# FACT BOOK

WHAT YOUR DOCTOR WON'T TELL YOU ABOUT ADHD AND STIMULANT DRUGS



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Author of THE ANTIDEPRESSANT FACT BOOK and TALKING BACK TO RITALIN

# **Ritalin Fact What Your Doctor Wont Tell You**

K. Lesnik-Oberstein

#### **Ritalin Fact What Your Doctor Wont Tell You:**

The Ritalin Fact Book Peter Breggin, 2009-04-30 Known as the Ralph Nader of psychiatry Peter Breggin has been the medical expert in countless civil and criminal cases involving the use or misuse of psychoactive medications This unusual position has given him unprecedented access to private pharmaceutical research and correspondence files access that informs this straight talking guide to the most prescribed and controversial class of psychoactive medications prescribed for children From how these drugs work in the brain to documented side and withdrawal effects The Ritalin Fact Book is up to the minute and easy to access With its suggestions for non prescriptive ways to treat ADD and ADHD it is essential reading for every parent whose child is on or who has been recommended psychoactive medication **Debunking ADHD** Michael W. Corrigan, 2014-04-04 The time has come for Debunking ADHD and exposing how this invented disorder created to drug children does not exist Despite unanimous agreement that no test exists to identify ADHD 6 4 million American children are labeled ADHD To make matters worse approximately two thirds of those children diagnosed ADHD are prescribed drugs with many dangerous side effects which include developing more serious mental disorders and death After six decades of marketing stimulants and scaring parents into thinking something is seriously wrong with their highly creative energetic and communicative children ADHD drug manufacturers still claim they have no idea what ADHD drugs actually do to children s brains They make such claims when research shows ADHD drugs cause permanent brain damage in lab animals How can children reach their full potential if they are drugged How can they dream about achieving greatness and release their imagination and creativity when they are drugged every day year after year to do the opposite This book provides you evidence to say no to ADHD and gives 10 Reasons to Stop Drugging Kids for Acting Like Kids For more information visit Dr Corrigan's Facebook page at https www facebook com debunkingadhd Adhd Is Not An Illness And Ritalin Is Not A Cure: A Comprehensive Rebuttal Of The (Alleged) Scientific Consensus Yaakov Ophir, 2022-07-26 Is Attention Deficit Hyperactivity Disorder ADHD the most prevalent neuropsychiatric label in childhood a valid medical condition Should we really refer to the millions of children diagnosed with ADHD as children who suffer from the diabetes of psychiatry a chronic and harmful biological condition that must be treated regularly with powerful psychoactive substances Building on previous critiques this thorough elegant and mainly courageous book answers these questions through a step by step rebuttal of the scientific consensus about ADHD and its first line treatment with stimulant medications While maintaining scientific rigor this book is written in a clear creative and flowing way using colorful examples some funny some tragic which sweep the reader and inspire social change The book integrates key critiques into one consolidated source uncovers massive evidence against the efficacy and safety of stimulant medications and offers principal solutions to this burning socio educational problem But most importantly this book reviews dozens of reliability and validity gaps in the overriding biomedical consensus It exposes multiple biases and non parsimonious bandages unjustified rationalizations aimed at hiding the scientific holes of

the consensus and it redefines ADHD as a non pathological quality mode of thought that has both weaknesses and strengths In this way the book serves as the missing needle required to pierce the over blown theoretical balloon commonly known as ADHD Related Link s The Truth about ADHD and Other Neurobiological Disorders Karen Meyers, Robert N. Golden, Fred Peterson, 2010 Attention deficit hyperactivity disorder ADHD is a neurobiological disorder that is it is an illness of the nervous system caused by genetic metabolic or other biological factors Talking Back To Ritalin Peter Breggin, 2007-10-10 Millions of children take Ritalin for Attention Deficit Hyperactivity Disorder The drug s manufacturer Novartis claims that Ritalin is the solution to this widespread problem But hidden behind the well oiled public relations machine is a potentially devastating reality children are being given a drug that can cause the same bad effects as amphetamine and cocaine including behavioral disorders growth suppression neurological tics agitation addiction and psychosis Talking Back to Ritalin uncovers these and other startling facts and translates the research findings for parents and doctors alike An advocate for education not medication Dr Breggin empowers parents to channel distracted disenchanted and energetic children into powerful confident and brilliant members of the family and society Critiquing the Psychiatric Model Eric Maisel, Chuck Ruby, 2023-11-25 Critiquing the Psychiatric Model is the first Volume of the Ethics International Press Critical Psychology and Critical Psychiatry Series Understanding the current systems of psychology and psychiatry is profoundly important So is exploring alternatives The Critical Psychology and Critical Psychiatry Series presents solicited chapters from international experts on a wide variety of underexplored subjects This is a series for mental health researchers teachers and practitioners for parents and interested lay readers and for anyone trying to make sense of anxiety depression and other emotional difficulties Critiquing the Psychiatric Model sets out to present a clear picture of the current mental disorder paradigm one that claims an ability to diagnose and treat mental disorders and that provides medication as its primary treatment Critiquing the Psychiatric Model traces the history of the psychiatric model and its diagnostic manual and identifies its flaws and problem areas by presenting more than twenty solicited chapters from experts Rethinking Disability Theory and Practice K. Lesnik-Oberstein, 2015-06-03 Drawing from work in a wide range worldwide of fields this book presents novel approaches to key debates in thinking about and defining disability Differing from other works in Critical Disability Studies it crucially demonstrates the consequences of radically rethinking the roles of language and perspective in constructing identities Stop Medicating, Start Parenting David B. Stein, 2004 Stein offers a powerful set of tools for parents of difficult teens employing cognitive behavioral and drug free solutions Screening Sandy Hook Deanna Spingola, 2015-02-03 Most parents would never consider dispensing deadly addictive street drugs to their children but if a trusted physician writes a prescription for an FDA approved schedule 2 medication for their two year old based on some questionable mental health screening those unwary parents do not question or object Despite side effect warnings regularly revealed during TV ads parents frequently fail to take those warnings seriously perhaps presuming that the side

