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Nurturing Kids' Hearts and Souls Maggie Dent, 2005 By applying a practical commonsense approach we can easily make changes that will impact positively on the lives of today's and tomorrow's kids Learn how to simplify things and create happy homes and classrooms

Nurturing Your Child's Soul Timothy Jones, 2006-09-03 Many of us worry about our kids getting pulled under by our culture's negative currents We try to shout over the roar of media blitzes misguided values in the schools and peer pressure And we wonder how to raise faithful children For parents who sometimes feel they haven't done enough Jones provides ideas for taking small steps toward communication and intimacy showing you how to take advantage of teachable moments by fully focusing on the present

Mothering Our Boys Maggie Dent, 2018-11-01 Maggie is earthy and real full of love and knowledge especially on raising sons Steve Biddulph Maggie's perspective on raising boys is spot on She writes with humor and depth providing insight and strategies for many of the most important issues facing moms There is a lovely ease to her writing and a powerful honesty I hope every mother of a son and everyone else will read this book The future of the world to a great extent depends on how we raise our boys Michael Gurian New York Times Bestselling Author of *The Wonder of Boys* and *Saving Our Sons* If we can see the world through boys' eyes a little better we will make different choices in the way we mother them and we will find them less confusing and love them more deeply Mothers of sons are worried about raising their boys in a world where negative images of masculinity are front and centre of our media almost every day Not only that but statistically our boys are still struggling in many ways Even though we live in a time where we recognise that nothing in gender is fixed it remains a fact that the influence of a mother on her son is massive A mother of four sons herself Maggie Dent draws on her personal experience and over four decades work as a teacher counsellor and now author and speaker to help build understanding empathy and compassion for our boys Maggie shares her five key secrets that every mum needs to know and uses the voices of men she has worked with and surveyed to reveal what really matters in a boy's relationship with his mother and other mother figures Maggie is one of Australia's most popular parenting authors and educators and her seminars about boys have sold out all across Australia and in the UK She is finally sharing her insights her reflections and as always her humour around mothering boys to help you be the mum your son needs you to be

Mothering Our Boys (US Edition) Maggie Dent, 2018-11-01 Maggie is earthy and real full of love and knowledge especially on raising sons Steve Biddulph Maggie's perspective on raising boys is spot on She writes with humor and depth providing insight and strategies for many of the most important issues facing moms There is a lovely ease to her writing and a powerful honesty I hope every mother of a son and everyone else will read this book The future of the world to a great extent depends on how we raise our boys Michael Gurian New York Times Bestselling Author of *The Wonder of Boys* and *Saving Our Sons* If we can see the world through boys' eyes a little better we will make different choices in the way we mother them and we will find them less confusing and love them more deeply Mothers of sons are worried about raising their

boys in a world where negative images of masculinity are front and centre of our media almost every day Not only that but statistically our boys are still struggling in many ways Even though we live in a time where we recognise that nothing in gender is fixed it remains a fact that the influence of a mother on her son is massive A mother of four sons herself Maggie Dent draws on her personal experience and over four decades work as a teacher counsellor and now author and speaker to help build understanding empathy and compassion for our boys Maggie shares her five key secrets that every mum needs to know and uses the voices of men she has worked with and surveyed to reveal what really matters in a boy s relationship with his mother and other mother figures Maggie is one of Australia s most popular parenting authors and educators and her seminars about boys have sold out all across Australia and in the UK She is finally sharing her insights her reflections and as always her humour around mothering boys to help you be the mum your son needs you to be **Better Than Ok** Dr. Helen Street,Neil Porter,2014-06-01 This is a book of up to date strategies for helping children from their earliest years into adulthood and is all about helping kids do more than just survive these are strategies to help kids flourish These solution focused and easy to read essays are by 27 of the world s top experts in positive education Learn to help children develop a lifelong love of learning with this practical and positive guide Contributors include Michael Carr Gregg Maggie Dent Andrew Fuller and Tim Sharp **Inspired Children** Rosina McAlpine,2011 This book provides a practical guide to raising children from pre conception to teenage years It includes areas of interest for parents to be including how to prepare for conception in order to give a child the best start in life and ways to avoid stress during pregnancy and its negative effects on the unborn child Parents grandparents and teachers can learn how to support a child s development in fundamental areas like good self esteem resilience and managing emotions and behaviour Practical activities and guidance is provided on how children can develop skills in setting and achieving goals communicating building and nurturing relationships with family and friends managing stress understanding health and nutrition as well as environmental awareness and social consciousness These key life skills and personal qualities are the platform from which a child can create a happy productive and fulfilling life Parents are also introduced to a framework for managing their family life and making it all work **Real Kids in an Unreal World** Maggie Dent,2018-12-01 Real children need real experiences with real people to grow up happy healthy strong kind and resilient In the second edition of this bestselling book from one of Australia s favourite parenting authors and educators Maggie Dent Maggie explores the 10 essential building blocks that help children build resilience and self esteem in our chaotic uncertain world We can t change the world however we can help our children to develop emotional buoyancy and competence by experiencing life s joys and successes as well as its challenges and setbacks When this is done within the safety of supportive relationships especially in families and communities one building block at a time from birth to 12 children can grow into being the capable independent adults we all yearn to meet one day About Maggie Commonly known as the queen of common sense Maggie Dent has become one of Australia s favourite parenting authors and educators with a

