# NITERITED AND FICTIONS FACTS AND FICTIONS

Victor Herbert, M.D., J.D.

LAETRILE (B-17)
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DIETS & VITAMINS
SUGAR, SALT, FAT
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... gives 16 tips on how to spot food quacks; how to evaluate what is nutrition; what is a vitamin; what is a proper diet; nutritional anemias: the organic food fallacy; and legal recourses for victims of nutrition fraud!

# **Nutrition Cultism**

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