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COOKING FOR BEGINNERS

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BY ALLIE ALLEN

Mexican Cooking For Beginners

Susan Feniger, Mary Sue Milliken, Helene Siegel

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with salsas and ceviches before moving on to the main dish Will it be the cumin and chile marinated skirt steak or the baked salmon in salsa verde Either way you re sure to impress The authors cover the staples such as rice beans tortillas and vegetables and then guide you on a discovery tour that includes traditional moles and menudos Save some room for the wide selection of desert recipes Pick up Mexican Cooking For Dummies and in no time you ll be swinging spicy cilantro covered dishes out of your kitchen and making your guests shout Ole Best of Mexican Cooking Adriana Martin, 2021-07-27 Capture the flavors of Mexico with homestyle recipes Now you can re create your favorite traditional Mexican dishes in your own kitchen with Best of Mexican Cooking This Mexican cookbook is filled with 75 iconic recipes that represent the very best regional home cooking across the country Discover where each dish originated and get plenty of tips for making delicious perfectly cooked Mexican meals every time Inside this Mexican cookbook you ll find An intro to Mexican cooking Learn about seven different culinary regions in Mexico fundamental Mexican cooking techniques and essential ingredients and equipment to have on hand Simple authentic recipes Each dish in this Mexican cookbook includes clear detailed instructions that make preparation easy even if you re never tried cooking Mexican food before Recipe tips and tricks Get expert pointers for making the most of every dish from food prep suggestions that help you save time in the kitchen to ingredient variations that create new and exciting flavors Make tasty Mexican meals at home with help from this traditional Mexican cookbook Mexican Cookbook Michael Walson, 2020-02-18 There was a time when people used to travel to Mexico to explore their rich history and most importantly to taste their authentic Mexican dishes And how can anyone stop her himself from devouring rich Mexican foods The classic taste of Mexican foods is still the same in fact it's getting better And now you can cook up deep Mexican flavors and go on to this mouthwatering journey in your own kitchen Yes the real Mexican food doesn t need complex sauces strong flavors and loads of cheese Neither they have to be extra spicy Instead an authentic Mexican meal is so simple that it oozes the body with freshness and fullness And the best part Mexican dishes are so versatile that they can be modified according to seasonal produce and so they fit perfectly for any meal Bring Mexican dishes on your table with The Mexican Cookbook Easy Authentic Mexican Recipes For Beginners It is a complete guide to Mexican cooking that offers you Original breakfast lunch and dinner recipes with common ingredients and unique taste Really tasty Mexican dishes including soup chili stews fajitas tacos tortas tostadas burritos enchiladas salads dips pasta street foods and all manner of dishes across the region And much more Click on the buy button and cook Mexican meals with confidence **Mexican Cooking** for Beginners Helene Siegel, 1993 Includes recipes for appetizers and salads salsas eggs poultry meat fish rice and beans tortillas vegetables and deserts and offers tips for shopping and cooking **Typical Mexican Dishes** Arsenio Islas, 2021-03-26 55% OFF for Bookstores NOW at 23 95 instead of 34 95 LAST DAYS Bring the flavors of Mexico to your kitchen Your Customers Never Stop to Use this Awesome Cookbook Whether you are an inexperienced cook looking to build your skills or a dedicated home chef looking to expand your repertoire the recipes will be easy for you to follow and enjoy