particular interest in the early years adolescence and resilience Maggie s experience includes teaching counselling and working in palliative care funeral services and suicide prevention She is a dedicated advocate to quietly changing lives in our families and communities She is the mother of four sons and a very grateful grandmother Maggie is the author of 11 books including her 2018 release *Mothering Our Boys* which is already a bestseller *Girlhood* Maggie Dent,2022-05-31 Maggie is a national treasure Tracey Spicer AM sage wisdom for parenting and supporting girls Mona Delahooke PhD bestselling author and pediatric psychologist The early years of a little girl s life will shape her future in powerful ways Maggie Dent Australia s queen of common sense parenting has investigated the development period from birth to age eight Drawing on nearly 5 000 survey results the latest research and her own extensive experience as an educator counsellor facilitator mum and grandmother Maggie shows us how to help our girls build an emotional and psychological base for life Secure foundations Maggie argues will help insulate our girls against anxiety and other mental health challenges as they grow into their teens and feel more capable and resilient while keeping their own authentic voice as they enter womanhood Written with all the rigour compassion and humour we have come to expect from one of Australia s best loved parenting voices this is both a deeply practical guide to raising girls as well as a celebration and intimate meditation on the state of being female which women of all ages will relate to **Golden Nuggets** ,2007-05-15 What s the best piece of advice you would give to a young adult today This is not another book of quotes and rehashed ideas but a new and fresh approach to giving a few wise words to our next generation of leaders teachers doers and travelers Every piece of advice is different from the obvious to the profound and everything in between Contributors include business gurus authors parental experts coaches parents grandparents step parents and sages who were all asked the same question What s the best advice you would offer a young person leaving home for the first time Back cover **Using the Empathy Doll Approach** Kirstine Beeley,2009-12-31 An experienced practitioner explains how empathy dolls can be used with young girls and boys to help their emotional development or assist with behaviour problems **Saving Our Children From Our Chaotic World** Maggie Dent,2018-12-01 Silence and stillness does have a magic to it It doesn t matter where you find it in your home your workplace or your classroom However in our fast paced world it is getting harder and harder to find In this book one of Australia s favourite parenting authors and educators Maggie Dent explores the cognitive and emotional benefits of silence and stillness demonstrating how crucial it is for children as well as adults and details methods for creating it in your home or classroom About Maggie Commonly known as the queen of common sense Maggie Dent has become one of Australia s favourite parenting authors and educators with a particular interest in the early years adolescence and resilience Maggie s experience includes teaching counselling and working in palliative care funeral services and suicide prevention She is a dedicated advocate to quietly changing lives in our families and communities She is the mother of four sons and a very grateful grandmother Maggie is the author of 11 books including her 2018 release *Mothering Our Boys* which is already a

bestseller **Nurturing the Souls of Our Children** Thomas F. Geary, Bonnie L. Geary, 2002 Nurturing the Souls of Our Children proposes that psychologically and spiritually balanced parents are best equipped to relate more deeply and joyfully to the uniqueness of their children This is nurturing the soul It is what children today need more than anything else Based on their experience as parents as church ministers and as professional counselors for over 25 years Dr Thomas Geary and his wife Bonnie are well qualified to integrate the psychological with the spiritual Their book offers hope to frequently overwhelmed and confused parents searching for values and guidelines in an increasingly materialistic society Their suggestions are clothed in practical humorous and touching stories reflective of the real world where families live

Parenting Right From the Start Vanessa Lapointe, 2019-10-08 In this book her follow up to the bestseller Discipline Without Damage Dr Lapointe advises new parents how to put their child on a path to optimal development during the crucial early years The baby and toddler years are the most important period for any child's emotional and psychological development Parents naturally want to do what's best for their kids but they often struggle to know what that is especially when dealing with the big battlegrounds of sleep feeding and managing aggression The latest scientific research indicates that it is through a strong and stable sense of connection to their parents that children learn how to regulate their emotions master social skills and develop a sense of identity Unfortunately many of the currently accepted parenting practices and traditional attitudes disrupt healthy connection rather than foster it leading to behavioral issues and emotional problems that can last into adulthood Dr Lapointe helps parents to understand how mindful and conscious parenting can help them to avoid passing unhealthy patterns down from one generation to the next Rooted in compassion and understanding Parenting Right From the Start shows parents how to build a firm caring presence in the early years that a child can lean into for a lifetime

