

MAYA MEDICINE

Traditional Healing in Yucatán

MARIANNA
APPEL KUNOW



Maya Medicine Traditional Healing In Yucatan

Philip K Wilson, W Jeffrey Hurst



Maya Medicine Traditional Healing In Yucatan:

Maya Medicine Marianna Appel Kunow, 2012-01-19 Original publication and copyright date 2003 **Routledge**

Handbook of Chinese Medicine Vivienne Lo, Michael Stanley-Baker, 2022-06-19 The Routledge Handbook of Chinese Medicine is an extensive interdisciplinary guide to the nature of traditional medicine and healing in the Chinese cultural region and its plural epistemologies Established experts and the next generation of scholars interpret the ways in which Chinese medicine has been understood and portrayed from the beginning of the empire third century BCE to the globalisation of Chinese products and practices in the present day taking in subjects from ancient medical writings to therapeutic movement to talismans for healing and traditional medicines that have inspired global solutions to contemporary epidemics The volume is divided into seven parts Longue Dur e and Formation of Institutions and Traditions Sickness and Healing Food and Sex Spiritual and Orthodox Religious Practices The World of Sinographic Medicine Wider Diasporas Negotiating Modernity This handbook therefore introduces the broad range of ideas and techniques that comprise pre modern medicine in China and the historiographical and ethnographic approaches that have illuminated them It will prove a useful resource to students and scholars of Chinese studies and the history of medicine and anthropology It will also be of interest to practitioners patients and specialists wishing to refresh their knowledge with the latest developments in the field The Open Access version of this book available at <http://www.taylorfrancis.com> has been made available under a Creative Commons Attribution Non Commercial No Derivatives 4.0 license

The Teabo Manuscript Mark Z. Christensen, 2016-12-13 Among the surviving documents from the colonial period in Mexico are rare Maya authored manuscript compilations of Christian texts translated and adapted into the Maya language and worldview which were used to evangelize the local population The Morely Manuscript is well known to scholars and now The Teabo Manuscript introduces an additional example of what Mark Z Christensen terms a Maya Christian copybook Recently discovered in the archives of Brigham Young University the Teabo Manuscript represents a Yucatecan Maya recounting of various aspects of Christian doctrine including the creation of the world the Fall of Adam and Eve and the genealogy of Christ The Teabo Manuscript presents the first English translation and analysis of this late colonial Maya language document a facsimile and transcription of which are also included in the book Working through the manuscript section by section Christensen makes a strong case for its native authorship as well as its connections with other European and Maya religious texts including the Morely Manuscript and the Books of Chilam Balam He uses the Teabo Manuscript as a platform to explore various topics such as the evangelization of the Maya their literary compositions and the aspects of Christianity that they deemed important enough to write about and preserve This pioneering research offers important new insights into how the Maya negotiated their precontact intellectual traditions within a Spanish and Catholic colonial world

Medicine on the Periphery David Sowell, 2015-10-30 Medicine on the Periphery examines the history of the public health of Yucatán Mexico from the 1870s through 1960 This book includes

