



Long-term mortality, cardiovascular events, and bleeding in stable patients 1 year after myocardial infarction: a Danish nationwide study

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Received 18 May 2022; revised 25 August 2022; accepted 3 November 2022

Abstract

Aims

Outcomes after myocardial infarction (MI) improved during recent decades alongside better risk factor management and implementation of guideline-recommended treatments. However, it is unknown whether this applies to stable patients who are event-free 1 year after MI.

Methods and results

Using nationwide Danish registries, we included all patients with first-time MI during 2000–17 who survived 1 year free from bleeding and cardiovascular events ($n = 82\,108$, median age 64 years, 68.2% male). Follow-up started 1 year after MI and continued through January 2022. Crude risks of mortality, cardiovascular events, and bleeding were estimated in consecutive 3-year periods. Standardized risks were calculated with respect to the distribution of age, sex, comorbidities, and treatments in the latter period. Guideline-recommended treatment use increased during the study period: e.g. statins (68.6–92.5%) and percutaneous coronary intervention (23.9–68.2%). The crude 5-year risks of outcomes decreased (all P -trend <0.001): Mortality, 18.6% (95% confidence interval [CI]: 17.9–19.2) to 12.5% (CI: 11.9–13.1); Recurrent MI, 7.5% (CI: 7.1–8.0) to 5.5% (CI: 5.1–6.0); Bleeding, 3.9% (CI: 3.6–4.3) to 2.7% (CI: 2.4–3.0). Crude 5-year risk of mortality in 2015–17 was as low as 2.6% for patients aged <60 years. Use of guideline-recommended treatments was associated with improved outcomes. After standardization for changes in treatments, 5-year risk of mortality in 2000–02 was 15.5% (CI: 14.9–16.2).

Conclusions

For patients who were event-free 1 year after MI, the long-term risks of mortality, cardiovascular events, and bleeding decreased significantly, along with an improved use of guideline-recommended treatments between 2000 and 2017. In the most recent period, 1 year after MI, the risk of additional events was lower than previously reported.

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Longterm Management Of Patients After Myocardial Infarction

Pierre Theroux

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Long-Term Management of Patients After Myocardial Infarction C. Tissa Kappagoda,P. V. Greenwood,1987-11-01

Long-Term Management of Patients After Myocardial Infarction C. Tissa Kappagoda,P.V. Greenwood,2012-12-06 The management of patients who present with a myocardial infarction has altered radically over the past two decades The expansion of knowledge relating to the epidemiology of the condition together with a greater understanding of the causes of the early mortality from it have resulted in major changes in the way these patients are treated during the acute phase of the illness The development of dedicated Coronary Care Units in hospitals and the recognition of the need for Mobile Coronary Care Units in the community have made a major impact upon the early mortality from myocardial infarction Over the past decade a great deal of attention has been paid to strategies designed to limit the size of a myocardial infarct As an extension of this approach the 1980s have seen the evolution of techniques for revascularization of ischemic tissue All these procedures while appearing to hold the promise of reducing the acute mortality from myocardial infarction create the need for a planned approach to the long term management of these patients While there are some modest indications that coronary atherosclerosis could be arrested or even reversed for all practical purposes it remains a chronic progressive disease Cumulated Index Medicus ,1977

Coronary Care Manual Peter L. Thompson,2010-12-03 The Coronary Care Manual has been designed as a practical manual for the management of the acute coronary patient and aims to achieve a balance between the large and rapidly changing evidence base and practical application in the CCU ICU ED and ambulance The book has been written by a group of Australian and international experts for medical nursing and paramedic staff working in these areas This edition covers a broad range of coronary care medicine in enough detail to eliminate the need to refer to a larger reference book providing a portable companion for a night on call Completely redesigned with new artwork the manual is organized to suit academics and practitioners alike covers a broad range of coronary care medicine provides specific advice on the management of common clinical problems eliminates the need to refer to a larger reference book features a consistent style and focus with standardised artwork for figures is now also available as an eBook A code inside the Coronary Care Manual enables a full text download allowing you to browse and search electronically make notes and bookmarks in the electronic files and highlight material

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Index Medicus ,2004 Vols for 1963 include as pt 2 of the Jan issue Medical subject headings

