

Making an Entrance

Theory and Practice for Disabled and Non-Disabled Dancers



Adam Benjamin

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Making an Entrance Adam Benjamin, 2013-10-18 Making an Entrance is the first ever practical introduction to teaching dance with disabled and non disabled students This clearly written thought provoking and hugely enjoyable manual is essential reading whether you re just starting out or are already active in the field Taking improvisation as his focus and as the starting point of choreographic exploration Adam Benjamin asks what it has to offer as an art form and how it can be better used to meet the changing needs of dance education In the theoretical section Benjamin explores the history of a disintegrated dance practice placing it within the wider context of cultural and political movements He questions what is meant today when we talk about inclusive or integrated dance and what we might expect of it The book includes over 50 exercises and improvisations designed to stimulate and challenge students at all levels of dance Benjamin also includes useful hints on the practicalities of setting up workshops covering issues as diverse as class size the safety aspects of

wheelchairs and the accessibility of dance spaces **Making an Entrance** Adam Benjamin, 2013-10-18 Making an Entrance is the first ever practical introduction to teaching dance with disabled and non disabled students This clearly written thought provoking and hugely enjoyable manual is essential reading whether you re just starting out or are already active in the field Taking improvisation as his focus and as the starting point of choreographic exploration Adam Benjamin asks what it has to offer as an art form and how it can be better used to meet the changing needs of dance education In the theoretical section Benjamin explores the history of a disintegrated dance practice placing it within the wider context of cultural and political movements He questions what is meant today when we talk about inclusive or integrated dance and what we might expect of it The book includes over 50 exercises and improvisations designed to stimulate and challenge students at all levels of dance Benjamin also includes useful hints on the practicalities of setting up workshops covering issues as diverse as class size the safety aspects of wheelchairs and the accessibility of dance spaces [Foundations for Performance Training](#) Cara

Harker, 2022-04-27 Foundations for Performance Training Skills for the Actor Dancer explores the physical emotional theoretical and practical components of performance training in order to equip readers with the tools needed to successfully advance in their development as artists and entertainers Each chapter provides a fresh perspective on subjects that students of acting and dance courses encounter throughout their training as performing artists Topics include Equity diversity and inclusion in performance Mind body conditioning for training rehearsal and performance Developing stage presence and spatial awareness Cultivating motivation and intention in performance Expanding repertoire and broadening skillset for performance Auditioning for film and stage Developing theatrical productions This book also offers experiential exercises journal writing prompts and assignments to engage readers enrich their learning experience and deepen their exploration of the material described in each chapter Readers will grow as performing artists as they analyze the principles of both acting and dance and discover how deeply the two art forms are intertwined An excellent resource for students of acting musical

theatre and dance courses Foundations for Performance Training encourages a strong foundation in creative analysis technique artistic expression and self care to cultivate excellence in performance

Dance, Access and Inclusion

Stephanie BurrIDGE,Charlotte Svendler Nielsen,2017-07-06 The arts have a crucial role in empowering young people with special needs through diverse dance initiatives Inclusive pedagogy that integrates all students in rich equitable and just dance programmes within education frameworks is occurring alongside enabling projects by community groups and in the professional dance world where many high profile choreographers actively seek opportunities to work across diversity to inspire creativity Access and inclusion is increasingly the essence of projects for disenfranchised and traumatised youth who find creative expression freedom and hope through dance This volume foregrounds dance for young people with special needs and presents best practice scenarios in schools communities and the professional sphere International perspectives come from Australia Brazil Cambodia Canada Denmark Fiji Finland India Indonesia Jamaica Japan Malaysia New Zealand Norway Papua New Guinea Portugal Singapore South Africa Spain Taiwan Timor Leste the UK and the USA Sections include inclusive dance pedagogy equality advocacy and policy changing practice for dance education community dance initiatives professional integrated collaborations

