



STROKE

A stroke aka. cerebrovascular attack is the loss of brain function due to a disturbance in the blood supply to the brain.

❗ Stroke is the fourth leading cause of death in the United States. ❗



On average, one American dies from stroke every 4 minutes.

Stroke is a leading cause of serious long-term disability.



In 2009, 34% of people hospitalized for stroke were younger than 65 years.



Stroke kills almost 130,000 Americans each year (1 out of every 19 deaths)

Ischemic stroke

— blood supply to part of the brain is decreased, leading to dysfunction of the brain tissue in that area. There are four reasons why this might happen:

1. Thrombosis (obstruction of a blood vessel by a blood clot forming locally)
2. Embolism (obstruction due to an embolus from elsewhere in the body, see below)
3. Systemic hypoperfusion (general decrease in blood supply, e.g., in shock)
4. Venous thrombosis.

❗ About 87% of all strokes are ischemic strokes.

Hemorrhagic stroke

Intracranial hemorrhage is the accumulation of blood anywhere within the skull vault. A distinction is made between intra-axial hemorrhage (blood inside the brain) and extra-axial hemorrhage (blood inside the skull but outside the brain).

Risk Reduction Tips:

- *Eating a healthy diet.
- *Maintaining a healthy weight.
- *Getting enough exercise.
- *Not smoking.
- *Limiting alcohol use.
- *Check Cholesterol
- *Control Blood Pressure
- *Manage Diabetes
- *Manage Heart Disease
- *Take Your Medicine
- *Talk with Your Health Care Team

Major Risk Factors:

- *high blood pressure
- *smoking
- *high cholesterol

Top Foods Thought To Help Prevent Stroke



Oats



Almonds



Soy



Strawberry



Low Fat Milk



Blackberries



Banana



Barley



Cornmeal



Salmon

Nutrition And Stroke

PT Brinkman

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the PT Brinkman text.

Nutrition And Stroke:

Discover tales of courage and bravery in Crafted by is empowering ebook, Unleash Courage in **Nutrition And Stroke** . In a downloadable PDF format (Download in PDF: *), this collection inspires and motivates. Download now to witness the indomitable spirit of those who dared to be brave.

https://pinsupreme.com/public/detail/index.jsp/lp_lost.pdf

Table of Contents Nutrition And Stroke

1. Understanding the eBook Nutrition And Stroke
 - The Rise of Digital Reading Nutrition And Stroke
 - Advantages of eBooks Over Traditional Books
2. Identifying Nutrition And Stroke
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Nutrition And Stroke
 - User-Friendly Interface
4. Exploring eBook Recommendations from Nutrition And Stroke
 - Personalized Recommendations
 - Nutrition And Stroke User Reviews and Ratings
 - Nutrition And Stroke and Bestseller Lists
5. Accessing Nutrition And Stroke Free and Paid eBooks
 - Nutrition And Stroke Public Domain eBooks
 - Nutrition And Stroke eBook Subscription Services
 - Nutrition And Stroke Budget-Friendly Options
6. Navigating Nutrition And Stroke eBook Formats

- ePub, PDF, MOBI, and More
- Nutrition And Stroke Compatibility with Devices
- Nutrition And Stroke Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Nutrition And Stroke
 - Highlighting and Note-Taking Nutrition And Stroke
 - Interactive Elements Nutrition And Stroke
- 8. Staying Engaged with Nutrition And Stroke
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Nutrition And Stroke
- 9. Balancing eBooks and Physical Books Nutrition And Stroke
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Nutrition And Stroke
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Nutrition And Stroke
 - Setting Reading Goals Nutrition And Stroke
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Nutrition And Stroke
 - Fact-Checking eBook Content of Nutrition And Stroke
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

