

Reginas International Vegetarian Favorites

Yi-Tong Ma

Reginas International Vegetarian Favorites:

Regina's International Vegetarian Favorites Regina Campbell,2003 This is a new collection of international vegetarian recipes by the host of the public television show Regina's Vegetarian Table **Vegetarian Times**,2004

<u>Vegetarian Times</u>, 2004-01 To do what no other magazine does Deliver simple delicious food plus expert health and lifestyle information that s exclusively vegetarian but wrapped in a fresh stylish mainstream package that s inviting to all Because while vegetarians are a great vital passionate niche their healthy way of eating and the earth friendly values it inspires appeals to an increasingly large group of Americans VT s goal To embrace both <u>Book Review Index</u>, 2004 Every 3rd issue is a quarterly cumulation **Forthcoming Books** Rose Arny, 2003-04 **Library Journal**, 2003 **Books in Print Supplement**, 2002 The Publishers Weekly, 2003 **Favorite Brand Name Vegetarian Cooking**, 1997

Veg(etari)an Arguments in Culture, History, and Practice Cristina Hanganu-Bresch, Kristin Kondrlik, 2020-12-12 This collection explores the arguments related to veg etari anism as they play out in the public sphere and across media historical eras and geographical areas As vegan and vegetarian practices have gradually become part of mainstream culture stemming from multiple shifts in the socio political cultural and economic landscape discursive attempts to both legitimize and delegitimize them have amplified With 12 original chapters this collection analyses a diverse array of these legitimating strategies addressing the practice of veg etari anism through analytical methods used in rhetorical criticism and adjacent fields Part I focuses on specific geo cultural contexts from early 20th century Italy Serbia and Israel to Islam and foundational Yoga Sutras In Part II the authors explore embodied experiences and legitimation strategies in particular the political identities and ontological consequences coming from consumption of or abstention from meat Part III looks at the motives purposes and implication of veg etari anism as a transformative practice from ego to eco that should revolutionise our value hierarchies and by extension our futures Offering a unique focus on the arguments at the core of the veg etari an debate this collection provides an invaluable resource to scholars across a multitude of disciplines

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Subject Guide to Books in Print ,2001 Eat Guides: Barcelona Regina Winkle-Bryan, Adrián Benítez Martos, 2014-06-17 Eat Guides Barcelona is about good food Too often travelers in Barcelona end up at mediocre restaurants eating overpriced meals As locals living in the city we ve been there and wanted to do something about it Eat Guides Barcelona features forty of our favorite places spotlighting eateries and bars we have tried and tested many times We re not food snobs We re not chefs We re two people who love to eat and drink We rarely order a glass preferring the bottle We always get appetizers Often we re the last table to leave Our aim is to offer a little something for everyone We cover high end venues with the same affection as the cheapo mom and pop joint The majority of our recommendations are affordable restaurants for the average traveling Joe We focus on regional Spanish and Catalan restaurants in our guide but you ll also find international options serving Japanese Indian Thai American Italian and more We know what a drag it can be to travel with food allergies or as a

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