

## NURSING CASE STUDY EXAMPLE

### Case Study: Daniel's Asthma

Daniel is a 10-year-old boy who was diagnosed with asthma when he was 5 years old. He presents to the pediatric clinic with his mother, who reports that Daniel has been experiencing increased wheezing and coughing over the past few weeks. She also says he has been waking up at night due to difficulty breathing.

#### Assessment:

Upon assessment, Daniel's respiratory rate is 20 breaths per minute, and he uses accessory muscles to breathe. His oxygen saturation is 92% on room air. Auscultation reveals bilateral wheezing and diminished breath sounds. Daniel's medical history is significant for asthma, for which he uses a short-acting bronchodilator and an inhaled corticosteroid. He also has a history of seasonal allergies.

#### Interventions:

The healthcare provider administers an albuterol nebulizer treatment to open Daniel's airways and improve his breathing. Daniel has also started a course of oral corticosteroids to reduce inflammation in his airways. His mother is educated on the importance of monitoring Daniel's symptoms, keeping a rescue inhaler on hand, and seeking medical attention if his symptoms worsen.

#### Follow-up:

Daniel returns to the clinic for a follow-up visit a week later. He reports that his symptoms have improved, and he has not needed to use his rescue inhaler as frequently. His oxygen saturation is 96% on room air, and auscultation reveals improved breath sounds with minimal wheezing. Daniel's medications are adjusted based on his improved symptoms, and his mother is encouraged to continue monitoring his symptoms and seeking medical attention if needed.

#### Conclusion:

Asthma is a common respiratory condition in children that requires ongoing management to prevent exacerbations and improve quality of life. Early identification of symptoms and prompt treatment with bronchodilators and corticosteroids can help reduce inflammation in the airways and improve breathing. Education and ongoing follow-up are important in managing asthma in children.

# Nursing Diagnosis A Case Study Approach

**Patricia Nugent, Barbara Vitale**



## **Nursing Diagnosis A Case Study Approach:**

**Nursing Diagnosis** Judith H. Carlson, Carol A. Craft, Anne D. McGuire, 1982      *Application Of Nursing Process and Nursing Diagnosis* Marilyn E Doenges, Mary Frances Moorhouse, 2012-12-07 When you understand the whys of each step the nursing process it's easier to understand how to apply them in the real world in which you will practice Take an interactive step by step approach to developing the diagnostic reasoning and problem solving skills you need to think like a nurse with the resources you'll find in this unique workbook style text      **Nursing Diagnosis Handbook - E-Book** Betty J. Ackley, Gail B. Ladwig, Mary Beth Flynn Makic, 2016-01-27 Ackley's Nursing Diagnosis Handbook An Evidence Based Guide to Planning Care 11th Edition helps practicing nurses and nursing students select appropriate nursing diagnoses and write care plans with ease and confidence This convenient handbook shows you how to correlate nursing diagnoses with known information about clients on the basis of assessment findings established medical or psychiatric diagnoses and the current treatment plan Extensively revised and updated with the new 2015 2017 NANDA I approved nursing diagnoses it integrates the NIC and NOC taxonomies evidence based nursing interventions and adult pediatric geriatric multicultural home care and client family teaching and discharge planning considerations to guide you in creating unique individualized care plans Comprehensive up to date information on all the 2015 2017 NANDA I nursing diagnoses so you stay in the know UNIQUE Provides care plans for every NANDA I approved nursing diagnosis plus two unique care plans for Hearing Loss and Vision Loss Includes pediatric geriatric multicultural client family teaching and discharge planning home care and safety interventions as necessary for plans of care Presents examples of and suggested NIC interventions and NOC outcomes in each care plan UNIQUE Care Plan Constructor on the companion Evolve website offers hands on practice creating customized plans of care 150 NCLEX exam style review questions are available on Evolve Promotes evidence based interventions and rationales by including recent or classic research that supports the use of each intervention Classic evidence based references promote evidence based interventions and rationales Clear concise interventions are usually only a sentence or two long and use no more than two references Safety content emphasizes what must be considered to provide safe patient care Step by step instructions show you how to use the Guide to Nursing Diagnoses and Guide to Planning Care sections to create a unique individualized plan of care List of Nursing Diagnosis Index in back inside cover of book for quick reference Three column index is easy to use Easy to follow sections I and II guide you through the nursing process and selecting appropriate nursing diagnoses Alphabetical thumb tabs allow quick access to specific symptoms and nursing diagnoses      **Nursing Diagnosis Handbook** Betty J. Ackley, MSN, EdS, RN, Gail B. Ladwig, MSN, RN, 2013-02-13 The 10th edition of the Nursing Diagnosis Handbook makes formulating nursing diagnoses and creating individualized care plans a breeze Updated with the most recent NANDA I approved nursing diagnoses this convenient reference shows you how to build customized care plans in three easy steps assess diagnose plan Authors Elizabeth Ackley and Gail Ladwig use Nursing

