

180 QUATRAINS FROM THE PERSIAN
TRANSLATIONS BY
SHAHRAM SHIVA

RUMI

Thief of Sleep

FOREWORD BY DEEPAK CHOPRA



Rumi Thief Of Sleep 180 Quatrains From The Persian

Caitlin Smith Gilson



Rumi Thief Of Sleep 180 Quatrains From The Persian:

Rumi, Thief of Sleep Jalāl al-Dīn Rūmī (Maulana), 2000 This volume contains 180 translations of Rumi's short devotional poems or quatrains. The translator Shahram Shiva has drawn them from his study of more than 2000 of Rumi's poems, presenting a cross section of the poet's many moods from passion to adoration, all from the original Persian. **Translating Rumi into the West** Amir Sedaghat, 2023-02-28 Focusing on Rumi, the best-selling Persian mystical poet of the 13th century, this book investigates the reception of his work and thought in North America and Europe and the phenomenon of Rumimania to elucidate the complexities of intercultural communication between the West and the Iranian and Islamic worlds. Presenting tens of examples from the original and translated texts, the book is a critical analysis of various dimensions of this reception, outlining the difficulties of translating the text but also exploring how translators of various times and languages have performed and explaining why the quality of reception varies. Topics analysed include the linguistic and pragmatic issues of translation, comparative stylistics and poetics, and non-textual factors like the translator's beliefs and the political and ideological aspects of translation. Using a broad theoretical framework, the author highlights the difficulties of intercultural communication from linguistic, semiotic, stylistic, poetic, ethical, and sociocultural perspectives. Ultimately, the author shares his reflections on the semiotic specificities of Rumi's mystical discourse and the ethics of translation generally. The book will be valuable to scholars and students of Islamic philosophy, Iranian studies, and translation studies but will appeal to anyone interested in the cultural dichotomies of the West and Islam. *Sweet Lunacy*, 2020-05-01 Divine Intoxication is a common theme in Middle Eastern poetry. The wine on which the seeker becomes drunk is nothing less than the nectar of love. Such inebriation, however, often produces unconventional behavior, even hints of madness, marking the lover as one apparently lost to the ordinary world. In this mood, Kahlil Gibran wrote, "Only an idiot and a genius break man-made laws, and they are the nearest to the heart of God." And so the poetry written by or about these drunkards is often saturated with perennial wisdom, with stark reflections of the truth in vino veritas, and with a variety of prayerful longing that is found throughout all mystical traditions. *Sweet Lunacy* contains works by some of the most well-known mystical Sufi poets from the 11th through the 14th century, including Rumi, Attar, and Jami. But the reader will also meet lesser-known authors here whose messages, both unique and fresh, are equally inspiring. The poets in this collection are those who, for reasons which might not seem altogether reasonable to our everyday mind and logic, were willing and able to question this mystery called life and unwilling to accept readymade answers. Vraje Abramian, born in Iran and a native speaker of Farsi, has worked to keep his translations as close to the meaning and cultural flavor of the originals as possible. He has researched wise fools in various cultures, religions in the Near and Middle East, Central Asia, and India. While anecdotes, folk tales, and stories about spiritual ecstasies are abundantly present in Sufi literature, particularly, no other single work focuses essentially on such profound lunacy and intoxication as this one does. Following the Introduction, the book is divided into three parts: The Obstacle, Mind

The Battleground Heart and Deliverance The Journey Abramian has included poems and stories within each section that bring the reader's attention to these key distinctions in the mystical process While the subject matter is rare and refined the author is clear that every human being nurses within his or her heart a nostalgia remote and nameless a longing for something they cannot express This fine collection is valuable not only for the refinement of poetic content but also for the spiritual guidance of the great mystics whose voices are made available herein Sweet Lunacy is a must have for lovers seekers of truth and connoisseurs of beauty alike *The Winds Of Grace* ,2020-01-01 Drawing from the finest and most authentic texts available in the original Persian Farsi language Vraje Abramian offers this extensive collection of stories teachings and poetry from both major and unknown saints and mystics in the Sufi tradition Winds of Grace is a fresh and extensive collection that will both instruct and encourage individuals on the path of love and transformation Readers today need such roadmaps of sanity and wisdom pointing the way through life's obstacles and detours Indeed reading the works of saints and sages serves as a GPS for today's wayfarer The reader will find selections from today's most well recognized and highly acknowledged Masters like Rumi and Hafiz as well as hidden saints such as Sheikh Biabanaki and Sheikh Ali Mesri More uniquely however this book also introduces us to teachings and anecdotes of the obscure hermit the mad but unknown dervish the crazy naked ascetic Whether the mainstream punished tolerated or ignored these crazy wise people those who knew something about the pain they spoke of venerated them as saints Centuries ago many of these voices offered a shock to his or her contemporaries jarring them from the complacency that makes automatons of human beings Other voices contained a paradoxical twist on the religious life or practice of the times yet were soaked with an age old wisdom that is still vital to spiritual practitioners today The translator and editor Vraje Abramian advises readers that these secret sages often had to protect themselves from the powers that be in their society and therefore cloaked their messages in words that only disciples and initiates or those with a vulnerable mind and open heart could actually decipher He further reminds us that the language adopted by Sufi teachers was designed to break the habits that normally deaden our sensitivities Abramian has therefore selected pieces that remind us to wake up to take stock to continue carefully observing ourselves And by vigilant sequencing of topics his book gently guides readers toward the essence truths or core teachings of these wise ones The translator is uniquely qualified to make this offering to religious studies today As an Iranian by birth a lifelong practitioner of spiritual disciplines and an accomplished teacher of English his renderings are characterized by academic authority poetic word craft and spiritual wisdom *The Political Dialogue of Nature and Grace* Caitlin Smith Gilson,2017-03-23 The discourse between nature and grace finds its linguistic and existential podium in the political condition of human beings As Caitlin Smith Gilson shows it is in this arena that the perennial territorial struggle of faith and reason God and man man and state take place and it is here that the understanding of the personal as political as well as the political as personal finds its meaning And it is here too that the divine finds or is refused a home Any discussion of post secular society has its origins in

