

Nursing Theories List

Nursing theories list serves as a reference tool for nurses, educators, researchers, and students to explore and understand the foundational concepts and perspectives that shape the nursing profession.

Grand theories

Nursing theory	Founder/ Developer	Year developed	Main concepts/Principles
Theory of human caring	Jean Watson	1979	Emphasizes the importance of the nurse-patient relationship and caring as central to nursing practice. Focuses on promoting healing through authentic presence, compassionate care, and therapeutic touch.
Theory of health as expanding consciousness	Margaret A. Newman	1970s	Explores the concept of health as a process of expanding consciousness, transcending illness to achieve higher levels of awareness and well-being. Emphasizes the interconnectedness of mind, body, and spirit in the healing process and the importance of holistic nursing care.
Behavioral system model	Dorothy E. Johnson	1959	Views individuals as behavioral systems, seeking balance and equilibrium. Emphasizes nursing interventions aimed at helping individuals maintain stability in their biological, psychological, and social domains.

Middle-range theories

Nursing theory	Founder/ Developer	Year developed	Main concepts/Principles
Theory of comfort	Katherine Kolcaba	1990s	Its primary objective is to provide clients with comfort, aiming to initiate three stages of comfort: relief, ease, and transcendence.
Self-care deficit theory	Dorothea Orem	1950s to 2001	Centers on the concept that patients desire to care for themselves but may require assistance. Nurses empower patients to perform self-care activities independently, gradually transitioning them towards increased autonomy as they progress.
Theory of goal attainment	Imogene M. King	1960s	Focuses on the nurse-patient relationship and the mutual goal-setting process to achieve optimal health outcomes. Emphasizes the importance of communication, interaction, and goal clarity in facilitating goal attainment.

Nursing Theories And Nursing Practice

Peggy L. Chinn, Maeona K. Kramer



Nursing Theories And Nursing Practice:

Nursing Theories and Nursing Practice Marlaine C Smith, 2019-10-02 Noted nursing scholars explore the historical and contemporary theories that are the foundation of nursing practice today The 5th Edition continues to meet the needs of today's students with an expanded focus on the middle range theories and practice models that link theory to clinical practice You'll explore the role of these theories in the real world to see how they guide nursing practice **Nursing**

Theories and Nursing Practice Marlaine Smith, 2025-02-03 What is nursing Noted nursing scholars explore the historical and contemporary theories that are the foundation of nursing practice today The only nursing research and theory book with primary works by the original theorists the 6th Edition focuses on the relevant need to know content that links theory to clinical practice Students explore the role of these theories in the real world to see how they guide nursing practice

Nursing Theories Julia B. George, 2002 Designed as a tool to help nurses apply concepts and theories to practice this book considers the ideas of well known nursing theorists and relates the work of each to the nursing process Chapters are organized to relate the theorist's work to the nursing metaparadigm the nursing process characteristics of a theory and strengths and limitations of the theory Quantitative and qualitative research methods now in each chapter An emphasis on the use of nursing theory in clinical practice Chapters on the work of Artinian and Conger as well as the introduction of an interdisciplinary model For nursing professionals [Fundamentals of Nursing Models, Theories and Practice, with Wiley E-Text](#) Hugh McKenna, Majda Pajnkihar, Fiona Murphy, 2014-06-23 A concise accessible introduction to the development application and evaluation of nursing theories this new edition of Fundamentals of Nursing Models Theories Practice provides a thorough overview of the body of knowledge on the topic and a clear outline of their relevance to everyday nursing practice Linking the development of theory to practice this full updated text features learning outcomes key concept summaries and reflective exercises to aid the study of this key element of all modern nursing courses Special Features Clearly examines the relationship between nursing theory clinical practice and nursing roles Accessible and user friendly with a range of features to help study including key concepts learning objectives and reflective exercises Useful for all pre registration nursing students as well as newly qualified nurses Accompanied by an online resource centre featuring case studies multiple choice questions exercises and activities **Nursing Theories and Models** Hugh McKenna, 2006-09-07 Encourages nurses to develop theories from their practice as opposed to using off the peg theories Provides a critique of nursing theory making it ideal for nursing students who are now encouraged to adopt a critical approach to their learning

Patterns of Nursing Theories in Practice Marilyn E. Parker, 1993 This companion to Nursing Theories in Practice presents the main tenets of each major nursing theory and its role in practice It provides significant examples of transcultural and transpersonal nursing care [Nursing Theories and Nursing Practice](#) Marilyn E. Parker, Marlaine Cappelli Smith, 2010 The authors introduce you to the theories and theorists who laid the foundations for contemporary nursing practice Step by step

they show you how to study analyze and evaluate a theory and then apply it in practice From Florence Nightingale s belief in the natural or inherent healing ability of human beings to Kathryn Kolcaba s theory of comfort you ll explore the past present and future of nursing Back cover **Nursing Theories: A Framework for Professional Practice** Kathleen