Nutrition And Stroke Introduction

Nutrition And Stroke Offers over 60,000 free eBooks, including many classics that are in the public domain. Open Library: Provides access to over 1 million free eBooks, including classic literature and contemporary works. Nutrition And Stroke Offers a vast collection of books, some of which are available for free as PDF downloads, particularly older books in the public domain. Nutrition And Stroke : This website hosts a vast collection of scientific articles, books, and textbooks. While it operates in a legal gray area due to copyright issues, its a popular resource for finding various publications. Internet Archive for Nutrition And Stroke : Has an extensive collection of digital content, including books, articles, videos, and more. It has a massive library of free downloadable books. Free-eBooks Nutrition And Stroke Offers a diverse range of free eBooks across various genres. Nutrition And Stroke Focuses mainly on educational books, textbooks, and business books. It offers free PDF downloads for educational purposes. Nutrition And Stroke Provides a large selection of free eBooks in different genres, which are available for download in various formats, including PDF. Finding specific Nutrition And Stroke, especially related to Nutrition And Stroke, might be challenging as theyre often artistic creations rather than practical blueprints. However, you can explore the following steps to search for or create your own Online Searches: Look for websites, forums, or blogs dedicated to Nutrition And Stroke, Sometimes enthusiasts share their designs or concepts in PDF format. Books and Magazines Some Nutrition And Stroke books or magazines might include. Look for these in online stores or libraries. Remember that while Nutrition And Stroke, sharing copyrighted material without permission is not legal. Always ensure youre either creating your own or obtaining them from legitimate sources that allow sharing and downloading. Library Check if your local library offers eBook lending services. Many libraries have digital catalogs where you can borrow Nutrition And Stroke eBooks for free, including popular titles. Online Retailers: Websites like Amazon, Google Books, or Apple Books often sell eBooks. Sometimes, authors or publishers offer promotions or free periods for certain books. Authors Website Occasionally, authors provide excerpts or short stories for free on their websites. While this might not be the Nutrition And Stroke full book , it can give you a taste of the authors writing style. Subscription Services Platforms like Kindle Unlimited or Scribd offer subscription-based access to a wide range of Nutrition And Stroke eBooks, including some popular titles.

FAQs About Nutrition And Stroke Books

How do I know which eBook platform is the best for me? Finding the best eBook platform depends on your reading preferences and device compatibility. Research different platforms, read user reviews, and explore their features before making a choice. Are free eBooks of good quality? Yes, many reputable platforms offer high-quality free eBooks, including classics and public domain works. However, make sure to verify the source to ensure the eBook credibility. Can I read

eBooks without an eReader? Absolutely! Most eBook platforms offer web-based readers or mobile apps that allow you to read eBooks on your computer, tablet, or smartphone. How do I avoid digital eye strain while reading eBooks? To prevent digital eye strain, take regular breaks, adjust the font size and background color, and ensure proper lighting while reading eBooks. What the advantage of interactive eBooks? Interactive eBooks incorporate multimedia elements, quizzes, and activities, enhancing the reader engagement and providing a more immersive learning experience. Nutrition And Stroke is one of the best book in our library for free trial. We provide copy of Nutrition And Stroke in digital format, so the resources that you find are reliable. There are also many Ebooks of related with Nutrition And Stroke. Where to download Nutrition And Stroke online for free? Are you looking for Nutrition And Stroke PDF? This is definitely going to save you time and cash in something you should think about.

Find Nutrition And Stroke :

~~lp-lost~~

loves greatest treasures todays poets speak from the heart

luarea deciziilor metode si tehnologii priniatie reshenii metody i tekhnologii

lovers or something like it pushkin modern

lowpower cmos design for wireless transceivers

low-power wireless infrared communications

loving godbooktrax audio cabettes

luftwaffe 1946 pocket manga volume 1 luftwaffe 1946

loving evangeline thorndike large print romance series

loves triumphant heart

low n slow

loves turbulent tides

loving enemy

lower deck of the royal navy 1900-39 the invergordon mutiny in perspective

~~luftspionage-band-2~~

Nutrition And Stroke :

traditional uke tabs and chords ukulele tabs - Sep 22 2021

web rather the song by time becomes part of a country s or ethnic group s canon of folk songs usually sung by groups of people performing a custom particular to their culture ex pub