Mexican food sometimes has a reputation for being spicy and greasy and while that can be true it doesn t have to be There are recipes all across the spice spectrum here Instructions are included on how to control the level of spice in each dish The dishes you will find here focus more on a balance of spices that add a rich flavor rather than just spicy heat that overpowers the palate While there are some fried dishes there are also plenty of healthier recipes Mexico has a rich culinary history and this book explores that with traditional Mexican favorites such as Enchiladas Fajitas and Churros Street food is extremely beloved in Mexico and it is integrated here with Taquitos and Elote de la Calle Mexican Street Corn You will also find modern twists on old classics such as Angel Hair Pasta Tacos and Fresh Corn Chowder with Roasted Peppers and Shrimp Included are recipes for holiday dishes such as Mexican Ponche and Mexican Bunuelos so consider integrating one into your next holiday celebration There is also a selection of egg dishes meatless entr es side dishes slow cooker recipes desserts and much more You will find plenty of soup and appetizer recipes and a section on sauces so that you can add a Mexican flair to any meal Each method has been tested and perfected so you should find them to produce the best quality dishes Some are easier and some require a bit more preparation but with nearly 100 recipes you should be able to find one for any occasion Try starting with homemade Guacamole and baked or fried tortilla chips then move on to soup or an egg dish As you gain confidence in your skills you can tackle an entr e such as Chile Rellenos Casserole This book includes A guide to getting started including information for those who are new to cooking or simply new to Mexican cuisine There is a description of popular chile varieties measurement conversions and some general tips and tricks A wide variety of recipes so there is something for every occasion and preference Each recipe has an easy to read breakdown of the ingredients and quantities you will need Instructions are step by step with each technique broken down into manageable pieces Explanations of some popular cooking terms so you can increase your culinary vocabulary Some recipes include make ahead tips so you can get some prep work out of the way in advance which is especially helpful for big dinners or events A focus on fresh ingredients for the highest quality dishes Buy it NOW and let your customers get addicted to this amazing book International Cookbook Arsenio Islas, 2020-11-30 If you want to cook delicious recipes then keep reading This book is a bundle of four books you will learn how to prepare tons of delicious recipes from Thai cuisine Mexican cuisine You will also learn how to cook the various recipes in many different ways the recipe book is complete from appetizer to dessert but that s not all each book introduces you to its culinary tradition by describing it in a specific way Each method has been tested and perfected so you should find them to produce the best quality dishes Some are easier and some require a little more preparation but with nearly 300 recipes you should be able to find one for any occasion You will be provided with a brief list of utensils and other tools necessary for successfully preparing your favorite menus You might want to consider preparing double batches and freezing portions for another time they are so delicious You will find tons of recipes that cover all of these delicious categories This book includes Copycat Recipes Cookbook Thai Cuisine 100 Tasty Recipes The Complete Step By Step Guide

to Cooking Delicious Dishes from Appetizers to Desserts Copycat Recipes Mexican Cuisine 100 Delicious Quick and Easy Recipes Including Cooking Techniques for Beginners From Appetizers to Desserts Even if you think that delving into the world of Cuisine is going to be tough give this book a try All those delicious dishes that you enjoy at restaurants can easily be made at home All you need to have is the willingness to learn The recipes mentioned in this book require minimum fuss and are very healthy too With this book the main aim has been to capture the essence of Cuisine in its truest form This book will not only give you recipes of some familiar favorites but also some lesser known yet equally exciting dishes Following simple cooking techniques does not mean that you have to compromise on taste and this book is going to prove to you that Happy reading and good appetite BUY THIS BOOK RIGHT NOW The Mexican Cookbook: Easy Lunch and Dinner Recipes for Beginners Daniel Fernandez, 2020-11-04 Been craving for Mexican dishes but don t know how to make them on your own Mexican cuisine is known for its unique flavors and use of fresh ingredients Whether it s tacos chicken guesadillas a burrito with minced meat filling or a guilt free chili you ll find yourself craving for more The combination of avocados beans tomatoes and other vegetables is an absolute delight for your tastebuds With their mix of spices and ingredients Mexican food can seem tricky to make especially if you re an amateur in the kitchen But anyone can make magical Mexican dishes with the right ingredients and proper instructions Whip up your favorite Mexican recipes with The Mexican Cookbook The Mexican Cookbook contains traditional Mexican recipes for you and your family to try Each recipe features high definition photos of the finished meal along with serving suggestions the time to cook ingredients preparation instructions and total calories It contains everything beginners need to successfully make delicious food Experience the joy of eating home cooked Mexican food If you ve got a family reunion or dinner party try out a couple of recipes and impress your guests with your newfound skill for the cuisine Serve tomato bean soup or mole de olla during the winter or chicken burrito bowl for family dinners or while binge watching your favorite TV series The cookbook's layout allows you to skim the ingredients needed and the cooking procedures quickly and easily In this book you ll encounter Lunch and dinner Mexican food recipes Easy to follow preparation instructions Beautiful images of each finished dish Satisfy your cravings for authentic Mexican food Add Menu Mexicano The Mexican Cookbook Mexican Recipes Arsenio Islas, 2020-11-30 55% OFF for Bookstores NOW at 36 95 instead of 47 95 LAST DAYS Bring the flavors of Mexico to your kitchen Your Customers Never Stop to Use this Awesome Cookbook Whether you are an inexperienced cook looking to build your skills or a dedicated home chef looking to expand your repertoire the recipes will be easy for you to follow and enjoy Mexican food sometimes has a reputation for being spicy and greasy and while that can be true it doesn t have to be There are recipes all across the spice spectrum here Instructions are included on how to control the level of spice in each dish The dishes you will find here focus more on a balance of spices that add a rich flavor rather than just spicy heat that overpowers the palate While there are some fried dishes there are also plenty of healthier recipes Mexico has a rich culinary history and this book explores that with traditional Mexican favorites