The Routledge Dance Studies Reader Jens Richard Giersdorf,Yutian

Wong,2018-12-07 The Routledge Dance Studies Reader has been expanded and updated giving readers access to thirty seven essential texts that address the social political cultural and economic impact of globalization on embodiment and choreography These interdisciplinary essays in dance scholarship consider a broad range of dance forms in relation to historical ethnographic and interdisciplinary research methods including cultural studies reconstruction media studies and popular culture This new third edition expands both its geographic and cultural focus to include recent research on dance from Southeast Asia the People s Republic of China indigenous dance and new sections on market forces and mediatization Sections cover Methods and approaches Practice and performance Dance as embodied ideology Dance on the market and in the media Formations of the field The Routledge Dance Studies Reader includes essays on concert dance ballet modern and postmodern dance tap kathak and classical khmer dance popular dance salsa and hip hop site specific performance digital choreography and lecture performances It is a vital resource for anyone interested in understanding dance from a global and contemporary perspective

Dance Leadership

Jane M. Alexandre,2017-02-14 This what is rather than how to volume proposes a theoretical framework for understanding dance leadership for dancers leaders and students of both domains illustrated by portraits of leaders in action in India South Africa UK US Brazil and Canada What is dance leadership Who practices it in what setting and why Through performance choreography teaching writing organizing and directing the dance leaders portrayed herein instigate change and forward movement Illustrating all that is unique about leading in dance and by extension the other arts readers can engage with such wide ranging issues as Does the practice of leading require followers How does one individual s dance movement act on others in a group What does social engagement mean for artists Is the

pursuit of art and culture a human right

Theatre and Internationalization Ulrike Garde, John R. Severn, 2020-10-29

Theatre and Internationalization examines how internationalization affects the processes and aesthetics of theatre and how this art form responds dramatically and thematically to internationalization beyond the stage. With central examples drawn from Australia and Germany from the 1930s to the present day, the book considers theatre and internationalization through a range of theoretical lenses and methodological practices including archival research, aviation history, theatre historiography, arts policy, organizational theory, language analysis, academic practitioner insights, and literary textual studies. While drawing attention to the ways in which theatre and internationalization might be contributing productively to each other and to the communities in which they operate, it also acknowledges the limits and problematic aspects of internationalization. Taking an unusually wide approach to theatre, the book includes chapters by specialists in popular commercial theatre, disability theatre, Indigenous performance theatre, and theatre by and for refugees and other migrants, young people as performers, opera and operetta, and spoken word theatre. An excellent resource for academics and students of theatre and performance studies, especially in the fields of spoken theatre, opera and operetta studies, and migrant theatre. *Theatre and Internationalization* explores how theatre shapes and is shaped by international flows of people, funds, practices, and works.

An Introduction to Community Dance Practice Diane Amans, 2017-09-16 This popular core textbook offers a clear introduction to community dance practice today, preparing students for the realities of employment in this dynamic and widely studied field. The text is edited by a highly regarded professional with an international reputation for best practice in community dance and includes chapters written by an expert panel of contributors comprising dance artists, practitioners, and academics. It combines lively discussion with practical advice on the duty of care, inclusive practice, and project coordination. With its stimulating range of case studies, interviews, and resources, the reader is encouraged to apply the facts and theories to their own practice. This text is aimed at undergraduate and postgraduate students on community dance degree programmes, as well as undergraduate and postgraduate students of dance, theatre, and performance studies who are taking specific courses on community dance. It is also accessible to emerging and professional community dance practitioners.

Encyclopedia of Disability Gary L. Albrecht, 2006 Presents current knowledge of and experience with disability across a wide variety of places, conditions, and cultures to both the general reader and the specialist.

The Natural Body in Somatics Dance Training Doran George, 2020 From its beginnings as an alternative and dissident form of dance training in the 1960s, Somatics emerged at the end of the twentieth century as one of the most popular and widespread regimens used to educate dancers. It is now found in dance curricula worldwide, helping to shape the look and sensibilities of both dancers and choreographers and thereby influencing much of the dance we see onstage worldwide. One of the first books to examine Somatics in detail and to analyse how and what it teaches in the dance studio, *The Natural Body in Somatics Dance Training* considers how dancers discover and assimilate new ways of moving and also larger cultural values associated with those movements. The book traces