this political dialogue between nature and grace the resolution of which might determine not only a future post secular society but one in which awe is re united to affection solidarity and fraternity Smith Gilson questions whether the idea of pure nature antecedently disregards the fact that grace enters existence and that this accomplishes a conversion in the metaphysical existential region of man s action and being This conversion alters how man acts as an affective moral intellectual social political and spiritual being State of nature theories transformed yet retained in the broader metaphysical and existential implications of the Hegelian Weltgeist are shown to be indebted to the ideological restrictedness of pure nature natura pura as providing the foremost adversary to any meaningful type of divine presence within the polis as well as inhibiting the phenomenological facticity of man as an open nature **Nobody, Son of Nobody** Vraje Abramian,2015-06

Readers who swoon within the love intoxicated poetry of Rumi must read the poetry of Shaikh Abil Kheir This renowned but little known Sufi mystic of the 10th century preceded Rumi by over two hundred years on the same path of annihilation into God He referred to himself as Nobody Son of Nobody his expression of the reality that his life was subsumed in the Divine and that the individual self had disappeared in the heart of God Under this cloak is nothing but God Introduce me as Nobody Son of Nobody These are 195 short selections translated from the original Farsi These poems deal with the longing for union with God the desire to know the Real from the False the inexpressible beauty of Creation when seen through the eyes of Love and the many attitudes of heart mind and feeling that are necessary to those who would find the Beloved The Friend in this life Somatic Internal Family Systems Therapy Susan McConnell,2020-09-22 Discover the innovative intersection of somatic therapy and Internal Family Systems IFS featuring 5 core practices to transform modern therapeutic approaches Enhance your clinical practice and patient outcomes by skillfully uniting body and mind through an evidence based therapeutic modality endorsed by leaders in the field including Richard Schwartz Somatic Internal Family Systems Therapy introduces a cutting edge therapeutic modality that merges the elements of somatic therapy such as movement touch and breathwork with the established principles of the Internal Family Systems IFS model Authored by Susan McConnell this multifaceted approach is crafted for therapists clinicians somatic practitioners mental health professionals and anyone interested in innovative healing techniques A valuable contribution to mental health treatment this guide offers a new horizon for those engaged in the well being of others This comprehensive bestselling guide presents 5 core practices somatic awareness conscious breathing radical resonance mindful movement and attuned touch designed for seamless integration into therapeutic work Strategies to apply these practices in addressing a range of clinical conditions including depression trauma anxiety eating disorders chronic illness and attachment disorders Techniques to assist clients in identifying understanding and reconciling their inner worlds or subpersonalities leading to improved emotional health and behavior A compelling combination of scientific insights experiential practices and real world clinical stories that illuminate the theory and application of Somatic IFS Highly regarded mental health professionals such as IFS founder Richard Schwartz have

applauded this essential guide By weaving together holistic healing wisdom modern neuroscience and somatic practices expertise this book serves as a crucial resource for psychotherapists across various disciplines and laypersons seeking an embodied self

In the Shadow of Greatness Michael Menager, 2020-09-01 In this unusual biography Michael Menager coaxes from the shadows of history ve women who devoted themselves to the greatness of a genius in their lives At times the book reads like a love story at other times an adventure but throughout their five lives intertwine to tell one story of selfless devotion and a greatness that doesn't crave recognition This book covers the lives and works of Maria Nhy's wife of Aldous Huxley Fran oise Gilot mistress of Pablo Picasso V ra Nabokov wife of Vladimir Nabokov Helen Dukas secretary to Albert Einstein and Isabel Burton wife and partner of Sir Richard Burton

The Philosophical Question of Christ Caitlin Smith Gilson, 2015-07-30 A comprehensive philosophical analysis of the figure of Christ as the incomparable irreducible and inescapable perfection of existence