such as Enchiladas Fajitas and Churros Street food is extremely beloved in Mexico and it is integrated here with Taquitos and Elote de la Calle Mexican Street Corn You will also find modern twists on old classics such as Angel Hair Pasta Tacos and Fresh Corn Chowder with Roasted Peppers and Shrimp Included are recipes for holiday dishes such as Mexican Ponche and Mexican Bunuelos so consider integrating one into your next holiday celebration There is also a selection of egg dishes meatless entr es side dishes slow cooker recipes desserts and much more You will find plenty of soup and appetizer recipes and a section on sauces so that you can add a Mexican flair to any meal Each method has been tested and perfected so you should find them to produce the best quality dishes Some are easier and some require a bit more preparation but with nearly 100 recipes you should be able to find one for any occasion Try starting with homemade Guacamole and baked or fried tortilla chips then move on to soup or an egg dish As you gain confidence in your skills you can tackle an entr e such as Chile Rellenos Casserole This book includes A guide to getting started including information for those who are new to cooking or simply new to Mexican cuisine There is a description of popular chile varieties measurement conversions and some general tips and tricks A wide variety of recipes so there is something for every occasion and preference Each recipe has an easy to read breakdown of the ingredients and quantities you will need Instructions are step by step with each technique broken down into manageable pieces Explanations of some popular cooking terms so you can increase your culinary vocabulary Some recipes include make ahead tips so you can get some prep work out of the way in advance which is especially helpful for big dinners or events A focus on fresh ingredients for the highest quality dishes Buy it NOW and let your customers get addicted to this amazing book The Mexican Cookbook Michael Walson, 2020-08 There was a time when people used to travel to Mexico to explore their rich history and most importantly to taste their authentic Mexican dishes And how can anyone stop her himself from devouring rich Mexican foods. The classic taste of Mexican foods is still the same in fact it s getting better And now you can cook up deep Mexican flavors and go on to this mouthwatering journey in your own kitchen Yes the real Mexican food doesn't need complex sauces strong flavors and loads of cheese Neither they have to be extra spicy Instead an authentic Mexican meal is so simple that it oozes the body with freshness and fullness And the best part Mexican dishes are so versatile that they can be modified according to seasonal produce and so they fit perfectly for any meal Bring Mexican dishes on your table with The Mexican Cookbook Easy Authentic Mexican Recipes For Beginners It is a complete guide to Mexican cooking that offers you Original breakfast lunch and dinner recipes with common ingredients and unique taste Really tasty Mexican dishes including soup chili stews fajitas tacos tortas tostadas burritos enchiladas salads dips pasta street foods and all manner of dishes across the region And much more Click on the buy button and cook Mexican meals with confidence **The Newbie Mexican Cookbook** Gordon Rock,2020-04-30 If you have always wanted to try to make authentic Mexican food that is not from a local fast food chain then this is the perfect book for you Through the various pages of this Mexican cookbook you will learn how to make Mexican dishes that even a few Mexicans will be envious of You will