Masters,2014-07-15 Nursing Theories A Framework for Professional Practice Second Edition covers the work of those who have been central to nursing theory for decades as well as many newer theorists The text draws content from topics such as philosophy conceptual models and the middle range theories of nursing The Second Edition features additional practice level or middle range theories with supporting diagrams that illustrate the use the nursing process in the context of the specific theory Each chapter will also feature call out boxes describing the literature of the theory s use in nursing practice Updates to the Second Edition New chapter on Transitions TheoryNew coverage on Postpartum DepressionNew information on Uncertainty in Illness TheoryIllustrations in each theory chapter demonstrate how theory relates to the nursing processCurrent examples found in each chapter tied to updated research *Theory and Nursing* Peggy L. Chinn,Maeona K. Kramer,1995 Theory and Nursing offers a comprehensive yet concise exploration of nursing theory and its development providing a solid foundation for an understanding of the nature of nursing Emphasizing the intrinsic relationships between theory and the functional aspects of research and practice this book prepares the student not only for the study of nursing science but for the work of nursing itself The fourth edition includes an updated discussion of the emergence of nursing theory reflecting recent developments in midrange nursing theory This book employs a questioning approach to the concepts of nursing theory engaging the reader to critically examine the assumptions underlying those concepts as well as to construct a personal framework of nursing knowledge The language of this edition has been clarified to make the concepts more accessible and the new edition employs a shift in language from the terminology of the traditional scientific method to care based language appropriate to the science of nursing Each definition in the glossary of terms includes page references to the text thus aiding the reader in developing a comfortable familiarity with the terminology Extensively revised references and bibliography provide guidance for readers as they learn to formulate and test their own theories of nursing Updated appendices overview both the historical perspective of the major nursing theories and the current trend toward practice based theory end t 0 *Philosophies and Theories for Advanced Nursing Practice* Janie B. Butts,Karen L. Rich,2021-08-16

Philosophies and Theories for Advanced Nursing Practice Fourth Edition provides a broad foundation in philosophy for nursing students with its focus on the structure function and evaluation of theory **Nursing Theories & Nursing Practice** Marlaine Cappelli Smith,Marilyn E. Parker,2015 Noted nursing scholars explore the historical and contemporary theories that are the foundation of nursing practice today The 4th Edition of this popular book meets the needs of todays students with an expanded focus on the middle range theories and practice models that link theory to clinical practice

Nursing Theories and Nursing Practice Marilyn E. Parker,2001 Explores and gives readers an appreciation for nursing

theories and their use in nursing practice Theory chapters written by the original theorists for many of the chapters making the text a summary of primary sources for nursing theories Chapters on nursing theories that are described by other than the author of the theory are written by recognized authorities on the theory Includes photographs of the theorists and a brief personal introduction in the beginning of each of the theory chapters Philosophies and Theories for Advanced Nursing Practice Janie B. Butts, Karen L. Rich, 2017-03-17 Philosophies and Theories for Advanced Nursing Practice Third Edition is an essential resource for advanced practice nursing students in master's and doctoral programs Important Notice The digital edition of this book is missing some of the images or content found in the physical edition **Nursing Theories in Practice** Marilyn E. Parker, 1990 A collection of papers culled from the South Florida Theorist Conferences held Spring 1989 and 1990

Theories in Nursing Administration Hanaa Sabra, 2014-07-18 This text book is designed to highlight the concepts of theories principles of leadership and management in nursing practice and education It introduces the steps of management process and leadership styles which would enable the nurse students and personnel to develop an insight to provide quality nursing care and education in any health care and educational center in the country to suit the societal needs It also provides comprehensiveness in understanding the role of a nurse as a manager This book also helps undergraduate and postgraduate students as well as novice teacher to acquire skills in planning and implementing the curriculum **Nursing Theories: The Base for Professional Nursing Practice** Julia B. George, 2013-10-03 For courses in undergraduate graduate level nursing theory Nursing Theories The Base for Professional Nursing Practice Sixth Edition is designed to help nurses apply concepts and theories to practice This useful resource considers the ideas of well known nursing theorists and relates the work of each to the clinical nursing practice Chapters are organized to relate the theorist's work to the nursing metaparadigm clinical nursing practice characteristics of a theory and strengths and limitations of the theory **Self-Care Science, Nursing Theory and Evidence-Based Practice** Katherine Renpenning, Susan Gebhardt Taylor, 2011-05-20 This is an excellent review of the development of self care deficit theory and the use of self care in nursing practice Explanations of the various theories and theory terms are well done and written at a level that novice theorists can relate to The authors demonstrate how self care science can be fiscally and effectively applied to the care of patients clients Doody's Medical Reviews Dorothea Orem's Self Care Theory has been used as a foundation for nursing practice in healthcare institutions and as the basis of curricula in nursing schools for decades This book explores the high level theory of the application of Orem's Self Care Theory and how it can improve patient outcomes as well as cost effectiveness of nursing care delivery Written for nursing theorists researchers administrators and graduate students the text addresses the relationship of self care theory and evidence based care in nursing and provides a solution to improving contemporary healthcare outcomes The book is divided into three sections Section one discusses the reason for the existence of the nursing profession and identifies the performance of self care Section two covers three nursing practice sciences wholly compensatory nursing partly compensatory nursing and supportive

