Grieving** Alicia Skinner Cook, Kevin Oltjenbruns,1998 From a lifespan development perspective the authors address the major aspects of the dying and grieving

process The text focuses on the practical application of the theories and explanations presented Features Holistic perspective includes physical emotional social psychological and spiritual aspects In each chapter there are personal accounts The text is family oriented Chapter 1 illustrates how issues in this field have changed quite rapidly over time A separate chapter on suicide illustrates that sudden death involves many unique issues when compared to an expected death New to this edition Chapter 1 has been completely revised to provide context for changes in the primary causes of death the increase in violence in U S society bioethical and legal issues the impact of technology and multicultural environments An increased focus on various aspects of culture recognizes the diversity within the U S Ethnic differences and international comparisons are evident in Multicultural Environments section of Chapter 1 examples and boxes throughout the text and in personal accounts More focus on sudden death and life threatening illness as well as **Natural Health** ,1993 True-Blue Friends Carmen Renee Berry,Tamara Traeder,2000 Reflections on the close and loving ties of friendship **Subject Guide to Children's Books in Print 1997** Bowker Editorial Staff,R R Bowker Publishing,1996-09 Books in Print ,1991

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