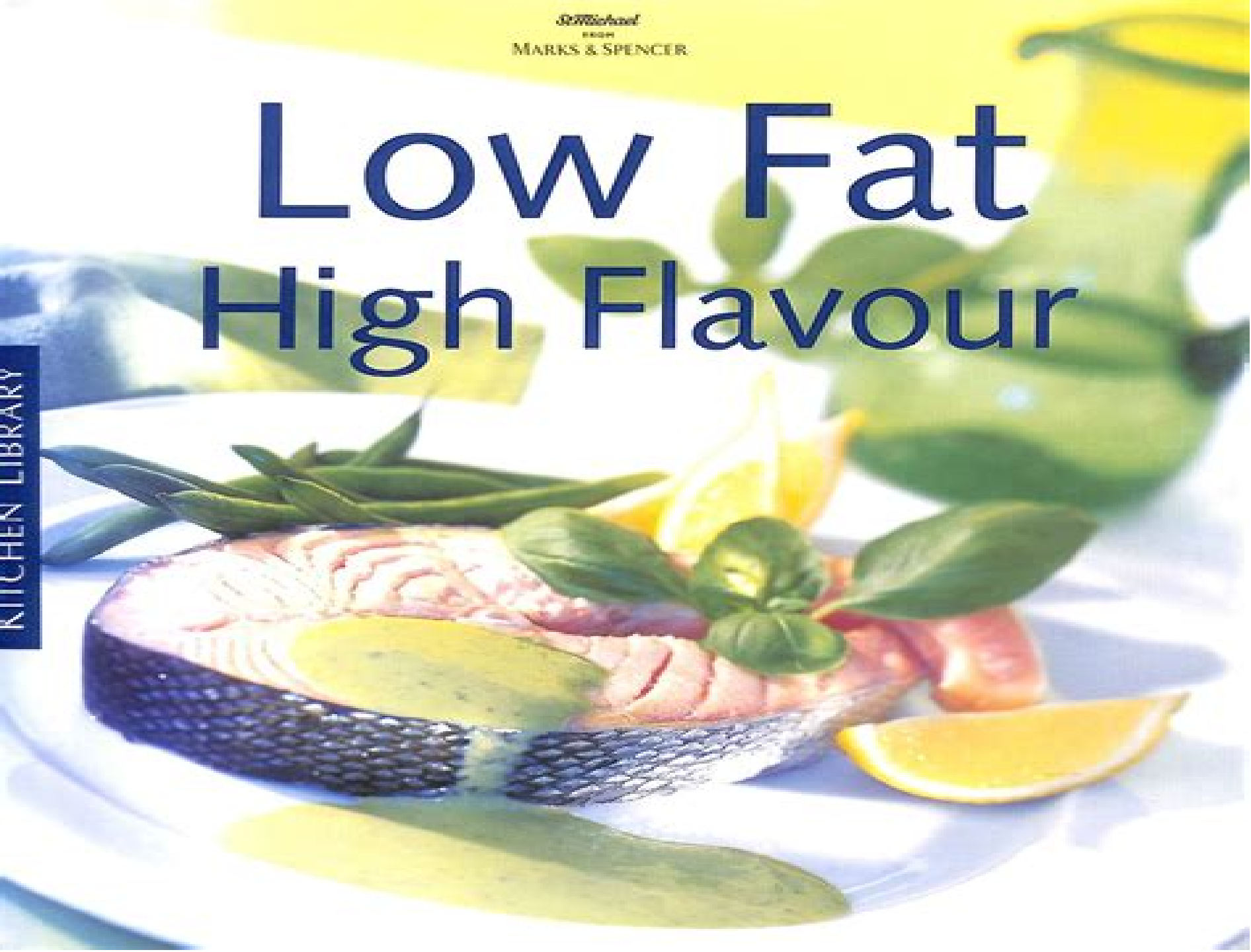


Low Fat High Flavour



Low Fat High Flavour Cookery

B Lingard



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