Women Called to the Path of Rumi Abū Sa'īd ibn Abī al-Khayr, Shakina Reinhertz, 2001 These poems deal with longing for union with God the desire to know the Real from the false the inexpressible beauty of creation when seen through the eyes of Love and the many attitudes of heart mind and feeling necessary to those who would find the Beloved The Friend in this life

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Immediacy and Meaning Caitlin Smith Gilson, 2017-02-09 Immediacy and Meaning seeks to approach the odd uneasiness at root in all metaphysical meaning that the human knower attempts to mediate what cannot be mediated that there is a pre cognitive immemorial immediacy to Being that renders its participants irreducible incommunicable and personal The dilemma of metaphysics rests on the relationship between the spectator and the player both as essential responses to the immediacy of Being Immediacy and Meaning is an attempt to pause but without retreat to be a spectator within the game to gain access into this immediate Presence for a moment only perhaps before the signatory failure into metaphysical language returns us to the mediated J K Huysman's semi autobiographical tetralogy anchors this book as a meditation neither purely poetic nor only philosophical it claims a unique territory when attempting to speak what cannot be spoken The unnerving merits of nominalism the difficulties of an honest appraisal of efficacious prayer the mad sanity of the muse the relationship between the uncreated and the created and an originary ethics of antagonism each serves to clarify the formation of a new epistemology

Positive Psychology in Higher Education Acacia Parks, 2014-01-21 Positive psychology the scientific study of happiness is a rapidly burgeoning field and in no area more so than education More departments than ever are offering courses in positive psychology and demand for these courses is consistently high Graduate programs offering concentrations in positive psychology have appeared at both masters and doctoral level Educational institutions have expressed interest in using principles of positive psychology to inform institutional structure faculty development and pedagogy Positive psychology has been taught and applied in higher education for almost as long as it has existed as a field but there is little in the way of published literature that brings all of these developments together The chapters in this volume represent the use of positive psychology at all

levels of higher education from institutional practices and curricular development to pedagogy and the teaching of positive psychology content itself This book provides an in depth look at this exciting area of applied positive psychology which will be relevant to educators and administrators alike This book is based on a special issue of The Journal of Positive Psychology

Handbook of Research on Maximizing Cognitive Learning through Knowledge Visualization Ursyn, Anna,2015-02-28 The representation of abstract data and ideas can be a difficult and tedious task to handle when learning new concepts however the advances of emerging technology have allowed for new methods of representing such conceptual data The Handbook of Research on Maximizing Cognitive Learning through Knowledge Visualization focuses on the use of visualization technologies to assist in the process of better comprehending scientific concepts data and applications Highlighting the utilization of visual power and the roles of sensory perceptions computer graphics animation and digital storytelling this book is an essential reference source for instructors engineers programmers and software developers interested in the exchange of information through the visual depiction of data **Black Sun** Lewis Thompson,2001 This volume introduces the collected poetry of Lewis Thompson to the contemporary world On 19 June 1949 Lewis Thompson was found wandering dazed and penniless by the Ganges River Taken to a small room he languished for two days writing the last entry in his journal and his last poem Black Flower before lapsing into a coma He died alone in Benares on 21 June 1949 Thompson s work is deeply spiritual lush with Hindu imagery and informed by classical Western scholarship Sensitive mystical and erotic the poetry addresses dreams God and beautiful young men **Dance was Her Religion** Janet Lynn Roseman,2004 Deeply imbedded in the bodies of these three dance pioneers was an understanding of the sacred and liberating aspects of dance and the female body This is a beautiful compelling book authenticating the fact that these women were not only artistic geniuses but spiritual philosophers of the highest order **The Publishers Weekly** ,2000 *Die Somatische Systemische Therapie mit der inneren Familie* Susan McConnell,2022-10-10 Susan McConnell ist IFS Therapeutin und Ausbilderin und hat ma geblich dazu beitragen die Systemische Therapie mit der Inneren Familie IFS zu entwickeln Ihr gro es Verdienst ist es den K rper in die Arbeit mit Selbst und Teilen einzubeziehen ber achtsame K rperwahrnehmung Bewegung Atem und Ber hrung In diesem Buch beschreibt sie wie k rperbasierte Praktiken in die IFS Therapie integriert werden k nnen Sie zeigt wie Klient innen lernen in Kontakt mit ihren Teilen wie dem inneren Kind oder inneren Manager zu kommen indem somatische Werkzeuge angewendet werden was eine vertiefte heilsame Wirkung hat Zu den klinischen Anwendungen der somatischen IFS geh rt die Behandlung von Depressionen Traumata ngsten Essst rungen chronischen Erkrankungen und Bindungsst rungen Sufi ,1999 **Books In Print 2004-2005** Ed Bowker Staff,Staff Bowker, Ed,2004 *The Quatrains of Rumi* Jalal al-Din Rumi (Maulana),2008

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