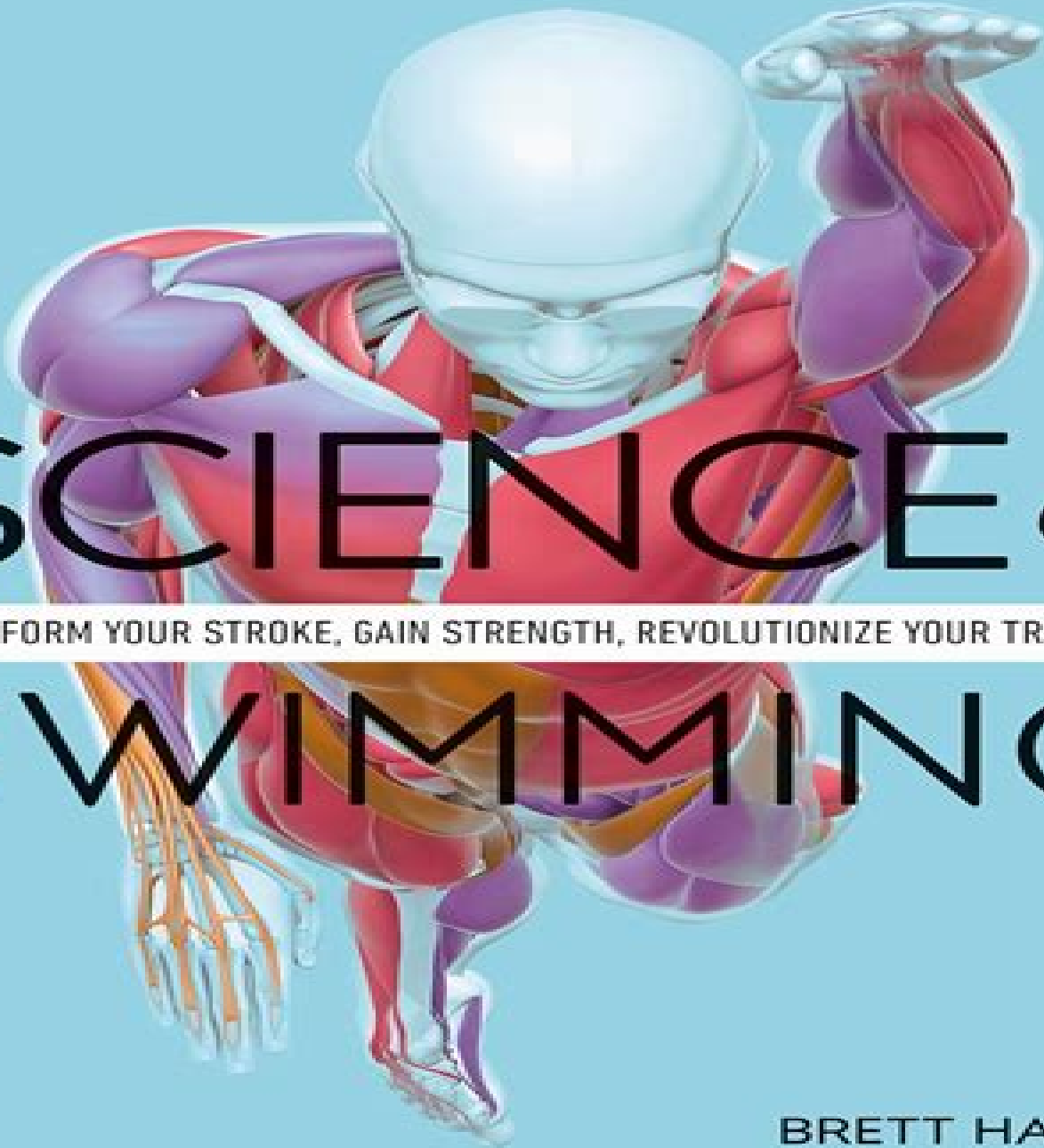


A detailed anatomical illustration of a swimmer in a streamlined position, viewed from above. The swimmer's head is white and streamlined. The torso and limbs are shown with a semi-transparent skin layer, revealing the underlying muscles and bones. The muscles are color-coded: purple for the upper body and lower legs, and red for the core and upper legs. The swimmer's arms are extended forward, and the legs are bent at the knees, with the feet pointing downwards. The background is a solid light blue.

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