# NUTRITION for FOODSERVICE and CULINARY PROFESSIONALS



**Drummond** 

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The National Culinary Review ,2000

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second edition of Culinary Nutrition for Food Professionals This book will certainly be useful to all of us Julia Child Cambridge MA From the Foreword This book should be part of any professional chef's library It is current and on target with the needs of the food service industry as it meets and adapts to the consciousness of today's nutritionally aware customers This book will also be an excellent tool to meet the needs of our young culinarians entering the profession It is written in a style which is easy for the professional chef to follow Noel Cullen EdD CMC AAC Chairman American Culinary Federation Educational Institute and Associate Professor School of Hospitality Administration Boston University In these times when the American public is examining their diet so closely it is more important than ever that cooks and chefs move to increase both their knowledge of nutrition and its implications Carol Hodges book is a comprehensible yet accessible look at the many aspects of diet and nutrition It is an outstanding book for anyone who works with food to increase their education in a subject that is on the front line of the cooking profession Chris Schlesinger Chef Owner East Coast Grill and The Blue Room Cambridge MA To say I am impressed with the content of the book would be an understatement It is in my opinion right on target with what every foodservice professional needs to know to adapt his or her recipes and menus to meet the changing needs of today s customers It is written at the level and in the vocabulary of a chef foodservice manager and other foodservice professionals Jeff Larson CEC Dean of Instruction Northeast Metro Technical College St Paul MN From the Foreword Special Note This book is recommended by the American Culinary Federation and the international Association of Culinary professionals for meeting certification requirement Nutrition for Foodservice and Culinary Professionals 7th Edition with Prof Chef 9th Edition for CIA I Set Karen E. Drummond, 2011-12-01

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