[english folk tunes for ukulele 37 traditional pieces bk cd](#) - Feb 08 2023

web english folk tunes for ukulele presents a collection of 37 pieces for solo fingerstyle ukulele playing drawn from the rich tradition of english folk music with tunes covering

english folk tunes for ukulele 37 traditional pieces schott - May 11 2023

web oct 1 2013 schott 37 pieces for solo fingerstyle ukulele playing are presented in this collection drawn from the rich tradition of english folk music it includes tunes

english folk tunes 37 traditional pieces for ukulele - Apr 10 2023

web buy english folk tunes 37 traditional pieces for ukulele schott world music by tribe colin isbn 9781847613271 from amazon s book store everyday low prices and free

english folk tunes for ukulele 37 traditional pieces for ukulele - Jun 12 2023

web listen to english folk tunes for ukulele 37 traditional pieces for ukulele on spotify colin tribe album 2013 38 songs

english folk tunes for ukulele 37 traditional pie pdf uniport edu - Jan 27 2022

web apr 29 2023 english folk tunes for ukulele 37 traditional pie 1 1 downloaded from uniport edu ng on april 29 2023 by guest english folk tunes for ukulele 37

english folk tunes for ukulele 37 traditional pieces for ukulele - Jan 07 2023

web english folk tunes for ukulele 37 traditional pieces for ukulele ukulele ausgabe mit online audiodatei schott world music amazon com tr kitap

english folk tunes for ukulele 37 traditional pieces for ukulele - Jul 13 2023

web buy english folk tunes for ukulele 37 traditional pieces for ukulele schott world music by tribe colin isbn 9781847615008 from amazon s book store everyday low

english folk tunes for ukulele 37 traditional pieces for ukulele - Dec 06 2022

web english folk tunes for ukulele 37 traditional pieces for ukulele ukelele tribe colin amazon com be books

english folk tunes for ukulele 37 traditional pieces for ukulele - Aug 14 2023

web share your videos with friends family and the world

free traditional ukulele sheet music 8notes com - Mar 29 2022

web type artist title trad jingle bells trad la bamba trad morning has broken bunessan trad silent night trad what shall we do with a drunken sailor trad

englishfolktunesforukulele37traditionalpie pdf dev2 bryanu - Dec 26 2021

web the ukulele the ukulele 4 chord songbook first 50 songs you should play on ukulele motown masterpieces and movie music to traditional tunes country numbers and

english folk tunes for ukulele 37 traditional pie pdf - Nov 24 2021

web apr 30 2023 english folk tunes for ukulele 37 traditional pie 2 10 downloaded from uniport edu ng on april 30 2023 by guest complete lyrics and chord diagrams for

english folk tunes for ukulele 37 traditional pieces - Oct 04 2022

web 37 pieces for solo fingerstyle ukulele playing are presented in this collection drawn from the rich tradition of english folk music it includes tunes covering a range of styles

popular english folk tunes 37 traditional pieces for ukulele - Jul 01 2022

web feb 29 2020 popular english folk tunes 37 traditional pieces for ukulele schott world music ukulele

english folk tunes 37 traditional pieces for ukulele goodreads - Nov 05 2022

web english folk tunes for ukulele presents a collection of 37 pieces for solo fingerstyle ukulele playing drawn from the rich tradition of english folk music with tunes covering

english folk tunes 37 traditional pieces for ukulele schott - Sep 03 2022

web aug 8 2013 buy english folk tunes 37 traditional pieces for ukulele schott world music ukulele edition with cd ed 13569 by colin tribe isbn 9790220134296

english folk tunes for ukulele 37 traditional pie pdf - Apr 29 2022

web apr 7 2023 english folk tunes for ukulele 37 traditional pie 1 8 downloaded from uniport edu ng on april 7 2023 by guest english folk tunes for ukulele 37

english folk tunes for ukulele 37 traditional pieces for ukulele - Mar 09 2023

web english folk tunes for ukulele presents a collection of 37 pieces for solo fingerstyle ukulele playing drawn from the rich tradition of english folk music with tunes covering

english folk tunes for ukulele 37 traditional pie pdf copy - Oct 24 2021

web english folk tunes for ukulele 37 traditional pie pdf introduction english folk tunes for ukulele 37 traditional pie pdf copy

english folk tunes for ukulele 37 traditional pie pdf pdf - May 31 2022

web english folk tunes for ukulele 37 traditional pie pdf introduction english folk tunes for ukulele 37 traditional pie pdf pdf the ukulele jim beloff 2003 book the

english folk tunes 37 traditional pieces for ukulele alibris - Aug 02 2022

web buy english folk tunes 37 traditional pieces for ukulele by colin tribe editor online at alibris we have new and used copies available in 1 editions starting at 62 02 shop

