



A top-down view of a person's feet standing on a white Salter brand kitchen scale. A yellow sticky note is placed over the central dial, which shows a weight of approximately 8.5 kg. The note has the handwritten text 'Lose weight now!' in black marker. The brand name 'SALTER' is visible on a grey button at the bottom of the scale's face.

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# Lose Weight Now

**Mike Jess**



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