



# A GUIDED JOURNAL FOR MEDICINE CARDS

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# MAKING MEDICINE

DAVID CARSON  
ILLUSTRATIONS BY ANGELA WERNEKE

# Making Medicine A Guided Journal For Medicine Cards

**G Thomas**



## **Making Medicine A Guided Journal For Medicine Cards:**

**Making Medicine** David Carson, 2002-02-25 For well over a decade since its first publication *Medicine Cards* has been one of the most respected works of its kind utilized daily by hundreds of thousands for guidance inspiration and help in finding life's answers Now for those who have found *Medicine Cards* an indispensable part of their daily lives comes *Making Medicine* a guided journal specifically designed to offer guidance and insight to users seeking answers and a tool for furthering one's understanding of the cards The book provides a space for users to concentrate on any or all of the animals featured in *Medicine Cards* and record their own emotions and experiences with those animals Fully illustrated and including special medicine ceremonies *Making Medicine* is the perfect complement to the cards themselves **Yoga Journal** ,2002-03 For more than 30 years *Yoga Journal* has been helping readers achieve the balance and well being they seek in their everyday lives With every issue *Yoga Journal* strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds We are dedicated to providing in depth thoughtful editorial on topics such as yoga food nutrition fitness wellness travel and fashion and beauty Texas State Journal of Medicine ,1919 **American Book Publishing Record** ,2002 **Texas State Journal of Medicine** ,1959 New York State Journal of Medicine ,1910 **Forthcoming Books** Rose Arny, 2003-12 **The New England Journal of Medicine** ,1914 *Sacred Medicine Cupboard* Anni Daulter, Jessica Booth, Jessica Smithson, 2017-01-31 An inspirational guide for holistic family wellness *Sacred Medicine Cupboard* presents seasonal insights practical knowledge recipes projects and journal prompts for a sacred medicine practice broken down into 36 chapters Beautifully designed with an abundance of full color photographs this book cultivates skills and tools for readers navigating an increasingly complicated world Organized by topic of the week such as Awakening Blossom Spicy Glow and Rest *Sacred Medicine Cupboard* provides a treasury of tools from medicinal teas and elixirs to sacred practices to creative projects to nurture and rejuvenate the entire family along with journaling spaces at the end of each section to write reflect and develop a way of life rooted in peace and natural health Anni Daulter has teamed up with Jessica Booth and Jessica Smithson who bring a wealth of knowledge and experience to the narrative They share a commitment to encouraging mothers to practice their own skills listen to their innate knowing and explore redefining what health and wellbeing mean for their family The practical tips and creative ideas presented here put readers back in touch with simple time tested practices that bring wholeness and wellbeing out of the cupboard *Medicine* they show can be a well timed hug a reassuring hand or a thoughtfully prepared meal Echoing the core tenets of the Sacred Living Movement this book reveals the power and insight we possess when our body mind and soul communicate in harmony Yoga Journal ,1990-05 For more than 30 years *Yoga Journal* has been helping readers achieve the balance and well being they seek in their everyday lives With every issue *Yoga Journal* strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds We are dedicated to providing in depth thoughtful editorial on topics such as yoga food nutrition fitness

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In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing lacking extraordinary. Within the captivating pages of **Making Medicine A Guided Journal For Medicine Cards** a literary masterpiece penned by way of a renowned author, readers attempt a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting effect on the hearts and minds of those who partake in its reading experience.

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