

LOVE, SEX, AND AGING

A Consumers Union Report

Edward M. Brecher
and The Editors of

Love Sex And Aging A Consumers Union Report

McRae West



Love Sex And Aging A Consumers Union Report:

Love, Sex, and Aging Edward Brecher, 1986-01-01 Reveals current sexual attitudes and behavior and demonstrates that the sexual revolution has not been limited to the younger generation Love, Sex, and Aging Edward M.

Brecher, Consumers Union of United States, 1984-01-01 Reveals current sexual attitudes and behavior and demonstrates that the sexual revolution has not been limited to the younger generation **Love, Sex, and Aging** Edward M. Brecher, 1984

Sexuality and the Elderly Bonnie L. Walker, 1997-05-12 This literature review was undertaken in order to determine what caregivers needed to know about elderly sexuality to determine the needs of elderly people related to their sexuality and to determine how caregivers could best assist them in meeting those needs In selecting materials to be annotated for this book the first priority was given to empirical studies Also included were articles by prominent practitioners and researchers interested in elderly sexuality literature reviews and books written for the lay population which are often cited in the professional literature In addition to seeking knowledge about elderly sexuality and understanding attitudes about sexuality this literature review sought information about measurement issues and measurement instruments frequently used in research within elderly populations Also of interest were investigations of educational and training programs involving caregivers

Aging and Male Sexuality Raul C. Schiavi, 1999-06-17 Awareness of the importance of sexuality and its disorders in the aging population is increasing as the proportion of older people increases Based in part on the author's clinical experience and research at Mount Sinai Medical Center in New York this book presents an up to date overview of the sexuality of aging men in health and illness within a multidimensional conceptual framework It takes into account physiological psychological interpersonal and social influences The book also discusses the impact of medical illness psychopathology and drugs with a review of coping strategies in shaping individual sexual responses to aging and disease The author incorporates many case studies and vignettes and devotes a chapter to the sexuality of older gay men A balanced account of medical and psychosocial evaluation and treatment concludes the book which will be of broad interest to clinicians and students interested in sexuality and aging Ageing and Later Life Julia Johnson, Robert Slater, 1993 Ageing and Later

Life reflects the diverse nature of the subject by taking a multidisciplinary approach including literary historical sociological policy psychological philosophical and clinical perspectives This lively and informative book features essays by major authors in the field and includes discussions of cultural aspects of self image and identity current concerns relating to health and well being the reality of power and control in the care of older people concepts and values which shape our understanding of ageing issues of policy and politics and historical perspectives on ageing and possibilities for the future Ageing and Later Life is a set book for The Open University course K256 Sexuality in America Robert T. Francoeur, Patricia Koch, David

Weis, 1999-08-01 Now available in a new paperback edition this survey is different in both breadth and scope from all other reports on sexuality in the United States It covers every topic imaginable from a multicultural point of view in order to reflect

fully the complex society in which we live the biological psychological social and spiritual aspects of our sexual lives

Basic Concepts in Family Therapy Linda Berg Cross, 2014-02-25 Gain confidence and creativity in your family therapy interventions with new up to date research Basic Concepts in Family Therapy An Introductory Text Second Edition presents twenty two basic psychological concepts that therapists may use to understand clients and provide successful services to them Each chapter focuses on a single concept using material from family therapy literature basic psychological and clinical research studies and cross cultural research studies Basic Concepts in Family Therapy is particularly useful to therapists working in a family context with child or adolescent referred problems and for students and clinicians treating the problems they see every day in their community The book builds on the strengths of the first edition incorporating ideas and articles that have become worthy of investigating since 1990 into the original text This new edition also introduces five new chapters on resiliency and poverty adoption chronic illness spirituality and religion and parenting strategies The new chapters make the book far more relevant for students and clinicians trying to use family theory and technique in response to the problems they see in their communities Basic Concepts in Family Therapy will assist you in offering clients better services by providing a deeper understanding of the contemporary family in its various forms the psychological bonds that shape all families and the developmental stages of the family life cycle This exploration of how family demography stages and life cycles affect family functions is a solid foundation from which all of the therapeutic concepts in this book can be explored Some of the facets of family therapy you will explore in Basic Concepts in Family Therapy are the importance of spirituality and religion in family therapy generational boundaries closeness and role behaviors managing a family's emotions defining problems and generating and evaluating possible solutions teaching children specific attitudes values social skills and norms transracial adoptions and normative processes and developmental issues of adoptive parents strategies for reducing conflict and much more Basic Concepts in Family Therapy will help to broaden your understanding of the ways families function in general You can use the effective concepts explored in this text to make a thorough assessment of the impact of a disorder on a child and on the rest of his or her family as well as how family dynamics might have shaped or exacerbated the problems The concepts described in this text can be customized to clients cultural values to avoid unnecessary resistance As a new therapist you will gain confidence in your assessments and if you are already a seasoned professional you will gain creativity in your interventions

