

Saturated Fats: Definition, Importance, Effects, and Sources

Nutricide The Rise And Fall Of Saturated Fat In The Affairs Of Man

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Nutricide The Rise And Fall Of Saturated Fat In The Affairs Of Man:

Nutricide Michael D. Wagoner,1991-08-01 IMAGINE the impact of a new drug which annually contributes to a million deaths disables tens of millions leaves hundreds of millions lethargic incapable of reaching their physical intellectual potential IMAGINE that this drug is all around us on our streets in our schools in our homes in our supermarkets IMAGINE that the drug distributors know of the danger but conspire to conceal it that our government shows no interest in regulating this menace that our medical scholars fail to encourage complete abstinence Impossible Absurd Could such a thing ever happen Dr Michael Wagoner a faculty member of the Harvard Medical School presents shocking evidence that it already has NUTRICIDE depicts the tremendous physical mental suffering inflicted by our greatest menace SATURATED FAT The historical social cultural factors which have contributed to the unfortunate RISE OF SATURATED FAT are examined in detail A rational plan is presented for individual government actions needed to insure the FALL OF SATURATED FAT Opening with his own personal struggle with saturated fat addiction the author spins a grim satirical nutritional tale but paints optimistic predictions of the future After reading NUTRICIDE mealtime will never be the same again **Z Magazine**, 1991

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Nutricide The Rise And Fall Of Saturated Fat In The Affairs Of Man Introduction

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