[traditional ukulele songs with chords and tabs ukutabs](#) - Feb 25 2022

web jason mraz i m yours twenty one pilots can t help falling in love radiohead creep misc cartoons someone to lava billie eilish what was i made for from

[otis mcs 220 fault elevator forum](#) - Mar 27 2022

web feb 9 2018 anyone have fault codes for mcs 220m ovf20 i ll get a hand tool on there later today to see the fault logs lift takes off and immediately stops soon after and attempts take off again for about 3 times until stops completely i ve replaced the encoder still same issue 22998 02 09 18 03 17 am re otis mcs 220 fault re heisenberg

[mli otis mcs220m yumpu](#) - May 09 2023

web jan 2 2015 the main function of the complete product is from an otls controller mcs 220 ml br to drive an autinor s vector drive pwm principle itself driving an autinor br gearless motor br the communication protocol between the otls controller and the autinor s vector br

mli otis mcs220m vec01 ot01 manuel d installation scribd - Aug 12 2023

web oct 31 2002 80 a 22x58 mli otis mcs220m vec01 ot01 manuel d installation gb du 31 10 02 7669 free download as pdf file pdf text file txt or read online for free otis mli lcs220 documentation parameters and programmation

[mli otis mcs220m vec01 ot01 vdocument in](#) - Nov 03 2022

web dec 25 2015 page 15 autinor s vector drive for otis mcs 220 m controller installation manual page 15 generalities the main function of the complete product is from an otls controller mcs 220 ml to drive an autinor s vector drive pwm principle itself driving an autinor gearless motor

[controller related components otis](#) - Jan 05 2023

web csemailorders otis com 1 components otis elevator company unitecparts com 1 800 328 7840 fax 860 286 1625 1 controller related components traction 10 t 21235b controller m p geared mcs 220 traction 10 ht203100 1 elevonic 401 car controller ward leonard direct drive traction 10 7412a mrs motion controller

otis service tool manual mcs pdf scribd - Oct 02 2022

web seite 90 03 98 lkupries pl g mtcfwf tf cauce ime mas rd a mcs 120 220 lcbii otis gmbh elevator runs with malfunction yy if the elevator runs with a malfunction then you has to be informed about the function and signal run of the elevator system svt m 1 1 1 check the state check if the elevator is running in special operation

otis mcs220 pdf scribd - Jul 31 2022

web otis mcs220 free download as pdf file pdf or read online for free otis mcs 220

otis mcs220m lcb2 ovf20 diagram pdf pdf scribd - Mar 07 2023

web carmen maria machado the constant gardener a novel john le carre otis mcs220m lcb2 ovf20 diagram pdf free download

as pdf file pdf or view presentation slides online

otis mcs 220 2v pdf scribd - Sep 01 2022

web save save otis mcs 220 2v for later 100 100 found this document useful mark this document as useful 0 0 found this document not useful mark this document as not useful embed share print download now jump to page you are on page 1 of 24 search inside document i l f

mcs 220 pdf scribd - Jul 11 2023

web 220 the mcs 220 modular control system is noted for its flexibility in that it can meet every type of building requirement from the low to medium rise it consists of a microprocessor based operational control available with two drive types ac two speed up to 1 00 m s otis vf drive up to 1 60 m s with variable voltage variable frequency

otis mcs 220 2v vdocuments net - May 29 2022

web mar 5 2015 gen broch ingles otis worldwide drive otis ovf variable frequency developed by otis control system mcs 220 tcbc modular control system cabinet is located at the top floor pdf filehcno 1b3yetr k otis co lcb i mcs 310 320 lcb t1 mcs 220 lb ii mcs 300 rcb ii mcs 311 321 321m 411 413 421

