

Bobath or Motor Relearning Programme? A comparison of two different approaches of physiotherapy in stroke rehabilitation: a randomized controlled study

Birgitta Langhammer Department of Medicine and Physiotherapy, Bærum Hospital and **Johan K. Stanghelle** Sunnaas Rehabilitation Hospital, Nesoddtangen, Norway

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Objective: To examine whether two different physiotherapy regimes caused any differences in outcome in rehabilitation after acute stroke.

Design: A double-blind study of patients with acute first-ever stroke. Sixty-one patients were consecutively included, block randomized into two groups, and stratified according to gender and hemiplegic side. Group 1 (33 patients) and group 2 (28 patients) had physiotherapy according to Motor Relearning Programme (MRP) and Bobath, respectively. The supplemental treatment did not differ in the two groups.

Main outcome measures: The Motor Assessment Scale (MAS), the Sedring Motor Evaluation Scale (SMES), the Barthel ADL Index and the Nottingham Health Profile (NHP) were used. The following parameters were also registered: length of stay in the hospital, use of assistive devices for mobility, and the patient's accommodation after discharge from the hospital.

Results: Patients treated according to MRP stayed fewer days in hospital than those treated according to Bobath (mean 21 days versus 34 days, $p = 0.008$). Both groups improved in MAS and SMES, but the improvement in motor function was significantly better in the MRP group. The two groups improved in Barthel ADL Index without significant differences between the groups. However, women treated by MRP improved more in ADL than women treated by Bobath. There were no differences between the groups in the life quality test (NHP), use of assistive devices or accommodation after discharge from the hospital.

Conclusion: The present study indicates that physiotherapy treatment using the MRP is preferable to that using the Bobath programme in the acute rehabilitation of stroke patients.

Address for correspondence: Birgitta Langhammer, Bærum Hospital, Postboks 34, 1306 Bærum Postterminal, Norway.
e-mail: blanghammer@hotmail.com

Motor Relearning Programme For Stroke

Lynette Mackenzie, Glyn O'Toole



Motor Relearning Programme For Stroke:

A Motor Relearning Programme for Stroke Janet H. Carr, Roberta B. Shepherd, 1987 This edition provides physiotherapists and occupational therapists with an approach to stroke rehabilitation that is clear relevant and effective building on the research based model created by the authors

Physical Therapy Janet H. Carr, Roberta B. Shepherd, 1994
Physical Management in Neurological Rehabilitation Maria Stokes, 2004 Building upon the success of the first edition of this popular book the new edition of *Physical Management in Neurological Rehabilitation* has been completely up dated and revised to reflect changes in practice today The authors consider the theoretical basis and scientific evidence of effective treatment taking a multidisciplinary problem solving approach to patient management which involves patients and carers in goal setting and decision making Book jacket

Management of Spinal Cord Injuries Lisa Harvey, 2008-01-10 Combining 25 years of clinical research and teaching experience Dr Lisa Harvey provides an innovative 5 step approach to the physiotherapy management of people with spinal cord injury Based on the International Classification of Functioning this approach emphasises the importance of setting goals which are purposeful and meaningful to the patient These goals are related to performance of motor tasks analysed in terms of 6 key impairments The assessment and treatment performance of each of these impairments for people with spinal cord injury is described in the following chapters training motor tasks strength training contracture management pain management respiratory management cardiovascular fitness training Dr Harvey develops readers problem solving skills equipping them to manage all types of spinal cord injuries Central to these skills is an understanding of how people with different patterns of paralysis perform motor tasks and the importance of different muscles for motor tasks such as transfers and bed mobility of people wheelchair mobility hand function for people with tetraplegia standing and walking with lower limb paralysis This book is for students and junior physiotherapists with little or no experience in the area of spinal cord injury but with a general understanding of the principles of physiotherapy It is also a useful tool for experienced clinicians including those keen to explore the evidence base that supports different physiotherapy interventions

Science-based Rehabilitation Elizabeth Ellis (MSc.), 2005-01-01 Physiotherapy as a profession has changed radically in the last few years with the rapid development of interventions based on a wider and sounder theoretical basis the development of reliable measurement tools and vigorous testing of outcomes Science based Rehabilitation describes various aspects of rehabilitation by a distinguished group of international contributors who share a passion for scholarship and a vision of translating theory into practice The authors cover assessment through to the nature and contribution of impairments to disability and finally handicap and reflect the research outcomes of physiotherapists It is a clear illustration of where we are now and where we have come from

