

# Anorexia nerviosa

## Características:

- Trastorno alimentario que se caracteriza por inanición (extrema debilidad física provocada por la falta de alimento) y pérdida excesiva de peso.
- Miedo intenso a aumentar de peso.
- Con el fin de evitar la subida de peso se restringe la comida, se hace actividad física excesiva o se realizan purgas recurrentes.

## Causas:

- Rasgos de personalidad
- Patrones de pensamiento
- Factores biológicos
- Factores ambientales
- Sentimientos de insuficiencia
- baja autoestima
- Autoexigencia
- Ansiedad

## Tratamiento:

- Terapia
- Trabajo con la familia
- Acompañamiento de un nutricionista
- Medicación
- Suplementos para resolver las deficiencias nutricionales.
- Tratamiento hospitalario

# Riesgo Y Causas De La Anorexia Nerviosa

**Fred F. Ferri**



## **Riesgo Y Causas De La Anorexia Nerviosa:**

## **Riesgo Y Causas De La Anorexia Nerviosa** Book Review: Unveiling the Magic of Language

In an electronic era where connections and knowledge reign supreme, the enchanting power of language has become more apparent than ever. Its power to stir emotions, provoke thought, and instigate transformation is really remarkable. This extraordinary book, aptly titled "**Riesgo Y Causas De La Anorexia Nerviosa**," written by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound impact on our existence. Throughout this critique, we shall delve into the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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