Outcomes Classification NOC and Nursing Interventions Classification NIC to guide you in creating care plans that include desired outcomes interventions patient teaching and evidence based rationales Unique Care Plan Constructor on the companion Evolve website offers hands on practice creating customized plans of care Alphabetical thumb tabs allow quick access to specific symptoms and nursing diagnoses Suggested NIC interventions and NOC outcomes in each care plan Recent and classic research examples promote evidence based interventions and rationales NEW 4 Color text NEW Includes updated 2012 2014 NANDA I approved nursing diagnoses NEW Provides the latest NIC NOC interventions and rationales for every care plan NEW QSEN Safety interventions and rationales NEW 100 NCLEX exam style review questions are available on the companion Evolve website NEW Root Cause Thinking and Motivational Interviewing appendixes on the companion Evolve website

**Nursing Diagnosis** Judith H. Carlson, 1991 This text presents detailed case applications of nursing diagnosis to a variety of specific clinical situations It explains the thinking processes necessary to arrive at a nursing diagnosis and provides guidelines for formulating a diagnosis

**Nursing Diagnosis** Susan M. Sparks, 1986

**Critical Thinking & Nursing Diagnosis** Margaret Lunney, 2001 *National Library of Medicine Current Catalog* National Library of Medicine (U.S.), 1985

*Fundamentals of Nursing* Patricia M Nugent, Barbara A Vitale, 2013-11-12 Here s all of the crucial coverage you need to succeed in class and confidently prepare for the NCLEX RN From nursing theory legal and ethical issues and leadership and management to psychological support infection control and medication administration easy to follow outlines in every chapter review exactly what you need to know

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examples of how quality and safety goals knowledge competencies and skills and attitudes can be applied to nursing practice in the community      **Nursing Pathways for Patient Safety** National Council of State Boards of Nurs,2009-08-18 With a wealth of helpful guidelines and assessment tools Nursing Pathways for Patient Safety makes it easy to identify the causes of practice breakdowns and to reduce health care errors It provides expert guidance from the National Council of State Boards of Nursing NCSBN plus an overview of the TERCAP assessment tool The book systematically examines the causes of practice breakdowns resulting from practice styles health care environments teamwork and structural systems to promote patient safety An overview of the NCSBN Practice Breakdown Initiative introduces the TERCAP assessment tool and provides a helpful framework for understanding the scope of problems along with NCSBN s approach to addressing them Coverage of each type of practice breakdown systematically explores errors in areas such as clinical reasoning or judgment prevention and intervention Case Studies provide real life examples of practice breakdowns and help you learn to identify problems and propose solutions Chapters on mandatory reporting and implementation of a whole systems approach offer practical information on understanding TERCAP and implementing a whole systems approach to preventing practice breakdowns

*Fundamentals of Nursing - E-Book* Patricia A. Potter,Anne G. Perry,Patricia A. Stockert,Amy Hall,2021-12-22 Selected for Doody s Core Titles 2024 with Essential Purchase designation in Fundamentals Learn the concepts and skills and develop the clinical judgment you need to provide excellent nursing care Fundamentals of Nursing 11th Edition prepares you to succeed as a nurse by providing a solid foundation in critical thinking clinical judgment nursing theory evidence based practice and patient centered care in all settings With illustrated step by step guidelines this book makes it easy to learn important skills and procedures Care plans are presented within a nursing process framework that is coordinated with clinical judgement and case studies show how to apply concepts to nursing practice From an expert author team led by Patricia Potter and Anne Perry this bestselling nursing textbook helps you develop the understanding and clinical judgment you need to succeed in the classroom and in your career      **Potter and Perry's Canadian Fundamentals of Nursing - E-Book** Barbara J.