the history of Somatics and it also details how Somatics developed in different locales engaging with local politics and dance histories so as to develop a distinctive pedagogy that nonetheless shared fundamental concepts with other national and regional contexts In so doing it shows how dance training can inculcate an embodied politics by guiding and shaping the experience of bodily sensation constructing forms of reflexive evaluation of bodily action and summoning bodies into relationship with one another Throughout the author focuses on the concept of the natural body and the importance of a natural way of moving as central to the claims that Somatics makes concerning its efficacy and legitimacy Dance and the Quality of Life Karen Bond,2019-03-05 This is the first volume devoted to the topic of dance and quality of life Thirty one chapters illuminate dance in relation to singular and overlapping themes of nature philosophy spirituality religion life span learning love family teaching creativity ability socio cultural identity politics and change sex and gender wellbeing and more With contributions from a multi generational group of artists community workers educators philosophers researchers students and health professionals this volume presents a thoughtful expansive yet focused and nuanced discussion of dance s contribution to human life The volume will interest dance specialists quality of life researchers and anyone interested in exploring dance s contribution to quality of living and being Dance Data, Cognition, and Multimodal Communication Carla Fernandes,Vito Evola,Cláudia Ribeiro,2022-09-08 Dance Data Cognition and Multimodal Communication is the result of a collaborative and transdisciplinary effort towards a first definition of dance data with its complexities and contradictions in a time where cognitive science is growing in parallel to the need of a renewed awareness of the body s agency in our manyfold interactions with the world It is a reflection on the observation of bodily movements in artistic settings and one that views human social interactions multimodal communication and cognitive processes through a different lens that of the close collaboration between performing artists designers and scholars This collection focuses simultaneously on methods and technologies for creating documenting or representing dance data The editors highlight works focusing on the dancers embodied minds including research using neural cognitive behavioural and linguistic data in the context of dance composition processes Each chapter deals with dance data from an interdisciplinary perspective presenting theoretical and methodological discussions emerging from empirical studies as well as more experimental ones The book which includes digital Support Material on the volume s Routledge website will be of great interest to students and scholars in contemporary dance neuro cognitive science intangible cultural heritage performing arts cognitive linguistics embodiment design new media and creativity studies Working with Children in Contemporary Performance Sarah Austin,2024-06-13 This book outlines how an innovative rights based model of contemporary performance practice can be used when working with children and young people This model framed by the United Nations Convention on the Rights of the Child 1989 challenges the idea of children as vulnerable and in need of protection argues for the recognition of the child s voice and champions the creativity of children in performance Sarah Austin draws on rich research and practitioner experience to analyse Youth Arts

pedagogies inclusive theatre practice models of participation the symbolic potential of the child in performance and the work of contemporary theatre practitioners making work with children for adult audiences The combined practical and written research reflected in this book offers a new nuanced understanding of children as cultural agents raising the prospect of a creative process that foregrounds deeper considerations of the strengths and capacities of children This book would primarily appeal to scholars of theatre and performance studies specifically those working in the field of applied theatre and theatre for children and young people Additionally the practice based elements of the book are likely to appeal to theatre professionals working in youth arts or theatre for young audiences or associated fields

The Oxford Handbook of Improvisation in Dance Vida L. Midgelow, 2019-02-21 From the dance floor of a tango club to group therapy classes from ballet to community theatre improvised dance is everywhere For some dance artists improvisation is one of many approaches within the choreographic process For others it is a performance form in its own right And while it has long been practiced it is only within the last twenty years that dance improvisation has become a topic of critical inquiry With *The Oxford Handbook of Improvisation in Dance* dancer teacher and editor Vida L Midgelow provides a cutting edge volume on dance improvisation in all its facets Expanding beyond conventional dance frameworks this handbook looks at the ways that dance improvisation practices reflect our ability to adapt communicate and respond to our environment Throughout the handbook case studies from a variety of disciplines showcase the role of individual agency and collective relationships in improvisation not just to dancers but to people of all backgrounds and abilities In doing so chapters celebrate all forms of improvisation and unravel the ways that this kind of movement informs understandings of history socio cultural conditions lived experience cognition and technologies

Routledge Companion to Audiences and the Performing Arts Matthew Reason, Lynne Conner, Katya Johanson, Ben Walmsley, 2022-04-05 The *Routledge Companion to Audiences and the Performing Arts* represents a truly multi dimensional exploration of the inter relationships between audiences and performance This study considers audiences contextually and historically through both qualitative and quantitative empirical research and places them within appropriate philosophical and socio cultural discourses Ultimately the collection marks the point where audiences have become central and essential not just to the act of performance itself but also to theatre dance opera music and performance studies as academic disciplines This Companion will be of great interest to academics researchers and postgraduates as well as to theatre dance opera and music practitioners and performing arts organisations and stakeholders involved in educational activities

