

Practical Manual of

Physical Medicine and Rehabilitation



JACKSON C. TAN

Practical Manual Of Physical Medicine And Rehabilitation

Jackson C. Tan,Michelle Stern



Practical Manual Of Physical Medicine And Rehabilitation:

Practical Manual of Physical Medicine and Rehabilitation Jackson C. Tan, 2006 This text will serve as a quick reference and review for residents as well as practising physicians It also offers information needed in related professions **Tan's**

Practical Manual of Physical Medicine and Rehabilitation - E-Book Jackson C. Tan, Michelle Stern, 2025-11-12

Covering the essential aspects of the practice of adult PM trigger point injections therapeutic modalities and exercises orthotics prosthetics gait aids and robotics wheelchairs pharmacologic agents neurogenic communication disorders dysphagia sexuality dysfunctions immobility and hospital associated deconditioning pressure injuries chronic wounds and burns work related musculoskeletal conditions and much more Covers the latest diagnostic tests and functional assessment instruments including the Continuity Assessment Record and Evaluation CARE scale *Tan's Practical Manual of Physical*

Medicine and Rehabilitation Jackson C. Tan, Michelle Stern, 2025-10 Covering the essential aspects of the practice of adult PM trigger point injections therapeutic modalities and exercises orthotics prosthetics gait aids and robotics wheelchairs pharmacologic agents neurogenic communication disorders dysphagia sexuality dysfunctions immobility and hospital associated deconditioning pressure injuries chronic wounds and burns work related musculoskeletal conditions and much more Covers the latest diagnostic tests and functional assessment instruments including the Continuity Assessment Record and Evaluation CARE scale An eBook version is included with purchase The eBook allows you to access all of the text figures and references with the ability to search customize your content make notes and highlights and have content read aloud Additional digital ancillary content may publish up to 6 weeks following the publication date **Clinical Diagnosis in**

Physical Medicine & Rehabilitation E-Book Subhadra Nori, Michelle Stern, Se Won Lee, 2020-12-01 Offering a strong focus on investigative methods and action strategies for diagnosis of musculoskeletal issues Clinical Diagnosis in Physical Medicine Rehabilitation Case by Case is a must have resource for quick reference during daily rounds as well as a handy study and review tool for oral boards This portable reference covers what approaches to take when a patient presents with specific musculoskeletal issues including differential diagnoses possibilities what tests are appropriate to order how to determine the relevance of results and what treatment options to consider Practical and easy to use it helps you apply foundational knowledge to everyday clinical situations Provides comprehensive interdisciplinary guidance for clinical diagnosis and problem solving of musculoskeletal issues that are commonly encountered in an office or clinic setting Offers a case by case analysis organized by chief complaint body part or condition allowing for optimal on the spot reference Helps physiatrists and residents think through every aspect of clinical diagnosis clearly organizing essential information and focusing on a quick and accurate thought process required by limited time with each patient Covers neck pain back pain total body pain fibromyalgia lymphedema tingling and numbness gait difficulty and much more *Braddom's Physical Medicine and Rehabilitation E-Book* David X. Cifu, 2020-08-01 Thoroughly updated to reflect the latest advances and technologies

Braddom's Physical Medicine and Rehabilitation 6th Edition remains the market leader in the field of PM R. For more than 20 years this bestselling reference has been the go-to resource for the entire rehabilitation team providing in-depth coverage of essential core principles along with the latest research technologies and procedures that enhance patient care and facilitate optimal return to function. In this edition, lead editor Dr. David X. Cifu and his team of expert associate editors and contributing authors employ a more succinct format that emphasizes need-to-know material incorporating new key summary features including high-yield information and study sheets for problem-based learning. Focuses more heavily on rehabilitation with case studies throughout and more comprehensive coverage of stroke evaluation, rehabilitation, and therapies. Provides expanded information on key topics such as interventional pain management, options, gait and prosthetics, USG, fluoroscopy, electrodiagnosis, and more. Features a new chapter on Occupational Medicine and Vocational Rehabilitation plus enhanced coverage of the neurogenic bladder, rehabilitation, and prosthetic restoration in upper limb amputation and acute medical conditions including cardiac disease, medical frailty, and renal failure. Discusses quality and outcome measures for medical rehabilitation, practical aspects of impairment rating and disability determination, integrative medicine in rehabilitation, and assistive technology. Offers highly illustrated templated chapters that are easy to navigate without sacrificing coverage of key topics. Includes access to dozens of even more practical videos and hundreds of integrated self-assessment questions for more effective learning and retention. Enhanced eBook version included with purchase. Your enhanced eBook allows you to access all of the text, figures, and references from the book on a variety of devices.

