

Reading Statistics You Should Know

1



-68% stress



In a 2009 study from the consultancy Mindlab International at the University of Sussex, testing found that reading reduced stress levels by 68%.

2



27% of American Adults

27% of American adults didn't read a book at all in 2018.

3



20 min per day

Kids that read at least 20 minutes each day will get exposure to around 2 million words each year

4



1 out of 5 kids

1 out of 5 kids in the U.K. can't read at their school level by the time they reach 11 years of age.

5



50% to 100% BOOST

Reading can boost emotional development and career prospects by 50% to 100%.

6



up to 74,000

The average amount of audiobooks published every year has increased over the last 10 years, up to 74,000 titles in 2021.

7



50% to 100%

Reading fictional books are shown to increase better decision-making in people by 50% to 100%.

Average Reading Statistics

250 – 300 wpm

Average Reading Speed

2 min.

Average Time to Read One Page

1.000 – 2.000

Average Number of Words Read in One Sitting

50 – 70%

Average Reading Comprehension

10 – 15 hrs.

Average Number of Words Read in One Sitting



Reading Statistics And Research

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Reading Statistics And Research:

The Enigmatic Realm of **Reading Statistics And Research**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing in short supply of extraordinary. Within the captivating pages of **Reading Statistics And Research** a literary masterpiece penned by a renowned author, readers set about a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting effect on the hearts and minds of those who partake in its reading experience.

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