Primate Sexuality Alan F. Dixson, 2012-01-26 Primate Sexuality provides an authoritative and comprehensive synthesis of current research on the evolution and physiological control of sexual behaviour in the primates prosimians monkeys apes and human beings This new edition has been fully updated and greatly expanded throughout to incorporate a decade of new research findings It maintains the depth and scientific rigour of the first edition and includes a new chapter on human sexuality written from a comparative perspective It contains 2600 references almost 400 figures and photographs and 73 tables

Integrating Sex And Marital Therapy Gerald R. Weeks, 2013-06-20 The field of sex therapy has

experienced tremendous growth in the last 20 years The use of the term sex therapy for most clinicians brings several well known therapists to mind and is associated with the treatment of a fairly limited number of sexual problems The view of sex therapy as a profession has had both positive and negative consequences The editor s state that the purpose in writing and editing this book was to build on the work of individually oriented sex therapy by adding the systems perspective This book then represents an attempt at the integration of sex and marital or systems therapy *Change of Life* Susan Flamholtz Trien,2011-04-13 Once upon a time menopause was a deep dark secret But not today Today we want to know exactly what to expect how to deal with our physical and emotional changes and how to continue to live life to the fullest The menopause handbook answers all your questions You ll learn How and why menopause occurs and how to recognize the physical signs What to eat for your changing nutritional needs to avoid weight gain and stay healthy How menopause may affect your sexuality and why many women find sex better after menopause What types of exercise are best for you Strategies for coping with the middle age blues How to prevent osteoporosis What causes hot flashes and how to get fast relief The truth about the emotional side of menopause career and role changes men s own mid life crises and how to deal with stress Combining solid up to date medical information with personal anecdotes from women who have been there this comprehensive handbook dispels the myths about menopause and guides every woman through this time with confidence **Almost Everything Women Ever Wanted to Know About Men & Almost Everything Men Ever Wanted to Know** Ab McRae West,2001-04

Human Growth and Development Chris Beckett,Hilary Taylor,2016-04-12 What is it that determines what sort of person we become Is a child s future personality already determined at birth or is a newborn baby like a blank sheet waiting to be written on by life Is our personality determined by anything or do we choose for ourselves who we are create ourselves out of nothing This bestselling introduction to emotional psychological intellectual and social development throughout the lifespan will help you explore these questions and many more Written for students training for careers in the helping professions including nurses social workers occupational therapists teachers and counsellors the book covers topics which are central to understanding people whether they are clients service users patients or pupils Following the shape of a human life beginning with birth and ending with death it combines theoretical concepts and reflective learning to help you develop an understanding of what makes human beings grow and change over their lives to inform your decisions and professional practice **Human Sexuality** Craig A. Hill,2008 Written to promote the development of students critical thinking and analytical abilities through the analysis of theory and evidence concerning sexuality this book covers topics typically covered in human sexuality courses anatomy physiology gender love and relationships development reproductive issues disorders but from a psychological perspective Women, Aging, and Ageism Evelyn R Rosenthal,2014-04-23 Here is a unique text that examines the lives of middle aged and old women Women Aging and Ageism in response to the lack of literature that focuses on aging women presents timely and definitive research that illustrates the implications of ageism and sexism This landmark