Physical Medicine and Rehabilitation Board Review, Third Edition Sara J. Cuccurullo, 2014-11-25

Doody's Core Title 2013. This book does an excellent job and is currently the only known review book for physiatrists. The author has done it again, producing an excellent, concise resource that provides clinicians with an optimal solution for studying for the written board examination. Doody's Reviews. This third edition of the incomparable review bible for the Physical Medicine and Rehabilitation Board Examination has been completely updated to reflect current practice and the core knowledge tested on the exam. Known for its organization, consistency, and clarity, the book distills the essentials and provides focused reviews of all major topics. Coverage is expanded in the third edition to include dedicated sections on pain management, medical ethics, and ultrasound that reflect new board requirements. Written in outline format for readability and easy access to information, content is modeled after the topic selection of the AAPMR Self-Directed Medical Knowledge Program used by residents nationwide. To aid in information retention, Pearls are designated with an open book icon to highlight key concepts and stress clinical and board-eligible aspects of each topic. The text is divided into major subspecialty areas, written by authors with clinical expertise in each subject area, and content is reviewed by senior specialists to ensure the utmost accuracy. More than 500 high-quality illustrations clarify and reinforce concepts. The book also provides updated epidemiologic and statistical data throughout and includes a section on biostatistics in physical medicine and rehabilitation. In addition to its proven value as a resource for exam preparation, the book is also a

must have for practicing physiatrists seeking recertification and for PM R instructors helping trainees to prepare for the exam New to the Third Edition Thoroughly reviewed revised and updated to reflect current practice and core knowledge tested on Boards Improved organization clarity and consistency Presents new chapters sections on pain management medical ethics and ultrasound Key Features Board Pearls are highlighted with an open book icon throughout the text to flag key concepts and stress high yield aspects of each topic Models the table of contents after the topic selection of the AAPMR Self Directed Medical Knowledge Program used by residents nationwide Authored by physicians with special interest and clinical expertise in their respective areas and reviewed by senior specialists in those areas Organizes information in outline format and by topic for easy reference Includes over 500 illustrations to clarify concepts Provides updated epidemiologic and statistical data throughout Contains a section on biostatistics in physical medicine rehabilitation Praise for the First Edition there is no other comparable text in PM R The key resource for facts needed to pass boards and useful for those in clinical practice for day to day use as well Doody's Reviews I congratulate the editors and authors for coming up with such incredible and concise work I think that this book is a must for all residents undergoing training in the field of Physical Medicine and Rehabilitation Saudi Medical Journal Over the years many residents have confronted the problem of what to study for the boards This elegant volume will finally fulfill this critical void From the foreword by Ernest W Johnson M D

Physical Medicine and Rehabilitation Board Review, Fourth Edition Sara J Cuccurullo, 2019-10-28 Note to Readers Publisher does not guarantee quality or access to any included digital components if book is purchased through a third party seller Praise for the Third Edition The author has done it again producing an excellent concise resource that provides clinicians with an optimal solution for studying for the written board examination Doody's Review Service 2015 Alan Anshel MD Shirley Ryan AbilityLab This fourth edition of the incomparable review bible for the Physical Medicine and Rehabilitation Board Examination has been thoroughly updated to reflect current practice and the core knowledge tested on the exam Recognized for its organization consistency and clarity through editions the book distills the essentials and provides focused reviews of all major PM R topics including stroke traumatic brain injury musculoskeletal medicine spinal cord injuries pain management and more Every chapter in the fourth edition has been rigorously evaluated and refreshed to ensure that the information is accurate and up to date Sections on cancer treatment and rehabilitation rheumatologic disease and ultrasound have been significantly upgraded to incorporate new board requirements and changes in criteria for diagnosis and management Written in outline format for easy access to information Physical Medicine and Rehabilitation Board Review Fourth Edition is modeled on the content blueprint for the Self Assessment Examination for Residents SAE R used by residents nationwide Board pearls are indicated with an open book icon to highlight key concepts and flag important clinical and board eligible aspects of each topic The topics are divided into major subspecialty areas written by author teams with clinical expertise in the subject and reviewed by senior specialists in each area More than 500 signature illustrations now