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Fundamentals of Nursing Models, Theories and Practice Hugh A. McKenna, Majda Pajnikihar, Dominika Vrbnjak, 2025-06-16 Introduces different nursing theories and their relevance to everyday nursing practice Nursing theory and nursing models are key elements of any modern nursing course Understanding both the conceptual and practical aspects of nursing is vital to assessing planning and implementing consistent and seamless patient care Fundamentals of Nursing Models Theories and Practice is a concise easily accessible introduction to the development application and evaluation of various nursing theories This highly anticipated new edition guides readers through each step of a theory generating journey from identifying phenomena in clinical practice to forming concepts and propositions to constructing a new theory Incorporating the most recent research and up to date references throughout the third edition covers a broader range of nursing theories to guide and improve patient care Examines the relationship between nursing theory clinical practice and nursing roles Discusses 12 different criteria that readers can use to select the appropriate theory Outlines the different ways that nurses learn and impart knowledge Describes various methodological approaches used by researchers to generate or test nursing theory Demonstrates how the validity of a theory is determined through rigorous and systematic analysis and evaluation Fundamentals of Nursing Models Theories and Practice is a must have book for all pre registration nursing students and newly qualified nurses **Connections** Anne Young (RN.), Susan G. Taylor, Kathie McLaughlin

Renpenning, 2001 This new text brilliantly discusses theory and research the importance of the connection between the two and the inter linking cyclical connection between clinical practice research and theory Core chapters review major nursing theories research tools related to each theory review of research conducted to support or advance each theory and ideas for continued research Finally the text includes select reliable and valid nursing theory research tools to be used for research More than just a theory and research text this valuable resource helps students in the research process make the connection between a real world clinical question nursing theory appropriate research tools and actual research Approach of linking theory to research and both to clinical nursing practice is of substantial importance to further growth and development of the scientific basis of nursing and to improved nursing care Summarization of key nursing theories and status report of each theory in its developmental process provides foundation for connecting the theories to applicable research Discussion of historic and current research related to these theories and of research approaches for each stated theory offers perspective on the growth of each theory and its usefulness to clinical practice Presentation of valid and reliable research tools for each

stated theory reinforces the application of theory based research to clinical practice education and administration Chapter pedagogy of learning objectives key terms and bulleted summary points highlights and reinforces the key concepts of each chapter **Nursing Theories** Julia B. George, 1990

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Table of Contents Nursing Theories And Nursing Practice

1. Understanding the eBook Nursing Theories And Nursing Practice
 - The Rise of Digital Reading Nursing Theories And Nursing Practice
 - Advantages of eBooks Over Traditional Books
2. Identifying Nursing Theories And Nursing Practice
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Nursing Theories And Nursing Practice
 - User-Friendly Interface
4. Exploring eBook Recommendations from Nursing Theories And Nursing Practice
 - Personalized Recommendations
 - Nursing Theories And Nursing Practice User Reviews and Ratings
 - Nursing Theories And Nursing Practice and Bestseller Lists
5. Accessing Nursing Theories And Nursing Practice Free and Paid eBooks
 - Nursing Theories And Nursing Practice Public Domain eBooks
 - Nursing Theories And Nursing Practice eBook Subscription Services
 - Nursing Theories And Nursing Practice Budget-Friendly Options
6. Navigating Nursing Theories And Nursing Practice eBook Formats

- ePub, PDF, MOBI, and More
- Nursing Theories And Nursing Practice Compatibility with Devices
- Nursing Theories And Nursing Practice Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Nursing Theories And Nursing Practice
 - Highlighting and Note-Taking Nursing Theories And Nursing Practice
 - Interactive Elements Nursing Theories And Nursing Practice
- 8. Staying Engaged with Nursing Theories And Nursing Practice
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Nursing Theories And Nursing Practice
- 9. Balancing eBooks and Physical Books Nursing Theories And Nursing Practice
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Nursing Theories And Nursing Practice
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Nursing Theories And Nursing Practice
 - Setting Reading Goals Nursing Theories And Nursing Practice
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Nursing Theories And Nursing Practice
 - Fact-Checking eBook Content of Nursing Theories And Nursing Practice
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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