learn to make popular Mexican dishes such as Cream Cheese Taquitos Chicken Enchiladas Mexican Cheesecake Vegetable Quesadillas One Pot Chicken and Rice Chicken and Bean Tostadas Slow Cooker Pork Carnitas Chicken Enchiladas Cheese Stuffed Taco Shells Mexican Chile Beef Stew and much much more So what are you waiting for Grab a copy of this Mexican cookbook and start cooking Mexican food today Autoimmune Protocol Recipes Alexander Great, Arsenio Islas, 2020-11-23 55% OFF for Bookstores NOW at 26 95 instead of 37 95 LAST DAYS Bring the flavors of Mexico to your kitchen Your Customers Never Stop to Use this Awesome Cookbook Whether you are an inexperienced cook looking to build your skills or a dedicated home chef looking to expand your repertoire the recipes will be easy for you to follow and enjoy Mexican food sometimes has a reputation for being spicy and greasy and while that can be true it doesn't have to be There are recipes all across the spice spectrum here Instructions are included on how to control the level of spice in each dish The dishes you will find here focus more on a balance of spices that add a rich flavor rather than just spicy heat that overpowers the palate While there are some fried dishes there are also plenty of healthier recipes Mexico has a rich culinary history and this book explores that with traditional Mexican favorites such as Enchiladas Fajitas and Churros Street food is extremely beloved in Mexico and it is integrated here with Taquitos and Elote de la Calle Mexican Street Corn You will also find modern twists on old classics such as Angel Hair Pasta Tacos and Fresh Corn Chowder with Roasted Peppers and Shrimp Included are recipes for holiday dishes such as Mexican Ponche and Mexican Bunuelos so consider integrating one into your next holiday celebration There is also a selection of egg dishes meatless entr es side dishes slow cooker recipes desserts and much more You will find plenty of soup and appetizer recipes and a section on sauces so that you can add a Mexican flair to any meal Each method has been tested and perfected so you should find them to produce the best quality dishes Some are easier and some require a bit more preparation but with nearly 100 recipes you should be able to find one for any occasion Try starting with homemade Guacamole and baked or fried tortilla chips then move on to soup or an egg dish As you gain confidence in your skills you can tackle an entr e such as Chile Rellenos Casserole This book includes A guide to getting started including information for those who are new to cooking or simply new to Mexican cuisine There is a description of popular chile varieties measurement conversions and some general tips and tricks A wide variety of recipes so there is something for every occasion and preference Each recipe has an easy to read breakdown of the ingredients and quantities you will need Instructions are step by step with each technique broken down into manageable pieces Explanations of some popular cooking terms so you can increase your culinary vocabulary Some recipes include make ahead tips so you can get some prep work out of the way in advance which is especially helpful for big dinners or events A focus on fresh ingredients for the highest quality dishes Buy it NOW and let your customers get addicted to this amazing book **Cooking Around the World All-in-One** For Dummies Mary Sue Milliken, Susan Feniger, Helene Siegel, Cesare Casella, Jack Bishop, Tom Lacalamita, Heather Heath, Martin Yan, Dede Wilson, Joan H. Moravek, Kristin Eddy, 2003-03-14 Ever have food fantasies in a truly international