otis mcs 220c gen2 free download pdf - Sep 13 2023

web mar 17 2017 download pdf 4 1mb shareembeddonate report this link short description download otis mcs 220c gen2 description 1i234 1 567characteristics hemvalueidentification unil number orclernumber car of a group of starting with riser78nw9082 45w3037r a 2 78nw9082 1type model controller code

otis elevator mcs 321 and mcs 220m services - Jun 10 2023

web full functional testing on all otis mcs 321 and mcs 220m elevator control systems from ndc quality assured every time off the shelf service exchange available on many models on the ground tech support available some of the models available ovf 1 ovf 30 hall position indicators mcs 321 control boards ovf 10 ovf 20 spec 90

m c s 2 2 0 m product description pdf - Oct 14 2023

web the mcs 220 m is a modular control system designed for the modernization of geared traction elevators superseding the ms 300 controller it replaces the existing relay controller motor generator set and the electromechanical selector while reusing of the existing elevator machine door operator car and hall

otis mcs 220vf memory mrl gaa30084cac1 elevator parts - Feb 23 2022

web electronics otis components otis mcs 220vf memory mrl gaa30084cac1 otis mcs 220vf memory mrl gaa30084cac1 condition new tweet share google send otis thyssen schindler kone distributions avire dictator hidral technical services pcb repair drives repair oem codes unlocks 34 902

otis mcs 220 fault elevator forum - Jun 29 2022

web feb 9 2018 otis mcs 220 fault 02 09 18 01 55 am anyone have fault codes for mcs 220m ovf20 i ll get a hand tool on there later today to see the fault logs lift takes off and immediately stops soon after and attempts take off again for about 3 times until stops completely i ve replaced the encoder still same issue posted by heisenberg

otis gen2 mcs 220 control electric daigram user manual - Apr 08 2023

web apr 29 2022 otis gen2 mcs 220 control electric daigram user manual journey elevator technology 1 78k subscribers subscribe 567 views 1 year ago jaipur otis gen2 mcs 220 control electric

otis mcs 220 2v q6ngyk9wv2nv documents and e books - Apr 27 2022

web download view otis mcs 220 2v as pdf for free more details pages 24 preview full text download view otis mcs 220 2v as pdf for free related documents otis mcs 220c gen2 august 2020 0 otis mcs 220 2v august 2020 0 otis mcs lcb oi parameters july 2020 1 mcs 41 mcs 42 mcs 43 mcs 44 mcs 45 november 2019 50

otis mcs220 ovf 10 controller youtube - Feb 06 2023

web otis mcs220 ovf 10 controller with inverter show more how to power anything using usb c power delivery and the zy12pdn pd trigger board 203k views how to

mli otis mcs220m yumpu - Dec 04 2022

web mli otis read more about controller vector manual installation otis and autinor

the boy who cried wolf activities other fables the - Jul 14 2023

web fables are fun here are some activities for your kids to go along with the boy who cried wolf story they re a perfect addition for your preschool kindergarten or first grade students and will compliment the other lessons crafts or centers you have planned plus a free little red hen emergent reader download

the boy who cried wolf worksheets esl printables - Apr 11 2023

web a collection of downloadable worksheets exercises and activities to teach the boy who cried wolf shared by english language teachers welcome to esl printables the website where english language teachers exchange resources worksheets lesson

the boy who cried wolf sequencing activity distance learning - Apr 30 2022

web description boy who cried wolf fairy tales sequencing directions cut out the pictures mix them up and put them back in order on the corresponding page don t forget to add color did you know i also have a boy who cried wolf emergent reader available

teaching honesty with the wolf who cried boy education world - Feb 26 2022

web the wolf who cried boy video by b j hennessy honesty matching student worksheet the who cried worksheet part 1 have you ever said something that wasn t true to try to trick someone or be funny what happened sometimes we like to try to play

tricks on our family or friends to be silly

[the boy who cried wolf preschool activities pinterest](#) - Jan 28 2022

web feb 19 2021 explore storieswithmisslibrary s board the boy who cried wolf preschool activities on pinterest see more ideas about boys who preschool activities wolf

the boy who cried wolf worksheets aesop s fables twinkl - Dec 07 2022

web teach ks1 children all about the importance of truth and honesty using aesop s most famous fable of the boy who cried wolf teaching resources including assemblies worksheets display materials and activities to cover the moral tale of the boy who cried wolf by aesop

the boy who cried wolf worksheets aesop s fables twinkl - May 12 2023

web teach ks1 children all about the importance of truth and honesty using aesop s most famous fable of the boy who cried wolf teaching resources including assemblies worksheets display materials and activities to cover the moral tale of the boy who cried wolf by aesop

