

The background image shows a man in a white t-shirt sitting on the edge of a bed, looking down with his hand on his forehead, suggesting stress or anxiety. In the background, a woman is lying in bed, looking towards the camera. The scene is dimly lit, with a warm, slightly desaturated color palette. The text is overlaid on the left side of the image.

# HOW TO OVERCOME SEXUAL PERFORMANCE ANXIETY?

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# Sex Without Anxiety

**C Cleary**



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