chapters on institutions healers changing patterns of disease the biomedicalization of Yucatán and the relationship between Yucatán and the Mexican Revolutionary government Sowell analyzes Yucatec officials establishment of public health programs as a strategy for the modernization of the region using wealth from the production of henequen to create Mexico's most extensive public health system and subsequent tensions with the Revolutionary government Public health programs situated the Yucatán into a complex position in the nexus of knowledge power and technologies of the Atlantic medical community *Medicine on the Periphery* provides a comprehensive look at how Yucatán became a medical periphery a status that made it increasingly dependent upon knowledge and technologies produced in the productive core of the North Atlantic and subject to the authority of the Mexican state This book will be of interest to scholars in Mexican studies history of medicine and public health in Latin America and in the Atlantic world *Ethnomedicine* Pamela I. Erickson, 2007-11-14 People throughout time and place no matter their belief system have sought to discover causes and cures for illness and disease Among Westerners is a groundswell to augment biomedicine with holistic practices inherent in ethnomedicines of non Western traditions Yet missing are awareness and knowledge of the foundations and outgrowth of these alternative concepts Erickson fills this gap by clearly explaining the basic organizing principles that underlie all medical systems the full range of theories of disease causation the geographical distribution of medical practices and the historical trends that led to biomedical dominance Her efficient balanced approach highlights commonalities among the world's vast and diverse medical systems making ethnomedicine easier to internalize and to apply in clinical settings *Medicine through the Ages* Michael Woods, Mary B. Woods, 2024-01-01 In medical knowledge the Egyptian leaves the rest of the world behind Homer Greek poet I swear by Apollo the physician and all the gods and goddesses and call them to witness that I will prescribe treatments to the best of my ability and judgement for the good of the sick and never for a harmful or illicit purpose Hippocratic oath excerpt ca 500s BCE Modern humans have been around for about 300 000 years and medical technology grew alongside them Ancient civilizations developed advanced medical techniques and devices that helped improve and extend people's lives Early people learned which plants could help with issues such as pain and anxiety and developed ways to treat injuries such as bone fractures The first written records of medical technology come from Egypt but ancient people around the world recorded medical treatments and theories Over centuries doctors developed different surgeries remedies early forms of vaccination and even hospitals Even though not every treatment worked each attempt helped advance medical knowledge and practice From chew sticks to plastic surgery discover ancient medical technology and find out how early medical innovation shaped modern medicine **An Imperative to Cure** James B. Waldram, 2020-11 James B Waldram's groundbreaking study *An Imperative to Cure* Principles and Practice of Q'eqchi' Maya Medicine in Belize explores how our understanding of Indigenous therapeutics changes if we view them as forms of medicine instead of healing Bringing an innovative methodological approach based on fifteen years of ethnographic research Waldram argues that Q'eqchi' medical

practitioners access an extensive body of empirical knowledge and personal clinical experience to diagnose treat and cure patients according to a coherent ontology and set of therapeutic principles Not content to leave the elements of Q eqchi cosmovision to the realm of the imaginary and beyond human reach Q eqchi practitioners conceptualize the world as essentially material and meta material consisting of complex but knowable forces that impact health and well being in real and meaningful ways forces with which Q eqchi practitioners must engage to cure their patients Nature's Medicine Dr. Abdul Ghani Hussain ,Prof Dr. Normah Mohd Noor ,Dr. Khatijah Hussin, Nature s Medicine A collection of Medicinal Plants from Malaysia s Rainforest is an e book compiling medicinal plants we call weeds It features the health benefits of medicinal herbs and plants for public use Most weeds are found in home gardens and are easily accessible We call them weeds because we do not have to care of these plants Weeds in many cases can be used to fight the flu cough ease indigestion threat poison ivy rashes snake bites joint pains and even make a tasty meal as a salad You may be surprised to learn that identifying weeds in your own yard can be beneficial This e book is also intended to serve as a reference guide and create interest among students and scientists to study the wonder of the weeds in greater detail The weeds are picturesquely presented to enable readers to recognise them at a glance Their medicinal properties and traditional uses are also highlighted **Health and Medicine in the circum-Caribbean, 1800-1968** Juanita De Barros,Steven Palmer,2010-11-16 Health and medicine in colonial environments is one of the newest areas in the history of medicine but one in which the Caribbean is conspicuously absent Yet the complex and fascinating history of the Caribbean borne of the ways European colonialism combined with slavery indentureship migrant labour and plantation agriculture led to the emergence of new social and cultural forms which are especially evident the area of health and medicine The history of medical care in the Caribbean is also a history of the transfer of cultural practices from Africa and Asia the process of creolization in the African and Asian diasporas the perseverance of indigenous and popular medicine and the emergence of distinct forms of western medical professionalism science and practice This collection which covers the French Hispanic Dutch and British Caribbean explores the cultural and social domains of medical experience and considers the dynamics and tensions of power The chapters emphasize contestations over forms of medicalization and the controls of public health and address the politics of professionalization not simply as an expression of colonial power but also of the power of a local elite against colonial or neo colonial control They pay particular attention to the significance of race and gender focusing on such topics as conflicts over medical professionalization control of women s bodies and childbirth and competition between European and Indigenous healers and healing practices Employing a broad range of subjects and methodological approaches this collection constitutes the first edited volume on the history of health and medicine in the circum Caribbean region and is therefore required reading for anyone interested in the history of colonial and post colonial medicine **Breath and Smoke** Jennifer Loughmiller-Cardinal,Keith Eppich,John E. Staller,2019-11 Breath and Smoke explores the uses of tobacco among the Maya

