Anorexia nerviosa

Características:

- Trastorno alimentario que se caracteriza por inanición (extrema debilidad física provocada por la falta de alimento) y pérdida excesiva de peso.
- Miedo intenso a aumentar de peso.
- Con el fin de evitar la subida de peso se restringe la comida, se hace actividad física excesiva o se realizan purgas recurrentes.



Causas:



- Rasgos de personalidad
- Patrones de pensamiento
- Factores biológicos
- Factores ambientales
- Sentimientos de insuficiencia
- baja autoestima
- Autoexigencia
- Ansiedad



Tratamiento:

- Teropio
- Trabajo con la familia
- Acompañamiento de un nutricionista
- Medicación
- Suplementos para resolver las deficiencias nutricionales.
- Tratamiento hospitalario



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Riesgo Y Causas De La Anorexia Nerviosa

RC Schank

Riesgo Y Causas De La Anorexia Nerviosa:

Riesgo Y Causas De La Anorexia Nerviosa Book Review: Unveiling the Power of Words

In some sort of driven by information and connectivity, the ability of words has are more evident than ever. They have the capability to inspire, provoke, and ignite change. Such is the essence of the book **Riesgo Y Causas De La Anorexia**Nerviosa, a literary masterpiece that delves deep to the significance of words and their affect our lives. Written by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book is key themes, examine its writing style, and analyze its overall impact on readers.

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