vein an appetizer of feta cheese and roasted pepper spread an entre of spinach ravioli and steaming cog au vin with a side of bulghur wheat and parsley salad topped finally with a dish of cool gelato di crema vanilla ice cream and chocolate souffle for dessert Well fulfilling food fantasies that read like the menu in the UN cafeteria is now entirely possible With Cooking All Around the World All in One For Dummies you ll be introduced to the cooking styles and recipes from eight of the world s most respected cuisines experiencing in the comfort of your own kitchen the fabulous variety of foods flavors and cultures that have made the world go round for centuries With a roster of cooking pros and all star chefs including Mary Sue Milliken Susan Feniger and Martin Yan Cooking All Around the World All in One For Dummies includes some of the most popular recipes from Mexican Italian French Greek and Middle Eastern Indian Chinese Japanese and Thai cuisines revealing the cooking secrets that have made these recipes so winning and in some cases such a snap Inside you ll find The essential ingredients and tools of the trade common to each cuisine The basic cooking techniques specific to each cuisine How to think like an Italian or Chinese chef What the inside of a French Greek and Middle Eastern and Japanese kitchen really looks like And once you become familiar with the new world of spices and ingredients you ll be whipping up tasty new exotic dishes in no time Page after page will bring you guickly up to speed on how to make each part of the menu from appetizers entr es to desserts a sparkling success Starters snacks and sides including Gazpacho Tuscan Bread Salad Leeks in Vinaigrette Falafel Spring Rolls Miso Soup Chicken Satays with Peanut Sauce The main event including Chipotle Glazed Chicken Lasagna Cauliflower au Gratin Lamb Kebabs Grilled Tandoori Chicken Braised Fish Hunan Style Shrimp and Veggie Tempura Sweet endings including Mexican Bread Pudding Biscotti Chocolate Souffle Yogurt Cake Mango Ice Cream Green Tea Ice Cream Coconut Custard with Glazed Bananas With over 300 delicious recipes a summary cheat sheet of need to know info black and white how to illustrations and humorous cartoons this down to earth guide will having you whipping up dishes from every part of the globe Whether it's using a wok or tandoori oven with Cooking All Around the World All in One For Dummies every meal promises to be an adventure spoken in the international language of good food **Plant Based Cookbook for** Beginners Brad Hoskinson, Discover the joy of plant based eating with our Plant Based Cookbook for Beginners This beautifully designed guide is a treasure trove for anyone who seeks to embrace a healthier lifestyle starting with what they eat It provides an array of delicious and nutritionally balanced recipes that both novice and experienced cooks can easily whip up in their kitchens No more second guessing your meal plan or struggling with transitioning to a healthier diet Harness the power of this Plant Based Cookbook for Beginners Take the plunge adopt a wholesome lifestyle today and feel immediate improvements in your energy levels skin complexion and overall well being Mexican Food Johnathan Wells, 2025-07-30 Embark on a vibrant culinary journey and discover the true heart of Mexican cooking This comprehensive guide is your invitation to go beyond the clich's of crunchy taco shells and yellow cheese to explore a culinary tradition as ancient diverse and sophisticated as any on Earth Learn the stories behind the food from its pre Hispanic roots in the Three

Sisters of corn beans and squash to the rich fusion of indigenous and Spanish flavors that created the modern cuisine we celebrate today This book demystifies authentic Mexican food revealing that its deep complex flavors are accessible to any home cook with a passion for learning and a taste for adventure Designed for the curious beginner this guide builds your skills from the ground up You will start by stocking an authentic Mexican pantry learning the essential holy trinity of dried chiles and understanding the magic of masa The chapters progress logically teaching you to master fundamental techniques like comal roasting and to wield traditional tools like the molcajete From crafting the perfect guacamole and fresh corn tortillas from scratch you will move step by step to create an incredible array of dishes Learn the secrets behind iconic street foods like Tacos al Pastor comforting main dishes like Chiles Rellenos and festive specialties like Tamales Explore the breathtaking regional diversity of Mexico from the smoky grilled meats of the north to the unique achiote laced flavors of the Yucat n Peninsula The book features dedicated chapters on every part of the meal including hearty soups sopas y caldos refreshing beverages aguas frescas decadent desserts postres and even a beginner s guide to tequila and mezcal With over twenty chapters filled with clear manageable recipes and techniques this guide culminates in a detailed plan for hosting your very own Mexican fiesta empowering you to share the rich bold and beautiful flavors of Mexico with friends and family

Mexican Cookbook: The Complete Step-by-Step Guide to Mexican Cooking with Many Delicious, Ouick and Easy Recipes, Including Cooking Tech Arsenio Islas, 2021-03-11 55% OFF for Bookstores NOW at 36 95 instead of 47 95 LAST DAYS Bring the flavors of Mexico to your kitchen Your Customers Never Stop to Use this Awesome Cookbook Whether you are an inexperienced cook looking to build your skills or a dedicated home chef looking to expand your repertoire the recipes will be easy for you to follow and enjoy Mexican food sometimes has a reputation for being spicy and greasy and while that can be true it doesn't have to be There are recipes all across the spice spectrum here Instructions are included on how to control the level of spice in each dish The dishes you will find here focus more on a balance of spices that add a rich flavor rather than just spicy heat that overpowers the palate While there are some fried dishes there are also plenty of healthier recipes Mexico has a rich culinary history and this book explores that with traditional Mexican favorites such as Enchiladas Fajitas and Churros Street food is extremely beloved in Mexico and it is integrated here with Taquitos and Elote de la Calle Mexican Street Corn You will also find modern twists on old classics such as Angel Hair Pasta Tacos and Fresh Corn Chowder with Roasted Peppers and Shrimp Included are recipes for holiday dishes such as Mexican Ponche and Mexican Bunuelos so consider integrating one into your next holiday celebration There is also a selection of egg dishes meatless entr es side dishes slow cooker recipes desserts and much more You will find plenty of soup and appetizer recipes and a section on sauces so that you can add a Mexican flair to any meal Each method has been tested and perfected so you should find them to produce the best quality dishes Some are easier and some require a bit more preparation but with nearly 100 recipes you should be able to find one for any occasion Try starting with homemade Guacamole and baked or fried tortilla chips then move on to