of Central America revealing tobacco as a key topic in pre Columbian art iconography and hieroglyphics

The Thing about Religion David Morgan, 2021-03-19 Common views of religion typically focus on the beliefs and meanings derived from revealed scriptures ideas and doctrines David Morgan has led the way in radically broadening that framework to encompass the understanding that religions are fundamentally embodied material forms of practice This concise primer shows readers how to study what has come to be termed material religion the ways religious meaning is enacted in the material world Material religion includes the things people wear eat sing touch look at create and avoid It also encompasses the places where religion and the social realities of everyday life including gender class and race intersect in physical ways This interdisciplinary approach brings religious studies into conversation with art history anthropology and other fields In the book Morgan lays out a range of theories terms and concepts and shows how they work together to center materiality in the study of religion Integrating carefully curated visual evidence Morgan then applies these ideas and methods to case studies across a variety of religious traditions modeling step by step analysis and emphasizing the importance of historical context The Thing about Religion will be an essential tool for experts and students alike Two free downloadable course syllabi created by the author are available online

The Heart of the Matter Wesley M. Collins, 2016-11-16 Can a culture have a theme that unifies seemingly unrelated practices In this volume Collins suggests that Maya Mam customs as different as constructing a house staying healthy seeking God disciplining children agreeing to a contract or just speaking the language all originate from the same concept a search for the center This is far more than mere balance long recognized as a Mayan cultural value Rather center space is a place of physical and metaphysical peace acceptance meaning health happiness and home Collins also shows how centeredness is deeply embedded in the grammar of Mam its lexicon morphology syntax and discourse structure This relatedness of Mam culture and linguistics provides an unusually detailed contribution to the debate on linguistic relativity and the Sapir Whorf hypothesis Collins combines historical accounts with firsthand ethnographic and linguistic methodology to explore the concept of centeredness Detailed accounts of his personal interaction with the Mam illustrate and enrich the book's concepts This volume will interest students of the relationship between language and culture generally and specifically those interested in the study of Maya of Mexico and Guatemala

Indigenous Geographies in the Yucatan Miguel Sioui, 2021-01-25 This book is part of a broader attempt to decolonize colonial histories and understandings about Indigenous peoples and their relationships with their territories and argues that the land ethos of being part of the land specifically among the Mayan community of Xuilub Yucatan Mexico is guided by the cultural precept of responsibility based thinking The work uniquely adds much needed insights into responsibility based thinking for land use practices and develops a theoretical framework for assessing historical impacts on Indigenous cultures and livelihoods In six chapters the text bridges Western and Indigenous Knowledge IK approaches to achieve deeper understanding of IKs focusing on more Indigenous centered methods with the goal of expanding the disciplinary perspectives of postcolonial scholarship

