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Sports and Fitness Nutrition Robert E. C. Wildman, Barry S. Miller, 2004 SPORTS AND FITNESS NUTRITION is a unique offering to the sports and nutrition milieu. The text differs from its competitors with its extensive up to date coverage of nutrition supplements and unique chapter devoted to specific training and nutrition applications for more than a dozen sports. It provides strong research oriented in depth coverage of both nutrition and exercise physiology and does so while delivering practical applied information useful to students who will counsel and provide dietary and training guidelines to athletes. SPORTS AND FITNESS NUTRITION is a unique offering to the sports and nutrition milieu. The text differs from its competitors with its extensive up to date coverage of nutrition supplements and unique chapter devoted to specific training and nutrition applications for more than a dozen sports. It provides strong research oriented in depth coverage of both nutrition and exercise physiology and does so while delivering practical applied information useful to students who will counsel and provide dietary and training guidelines to athletes. Cme, Nutrition Now W/infotrac , **Net.Journal**

Directory Vol. 1, Issue 2 Lawrence Krumenaker, 1997-11 Net Journal Directory Vol. 2 Lawrence Krumenaker, 1998-04

Basic Nutrition Counseling Skill Development Kathleen D. Bauer, Carol Sokolik, 2002 This book is a step by step guide to the fundamental skills of counseling strategies and protocol complimented by action based worksheets and practical case studies. Bauer and Sokolik's clear competent style helps readers translate theoretical perspectives on nutrition counseling into actual effective dialogues between client and counselor. **Nutrition and Diet Therapy** Corinne Balog Cataldo, Linda Kelly DeBruyne, Eleanor Noss Whitney, Ph.D., R.D., 1999-12

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L. Tischler, 2001-12-06 This revised edition of Tischler's INTRODUCTION TO SOCIOLOGY continues a tradition of providing proven textbooks to students and professors at lower prices. This value is enhanced with the inclusion of the built in study guide and practice tests. The author threads two basic ideas through the text that sociology is a rigorous scientific discipline and that a basic knowledge of sociology is essential for understanding social interaction in many work and social settings.

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