Geriatric Medicine Christine K. Cassel,Rosanne Leipzig,Harvey Jay Cohen,Eric B. Larson,Diane E. Meier,2006-05-29 Since the publication of the third edition of Geriatric Medicine extraordinary advances have occurred in the science of aging and the potential for biomedical research to give us answers to many if not most of the age related disorders that threaten the quality of life in older years At the most basic level the successful mapping of the human genome was declared complete in the fall of 2000 Understanding the map of the human genome is as important as understanding the map of genomes of important laboratory species ranging from the microscopic worms and fruit flies used in most classic genetic studies to rodents such as laboratory mice and eventually to primates on which much of the research on the aging human brain is done The genetic maps of all of these species including our own does not answer clinical questions but it does open the door to dramatic rapid and efficient answers to questions about the genetic polymorphisms related to diseases in humans The telomerase story also unfolded since the third edition Telomerase is an enzyme responsible for maintaining the telomeres the redundant DNA portions at the end of chromosomes whose shortening seems to be linked directly to cell senescence apoptosis and the control over cell death which at the level of the individual cell seems to be linked to the decline of organ function and eventually aging and death within the organism

Electroanalytical Chemistry Allen J. Bard,1988-11-15 Provide

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M.S. John Pathy, Alan J. Sinclair, John E. Morley, 2006-02-03 The fourth edition of the highly acclaimed Principles and Practice of Geriatric Medicine provides an account of the fundamental changes associated with ageing which are essential to our understanding and management of the elderly sick population The title has been extensively revised and updates to reflect the enormous changes in treatment options and medical conditions emerged since publication of the third edition Written by worldwide experts of international repute this is the most up to date and comprehensive single reference source currently available Principles Practice of Geriatric Medicine Fourth Edition incorporates More than 30 new chapters including Preventive geriatrics Anorexia of Aging Managements of Weight Loss Dehydration Vitamins and Minerals in the Elderly Cancer and Aging Mild Cognitive Impairment Treatment of Behavioral Disorders The Older Patient with Down's Syndrome Drug Abuse in Older People Breast Cancer Women's health A truly global perspective including new chapter on Care of the elderly in Israel old age in a young land Geriatric Medicine in China Geriatric medicine education in Europe Geriatrics from the European Union Perspective India Day Hospitals Perspectives from Latin America The title will be indispensable for all those involved in the treatment of older patients Gerontologists to keep up to date with the latest developments in the field General practitioners and specialists in health policy and community care who increasingly have to deal with a significant number of older people Academic researchers in geriatric medicine who are in need for an all encompassing reference work Medical registrars UK residents US in order to pass their exams Teachers of Geriatric Medicine Hospital libraries with increasing budgets to spend on much needed resource in this growing field Professionals within the pharmaceutical industry in order to monitor treatment options and new prescription developments

Handbook of Cerebrovascular Diseases, Revised and Expanded
Harold P. Adams, 2004-10-29 Spanning a wide array of topics relating to the diagnosis and treatment of cerebrovascular disease this reference collects the latest studies and recommendations from a team of 75 leading authorities on the subject including the management of subarachnoid hemorrhage the treatment of acute ischemic stroke

and aneurysms and surgical interventions **Reichel's Care of the Elderly** Christine Arenson, Jan Busby-Whitehead, Kenneth Brummel-Smith, James G. O'Brien, Mary H. Palmer, William Reichel, 2009-02-09 The sixth edition remains the pioneering text for the practising physician confronted with the unique problems of an increasingly elderly population Dr William Reichel's formative text is designed as a practical and useful guide for health specialists from medical students to practicing physicians This book is not a collection of subspecialty chapters but rather emphasizes the clinical management of the geriatric patient with simple to complex problems The editors have reviewed every chapter and have included the most up to date advances in the care of the elderly New chapters include hormonal therapy in post menopausal women drug therapy for Alzheimer's sufferers alternative medicine the chronic understaffing of nursing homes management of delirium and ethical issues Comprehensive and written for any clinicians caring for older patients including family physicians general internists nurse practitioners geriatricians and other specialists this esteemed text provides practical and trusted advice **Acute Coronary Syndromes: A Companion to Braunwald's Heart Disease E-Book** Pierre