Help Me Help My Teen Maggie Dent, 2024-07-30 I love Maggie's style Quite simply when she talks we should listen Hamish Blake A masterpiece this book is the answer we've been waiting for Dr Vanessa Lapointe Australia's favourite parenting expert on how to understand and help our teens so they can thrive Adolescence has always been a time of huge transformation but today's teens deal with challenges that parents may never have imagined An increasingly digital world filled with social media gaming and harmful content along with changing cultural norms has intensified the pressure to excel and fit in leading to heightened levels of stress anxiety and depression Maggie Dent Australia's queen of common sense parenting believes that teens can handle these pressures with resilience and strength when they are supported by stable loving connections with family teachers and other caring adults Drawing on up to date research a survey of modern teens and her own experiences as a teacher counsellor and mother and her memories of being a teen Maggie provides clear and compassionate what to do advice for some of the most difficult sensitive topics such as technology use sex drugs and alcohol dropped school grades mental health and identity and shows us how we can provide a safe and supportive environment for all our teens Help Me Help My Teen is a reassuring practical guide for parents to help teenagers navigate adolescence and

grow into confident capable adults **9 Things** Maggie Dent,2018-12-01 It is easy in our fast paced competitive consumer driven world to forget that children are not mini adults projects to be managed or problems to be solved This common sense guide to parenting and caring for children under eight reminds us that a child s development cannot be rushed or crudely measured against milestones It takes an entire childhood to grow and there is no perfect when it comes to parenting In her informed heartfelt way one of Australia s favourite parenting authors Maggie Dent takes a comprehensive look at the 9 Things that truly matter in raising children and why they matter so much She uses the metaphor of a wise aunty Wilma a voice of ancient wisdom that seems to be disappearing amidst the chaos With passion warmth and humour Maggie draws on current research and her extensive experience as an educator counsellor and mother of four to guide parents and caregivers in their endless decision making to raise children who are happy healthy strong kind and resilient Commonly known as the queen of common sense Maggie Dent has become one of Australia s favourite parenting authors and educators with a particular interest in the early years adolescence and resilience Maggie s experience includes teaching counselling and working in palliative care funeral services and suicide prevention She is a dedicated advocate to quietly changing lives in our families and communities She is the mother of four sons and a very grateful grandmother Maggie is the author of 11 books including her 2018 release *Mothering Our Boys* which is already a bestseller **Nurture Yourself First** Ilenya A. Marrin DSS,2016-06-07 Nurture Yourself First provides inspiration and gentle powerful steps for accessing your natural self compassion resilience and heart centered wisdom so essential for thriving in today s world Far beyond occasional pampering nurturing your multi dimensional Self is now critical for joyful purpose filled living Nurture Yourself First shows you how to share and care and climb your personal mountains without depleting yourself Doable strategies can help you erase anxiety drop overwhelm bounce back from burnout and release people pleasing As you learn to observe accept forgive and love all aspects of yourself inch by inch you consolidate your transformation As you create space to live and love in fulfilment of your purpose you naturally extend your personal empowerment to broader circles and uplift many others as we move forward in an age of living love *Nurturing the Soul of Your Family* Renée Peterson Trudeau,2013-01-15 What would it feel like to experience more ease harmony and flow in the midst of navigating homework squabbles mealtimes commutes and the other challenges of everyday life Nurturing the Soul of Your Family is a guidebook for personal and spiritual renewal from the award winning author of *The Mother s Guide to Self Renewal* It offers nurturing support and practical ideas to guide you toward a new way of being Enjoyable down to earth and empowering Ren e Peterson Trudeau s ten paths to peace will help you learn how to find your center and move through chaos and uncertainty with renewed strength and ease live every day aligned with your values and what matters most slow down tap the wisdom of your wise self and know what s best for you and your family release old habits fears and anxieties as you explore a new way of being access more joy by living in the present moment the best antidote to stress experience more freedom and unscheduled time Nurture the Wow Danya

Ruttenberg,2016-04-19 How our experiences as parents can become the path to transcendence The Spiritual Life - Grow & Nurture Your Soul and Relationships Kelly Wallace,2018-09-01 The subject of spirituality is huge It s also different from one person to the next But every human on this planet has something in common They want to be happier and healthier It seems like it should be such a simple thing to pursue yet so few accomplish it in any big way Why is it so difficult Because up to this point you ve been attracting negative people or events or being stagnant or riding a roller coaster of highs and lows In this short book I ll show you how to grow and nurture your soul and relationships It doesn t take a lot of time or effort to do it either Honestly it s as easy as changing a few habits and your current ways of thinking It s like switching a light from off to on Soon you ll see life and everything in it more clearly Goals will be easier to pursue Relationships will transform or fall away as needed Money and success will flow steadily as you live a spiritual life *Champion Hearts* Thando

Mgenge,2013-04 This is not the book about wealth and prosperity It is not aimed at solving every problem on earth While attempting to enlighten Christians about false preaching it does not discard the promises of the Lord for those whose hope is in Him The gist of the book is simple a dream born of the Lord can never be changed by circumstances The precepts that guide Christian living never change because of one s condition at a particular point in time God expects us to be obedient to His commands so that we can achieve and bless mankind accordingly More importantly life is centered in the heart If the same heart has been tempered with and no remedial process has happened the heart remains restless

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