

# Nutrition in Cancer Care: A Brief, Practical Guide With a Focus on Clinical Practice

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**QUESTION ASKED:** Are patients with cancer receiving appropriate nutritional screening, assessment, and interventions?

**SUMMARY ANSWER:** Nutrition plays a crucial role for patients with cancer; however, nutritional problems are often underprioritized, underdiagnosed, and undertreated, thereby affecting treatment outcomes and quality of life. The authors provide an evidence-based guidance focusing exclusively on the practical aspects of nutrition in oncology, which will hopefully help healthcare professionals improve patient care (Fig).

**WHAT WE DID:** We summarized the clinical aspects of the available evidence-based guidelines and turned them into a practical approach that may be used by healthcare professionals.

**WHAT WE FOUND:** If healthcare providers are aware of nutritional issues, the prevention, delay, treatment, or even reversal of sarcopenia may be feasible.

**REAL-LIFE IMPLICATIONS:** Prevention, early identification of patients at risk, accurate diagnosis, personalized intervention, and follow-up are cornerstones of the management of malnutrition and its consequences: sarcopenia and cachexia.

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## ASSOCIATED CONTENT

### Data Supplement

Author affiliations and disclosures are available with the complete article at [ascopubs.org/journal/op](http://ascopubs.org/journal/op).

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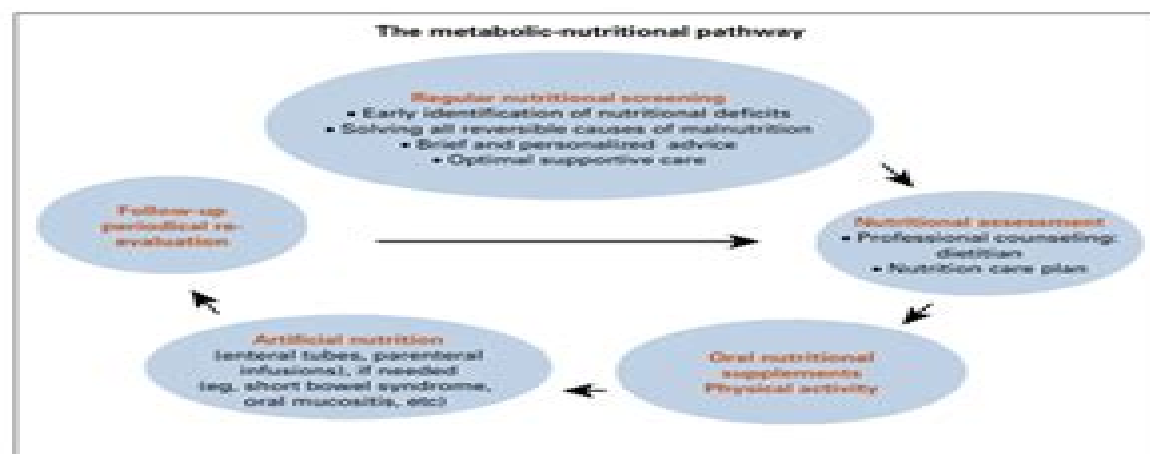


FIG. Nutrition screening and the nutrition care process.

# **Nutrition Management Of The Cancer Patient A Practical Guide For Professionals**

**Graeme J. Poston, Lynda Wyld, Riccardo  
A. Audisio**



## **Nutrition Management Of The Cancer Patient A Practical Guide For Professionals:**

## Whispering the Strategies of Language: An Psychological Quest through **Nutrition Management Of The Cancer Patient A Practical Guide For Professionals**

In a digitally-driven earth where screens reign supreme and quick conversation drowns out the subtleties of language, the profound strategies and emotional nuances concealed within phrases frequently go unheard. However, set within the pages of **Nutrition Management Of The Cancer Patient A Practical Guide For Professionals** a charming literary value sporting with fresh thoughts, lies a fantastic journey waiting to be undertaken. Composed by an experienced wordsmith, this wonderful opus invites visitors on an introspective journey, lightly unraveling the veiled truths and profound affect resonating within ab muscles cloth of each word. Within the psychological depths of this poignant evaluation, we can embark upon a sincere exploration of the book is core themes, dissect their interesting writing design, and succumb to the effective resonance it evokes serious within the recesses of readers hearts.

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