

"Naturally Slim and Powerful reveals the special nutritional needs of a woman's body. It is a manual for losing weight while enhancing a woman's well-being."

From the foreword by JOHN GRAY, PH.D.,
author of *Men Are from Mars, Women Are from Venus*

Naturally Slim and Powerful

The Natural Way to Boost
Serotonin Without Drugs—
Lose Weight Without
Losing Your Mind

Dr. Philip Lipetz
and Monika Pichler

Naturally Slim And Powerful The Natural Way To Boost Serotonin Levels Without Drugs

Roman Wölfel



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