with color added clarify and reinforce concepts In addition to its proven value as the primary resource for Board preparation and MOC the book is also a trusted clinical reference for day to day practice needs New to the Fourth Edition Thoroughly reviewed revised and updated to reflect current practice and core knowledge tested on Boards Significant upgrades to ultrasound content Expanded sections on cancer treatments and rehabilitation along with rheumatologic guidelines and treatments including new criteria for diagnosis Addition of color to highlight artwork and content areas Key Features Board Pearls are highlighted with an open book icon to flag key concepts and stress high yield aspects of each topic Covers all topics on the content outline for the Self Assessment Examination for Residents SAE R used by residents nationwide Authored by physicians with special interest and expertise in their respective areas and reviewed by senior specialists in those areas Organizes information in outline format and by topic for easy reference Includes over 500 detailed illustrations to clarify concepts Provides updated epidemiologic and statistical data throughout *Contraindications in Physical Rehabilitation - E-Book* Mitchell Batavia, 2006-05-09 This essential handbook provides clinicians with a summary of contraindications and precautions to review before treating patients seeking physical rehabilitation This detailed resource discusses all of the contraindications in one convenient source and includes the full range of interventions ranging from physical agents to supportive devices to therapeutic exercises Organized by ICD categories and referenced from multiple sources with strong coverage of adverse events this handbook helps to ensure safe practice Provides crucial easily accessible information to refresh therapists on contraindications that may not fall within their routine area of treatment Covers the full range of interventions in detail including the purpose of the intervention mechanism contraindications and precautions rationale and references Helps ensure that practitioners do no harm providing safer client care and addressing clients with pre existing conditions Uses terminology from The Guide to Physical Therapist Practice reinforcing the use of up to date language Presents quality information from a highly renowned author with evidence based information throughout

Women's Sports Medicine and Rehabilitation Nadya Swedan, 2001 This book is a comprehensive interdisciplinary reference for women's sports medicine It avoids a medical bias and instead focuses on prevention rehabilitation and wellness It provides an introduction to women's sport participation discusses athletic women across the life span details injury management issues by anatomical region and emphasizes the importance of health and wellness Women's Sports Medicine and Rehabilitation is full of original research epidemiological and physiological information differential diagnoses treatment algorithms practical and effective rehabilitation techniques and case studies This resource is a must have for all health care professionals involved in the assessment and treatment of athletic injuries in women Oxford American Handbook of Physical Medicine & Rehabilitation Lyn Weiss, Jay Weiss, Thomas Pobre, 2010-03-15 Written by leading American practitioners the Oxford American Handbooks of Medicine each offer a pocket sized overview of an entire specialty featuring instant access to guidance on the conditions that are most likely to be encountered Precise and prescriptive the handbooks offer up

to date advice on examination investigations common procedures and in patient care These books will be invaluable resources for residents and students as well as a useful reference for practitioners The Oxford American Handbook of Physical Medicine and Rehabilitation is the essential ready reference guide to the study and practice of physiatry The full range of the specialty is covered from managing specific symptoms injuries and disorders to pediatrics assistive technology and the psychological and social issues associated with disability Concisely written and generously illustrated with figures diagrams and summary tables this is a must have resource for any clinician in physical medicine and rehabilitation Why choose the Oxford American Handbook of Physical Medicine and Rehabilitation The design The Handbook uses a unique flexicover design that is durable and practical Compact light and fits in your pocket Also has quick reference tabs four color presentation and bookmark ribbons to help provide fast answers The interior layout The Handbook is a quick reference in a small innovative package With one to two topics per page it provides easy access and the emergency sections are in red to stand out Icons throughout aid quick reference The information The Handbook succinctly covers all the essential topics in a one or two page spread format with colored headings that break up the text and provide a logical structure for readers of all levels Common clinical questions are answered clearly and extensively The history Oxford University Press is known around the world for excellence tradition and innovation These handbooks are among the best selling in the world The price You get an extremely useful tool at a great value *Illustrated Orthopedic Physical Assessment* Ronald C. Evans, 2009-02-17