Astle,Wendy Duggleby,Patricia A. Potter,Anne G. Perry,Patricia A. Stockert,Amy Hall,2023-02-15 Get the solid foundation you need to practise nursing in Canada Potter Perry s Canadian Fundamentals of Nursing 7th Edition covers the nursing concepts knowledge research and skills that are essential to professional nursing practice in Canada The text s full colour easy to use approach addresses the entire scope of nursing care reflecting Canadian standards culture and the latest in evidence informed care New to this edition are real life case studies and a new chapter on practical nursing in Canada Based on Potter Perry s respected Fundamentals text and adapted and edited by a team of Canadian nursing experts led by Barbara J Astle and Wendy Duggleby this book ensures that you understand Canada s health care system and health care issues as well as national nursing practice guidelines More than 50 nursing skills are presented in a clear two column format that includes steps and rationales to help you learn how and why each skill is performed The five step nursing process provides a

consistent framework for care and is demonstrated in more than 20 care plans Nursing care plans help you understand the relationship between assessment findings and nursing diagnoses the identification of goals and outcomes the selection of interventions and the process for evaluating care Planning sections help nurses plan and prioritize care by emphasizing Goals and Outcomes Setting Priorities and Teamwork and Collaboration More than 20 concept maps show care planning for clients with multiple nursing diagnoses UNIQUE Critical Thinking Model in each clinical chapter shows you how to apply the nursing process and critical thinking to provide the best care for patients UNIQUE Critical Thinking Exercises help you to apply essential content Coverage of interprofessional collaboration includes a focus on patient centered care Indigenous peoples health referencing the Truth and Reconciliation Commission TRC Report the CNA Code of Ethics and Medical Assistance in Dying MAID legislation Evidence Informed Practice boxes provide examples of recent state of the science guidelines for nursing practice Research Highlight boxes provide abstracts of current nursing research studies and explain the implications for daily practice Patient Teaching boxes highlight what and how to teach patients and how to evaluate learning Learning objectives key concepts and key terms in each chapter summarize important content for more efficient review and study Online glossary provides quick access to definitions for all key terms     **Literature Search** National Library of Medicine (U.S.),1986     Theoretical Nursing Afaf Ibrahim Meleis,2007 This text guides you through the evolution of nursing s theoretical foundations and examines the ways in which these principles influence the practice of the discipline Jacket     Maternal Child Nursing Care Shannon E. Perry, Marilyn J. Hockenberry, Deitra Leonard Lowdermilk, David Wilson,2013-01-01 Written by the foremost experts in maternity and pediatric nursing Maternal Child Nursing Care 5th Edition offers the accurate practical information you need to succeed in the classroom the clinical setting and on the NCLEX examination This new edition offers numerous content updates throughout the text to keep you up to date on the latest topics and best practices Plus hundreds of illustrations alert boxes and tables clarify key content and help you quickly find essential information Atraumatic Care boxes in the pediatric unit teach you how to provide competent and effective care to pediatric patients with the least amount of physical or psychological stress Community Focus boxes emphasize community issues supply resources and guidance and illustrate nursing care in a variety of settings Critical thinking case studies offer opportunities to test and develop your analytical skills and apply knowledge in various settings Emergency boxes in the maternity unit guide you through step by step emergency procedures Expert authors of the market leading maternity and pediatric nursing textbooks combine to ensure delivery of the most accurate up to date content Family Centered Care boxes highlight the needs or concerns of families that you should consider to provide family centered care NEW Content updates throughout the text give you the latest information on topics such as the late preterm infant fetal heart rate pattern identification obesity in the pregnant woman shaken baby syndrome traumatic brain injury Healthy People 2020 car restraints immunizations and childhood obesity NEW Updated Evidence Based Practice boxes including QSEN KSAs

knowledge skills attitudes provide the most current practice guidelines to promote quality care NEW Medication Alerts stress medication safety concerns for better therapeutic management NEW Safety Alerts highlighted and integrated within the content draw attention to developing competencies related to safe nursing practice      **Mastering Concept-Based**