Occupational Therapy for Physical Dysfunction Mary Vining Radomski, Catherine A. Trombly Latham, 2008 The definitive work on occupational therapy for physical dysfunction returns in its Sixth Edition with reputable co editors and clinical academic and consumer contributors

This text provides a current and well rounded view of the field from theoretical rationale to evaluation treatment and follow up Through the Occupational Functioning Model OFM the Sixth Edition continues to emphasize the conceptual foundation and scientific basis for practice including evidence to support the selection of appropriate assessments and interventions NEW TO THIS EDITION Student DVD with video clips demonstrating range of motion manual muscle testing construction of hand splints and transferring patients Evidence Tables summarize the evidence behind key topics and cover Intervention Participants Dosage Type of Best Evidence Level of Evidence Benefit Statistical Probability and Reference Assessment Tables summarize key assessment tools and cover Instrument and Reference Description Time to Administer Validity Reliability Sensitivity and Strengths and Weaknesses

Upper Motor Neurone Syndrome and Spasticity Michael P. Barnes, Garth R. Johnson, 2001-02 This is a thorough practical reference and guide for all health professionals involved in the management of spasticity

Lifespan Neurorehabilitation Dennis Fell, Karen Y Lunnen, Reva Rauk, 2018-01-02 The neuro rehab text that mirrors how you learn and how you practice Take an evidence based approach to the neurorehabilitation of adult and pediatric patients across the lifespan that reflects the APTA s patient management model and the WHO s International Classification of Function ICF You ll study examination and interventions from the body structure function impairments and functional activity limitations commonly encountered in patients with neurologic disorders Then understanding the disablement process you ll be able to organize the clinical data that leads to therapeutic interventions for specific underlying impairments and functional activity limitations that can then be applied as appropriate anytime they are detected regardless of the medical diagnosis

Brain Repair After Stroke Steven C. Cramer, Randolph J. Nudo, 2010-10-28 Increasing evidence identifies the possibility of restoring function to the damaged brain via exogenous therapies One major target for these advances is stroke where most patients can be left with significant disability Treatments have the potential to improve the victim s quality of life significantly and reduce the time and expense of rehabilitation Brain Repair After Stroke reviews the biology of spontaneous brain repair after stroke in animal models and in humans Detailed chapters cover the many forms of therapy being explored to promote brain repair and consider clinical trial issues in this context This book provides a summary of the neurobiology of innate and treatment induced repair mechanisms after hypoxia and reviews the state of the art for human therapeutics in relation to promoting behavioral recovery after stroke Essential reading for stroke physicians neurologists rehabilitation physicians and neuropsychologists

Occupational Therapy and Stroke Judi Edmans, 2011-06-09 Occupational Therapy and Stroke guides newly qualified occupational therapists and those new to the field of stroke management through the complexities of treating people following stroke It encourages and assists therapists to use their skills in problem solving building on techniques taught and observed as an undergraduate Written and edited by practising occupational therapists the book acknowledges the variety of techniques that may be used in stroke management and the scope of the occupational therapist s role Chapters span such key topics as early intervention and the theoretical

underpinnings of stroke care as well as the management of motor sensory cognitive and perceptual deficits They are written in a user friendly style and presented in a form that enables the therapist to review the subject prior to assessment and treatment planning Complex problems are grouped together for greater clarity This second edition has been fully revised and updated in line with the WHO ICF model National Clinical Guidelines and Occupational Therapy standards It is produced on behalf of the College of Occupational Therapists Specialist Section Neurological Practice **Sensorimotor Rehabilitation**,2015-04-14 This volume of Progress in Brain Research focuses on Sensorimotor Rehabilitation This well established international series examines major areas of basic and clinical research within neuroscience as well as emerging subfields