Logically organized with comprehensive coverage this newly revised third edition prepares you to choose the right orthopedic tests accurately assess any patient and arrive at a clear diagnosis Trusted for both its depth of coverage and its accessible accurate information it features gamuts clinical pearls and cross reference tables for quick and easy reference Now in brilliant full color with all new photos of every test it is even more visually appealing and illustrates common conditions and procedural tests more effectively than ever before This edition offers a fresh look at testing for orthopedic conditions with detailed text that explains the key moves of each test its alternate names and the appropriate reporting statement Extensive cross referencing ensures that you can easily find the right test for efficient and effective practice and protocol charts guide you through the examination process step by step Chapters are logically organized by region and tests within each chapter are arranged alphabetically so you can find the information you need in seconds Each test begins with a brief discussion of basic anatomy then moves into a description of the actual procedure and ends with next step directives Critical Thinking questions at the end of each chapter help you apply what you've learned to clinical practice Orthopedic Gamuts provide summaries of key points in a concise list numerous gamuts within each chapter help you master material quickly and easily Clinical Pearls share the author's knowledge gained through years of clinical experience helping you avoid common misdiagnoses Cross reference tables offer at a glance guidance on which tests should be used to diagnose particular diseases for maximum accuracy and efficiency in practice Each chapter begins with an index of tests for easy reference and

axioms that remind you of elemental information such as how painful certain maneuvers may be or the extent of some body parts range Contains a chapter on malingering non organically based complaints helping you investigate and determine the root cause of complaint whether due to injury for psychological reasons or an attempt to feign injury for various purposes such as for improper receipt of worker s compensation Companion DVD contains video footage of Dr Evans performing and explaining each assessment test in the book Full color photographs demonstrate how to perform 237 orthopedic tests At the Viewbox feature contains high quality radiographs that depict various pathologies as well as musculature and other anatomy that can t be shown photographically *Pedretti's Occupational Therapy - E-Book* Heidi McHugh Pendleton, Winifred Schultz-Krohn, 2011-12-20 Chapter on polytrauma post traumatic stress disorder and injuries related to the War on Terror teaches you how to provide OT services to this unique population Content covers new advances in prosthetics and assistive technologies and provides more up to date assessment and interventions for TBI problems related to cognitive and visual perception Full color design visually clarifies important concepts Video clips on the companion Evolve website vividly demonstrate a variety of OT interventions Physical Therapy Clinical Handbook for PTAs Olga Dreeben-Irimia, 2013 Physical Therapy Clinical Handbook for PTAs Second Edition is a concise and condensed clinical pocket guide designed specifically to help physical therapist assistants and physical therapist assistant students easily obtain helpful evidence based information This succinct summarizing pocket guide covers the evaluative as well as interventional aspect of physical therapy and offers immediate guidance concerning physical therapy data collection and interventions in various clinical settings including musculoskeletal neurologic cardiopulmonary integumentary geriatric pediatric and acute care With its portable and user friendly format this handbook is a valuable resource for physical therapist assistant students during the education training program and throughout clinical practice The Second Edition features a new and unique look at physical therapy in acute care provided by PTAs Acute care topics include musculoskeletal and neurological acute care as well as the significant factors in acute care to consider while applying physical therapy to patients with endocrine gastrointestinal genitourinary and oncological disorders diseases The Second Edition contains physical therapy terminology reflecting current physical therapy practice according to the APTA s Guide to Physical Therapist Practice and also includes guidelines from the CDC and JCAHO Appendices contain helpful balance assessment forms and cardiac and integumentary patient education forms

