

NEW DIRECTIONS IN HEALTH PSYCHOLOGY

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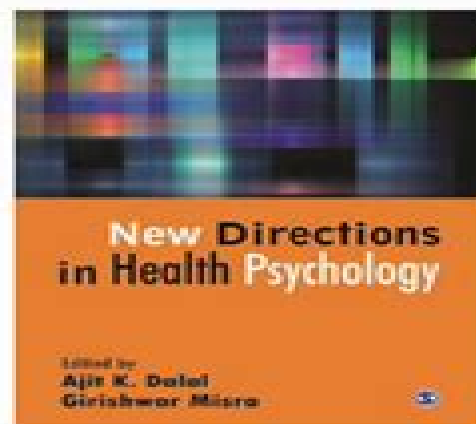
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Girishwar Misra



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Psychosocial Interventions for Health and Well-Being Girishwar Misra, 2018-07-27 This volume provides multifaceted and multidisciplinary insights into the growing field of health studies Providing inputs from the behavioural sciences as well as social sciences it discusses the issues of recovery from illness and growth and wellbeing as situated in social and eco cultural contexts and addresses the modalities of health related interventions in diverse contexts The specific themes taken up by the contributors are post trauma growth resilience gender and health distress and wellness indigenous healing counselling and psychotherapy disability related interventions self healing as well as health issues of special groups

like adolescents and the elderly cancer patients and those suffering from other chronic illnesses Till recently the medical model has prevailed as the chief form of understanding health and illness This has led to marginalization of the context localization of all health and wellness components within the individual and to biological reductionism The contributions to this volume propose corrective measures and provide diverse approaches in a balanced manner This volume is useful for researchers and practitioners interested in health studies including the behavioural sciences social work medical anthropology and public health

Current Catalog National Library of Medicine (U.S.),1991 First multi year cumulation covers six years 1965 70 *Handbook of Health Psychology and Behavioral Medicine* Jerry M. Suls,Karina W. Davidson,Robert M. Kaplan,2011-07-06 What psychological and environmental forces have an impact on health How does behavior contribute to wellness or illness This comprehensive volume answers these questions and others with a state of the art overview of theory research and practice at the interface of psychology and health Leading experts from multiple disciplines explore how health and health behaviors are shaped by a wide range of psychological processes and social environmental factors The book describes exemplary applications in the prevention and clinical management of today s most pressing health risks and diseases including coronary heart disease depression diabetes cancer chronic pain obesity sleep disturbances and smoking Featuring succinct accessible chapters on critical concepts and contemporary issues the Handbook integrates psychological perspectives with cutting edge work in preventive medicine epidemiology public health genetics nursing and the social sciences

Handbook of Multicultural Mental Health Louise Sundararajan,Girishwar Misra,Anthony J. Marsella,2013-07-19 Indigenous psychology IP shares with critical health psychology a discontent with mainstream psychology and the endeavor to offer alternative formulations of health and illness As an alternative to the individualistic framework of health in mainstream psychology we propose a model of the self as a multilayered concentric system For illustration we present a variety of indigenous traditions with special focus on the health related beliefs and practices in India Implications of this alternative model of culture and self for the assessment diagnosis and treatment of mental disorders are explored Relevance of this framework to health psychology is discussed with special focus on the DSM V controversy A E Kazdin s call for health reform and visions of hybridization in the global community

National Library of Medicine Current Catalog National Library of Medicine (U.S.),1989 [The Sage Handbook of Health Psychology](#) Katherine Brown,Cecilia Cheng,Martin Hagger,Kyra Hamilton,Stephen R Sutton,2025-06-28 The Sage Handbook of Health Psychology 2e Volume One Contexts Theory and Methods in Health Psychology is focused on the foundational contexts theories and methods that underpin health psychology today The Handbook covers diverse perspectives including socio political cultural and ethical issues and provides an in depth exploration of biological health psychology theories of health related behavior and advanced research methodologies Essential for postgraduate students researchers and practitioners this Handbook offers a comprehensive overview of the current state of research and knowledge in health psychology Section One Contexts

and Perspectives Section Two Theories of Health Related Behavior Section Three Biological Health Psychology Theories and Approaches Section Four Methods and Measurement in Health Psychology **Subjective Well-Being in the Indian**

Context Tithi Bhatnagar, 2023-12-03 This book offers an understanding of subjective well being SWB in the Indian context across ages and strata It discusses the conceptualization and measurement of both subjective well being SWB and subjective ill being SIB through a multi phased research study The structure of SWB and development standardization and indexing of an SWB Measure provide insights on how the SWB Measure can enable nations to find out the national level of SWB SIB for its citizens The index may be useful in identifying the level of people s well being or ill being It explores the possibility of implications and interventions in optimizing SWB both at the individual and collective levels It is a consolidated account of the work done in SWB research particularly with a cultural focus from the Indian context This book has a wide application for students researchers psychometricians practitioners policymakers and all individuals interested in concepts like SWB and Happiness

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