Dance in a World of Change Sherry B. Shapiro, 2008 With contributors from many fields and diverse cultural backgrounds this book expands on the discourse and curriculum of dance in ways that connect it to the critical political moral and aesthetic dimensions of society for example examining choreography and issues of the self

Digital Echoes Sarah Whatley, Rosamaria K. Cisneros, Amalia Sabiescu, 2018-05-07 This book explores the interplay between performing arts intangible cultural heritage and digital environments through a compendium of essays on emerging practices and case

studies as well as critical historical and theoretical perspectives It features essays that engage with varied forms of intangible cultural heritage from music and storytelling to dance theatre and martial arts Cases of digital technology interventions are provided from different geographical and cultural settings from Europe to Asia and the Americas Together the collection reflects on the implications that digital interventions have on intangible cultural heritage engagements its curation and transmission in diverse localities The volume is a valuable resource for discovering the multiple ways in which cultural heritage is mediated through digital technologies and engages with audiences artists users and researchers

Contemporary Dance Yvette Hutchison, Chukwuma Okoye, Sola Adeyemi, 2018 African dance is discussed here in its global as well as local contexts as a powerful vehicle of aesthetic and cultural exchange and influence How Does Disability Performance Travel? Christiane Czymoch, Kate Maguire-Rosier, Yvonne Schmidt, 2023-12-12 This edited collection investigates the myriad ways in which disability performance travels in a globalized world Disability arts festivals are growing in different parts of the world theatre and dance companies with disabled artists are increasingly touring and collaborating with international partners At the same time theatre spaces are often not accessible and the necessity of mobility excludes some disabled artists from being part of an international disability arts community How does disability performance travel who does not travel and why What is the role of funding and producing structures disability arts festivals and networks around the world How do the logics of international co producing govern the way in which disability art is represented internationally Who is excluded from being part of a touring theatre or dance company and how can festivals conferences and other agents of a growing disability culture create other forms of participation which are not limited to physical co presence This study will contextualize disability aesthetics arts media and culture in a global frame yet firmly rooted in its smaller national state and local community settings and will be of great interest to students and scholars in the field Dance Injuries Jeffrey A. Russell, 2024-11-04 Across dance genres the rigors of training and performing can take a toll on a dancer s mind and body leading to injuries Dance Injuries Reducing Risk and Maximizing Performance With HKPropel Access presents a holistic wellness model and in depth coverage of how to reduce the risk of injury in dance and how to care for injuries properly when they do occur Written by an international team of experts in the dance medicine and science field including physicians athletic trainers physical therapists researchers and dance educators Dance Injuries provides an overview of common dance injuries across a wide variety of dance styles From their extensive work with dancers the authors provide valuable insight into minimizing dance injuries to maximize dancer longevity The text offers practical ways to reduce the risk of dance injuries Conditioning flexibility training nutrition hydration recovery and rest are addressed Additionally a chapter on holistic wellness helps dancers apply a wellness mindset to their training and performance Dance Injuries is richly illustrated with nearly 200 full color illustrations and 150 photos to help dancers connect with the essential information the book offers Armed with the understanding gained from the book s medical diagrams dancers will be

motivated to adopt habits to reduce the likelihood of an injury To further augment learning the text presents strategies for accessing and interpreting scientific research on dance injuries approaches to working with various health care professionals when an injury occurs recurring special elements sidebars key terms and discussion questions and resources offered online through HKPropel including application activities supplemental information and coverage of niche topics connected to chapter content Six appendixes add to the wealth of content presented in the chapters These provide information on international mental health resources psychological safety in dance screening for dancer health disability dance and integrated dance considerations for professional dance and artistry and athletics Dance Injuries includes vital information to properly train dancers technically physically mentally to reduce dancers risk of injury and allow them to perform their best in dance classes rehearsals and performances Note A code for accessing HKPropel is not included with this ebook but may be purchased separately

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