[the boy who cried wolf lesson plan for pre k kindergarten](#) - Oct 05 2022

web this the boy who cried wolf lesson plan is suitable for pre k kindergarten students use fables to learn about trustworthiness and character education in this trust lesson students discuss the fable of the boy who cried wolf

[the boy who cried wolf activity sheets little day out](#) - Mar 10 2023

web jan 28 2016 in conjunction with i theatre s the boy who cried wolf little day out presents a pack of fun activity sheets that you can do with your child solve a puzzle make your own wolf and more with this set of free activity sheets

the boy who cried wolf activity live worksheets - Jun 13 2023

web jan 7 2020 level kindergarten language english en id 292654 01 07 2020 country code pk country pakistan school subject story time 1056923 main content story sequencing 1126670 sequence the main events of the story

the boy who cried wolf story worksheet education com - Jun 01 2022

web use this worksheet to challenge first graders to put the the boy who cried wolf story back together students will use their fiction comprehension skills to put the illustrations in the correct sequential order once the story has been unjumbled the class can use their reading and writing skills to retell the story

the boy who cried wolf free activities online for kids in kindergarten - Dec 27 2021

web 26 plays en us age 5 6 2 years ago faiz roslee follow just a fun little game based on the book the boy who cried wolf

the boy who cried wolf free activities online for kids in kindergarten - Sep 04 2022

web the boy who cried wolf this interactive lesson for narrative skills is based on the classic aesop s fable the version by j b hennessy is included in a link to the story being read by the author identify story elements categorize vocabulary sequence

story events retell story and let your students choose a follow up project to do

ela g1 the boy who cried wolf unbounded - Jan 08 2023

web description students will demonstrate familiarity with the boy who cried wolf describe the characters setting and plot of the boy who cried wolf identify that the boy who cried wolf is a fable explain in their

results for the boy who cried wolf kindergarten tpt - Nov 06 2022

web the boy who cried wolf is a fable by aesop that has been modified for students who read at a prek k blue level or k 1 black level for blue level have the students read only the blue text and have the teacher read aloud the black text for the black level have the students read the black text to assemble print all pages in color one sided

boy who cried wolf activities for kindergarten - Mar 30 2022

web the boy who cried wolf 2012 a boy tending sheep on a lonely mountainside thinks it a fine joke to cry wolf and watch the people come running until the day a wolf is really there and no one answers his call includes a word puzzle and reading tips for parents tell the truth b b wolf judy sierra 2010 08 24

the boy who cried wolf part 1 worksheet kids academy - Aug 03 2022

web the boy who cried wolf part 1 worksheet 4 9 based on 38 votes complete in app share this worksheet story time is most probably fun time for your little ones if your kids love story time no doubt they will be able to tell you what some of their favorite stories are maybe the story in this worksheet is one of their favorites too

the boy who cried wolf by aesop bbc teach - Feb 09 2023

web the video video transcript the boy who cried wolf a young boy got a job with a shepherd just keep your eyes open and look out for wolves said the shepherd wolves always try to eat

the boy who cried wolf worksheet education com - Jul 02 2022

web the boy who cried wolf read a classic fable the boy who cried wolf with your young reader this is a great chance to help her identify the moral in a story she can also discuss basic literary devices like characters setting and plot

the boy who cried wolf activities and lesson plans for 2023 - Aug 15 2023

web the boy who cried wolf activities you ll receive all of the following resources aligned to the story comprehension questions 30 writing prompts with themed paper vocabulary activities word study print go activities ideas for grammar lessons with focus sentence printables social emotional learning discussion topics