



VIEW POINT

ADDRESSING DEATH AND DYING THROUGH A MEDICAL HUMANITIES MODULE

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ABSTRACT

Death and dying are less addressed in the undergraduate medical curriculum. These issues are explored during a health/medical humanities module offered to undergraduate medical students. The screening of the movie 'wit' followed by group activities also explores this topic. A study exploring how this topic is addressed in Nepalese medical schools may be required.

Death is inevitable. However, there is still a shortage of medical literature addressing how medical students and doctors should behave and deal with death and regarding their own grieving process during the death of patients.¹ Medicine is intimately connected with the preservation of life and a variety of modern technologies and equipment are available to do the same. Relieving patient suffering, death with dignity and the cost of terminal care are important issues to be considered.² Cost may be an especially important issue in developing nations like Nepal where families mostly pay out of pocket for medical care.³

Death is one of the issues we address during a medical/health humanities module offered to medical and other health science students. It is the last topic to be addressed and is explored during a three-hour session. Among the areas discussed are what is death, what happens after death, whether there is life after death, and what guides us during the moment of death. Many of these areas were traditionally the realm of religion and science is only recently exploring these issues. Different types/ causes of death ranging from cardiac arrest, brain death, and molecular death are addressed in other areas in the curriculum. We also examine how doctors can cope with death, how they

can support the family and friends of the dead person, why we fear death, and whether we can learn to accept it.

The five stages of grief by Elizabeth Kubler-Ross are examined. We go into each of the stages in some detail in the session. Changes in death and dying over the last five decades are examined. A major change is that death today is more likely to happen in hospitals surrounded by modern technology. The percentage of death occurring in hospitals was 54% and more in half of the 45 populations during the early twenty-first century in a global study.⁴ Among the elderly in industrialized nations deaths more commonly occur in residential care facilities. We also examine the issue of life after death and the common theories regarding this topic.

The Canadian artist, Robert Pope, who died young of Hodgkin's disease has produced a rich collection of art dealing with cancer, death and dying.⁵ We used his work throughout the module and also in the session on Death and Dying. We end the session with a discussion on how doctors can cope with death and dying. Medical students experienced substantial emotions dealing with patient deaths and coping with the loss.⁷ They felt that

Lvs Nurs Death And Dying Module

Jeanne Quint Benoliel



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Death and Dying Delmar Publishers, Delmar, Delmar Thomson Learning, 1996-01-01 This video series is organized around the OBRA and CDC guidelines The 212 tapes include 172 step by step procedures **Final Moments** Deborah Witt Sherman, 2009-01-06 What was it like the first time a nurse witnessed death How do nurses cope with death when it becomes almost routine What lessons can we learn from their experiences Twenty five nurses from hospitals private practices and in home health care tell about their experiences with death Hear from people new to the field as well as those who have been in nursing for decades about how they deal with grief the controversies about end of life decisions the challenges of caring for people as they die and the harrowing experience of telling their family members Edited and introduced by a registered nurse the book is a resource for both nurses and anyone who wants to better understand death and dying On Death and Dying Elisabeth Kübler-Ross, 2019 The five stages of grief first formulated in this hugely influential work are now part of our common understanding of loss Ideal for all those with an interest in bereavement this classic text is reissued with a new introduction looking at its influence on contemporary thought and practice Insights on Death & Dying Joy Ufema, 2007 This book brings together the most popular and thought provoking Insights on Death Dying columns written by internationally acclaimed thanatologist Joy Ufema for the Nursing journal The book offers the kind of thoughtful advice that only a seasoned practitioner skilled in the palliative arts could provide The preface presents a history of thanatology and explains why it is such an important part of today's health care landscape The body of the book consists of ten themed chapters filled with Joy Ufema's personal first hand accounts of how she helped patients families and co workers through the most stressful times in their lives **End of Life** Lynn Keegan, Carole Ann Drick, 2010-10-18 The book is easy to read and is essential to all who work and care for those at the end of life David Shields RN MSN QTTT Assistant Professor of Nursing Capital University The book is thought provoking and if you are like me you will be assessing consciously or subconsciously how good you or your service are at providing holistic care around the time of death It deserves to be widely read and I hope it starts many a conversation IAHPC Newsletter This book is a gem It is a rare balance of an interesting read with an incredible integration of factual information I intend to share it in my long term care circles A wonderful contribution Charlotte Eliopoulos RN MPH PhD Executive Director American Association for Long Term Care Nursing Every once in a long while a short succinct book comes along that awakens our senses and motivates us to action This is one such book It cuts right to the chase to offer a new innovative change for an old outmoded rite of passage Barbara Dossey PhD RN AHN BC FAAN Co Director Nightingale Initiative for Global Health Canada and Virginia Director Holistic Nursing Consultants New Mexico From the Foreword This professional clinical guide presents nursing administrators and nurses in acute care agencies nursing homes hospice and palliative care settings with detailed implementation strategies for accommodating dying persons and their loved ones as they make the transition from physical life It presents the need for and the