effects are happenstance or rarely occur Over the decades because organized psychiatry represented by the American Psychiatric Association APA convened numerous consensus panels that designed hundreds of non biologically based disorders for its Diagnostic and Statistical Manual of Mental Disorders DSM especially suitable for the pill for every ill pharmaceutical industry that conceivably already had many profitable solutions for the disorders in the pre production process The consequences have been disastrous with no discernable end in sight some people taking prescription drugs or withdrawing from them have perpetrated school mall and public shootings That is in addition to thousands of suicides that the public never hears about unless the victim is a well known public figure like Robin Williams Just the military related suicide rate is 8 000 per year untold numbers of these are the result of the psych drug cocktails doled out by psychiatrists working for the VA The government is big pharmas largest customer In addition to the homicides and suicides irreversible brain damage results from drug remedies to temporary problems that might have been easily resolved through compassionate interaction and talk therapy Despite the claims that drugs were not a factor in the Sandy Hook mass murders certain circumstances provide a different picture Adam Lanza always a unique individual changed from being a geeky weird kid to being a mass murderer not of people his own age but of beautiful vulnerable children feeling secure in their classrooms in a sleepy bedroom community in Connecticut Understanding Abnormal Child Psychology Vicky Phares, 2020-09-09 In Understanding Abnormal Child Psychology students will learn about both normative and abnormal development throughout children's lives Consistent with previous editions several themes run throughout the book Developmental psychopathology Children's and adolescents behaviors are on a continuum from very adaptive to very maladaptive with only the very severe ends of the spectrum being conceptualized as disorders Diversity inclusion and understanding Special attention is given to issues of race ethnicity gender family constellation religious orientation primary language socioeconomic status and physical differences to help students see the commonalities and differences of abnormal child behavior within a cross cultural and international context New to the 4th edition Completely revised in both structure and content to reflect the DSM 5 Increase coverage of risk factors related to long term effects of sexual abuse and bullying Increased coverage of diversity to include new diversities that have emerged as important i e transgender children New research on suicide and suicide prevention Deconstructing ADHD Eric Maisel, 2023-11-25 Deconstructing ADHD Mental Disorder or Social Construct is the third volume of the Ethics International Press Critical Psychology and Critical Psychiatry Series Understanding the current systems of psychology and psychiatry is profoundly important So is exploring alternatives The Critical Psychology and Critical Psychiatry Series presents solicited chapters from international experts on a wide variety of underexplored subjects This is a series for mental health researchers teachers and practitioners for parents and interested lay readers and for anyone trying to make sense of anxiety depression and other emotional difficulties Millions of children and their parents worldwide are affected by the current biomedical paradigm by which childhood mental illnesses are

addressed This volume focuses on the mental disorder known as ADHD and examines whether or not it should be considered a mental disorder and how the observable behaviors that get a child an ADHD label can be remediated without the use of powerful gateway chemicals Decolonizing Global Mental Health China Mills, 2014-04-11 Decolonizing Global Mental Health is a book that maps a strange irony The World Health Organization WHO and the Movement for Global Mental Health are calling to scale up access to psychological and psychiatric treatments globally particularly within the global South Simultaneously in the global North psychiatry and its often chemical treatments are coming under increased criticism from both those who take the medication and those in the position to prescribe it The book argues that it is imperative to explore what counts as evidence within Global Mental Health and seeks to de familiarize current Western conceptions of psychology and psychiatry using postcolonial theory It leads us to wonder whether we should call for equality in global access to psychiatry whether everyone should have the right to a psychotropic citizenship and whether mental health can or should be global As such it is ideal reading for undergraduate and postgraduate students as well as researchers in the fields of critical psychology and psychiatry social and health psychology cultural studies public health and social work Snyder, PsyD,2012-04-30 The Manual shows you how with the right parenting to raise an ethical good natured intelligent empathic creative easy to love easy to respect charismatic and high achieving child Confronting dangerous and popular myths head on The Manual also explains where bad behavior comes from and why modern society is overrun with behavioral problems of epidemic proportions **The Philosophy of Psychiatry** Jennifer Radden, 2004 This is a comprehensive volume of essays by leading thinkers that explores the newly emerging interdisciplinary field of the philosophy of psychiatry Antidepressant Fact Book Peter Breggin, 2009-04-20 Known as the Ralph Nader of psychiatry Dr Peter Breggin has been the medical expert in countless court cases involving the use or misuse of psychoactive medications. This unusual position has given him unprecedented access to private pharmaceutical research and correspondence files information from which informs this straight talking guide to the most prescribed and controversial category of American drugs antidepressants From how these drugs work in the brain to how they treat or don't treat depression and obsessive compulsive panic and other disorders from the documented side and withdrawal effects to what every parent needs to know about antidepressants and teenagers The Anti Depressant Fact Book is up to the minute and easy to access Hard hitting and enlightening every current former and prospective antidepressant user will want to read this book Reality Therapy: Theory & Practice Leon Lojk, Bosiljka Boba Lojk, Besides Scientific Argument of Reality Therapy written by Leon Lojk reality therapy has never actually been presented in a broader theoretical context In addition to deepening understanding of total behaviour or understanding of the organism as an operationally closed self regulating system understanding of personality the relationship between the individual and their environment understanding the concept of relationships in light of choice theory the beliefs about human behaviour that underlie our actions and understanding mental health Theory and the Practice of Reality