**Teaching** Jean Foret Giddens, Linda Caputi, Beth L. Rodgers, 2019-02-02 Get all the strategies and guidance you need successfully implement conceptual learning with Mastering Concept Based Teaching 2nd Edition Written specifically for nursing faculty renowned educators Dr Jean Foret Giddens Dr Linda Caputi and Dr Beth Rodgers walk you through the background and benefits of using a concept based learning approach how to plan develop and deliver an effective concept based course and how to improve and evaluate student learning with concepts This new second edition also features two new chapters one on how to conduct concept based clinical experiences and another chapter on the future of concept based interprofessional learning You ll also find updated content and more of the highly helpful Misconceptions and Clarifications boxes So whether you re teaching in an LPN ADN BSN or MSN program this insightful book is here to ensure a smooth execution concept based teaching Framework for developing a concept based curriculum provides guidance throughout the general steps associated with developing a CBC Strong foundation in how to teach within a concept based curriculum dives into the nature of concepts their function in the process of learning and the importance of being consistent in the selection and implementation of concepts Balanced teaching strategies illustrate ways to enhance the conceptual approach through engaging learning activities and an open environment Success evaluation criteria explains the importance of analyzing evaluation data to determine the effectiveness of a new curriculum on meeting program learning outcomes NEW Updated content reflects the latest research in the neuroscience of learning insightful illustrations and best practices in concept based curriculum design and instruction NEW Expanded use of Misconceptions and Clarifications boxes also reflects the latest research in conceptual learning to help clarify important concepts NEW Added color improves teaching and learning value UNIQUE New chapter on concept based clinical experiences includes simulation and lab experiences live clinical experiences and clinical learning activities for inpatient outpatient community and health systems level experiences UNIQUE New chapter on thinking conceptually and the future of concept based interprofessional learning covers both the ways CBC is spreading beyond just nursing and how to encourage faculty to shift their thinking to develop reasoning and critical thinking skills in students versus rote learning of content      *Current Catalog* National Library of Medicine (U.S.), First multi year cumulation covers six years 1965 70



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## **Table of Contents Nursing Diagnosis A Case Study Approach**

1. Understanding the eBook Nursing Diagnosis A Case Study Approach
  - The Rise of Digital Reading Nursing Diagnosis A Case Study Approach
  - Advantages of eBooks Over Traditional Books
2. Identifying Nursing Diagnosis A Case Study Approach
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Nursing Diagnosis A Case Study Approach
  - User-Friendly Interface
4. Exploring eBook Recommendations from Nursing Diagnosis A Case Study Approach

- Personalized Recommendations
- Nursing Diagnosis A Case Study Approach User Reviews and Ratings
- Nursing Diagnosis A Case Study Approach and Bestseller Lists
- 5. Accessing Nursing Diagnosis A Case Study Approach Free and Paid eBooks
  - Nursing Diagnosis A Case Study Approach Public Domain eBooks
  - Nursing Diagnosis A Case Study Approach eBook Subscription Services
  - Nursing Diagnosis A Case Study Approach Budget-Friendly Options
- 6. Navigating Nursing Diagnosis A Case Study Approach eBook Formats
  - ePub, PDF, MOBI, and More
  - Nursing Diagnosis A Case Study Approach Compatibility with Devices
  - Nursing Diagnosis A Case Study Approach Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Nursing Diagnosis A Case Study Approach
  - Highlighting and Note-Taking Nursing Diagnosis A Case Study Approach
  - Interactive Elements Nursing Diagnosis A Case Study Approach
- 8. Staying Engaged with Nursing Diagnosis A Case Study Approach
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Nursing Diagnosis A Case Study Approach
- 9. Balancing eBooks and Physical Books Nursing Diagnosis A Case Study Approach
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Nursing Diagnosis A Case Study Approach
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Nursing Diagnosis A Case Study Approach
  - Setting Reading Goals Nursing Diagnosis A Case Study Approach
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Nursing Diagnosis A Case Study Approach

- Fact-Checking eBook Content of Nursing Diagnosis A Case Study Approach
- Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
- 14. Embracing eBook Trends
  - Integration of Multimedia Elements
  - Interactive and Gamified eBooks

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