volume challenges powerful myths and dangerous stereotypes and identifies the damaging restrictions that society forces upon aging women In extending feminist research to middle and old age the chapters taken together comprise a critique of the conditions of the last third of women s lives The authors use analytical tools and methodologies developed and modified by feminists to explore questions previously unasked They focus on issues of deep concern to women at midlife and beyond including the politics of reproduction sexuality social isolation violence against women equal opportunity and the feminization of poverty *Women Aging and Ageism* is available for classroom adoption Ideal for students and helping professionals working with middle aged and old women and their families this book provides models of effective interventions grounded in field research and clinical practice For all readers concerned about middle aged and old women and the quality of their lives *Women Aging and Ageism* is a rich resource filled with ideas and information and an affirmative new volume about the limitless possibilities of women s achievement in midlife and old age *The Kinsey Institute New Report On Sex* June M. Reinisch, Ruth Beasley, 1991-08-15 A comprehensive guide to human sexuality offers accurate timely information research findings and medical opinions on sexual dysfunction puberty contraception sexually transmitted diseases sexual anatomy and more [Chinese Health Care Secrets](#) Henry B. Lin, 2000 Discover how you can heal yourself and others and achieve optimum health when you practice the techniques in *Chinese Health Care Secrets* by Henry B Lin Grounded in Taoist principles Nature s Way the age old wisdom of China teaches that by living your daily activities in accordance with the laws of nature you can achieve and maintain ultimate health and wellness *Chinese Health Care Secrets* is a comprehensive reference to the history and practices of Chinese health care It offers highly effective techniques that are completely natural and easy to use Many have never before been published and are considered secrets even in China Easy to read and fully illustrated *Chinese Health Care Secrets* explains Secrets of sexual vitality Qigong breathing meditation and energy exercises Dharma massage and gentle physical movements Secrets of rejuvenation and longevity Over sixty of nature s most potent healers Acupressure learn techniques and the locations of over 100 acupoints with full illustrations so you can perform this powerful healing system A handy A to Z reference guide to common ailments with their treatments and therapies Never before has so much information about Chinese healing been available in one location Learn about nutrition Yes Learn the secrets of exercise Of course Walk the road to immortality Naturally Discover the inner health secrets of sleep and rest Correct It s all presented in a way that is clear and easy to understand in *Chinese Health Care Secrets* **Sexuality Across the Life Course** Alice S. Rossi, 1999-06-04 How does sexual behavior change over one s life span How does sexual satisfaction affect the quality and stability of marriage How has the AIDS epidemic affected sexual attitudes in America over the past three decades In this wide reaching volume distinguished sociologist Alice S Rossi addresses these questions and others through fourteen diverse essays on sexual behavior covering adolescence through old age and studying such groups as singles married couples and homosexuals This extensive study also explores the effects of chronic disease and medication

on sexual functioning recent developments in psychotherapy for sexual problems and sexual abuse of children incest and rape The interdisciplinary nature of the project has resulted in a text that is accessible to anyone with a behavioral science background Well written well edited and well received by this reviewer Joan C Chrisler Journal of Sex Marital Therapy This is a book that needs to be on the bookshelf of any AIDS researcher AIDS Book Review Journal *Grow Younger, Live Longer* Deepak Chopra, M.D.,2007-12-18 In *Grow Younger Live Longer* Deepak Chopra a pioneer in mind body medicine applies his decades of research and knowledge to actually reverse the aging process This simple and practical step by step program designed by Dr Chopra and his associate David Simon M D shows how it is essential to renew all dimensions of the self the body mind and spirit in order to feel and look younger The ten step program detailed in this book will immediately improve your sense of well being and the three Daily Actions accompanying each step will help you thoroughly integrate the age reversal process into your life Learn how to maintain a youthful mind cultivate flexibility strengthen your immune system nourish your body and much more As you begin to reverse your biological age you will find yourself tapping into your inner reservoirs of unlimited energy creativity and vitality *Transformative Consumer Research for Personal and Collective Well-being* David Glen Mick,2012 Daily existence is more interconnected to consumer behaviours than ever before encompassing many issues of well being This edited volume includes 33 chapters on a wide range of topics by expert international authors including unhealthy eating credit card mismanagement alcohol tobacco and much more

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