

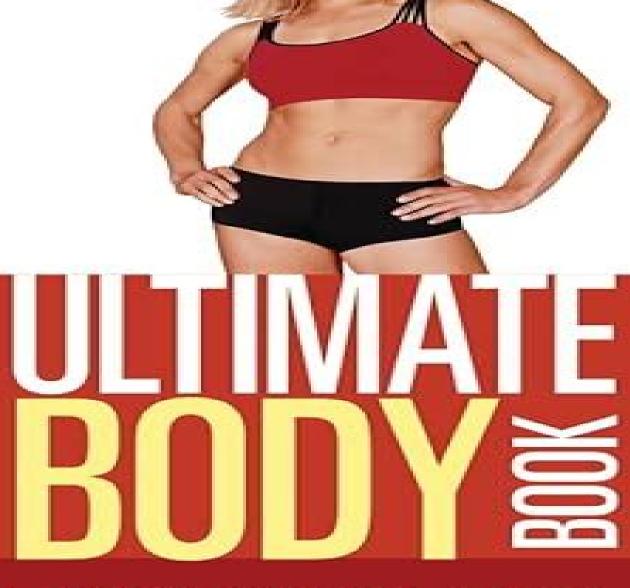






SHELTON fitness director of Shape magazine

with Angela Hynes



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Weeks to Your Best Abs, Butt, Thighs, and More!

Shape Magazines Ultimate Body 4 Weeks To Your Best Abs Butt Thighs And More

JR Anderson

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