and Indigenous geographies The book contains useful information for environmental planning management scholars and geographers who may not be familiar with Indigenous approaches to land use and to Indigenous geographers working to bridge Western and Indigenous methodologies *Chocolate as Medicine* Philip K Wilson, W Jeffrey Hurst, 2015-11-06 The Mesoamerican population who lived near the indigenous cultivation sites of the Chocolate Tree Theobroma cacao had a multitude of documented applications of chocolate as medicine ranging from alleviating fatigue to preventing heart ailments to treating snakebite Until recently these applications have received little sound scientific scrutiny Rather it has been the reputed health claims stemming from Europe and the United States which have attracted considerable biomedical attention This book for the first time describes the centuries long quest to uncover chocolate s potential health benefits The authors explore variations in the types of evidence used to support chocolate s use as medicine as well as note the ongoing tension over categorizing chocolate as food or medicine and more recently as functional food or nutraceutical The authors Wilson an historian of science and medicine and Hurst an analytical chemist in the chocolate industry bring their collective insights to bear upon the development of ideas and practices surrounding the use of chocolate as medicine Chocolate s use in this manner is explored first among the Mesoamerican peoples then as it is transported to Europe and back into Colonial North America The authors then focus upon more recent bioscience experimental undertakings which have been aimed to ascertain both long standing and novel suggestions as to chocolate s efficacy as a medicinal and a nutritional substance Chocolate s reputation as the most craved food boosts this book s appeal to food and biomedical scientists cacao researchers ethnobotanists historians folklorists and healers of all types as well as to the general reading audience Night and Darkness in Ancient Mesoamerica Nancy Gonlin, David Millard Reed, 2021-12-01 Night and Darkness in Ancient Mesoamerica is the first volume to explicitly incorporate how nocturnal aspects of the natural world were imbued with deep cultural meanings and expressed by different peoples from various time periods in Mexico and Central America Material culture iconography epigraphy art history ethnohistory ethnographies and anthropological theory are deftly used to illuminate dimensions of darkness and the night that are often neglected in reconstructions of the past The anthropological study of night and darkness enriches and strengthens the understanding of human behavior power economy and the supernatural In eleven case studies featuring the residents of Teotihuacan the Classic period Maya inhabitants of Rio Ul a and the Aztecs the authors challenge archaeologists to consider the influence of the ignored dimension of the night and the role and expression of darkness on ancient behavior Chapters examine the significance of eclipses burials tombs and natural phenomena considered to be portals to the underworld animals hunted at twilight the use and ritual meaning of blindfolds night blooming plants nocturnal foodways fuel sources and lighting technology and other connected practices Night and Darkness in Ancient Mesoamerica expands the scope of published research and media on the archaeology of the night The book will be of interest to those who study the humanistic anthropological and archaeological aspects of the Aztec Maya Teotihuacanos and