development of the concept Golden Room concept a place for dying that facilitates a dignified peaceful and profound experience for dying persons and their loved ones This book presents a practical solution on multiple levels that will benefit all involved patient family nurses administrators policy makers and insurance companies It presents the theoretical frameworks for end of life care and how the Golden Room concept fits into these frameworks Published in partnership with the Watson Caring Science Institute this unique resource Advocates the use of Golden Rooms which provide dignified private and safe settings for death and dying Presents various cases that illustrate the need for a dignified death as well as strategies on how to provide for this dignified death Provides questions of concern after each case scenario suitable for class discussion or personal reflection Offers cost effective end of life solutions for families the medical establishment and insurance companies

Nursing Education in Thanatology Florence E. Selder, Virginia W. Barrett, Marilyn M. Rawnsley, Austin H. Kutscher, Carole A. Lambert, Marcia Fishman, Mary Kachoyeanos, 2015-01-28 Nursing Education in Thanatology is an excellent source book for planning thanatology courses or for integrating concepts of thanatology into a nursing curriculum As the formal teaching of thanatology in schools for health care professionals is generally overlooked and ill defined many students and professionals will learn to deal with dying and grieving upon their first encounter with death This practical book will aid educators in planned inclusion of thanatology in curriculum to insure the preparedness of health care professionals in assisting patients and or their families during an emotionally difficult period There are many suggestions presented for beneficial methods of integrating thanatology education into existing courses or offering thanatology as a single course for education professionals A vital resource for inservice coordinators working with clinicians in oncology hospital staff and health professionals in community or outpatient health centers Nursing Education in Thanatology is excellent reading for helping professionals working with elderly people

Care of the Dying and Deceased Patient Philip Jevon, 2009-10-06 This is a practical accessible guide for nurses on the management and care of the dying and deceased patient It outlines the practicalities and legal issues associated with death the principles of caring for a patient who is dying and the principles of dealing with death both expected and unexpected Care of the Dying Deceased Patient explores all the practical issues surrounding death including symptom control resuscitation organ donation how to break bad news the last offices cultural issues post mortems and documentation issues It also explores both the legal and ethical issues involved including withholding withdrawing treatment assisted euthanasia patient's property wills etc

SPECIAL FEATURES A practical guide to the management of the dying and deceased patient Of use to all nurses and nursing students Accessible and user friendly Written by an expert in the field

Nursing the Dying Patient Charlotte Epstein, 1975 *Providing Continuity of Care* Sharon Edwards, 2000-01-01

The Dying Patient Rita E. Caughill, 1976 *Responses to Death and Dying in Novice and Expert Nurses* Bonita M. Gordon, 2000

The Nurse and the Dying Patient Jeanne Quint Benoliel, 1967 *End of Life* PhD Drick (RN, TNS, TNSCP, Carole Ann), 2010

The Dying Patient: a Nursing Perspective Mary H. Browning, Edith Patton

Lewis,1972 *Death Education for the Health Professional* Jeanne Quint Benoliel,1982 First published in 1982 Routledge is an imprint of Taylor Francis an informa company **Approaching Death** Institute of Medicine,Committee on Care at the End of Life,1997-10-16 When the end of life makes its inevitable appearance people should be able to expect reliable humane and effective caregiving Yet too many dying people suffer unnecessarily While an overtreated dying is feared untreated pain or emotional abandonment are equally frightening Approaching Death reflects a wide ranging effort to understand what we know about care at the end of life what we have yet to learn and what we know but do not adequately apply It seeks to build understanding of what constitutes good care for the dying and offers recommendations to decisionmakers that address specific barriers to achieving good care This volume offers a profile of when where and how Americans die It examines the dimensions of caring at the end of life Determining diagnosis and prognosis and communicating these to patient and family Establishing clinical and personal goals Matching physical psychological spiritual and practical care strategies to the patient s values and circumstances Approaching Death considers the dying experience in hospitals nursing homes and other settings and the role of interdisciplinary teams and managed care It offers perspectives on quality measurement and improvement the role of practice guidelines cost concerns and legal issues such as assisted suicide The book proposes how health professionals can become better prepared to care well for those who are dying and to understand that these are not patients for whom nothing can be done *Care of the Dying* Cicely Saunders,1976 **The Dying Process** Julia Lawton,2002-01-04 Taking as its focus a highly emotive area of study The Dying Process draws on the experiences of daycare and hospice patients to provide a forceful new analysis of the period of decline prior to death Placing the bodily realities of dying very firmly centre stage and questioning the ideology central to the modern hospice movement of enabling patients to live until they die Julia Lawton shows how our concept of a good death is open to interpretation Her study examines the non negotiable effects of a patient s bodily deterioration on their sense of self and in so doing offers a powerful new perspective in embodiment and emotion in death and dying A detailed and subtle ethnographic study The Dying Process engages with a range of deeply complex and ethically contentious issues surrounding the care of dying patients in hospices and elsewhere