Physical Therapy Clinical Handbook for PTAs Frances Wedge, 2022-05-12 This book is a concise and condensed clinical pocket guide designed specifically to help physical therapist assistant students and practitioners easily obtain information in the areas of physical therapy evidence based interventions Practical Management of Pain E-Book Honorio Benzon, James P. Rathmell, Christopher L. Wu, Dennis Turk, Charles E. Argoff, Robert W Hurley, 2013-09-11 Obtain all the core knowledge in pain management you need from one of the most trusted resources in the field The new edition of Practical Management of Pain gives you completely updated multidisciplinary overview of every aspect of pain medicine including

evaluation diagnosis of pain syndromes rationales for management treatment modalities and much more It is all the expert guidance necessary to offer your patients the best possible relief Consult this title on your favorite e reader conduct rapid searches and adjust font sizes for optimal readability Access up to the minute knowledge on all aspects of pain management from general principles to specific management techniques with contributions from renowned pain management experts Understand and apply the latest developments in pain management with brand new chapters covering disability assessment central post stroke pain widespread chronic pain and burn pain Effectively ease your patients pain with today s best management techniques including joint injections ultrasound guided therapies and new pharmacologic agents such as topical analgesics

Physical Therapy Clinical Handbook for PTAs Cikulin-Kulinski,2017-02-10 Preceded by Physical therapy clinical handbook for PTAs Olga Dreeben Irimia 2nd ed c2013

Neurorehabilitation for the Physical Therapist Assistant Darcy Umphred,Connie Carlson,2006 Neurorehabilitation for the Physical Therapist Assistant provides a complete overview of the foundations of various neurological medical conditions and presents a wide array of clinical problems that a physical therapist assistant may encounter in the educational or clinical setting Darcy Umphred and Connie Carlson along with 11 contributors offer a thorough explanation of the PT to PTA delegation process that is both unique and comprehensive Throughout the pages of Neurorehabilitation for the Physical Therapist Assistant the PTA is provided with the necessary tools to effectively interact with and treat patients who suffer from neurological medical diagnoses This text also covers a wide variety of neurological clinical problems that a PTA may encounter Neurorehabilitation for the Physical Therapist Assistant presents specific examples of tests and measures and interventions that a PTA may use when treating patients with CNS damage Multiple chapters offer one or more case studies that will aid students and practicing PTAs in the analysis of PTA roles and the delegation of specific tasks as well as why a PT may not choose to delegate a task Also included is a brief discussion of selected pathologies and their progressions or complications which gives the PTA a means to identify contraindications or changes in patient behavior that need to be reported Features Interactive website access that provides the answers to the questions and case studies for each chapter A clear delineation of the differences between the frameworks used by medical practitioners and those used by the PT Detailed descriptions of tests and measures and interventions used by the PTA A focus on interactions between types of movement dysfunctions and intervention selection A discussion of disablement and enablement models The volumes of knowledge presented in this unique and detailed text ensures Neurorehabilitation for the Physical Therapist Assistant will accompany the PTA throughout their education and into their career

Kinesiology for Occupational Therapy Melinda Rybski,2024-06-01 Kinesiology for Occupational Therapy Third Edition covers the theoretical background for understanding the kinematics and kinetics of normal human physiological movement Each specific joint is assessed in terms of musculoskeletal function movements possible and an overview of pathology that may develop Dr Melinda Rybski covers four occupational therapy theories related to functional motion that

are important for occupational therapists to know This Third Edition has been updated to reflect the current field and includes new information that has emerged in recent years New in the Third Edition Content closely follows AOTA's Occupational Therapy Practice Framework and Occupational Therapy Vision 2025 Updated and more extensive provision of evidence that summarizes key findings in current literature New theories are presented in the Intervention sections Extensive joint specific and theory based assessments are provided Interventions described are occupation based process based Kinesiology concepts presented in a practical useable way Expanded chapters for Spine and Thorax and Hip and Pelvis Included with the text are online supplemental materials for faculty use in the classroom Kinesiology for Occupational Therapy Third Edition clearly outlines the need for an understanding of kinesiology in occupational therapy providing occupational therapists with the evidence necessary to support their intervention strategies