southeastern Mesoamericans as well as sensory archaeology art history material culture studies anthropological archaeology paleonutrition socioeconomics sociopolitics epigraphy mortuary studies volcanology and paleoethnobotany Contributors Jeremy Coltman Christine Dixon Rachel Egan Kirby Farah Carolyn Freiwald Nancy Gonlin Julia Hendon Cecelia Klein Jeanne Lopiparo Brian McKee Jan Marie Olson David M Reed Payson Sheets Venicia Slotten Michael Thomason Randolph Widmer W Scott Zeleznik *Ancient Medical Technology* Michael Woods, Mary B. Woods, 2011-01-01 Examines the medical advancements created by ancient cultures **Orchids as Aphrodisiac, Medicine or Food** Eng Soon Teoh, 2019-07-17 Did you know that Vanilla was formerly served as aphrodisiac by Cassanova and Madam Pompadour and Elizabeth I loved its flavor This is the first book that provides a complete worldwide coverage of orchids being employed as aphrodisiacs medicine or charms and food Opening with an in depth historical account of orchids orchis Greek testicle the author describes how the Theory of Signatures influenced ancient herbalists to regard terrestrial orchid tubers as aphrodisiacs Doctors and apothecaries promoted it during the Renaissance Usage of orchids in Traditional Chinese Medicine Indian Ayurvedic Medicine by Tibetan yogins and Amchi healers for longevity pills tonics and aphrodisiacs by Africans to prepare health promoting chikanda or as survival food when lost in the Australian bush are some highlights of the book Early settlers in America and the East Indies often relied on native remedies and employment of orchids for such needs is described Also covered are the search for medicinal compounds by scientists attempts to prove the orchid s efficacy by experiment and the worry of conservationists **The Friar and the Maya** Matthew Restall, Amara Solari, John F. Chuchiak, Traci Ardren, 2023-12-22 The Friar and the Maya offers a full study and new translation of the Relaci n de las Cosas de Yucat n Account of the Things of Yucatan by a unique set of eminent scholars created by them over more than a decade from the original manuscript held by the Real Academia de la Historia in Madrid This critical and careful reading of the Account is long overdue in Maya studies and will forever change how this seminal text is understood and used For generations scholars used and misused the Account as the sole eyewitness insight into an ancient civilization It is credited to the sixteenth century Spanish Franciscan monastic inquisitor and bishop Diego de Landa whose legacy is complex and contested His extensive writings on Maya culture and history were lost in the seventeenth century save for the fragment that is the Account discovered in the nineteenth century and accorded near biblical status in the twentieth as the first ethnography of the Maya However the Account is not authored by Landa alone it is a compilation of excerpts many from writings by other Spaniards a significant revelation made here for the first time This new translation accurately reflects the style and vocabulary of the original manuscript It is augmented by a monograph comprising an introductory chapter seven essays and hundreds of notes that describes explains and analyzes the life and times of Diego de Landa the Account and the role it has played in the development of modern Maya studies The Friar and the Maya is an innovative presentation on an important and previously misunderstood primary source *Ethnobotany of the Mountain Regions of Mexico* Alejandro Casas, José Juan Blancas

Vázquez,2023-05-31 Research in recent years has increasingly shifted away from purely academic research and into applied aspects of the discipline including climate change research conservation and sustainable development It has by now widely been recognized that traditional knowledge is always in flux and adapting to a quickly changing environment Trends of globalization especially the globalization of plant markets have greatly influenced how plant resources are managed nowadays While ethnobotanical studies are now available from many regions of the world no comprehensive encyclopedic series focusing on the worlds mountain regions is available in the market Scholars in plant sciences worldwide will be interested in this website and its dynamic content The field and thus the market of ethnobotany and ethnopharmacology has grown considerably in recent years Student interest is on the rise attendance at professional conferences has grown steadily and the number of professionals calling themselves ethnobotanists has increased significantly the various societies Society for Economic Botany International Society of Ethnopharmacology Society of Ethnobiology International Society for Ethnobiology and many regional and national societies in the field currently have thousands of members Growth has been most robust in BRIC countries The objective of this new MRW on Ethnobotany of Mountain Regions is to take advantage of the increasing international interest and scholarship in the field of mountain research We anticipate including the best and latest research on a full range of descriptive methodological theoretical and applied research on the most important plants for each region Each contribution will be scientifically rigorous and contribute to the overall field of study Maya Bonesetters Servando Z. Hinojosa,2020-02-28 Scholarship on Maya healing traditions has focused primarily on the roles of midwives shamans herbalists and diviners Bonesetters on the other hand have been largely excluded from conversations about traditional health practitioners and community health resources Maya Bonesetters is the first book length study of bonesetting in Guatemala and situates the manual healing tradition within the current cultural context one in which a changing medical landscape potentially threatens bonesetters work yet presents an opportunity to strengthen its relevance Drawing on extensive field research in highland Guatemala Servando Z Hinojosa introduces readers to a seldom documented though nonetheless widespread variety of healer This book examines the work of Kaqchikel and Tz utujiil Maya bonesetters analyzes how they diagnose and treat injuries and contrasts the empirical and sacred approaches of various healers Hinojosa shows how bonesetters are carefully adapting certain biomedical technologies to meet local expectations for care and concludes that despite pressures and criticisms from the biomedical community bonesetting remains culturally meaningful and vital to Maya people even if its future remains uncertain

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