

SICK BUILDING SYNDROME

VOCs are a large group of carbon based toxins that are invisible and often have no odour. They are found in a number of everyday household products and furnishings including synthetic carpets and cannot be eradicated by traditional cleaning methods. VOCs are responsible for sick building syndrome and have a number of negative effects on our health, causing skin allergies including eczema, respiratory problems and even cancer.

XYLENE

Nose/throat irritation
Loss of co-ordination
Liver damage

METHYLENE CHLORIDE

Memory loss
Headaches
Damage to nervous system

TOLUENE

Dry cracked skin
Nausea
Nervous system damage

ACETONE

Dizziness
Respiratory tract irritation
Eye irritation

FORMALDEHYDE

Burning sensation in eyes/skin
Nausea
Cancer

ETHYLENE GLYCOL

Depression
Vomiting
Respiratory failure

BENZENE

Headaches
Rapid/irregular heartbeat
Unconsciousness

PERCHLOROETHYLENE

Mood/behavioural changes
Eye/throat irritation
Drowsiness



Wool is the only fibre able to naturally absorb VOCs and reduce their presence in the home, eradicating the risks to health and boosting wellness. These effects are observed just through the presence of wool bedding or carpets in the home. Not only does wool neutralise contaminants more quickly and completely than synthetic fibres, wool does not re-emit them, even when heated. Wool beds, bedding, mattresses and 100% wool carpets can continue to purify the air for up to 30 years.

Sick Building Syndrome

Nicholas Tate



Sick Building Syndrome:

Sick Building Syndrome Jack Rostron,2005-08-04 Sick building syndrome is for many of us an enigma The legislative precedents currently being set in North America underline the need for rational examination of the problem This new collection of expert writing will help unravel the complex issues involved The book explores sick building syndrome from a range of perspectives architectural medical psychological and legal Each chapter offers detailed insights into the condition and taken together they highlight the need for a collaborative approach The effects of sick building syndrome should not be underestimated as it is thought that up to 30 percent of refurbished buildings may suffer from the condition Extreme cases may lead to increased absenteeism among employees reduced performance and ultimately building closure *Sick Building Syndrome* Sabah A. Abdul-Wahab,2011-05-03 This volume throws light on the Sick Building Syndrome in Libraries and other public buildings and the extent to which it is influenced by the internal environment of libraries One of the signs of this disease is that the person suffers from a set of symptoms closely related to his her presence in the building without the identification of any clear causes and his her relief of these symptoms when he she are out of the building Hence the book sheds on the extent to which the interior environment impacts upon the health of the people and the extent to which this is reflected in their performance The book can be used for teaching research and professional reference It concludes with the recommendation that is essential to observe environmental dimensions when designing library and public buildings taking into consideration the expected impact of SBS in library and public buildings on people The significance of the book derives from the fact that it is the first of its kind to examine the issue of the interior environment and SBS of library and public building worldwide **The Sick Building Syndrome** I. N. Potter,1988 *Sick Building Syndrome* ,1989 **Sick Building Syndrome** ,1999 *Sick Building Syndrome* James Hewitt,2007-06-01 Did you know that the Environmental Protection Agency EPA has in the past defined indoor air pollution as one of the most significant environmental threats to human health This syndrome is relatively unknown and poorly researched The causes of how a building can be considered sick will be explained and discussed The prevention and some solutions for the syndrome known as SBS will be discussed The ventilation issues that promote SBS will be broached Chemical contamination such as outdoor and indoor contaminants will be reviewed Biological contamination caused by bacteria viruses and molds will be explained extensively I will review methods for the prevention of SBS and offer some solutions This will benefit you and all the people who work live or play in the building In the last chapter I will explain in detail about my plan for the creation of a Team to monitor your building and any complaints regarding SBS *Sick Building Syndrome: Second Wind* James P. Hewitt,2015-04-30 Did you know that the Environmental Protection Agency EPA has in the past defined indoor air pollution as one of the most significant environmental threats to human health This syndrome is relatively unknown and poorly researched This book will benefit you and all the people who work live or play in the building In the last chapter I will explain in detail about my plan for the

creation of a Team to monitor your building and any complaints regarding SBS **On Building-related Causes of the Sick Building Syndrome** Lena Lundin,1991 *The Sick Building Syndrome* Nicholas Tate,1994 **Sick Building Syndrome** ,1991-01-01 This book summarizes information about indoor air quality and ventilation in both new and existing commercial buildings The quality of indoor air is dependent on the complex interaction between sources of indoor pollutants environmental factors within buildings such as temperature and humidity the removal of air pollutants by air cleaning devices and the removal and dilution of pollutants from inside air by ventilation The book addresses specific pollutants in the second section

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Sick Building Syndrome Introduction

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Cellar of Horror: The Story of Gary Heidnik by Englade, Ken The book takes you through much of his life before the crimes and continues through his conviction. It also includes botched opportunities to discover his ... Cellar of Horror Four young women had been held captive--some for four months--half-naked and chained. They had been tortured, starved, and repeatedly raped. But more grotesque ... Cellar of Horror: The Story of Gary Heidnik "Cellar of Horror" tells a story of 5 women who were tortured and humiliated both aggressively and sexually, because of a sadistic man who wanted to run a "baby ... Cellar of Horror: The Story of Gary Heidnik by Ken Englade "Cellar of Horror" tells the story of Philly psychopath Gary Heidnik. He kidnapped, raped, beat, killed, cooked and force fed women chained in his basement. The ... Cellar of Horror: The Story of Gary Heidnik (Paperback) Ken Englade (1938-2016) was an investigative reporter and bestselling author whose books include Beyond Reason, To Hatred Turned, Cellar of Horror, A Family ... Cellar of Horror: The Story of Gary Heidnik Revised edition ... The book takes you through much of his life before the crimes and continues through his conviction. It also includes botched opportunities to discover his ... Cellar of Horror: The Story of Gary Heidnik (Paperback) Cellar of Horror: The Story of Gary Heidnik (Paperback). By Ken Englade. \$21.99. Ships to Our Store in 1-5 Days (This book ... Cellar of Horror: The Story of Gary Heidnik - Softcover Serial killer Gary Heidnik's name will live on in infamy, and his home, 3520 North Marshall Street in Philadelphia, is a house tainted with the memory of ... Cellar of Horror by Ken Englade - Audiobook Listen to the Cellar of Horror audiobook by Ken Englade, narrated by Eric Jason Martin. Serial killer Gary Heidnik's name will live on in infamy, ... Dodge Neon Repair: Service and Maintenance Cost The annual maintenance cost of a Dodge Neon is \$377. Repair and maintenance costs vary depending on age, mileage, location and shop. Most Common Dodge Neon ... DODGE NEON 2000-2003 (Hayne's Automotive Repair ... A copy that has been read, but remains in

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