Student Nurses' Perception of Death and Dying Joan E. Niederriter,2009 Student nurses are involved in caring for patients who are actively dying or who have been told they have a terminal illness and are faced with the process of dying Students encounter these patients in hospitals nursing homes at home or in hospice care settings According to Robinson 2004 nurses are the healthcare providers that are most often with individuals at the end of their lives p 89 Nurses should be knowledgeable about end of life care Studies show that only 0 41% of nurses are certified in palliative care Means to a better end 2004 Nursing students often have a difficult time coping with the stress that comes with caring for those who are dying Johannsson and Lalley 1990 91 Student nurses need to be prepared to take an active role in caring for patients who are dying or have been told they have a terminal illness Students are in clinical settings where they may encounter death and dying

These settings include hospitals nursing homes and community home care areas Understanding students perceptions of death and dying can help educators prepare students for these situations by using the research available to plan better ways to teach students about the needs of the dying terminal patient and their family These needs include physical spiritual emotional and social A qualitative investigation with thirteen junior level nursing students from a large urban university in Northeast Ohio was used in the research Findings revealed that an emphasis on the domains of thoughts feelings communication multicultural diversity education and coping mechanisms are essential in nursing education Participants reported a need for additional education in the area of communication and culturally responsive care This study suggests that there is a great need to educate students about death and dying cultural competence communication skills and coping with emotional stress

Towards Death with Dignity Sylvia Poss, 2021-11-07 The explosion of literature on the once taboo topic of death and dying in the late 1970s had tended to pass the professional social worker by Originally published in 1981 it was to fill this important gap that Towards Death with Dignity was written Not since Kubler Ross's now classic On Death and Dying has a book in the field of terminal care been informed by so much first hand experience and so much case material allowing the caregiver to learn from the dying person himself how best to help him towards a dignified death Sylvia Poss's sensitive elucidation of what the dying person must do for himself in order to master his terminal crisis was welcomed as a major contribution to psychosocial knowledge at the time Having outlined the dying person's side of the crisis she turns to the perspective of those who hope to help him towards death other patients nurses doctors paramedical staff and social workers chaplains volunteers employers relatives and friends Towards Death with Dignity focuses on three of social work's major methods social casework community work and teaching Not only does Sylvia Poss outline what may need to be done by the caregiver but she also illustrates how she further outlines how to prepare for social work in the terminal care field and suggests an effective method for teaching terminal care skills Her book also provided for the first time a synthesis of other recent work in the field to help social workers through what had become a plethora of specialist psychosocial and medical literature Towards Death with Dignity was thus a useful practical guide both for laymen and for the many professionals involved in this aspect of the health care field It will also be valuable for those who are involved personally in moving towards their own death or are being called upon to be involved in some way in the death of a relative neighbour or friend

Unveiling the Energy of Verbal Artistry: An Mental Sojourn through **Lvs Nurs Death And Dying Module**

In a world inundated with displays and the cacophony of quick transmission, the profound power and emotional resonance of verbal art frequently diminish in to obscurity, eclipsed by the regular onslaught of noise and distractions. However, nestled within the lyrical pages of **Lvs Nurs Death And Dying Module**, a charming function of fictional beauty that pulses with fresh thoughts, lies an unforgettable trip waiting to be embarked upon. Penned by way of a virtuoso wordsmith, this magical opus guides viewers on an emotional odyssey, gently exposing the latent possible and profound influence embedded within the elaborate internet of language. Within the heart-wrenching expanse of the evocative evaluation, we will embark upon an introspective exploration of the book is main subjects, dissect its charming writing design, and immerse ourselves in the indelible impact it leaves upon the depths of readers souls.

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