Therapy by Leon and Boba Lojk presents reality therapy in relation to other psychotherapeutic approaches through some similarities and differences between them Group reality therapy was presented in a similar way With regard to the reality therapy theory of practice so far only structured procedural reality therapy has been available in the literature Glasser called it the old reality therapy and advocated therapy using choice theory which he called the new reality therapy This is the authentic approach of the therapist who himself lives in accordance with choice theory beliefs which requires profound changes in the understanding of human behaviour Until now it has not been possible to find a description in the literature of how the process of new reality therapy flows except for the author's practical presentation of working with clients These pages present for the first time the new reality therapy theory of practice through formulation the relationship between therapist and client and the theory of change in reality therapy How reality therapy looks in practice is evident from practical examples of working with clients The offered reading is certainly welcome to participants in reality therapy training and to reality therapists practitioners and those who want to learn more about this approach The Psychology Industry Under a Microscope! David B. Stein, 2012-09-06 The Psychology Industry Under a Microscope explores why psychology treatment efficacy rates are so poor why psychological testing is unreliable and why diagnosis is uncertain He also explores the weaknesses inherent in 115 APA accredited doctoral programs and what changes may help improve the effectiveness of the psychology clinician He introduces a cognitive behavioral diagnostic system that is far more cohesive and sensible than the piecemeal and confusing system currently in place This book introduces an easy to understand and innovative visual model that integrates all of clinical psychology and far surpasses any previous attempts at developing models The author also challenges the recent resurgence of the disease model for diagnosis as well as the politics and economics that lie behind its current popularity The reader may feel challenged by this book but will find it difficult to refute its content This thought provoking book is essential for any clinician or teacher *Bored, Lonely, Angry, Stupid* Luke Fernandez, Susan J. Matt, 2020-07-07 An Entrepreneur Best Book of the Year Facebook makes us lonely Selfies breed narcissism On Twitter hostility reigns Pundits and psychologists warn that digital technologies substantially alter our emotional states but in this lively investigation of changing feelings about technology we learn that the gadgets we use don't just affect how we feel they can profoundly change our sense of self When we say we re bored we don't mean the same thing as a Victorian dandy Could it be that political punditry has helped shape a new kind of anger Luke Fernandez and Susan Matt take us back in time to consider how our feelings of loneliness boredom vanity and anger have evolved in tandem with new technologies Technologies have been shaping our emotional culture for more than a century argue computer scientist Luke Fernandez and historian Susan Matt in this original study Marshalling archival sources and interviews they trace how norms say around loneliness have shifted with technological change Nature A powerful story of how new forms of technology are continually integrated into the human experience Publishers Weekly Making Sense Lorna Collins, 2014-09-25 Making Sense utilises

art practice as a pro active way of thinking that helps us to make sense of the world It does this by developing an applied understanding of how we can use art as a method of healing and as a critical method of research Drawing from poststructuralist philosophy psychoanalysis arts therapies and the creative processes of a range of contemporary artists the book appeals to the fields of art theory the arts therapies aesthetics and art practice whilst it opens the regenerative affects of art making to everyone It does this by proposing the agency of transformative therapeutics which defines how art helps us to make sense of the world by activating nourishing and understanding a particular world view or situation therein The purpose of the book is to question and understand how and why art has this facility and power and make the creative and healing properties of certain modes of expression widely accessible practical and useful Medicating Children Rick Mayes, Catherine Bagwell, Jennifer L. Erkulwater, 2009-01-31 Integrating analyses of clinical political historical educational social economic and legal aspects of ADHD and stimulant pharmacotherapy Mayes and colleagues argue that a unique alignment of social and economic factors converged in the early 1990s with greater scientific knowledge to make ADHD the most prevalent pediatric mental disorder

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