Physical Medicine and Rehabilitation Joel A. DeLisa, Bruce M. Gans, Nicholas E. Walsh, 2005 The gold standard physical medicine and rehabilitation text is now in its Fourth Edition with thoroughly updated content and a more clinical focus More than 150 expert contributors most of them new to this edition address the full range of issues in contemporary physical medicine and rehabilitation and present state of the art patient management strategies emphasizing evidence based recommendations This edition has two separate volumes on Physical Medicine and Rehabilitation Medicine Each volume has sections on principles of evaluation and management management methods major problems and specific disorders Treatment algorithms and boxed lists of key clinical facts have been added to many chapters

Physical Medicine and Rehabilitation E-Book Randall L. Braddom, 2010-12-07 Physical Medicine and Rehabilitation presents today's best physiatry knowledge and techniques ideal for the whole rehabilitation team This trusted reference delivers the proven science and comprehensive guidance you need to offer every patient maximum pain relief and optimal return to function In this new edition Dr Randall L Braddom covers current developments in interventional injection procedures the management of chronic pain integrative medicine recent changes in the focus of stroke and brain injury rehabilitation and much more Access the complete contents online along with 1000 self assessment questions at www.expertconsult.com Gain a clear visual understanding of important concepts thanks to 1400 detailed illustrations 1000 in full color Find and apply the information you need easily with each chapter carefully edited by Dr Braddom and his associates for consistency succinctness and readability Access the fully searchable text online at Expert Consult as well as 1000 self assessment questions Master axial and peripheral joint injections through in depth coverage of the indications for and limitations of these therapies Make optimal use of ultrasound in diagnosis and treatment Get a broader perspective on your field from a new chapter on PM R in the international community

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Table of Contents Practical Manual Of Physical Medicine And Rehabilitation

1. Understanding the eBook Practical Manual Of Physical Medicine And Rehabilitation
 - The Rise of Digital Reading Practical Manual Of Physical Medicine And Rehabilitation
 - Advantages of eBooks Over Traditional Books
2. Identifying Practical Manual Of Physical Medicine And Rehabilitation
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Practical Manual Of Physical Medicine And Rehabilitation
 - User-Friendly Interface
4. Exploring eBook Recommendations from Practical Manual Of Physical Medicine And Rehabilitation
 - Personalized Recommendations
 - Practical Manual Of Physical Medicine And Rehabilitation User Reviews and Ratings
 - Practical Manual Of Physical Medicine And Rehabilitation and Bestseller Lists
5. Accessing Practical Manual Of Physical Medicine And Rehabilitation Free and Paid eBooks
 - Practical Manual Of Physical Medicine And Rehabilitation Public Domain eBooks
 - Practical Manual Of Physical Medicine And Rehabilitation eBook Subscription Services
 - Practical Manual Of Physical Medicine And Rehabilitation Budget-Friendly Options
6. Navigating Practical Manual Of Physical Medicine And Rehabilitation eBook Formats

- ePub, PDF, MOBI, and More
 - Practical Manual Of Physical Medicine And Rehabilitation Compatibility with Devices
 - Practical Manual Of Physical Medicine And Rehabilitation Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Practical Manual Of Physical Medicine And Rehabilitation
 - Highlighting and Note-Taking Practical Manual Of Physical Medicine And Rehabilitation
 - Interactive Elements Practical Manual Of Physical Medicine And Rehabilitation
 8. Staying Engaged with Practical Manual Of Physical Medicine And Rehabilitation
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Practical Manual Of Physical Medicine And Rehabilitation
 9. Balancing eBooks and Physical Books Practical Manual Of Physical Medicine And Rehabilitation
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Practical Manual Of Physical Medicine And Rehabilitation
 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
 11. Cultivating a Reading Routine Practical Manual Of Physical Medicine And Rehabilitation
 - Setting Reading Goals Practical Manual Of Physical Medicine And Rehabilitation
 - Carving Out Dedicated Reading Time
 12. Sourcing Reliable Information of Practical Manual Of Physical Medicine And Rehabilitation
 - Fact-Checking eBook Content of Practical Manual Of Physical Medicine And Rehabilitation
 - Distinguishing Credible Sources
 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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