Theroux, 2010-09-24 Acute Coronary Syndromes a Companion to Braunwald's Heart Disease covers the state of the art scientific and clinical information you need to rapidly evaluate and manage acute coronary syndromes Dr Pierre Theroux and his team of expert contributors present advances in diagnostic and imaging techniques such as biomarkers nuclear cardiology echocardiography and multislice CT secondary prevention and new antiplatelet anti ischemic and gene therapies Tap into the most definitive knowledge available from one of the leading experts in the field and a stellar cast of contributors Understand the special considerations for the care of acute coronary syndromes in the emergency department and the coronary care unit Effectively handle the treatment of special populations and chronic patients thanks to coverage of these challenges See techniques and procedures in greater detail and clarity through the all new full color design Approach treatment with a global perspective from the new section on Population Based Perspective that discusses the INTERHEART study insights from the REACH registry lessons learned from European registries and ACS in North America Gain a comprehensive understanding of ACS through coverage of pathophysiology molecular mechanisms the role of the immune system and brand new chapters on cell necrosis and cell regeneration and pharmacogenetics in the section on Disease Based Perspectives Integrate the latest testing and treatment techniques into your practice thanks to new chapters on biomarkers in acute ischemic heart disease the role of noninvasive testing in prognostic risk stratification the culprit lesions and patient at risk non responsiveness to antiplatelet therapy bleeding in the acute coronary syndromes and the refractory patient

Reichel's Care of the Elderly Jan Busby-Whitehead, Samuel C. Durso, Christine Arenson, Mary H. Palmer, Rebecca Elon, William Reichel, 2022-07-21 A clinical guide for all health specialists offering practical relevant and comprehensive information on managing the elderly patient **Cardiology E-Book** Michael H. Crawford, John P. DiMarco, Walter J. Paulus, 2009-09-18 With your heavy case load you can't afford to waste time searching for answers Cardiology 3rd Edition by

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Critical Pathways in Cardiovascular Medicine Christopher P. Cannon, Patrick T. O'Gara, 2007 Full text medical e book

Sabiston Textbook of Surgery E-Book Courtney M. Townsend Jr., R. Daniel Beauchamp, B. Mark Evers, Kenneth L. Mattox, 2015-05-26 LIC Sabiston Textbook of Surgery

Multimodality Imaging in Cardiovascular Medicine Christopher M. Kramer, 2011 A Doody's Core Title 2012 New applications of echocardiography nuclear magnetic resonance cardiovascular magnetic resonance and cardiac computed tomography are rapidly developing and it is imperative that trainees and practitioners alike remain up to date in the latest developments It is becoming increasingly difficult to remain abreast of these advances in each individual modality and thus it is no longer practical to focus on one at a time In addition training guidelines are changing and multimodality training has become the norm Multimodality Imaging in Cardiovascular Medicine presents a clear and in depth review of the available technologies and evidence supporting their appropriate clinical applications Hundreds of outstanding images are included to support and augment the discussions from the leading experts in each modality For maximum clinical value rather than organize the content by imaging modality the book is organized by disease so that the reader can utilize the book in real time problem solving and decision making in daily clinical practice Features of Multimodality Imaging in Cardiovascular Medicine Include More than 350 multimodality imaging examples of cardiovascular pathophysiology Corresponding text places the images into context at the interface with patient care State of the art chapters contributed by the leading imaging experts

Braunwald's Heart Disease E-Book Robert O. Bonow, Douglas L. Mann, Douglas P. Zipes, Peter Libby, 2011-02-25 Braunwald's Heart Disease remains your indispensable source for

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Stem Cell and Gene Therapy for Cardiovascular Disease Emerson c. Perin, Leslie W. Miller, Doris Taylor, James T. Willerson, 2015-08-21

Stem Cell and Gene Therapy for Cardiovascular Disease is a state of the art reference that combines in one place the breadth and depth of information available on the topic As stem cell and gene therapies are the most cutting edge therapies currently available for patients with heart failure each section of the book provides information on medical trials from contributors and specialists from around the world including not only what has been completed but also what is planned for future research and trials Cardiology researchers basic science clinicians fellows residents students and industry professionals will find this book an invaluable resource for further study on the topic Provides information on stem and gene therapy medical trials from contributors and specialists around the world including not only what has been completed but also what is planned for future research and trials Presents topics that can be applied to allogeneic cells mesenchymal cells gene therapy cardiomyocytes iPS cells MAPC's and organogenesis Covers the three areas with the greatest clinical trials to date chronic limb ischemia chronic angina and acute MI Covers the prevailing opinions on how to harness the body's natural repair mechanisms Ideal resource for cardiology researchers basic science clinicians fellows residents students and industry professionals

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