Primer on Cerebrovascular Diseases Louis R. Caplan,Bo K. Siesjo,Bruce Weir,K. Michael Welch,Donald J. Reis,1997-05-12 Primer on Cerebrovascular Diseases is a handy reference source for scientists students and physicians needing reliable up to date information on basic mechanisms physiology pathophysiology and medical issues related to brain vasculature The book consists of short specific chapters written by international experts on cerebral vasculature and presents the information in a comprehensive and easily accessible manner The book also contains valuable information on practical applications of basic research Presents topics in a comprehensive and accessible format Written by international authorities on cerebral vasculature Provides practical applications for researchers Physiotherapy for Adult Neurological Conditions Abraham M. Joshua,2022-06-20 This is a comprehensive book on physiotherapy for adult neurological disorders with chapters describing physiotherapy assessment and management for those adult patients in the acute care and rehabilitation units of hospitals or centers Each chapter additionally provides brief introduction historical background etiology pathophysiology clinical manifestations medical and surgical management The aim is to help build a theoretical foundation on which principles of management are laid and to improve and update the readers clinical and therapeutic skills Improving the overall care and management of patients suffering from adult neurological conditions such as stroke Parkinson s disease traumatic brain injury and multiple sclerosis is the key objective Supported with ample practical contents exercise training and therapeutic strategies and pictures it prepares the readers to effectively manage patients with neurological conditions The contents of this book will serve as a guide and source of knowledge of both contemporary and advanced treatment techniques for undergraduate and post graduate students and therapists practicing worldwide in adult neurological physiotherapy Occupation Analysis in Practice Lynette Mackenzie,Gjyn O'Toole,2011-03-23 Occupation Analysis in Practice is the essential book for all future and current occupational therapists It offers a practical approach to the analysis of occupations in real world practice The book frames occupation as the key component for analysis and builds upon previous work limited to analysis at the activity level It examines the interests goals abilities and contexts of individuals groups institutions and communities along with the demands of the occupation It presents examples of occupation analysis in different practice context including working with children health promotion indigenous health medico legal practice mental

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National Library of Medicine Current Catalog National Library of Medicine (U.S.), **Handbook of Cerebrovascular Diseases, Revised and Expanded** Harold P. Adams, 2004-10-29 Spanning a wide array of topics relating to the diagnosis and treatment of cerebrovascular disease this reference collects the latest studies and recommendations from a team of 75 leading authorities on the subject including the management of subarachnoid hemorrhage the treatment of acute ischemic stroke and aneurysms and surgical interventions **Current Catalog** National Library of Medicine (U.S.), First multi year cumulation covers six years 1965 70 **Physical Rehabilitation - E-Book** Michelle H. Cameron, Linda G Monroe, 2007-04-05 The only physical rehabilitation text modeled after the concepts of the APTA's Guide to Physical Therapist Practice 2nd Edition this detailed resource provides the most complete coverage of rehabilitation across the preferred practice patterns of physical therapy all in one place Each chapter is consistently organized to make it easy to find the information you need with clear guidelines examples and summaries based on the latest clinical evidence to help you improve quality of care and ensure positive patient outcomes In depth evidence based coverage of more key content areas than any other rehabilitation resource of its kind including orthopedics neurology and wound management ensures a comprehensive understanding of rehabilitation supported by the latest clinical research More than 65 case studies present a problem based approach to rehabilitation and detail practical real world applications Over 600 full color illustrations clarify concepts and techniques A FREE companion CD prepares you for practice with printable examination forms and reference lists from the text linked to Medline abstracts and reinforces understanding through interactive boards style review questions and vocabulary building exercises **Occupational Therapy Interventions** Catherine Meriano, Donna Latella, 2024-06-01 Occupational Therapy Interventions Functions and Occupations Second Edition is a unique and comprehensive text intended to provide the essential information required for occupational therapy practice in the physical approach to the intervention process This practical and user friendly text offers an entry level approach to bridging the American Occupational Therapy Association's Occupational Therapy Practice Framework Third Edition with everyday practice specifically concerning interventions Dr Catherine Meriano and Dr Donna Latella focus each chapter of the text on

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Introduction to Kinesiology Shirl J. Hoffman, 2009 Aimed at undergraduate students in sport and exercise science courses this text provides a comprehensive reader friendly overview of sports science laying a solid foundation for future learning and for working as a professional in any field relating to physical activity

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