# Take Charge of Your Migraine

# MANAGING YOUR MIGRAINE

A Migraine Sufferer's Practical Guide

# Susan L. Burks, MEd

"This book should be required reading for patients, their families, and their physicians alike."

from the foreword by Fred D. Sheftell, MD

# <u>Managing Your Migraine A Migrainesufferers Practical</u> <u>Guide</u>

Joel Paulino, Ceabert J. Griffith

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