soup or an egg dish As you gain confidence in your skills you can tackle an entr e such as Chile Rellenos Casserole This book includes A guide to getting started including information for those who are new to cooking or simply new to Mexican cuisine There is a description of popular chile varieties measurement conversions and some general tips and tricks A wide variety of recipes so there is something for every occasion and preference Each recipe has an easy to read breakdown of the ingredients and quantities you will need Instructions are step by step with each technique broken down into manageable pieces Explanations of some popular cooking terms so you can increase your culinary vocabulary Some recipes include make ahead tips so you can get some prep work out of the way in advance which is especially helpful for big dinners or events A focus on fresh ingredients for the highest quality dishes Buy it NOW and let your customers get addicted to this amazing The Complete Mexican Instant Pot for Beginners Belicia Romero, 2019-07-15 Open up a WHOLE new and book SURPRISING world of FLAVOR and TEXTURE with a WIDE RANGE of richly FLAVORED regional MEXICAN DISHES in your own kitchen The best selling INSTANT POT an electric programmable PRESSURE COOKER is all equipped with REVOLUTIONARY TECHNOLOGY to create STRAIGHTFORWARD STREAMLINED and DELICIOUS RECIPES for MEXICAN FAVORITES such as HEARTY SOUPS STEWS FAJITAS TENDER CARNITAS TACOS ENCHILADA and TAMALE INSPIRED CASSEROLES and tender MEAT DISHES along with CLASSIC REFRIED BEANS SALSAS FLAN BREAD PUDDING etc to make for CONVENIENT and SATISFYING EVERYDAY DINNERS Your INSTANT POT is going to be a GAME CHANGER in the KITCHEN This COMPREHENSIVE cookbook THE COMPLETE MEXICAN INSTANT POT FOR BEGINNERS starts with INTRODUCTORY CHAPTER of MEXICAN COOKING S basic ELEMENTS SPICES UTENSILS and everything you need to know about INSTANT POT in very BRIEF and SIMPLE LANGUAGE The perfect INTRODUCTION to real MEXICAN COOKING WITH INSTANT POT for enthusiastic BEGINNERS and EXPERIENCED cooks alike Discover LEARN and expand your COOKING repertoire Prepare deeply flavored TOMATO SAUCES and tangy TOMATILLO SALSAS rich CHILE PASTES and indispensable handmade TORTILLAS including REGIONAL DISHES like MOLE POBLANO YUCAT N STYLE COCHINITA PIBIL PULLED PORK TACOS also explores the equally exciting LUSCIOUS DESSERTS all ready in minutes thanks to the INSTANT POT S revolutionary COOKING POWER While the FLAVORS you ll find here are EXCITING and COMPLEX the cooking itself is anything but complicated Mastering the Basics: Cooking Techniques Every Beginner Should Know Ahmed Musa, 2024-12-21 Are you ready to conquer the kitchen and cook with confidence Whether you re a complete novice or looking to refine your foundational skills Mastering the Basics is the ultimate guide to building your culinary expertise from the ground up Cooking doesn t have to be intimidating this book breaks it down into simple approachable techniques that form the backbone of every great meal Essential Skills Simplified Learn to chop saut roast and boil like a pro with step by step guidance Core Recipes for Every Kitchen Master go to dishes that are versatile delicious and easy to customize Kitchen Confidence Boosters Understand the why behind the techniques so you can adapt and experiment fearlessly Time

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Mexican Cooking Tarla Dalal,1997-09-22 From Tortillas To Tacos And Tostadas To Nachos You Will Find All The Recipes In This Book Read On For More

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Mexican Cooking For Beginners Introduction

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